

**Big Cats Relays - 3/20/2010**  
**Kezar Stadium**  
**Results - Finals**

**Event 1 Girls 4x100 Meter Relay Girls Varsity**

School	Finals	H#	Points
<b>Finals</b>			
1 Lowell 'A'	52.48	1	10
1) Speech, Melanie			
3) Jarvis, Katherine			
2 Mt. Diablo 'A'	54.22	1	8
1) Millhouse, Leyland			
3) Najera, Patricia			
3 Galileo Academy 'A'	54.89	2	6
1) Yao, Lisha			
3) Mo, Julie			
4 Abraham Lincoln (Sf) 'A'	55.51	2	4
1) Li, Annie			
3) Meneses, Hallie			
5 Notre Dame (Belmont) 'A'	55.82	2	2
1) Lam Centeio, Kai			
3) Mack, Sophie			
6 Novato 'A'	56.00	2	1
1) Balderama, Ashley			
3) Niesyn, Paige			
7 Lowell 'B'	57.36	1	
1) Woo, Samantha			
3) Liang, Carol			
8 Balboa 'A'	57.64	1	
1) Pusey, Mickesha			
3) Yu, Louisa			

**Event 2 Boys 4x100 Meter Relay Boys Varsity**

School	Finals	H#	Points
1 Novato 'A'	44.30	2	10
1) Farney, Jake			
3) Black, Chris			
2 Abraham Lincoln (Sf) 'A'	44.76	2	8
1) Marman, Devon			
3) Ganal, Remfel			
3 Jefferson 'A'	45.04	2	6
1) Aviles, Rodney			
3) Holmes, Myles			
4 Philip & Sala Burton 'A'	45.83	2	4
1) McGlothen, Donte			
3) Lewis-White, Forrest			
5 Lowell 'A'	46.20	2	2
1) Mannah, Safa			
3) Wong, Tony			
6 Alameda 'A'	46.72	2	1
1) Lee, Derric			
3) Ha, Vinh			
7 Galileo Academy 'A'	48.72	2	
1) Nelson, Quincy			
3) Zhu, Allen			
8 Fremont (Oakland) 'A'	50.56	1	
1) Logan, Sydnee			

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**....Event 2 Boys 4x100 Meter Relay Boys Varsity**

3) Moore, Leland

4) Allen, Rico

**Event 3 Boys 4x100 Meter Relay Boys Frosh Soph**

School	Finals	H#	Points
1 St. Ignatius College Prep 'A'	46.95	3	10
1) Pia, Mike	2) Eggleston, Justin		
3) Armstrong, Connor	4) McGovern, Bryan		
2 Jefferson 'A'	48.28	2	8
1) Nunu, Zachary	2) Dismuke, Chris		
3) Gilson, Jesse	4) Bailey, Demarae		
3 Balboa 'A'	49.23	2	6
1) Wong, Jason	2) Lantow, David		
3) Arellano, Andres	4) Gary, Andrew		
4 Abraham Lincoln (Sf) 'A'	49.29	3	4
1) Chu, Cameron	2) Bannag, Damon		
3) Prescott, Miles	4) Brown, Ares		
5 Alameda 'A'	49.72	3	2
1) Gardner, Ernest	2) Zhou, Aaron		
3) Johnson, Denzel	4) McIntosh, Kaleb		
6 Novato 'A'	50.05	3	1
1) Changevx, Herve	2) Stevens, Shawn		
3) Hemphill, James	4) Raras, Trevor		
7 Mt. Diablo 'A'	50.26	2	
1) Allen, Javonn	2) Pinkard, Elijah		
3) Nichols, Kalyn	4) Woods, Xavier		
8 Alameda 'B'	51.07	2	
1) Hua, Darryl	2) Knight, James		
3) Lee, Kenneth	4) Madrid, Jose		
9 Alameda 'C'	52.65	1	
1) Mak, Nathaniel	2) Thon, Steven		
3) Wang, Kevin	4) Ye, Randi		
10 Alameda 'D'	54.15	1	
1) Yee, Tyler	2) Wang, Ian		
3) Benin, Gabriel	4) Deng, Brian		
11 Abraham Lincoln (Sf) 'C'	1:00.21	1	
1) Ngyuen, Anh	2) Gurr, James		
3) Wang, Ken	4) Mark, William		
-- Abraham Lincoln (Sf) 'B'	DQ	3	
1) Tiongson, Christopher	2) Huang, Eric		
3) Rato, Joseph	4) Chiu, Ryan		
-- Lowell 'A'	DQ	3	
1) Haubensstock, Reed	2) Marrufo, Adan		
3) Ng, Renny	4) Hannawalt, Jesse		

**Event 4 Girls 4x100 Meter Relay Girls Frosh Soph**

School	Finals	H#	Points
1 Alameda 'A'	54.48	2	10
1) Owyang, Taylor	2) Kumar, Anshika		
3) Owyang, Kaitlin	4) Holmes, Pearl		
2 Abraham Lincoln (Sf) 'A'	54.87	2	8
1) Cai, Cathy	2) Cai, Michelle		

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**....Event 4 Girls 4x100 Meter Relay Girls Frosh Soph**

3) Vara, Inez	4) Nakayama, Taylor			
3 Alameda 'B'		57.94	2	6
1) Dimalanta, Charisse	2) Duong, Tiffany			
3) Ekwejunor Etchie, Utieyin	4) Fok, Evita			
4 San Francisco University 'A'		58.93	2	4
1) baum, ariana	2) feldstein, molly			
3) kerester, adrian	4) henderson, tierney			
5 Galileo Academy 'A'		59.17	2	2
1) Lai, Katie	2) Louie, Ashley			
3) Shao, Lina	4) Sato, Yurie			
6 Abraham Lincoln (Sf) 'B'		1:01.11	2	1
1) Chemel, Angeline	2) Yoon, Bora			
3) Selor, Kaley	4) Caba, Brianna			
7 Philip & Sala Burton 'A'		1:02.88	2	
1) Acosta, Nezelle	2) Arzadon, Dana			
3) Jones, Lukecia	4) Nie, Evelyn			
8 Abraham Lincoln (Sf) 'C'		1:05.00	1	
1) Loeza, Guadelupe	2) Kearns, Kendal			
3) Allston, Jaylyn	4) Fan, Elvina			
9 Alameda 'D'		1:05.05	1	
1) Trieu, Brenda	2) Vo, Kimberly			
3) Wu, Scarlett	4) Yang, Alice			
-- Balboa 'A'			DQ	1
1) Cai, Kayla	2) Wang, Anna			
3) Harris, Olivia	4) Feng, Ivy			

**Event 5 Boys Distance Medley Boys Varsity**

School		Finals	Points
1 Novato 'A'		10:49.31	10
1) Klunk, Marc	2) Raras, River		
3) Somers, Kyle	4) Olson, Erik		
2 Urban School Of San Francisco 'A'		10:57.81	8
1) Judkins-Boeri, Sean	2) Larsen, Cole		
3) Wu, Alex	4) Williams, Cole		
3 Abraham Lincoln (Sf) 'A'		11:44.58	6
1) Ho, Isaiah	2) So, Jacky		
3) Kwong, Sunny	4) Gray, Patrick		
4 Galileo Academy 'A'		12:17.73	4
1) Wu, David	2) Kwong, Raymond		
3) Chan, Steven	4) Soon, Brendan		
5 Abraham Lincoln (Sf) 'B'		12:30.39	2
1) Liang, Michael	2) Mei, Adrian		
3) Huang, Eric	4) Liu, Ronald		

**Event 6 Girls Distance Medley Girls Varsity**

School		Finals	Points
1 San Francisco University 'A'		13:05.23	10
1) reynolds, holland	2) Fair, Katherine		
3) Wehner, Margaret	4) callan, jennie		
2 Notre Dame (Belmont) 'A'		14:02.47	8
1) Smiley, Serena	2) Rinaldi, Jessica		

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**....Event 6 Girls Distance Medley Girls Varsity**

3) Lam Centeio, Kai	4) Maron, Camille		
3 Abraham Lincoln (Sf) 'A'		14:34.06	6
1) Tom, Tiffani	2) Chu, Sami		
3) Ng, Silvia	4) Tang, Michelle		
4 Notre Dame (Belmont) 'B'		16:34.99	4
1) Flaherty, Colleen	2) Claire, Kelly		
3) Sico, Isabelle	4) Ebert, Ellen		

**Event 7 Girls Distance Medley Girls Frosh Soph**

School		Finals	Points
1 Abraham Lincoln (Sf) 'A'		14:51.45	10
1) Phan, Vivian	2) Chemel, Angeline		
3) Loeza, Guadalupe	4) Tang, Kimberly		

**Event 8 Boys Distance Medley Boys Frosh Soph**

School		Finals	Points
1 Abraham Lincoln (Sf) 'A'		12:13.28	10
1) Hu, Hai (Devin)	2) Li, Dennis a.		
3) Kwan, Matthew	4) Li, Dennis b.		

**Event 9 Boys 110 Meter Hurdles Boys Varsity**

Name	Year School	Finals	Wind H#	Points
1 Blackmon, Raheem	Mt. Diablo	16.13	NWI 2	10
2 Edwards, Zeke	Sequoia	16.16	NWI 2	8
3 Reyes, Nick	Alameda	16.84	NWI 2	6
4 Langi, Will	Sequoia	16.89	NWI 1	4
5 Lee, Nick	Novato	17.43	NWI 2	2
6 Barney, Daniel	Mt. Diablo	17.61	NWI 1	1
7 Jiang, Jesse	Lowell	17.84	NWI 2	
8 Herren, Joshua	Jefferson	18.08	NWI 1	
9 Pellervo, Evan	Lick-Wilmerding	18.71	NWI 1	
10 Bodington, Dashiell	Lick-Wilmerding	19.56	NWI 1	
11 Lee, John	George Washington	19.83	NWI 1	
12 Anderson, Devontae	Mt. Diablo	19.92	NWI 2	
13 Cheung, Enhao	Abraham Lincoln	20.09	NWI 1	
14 Shymanski, Scott	St. Ignatius Col	20.40	NWI 1	

**Event 10 Boys 110 Meter Hurdles Boys Frosh Soph**

Name	Year School	Finals	Wind H#	Points
1 Krohn, Monte	Alameda	17.51	NWI 2	10
2 Garzee, John	St. Ignatius Col	18.38	NWI 2	8
3 Bannag, Damon	Abraham Lincoln	18.88	NWI 2	6
4 Chu, Cameron	Abraham Lincoln	19.44	NWI 1	4
5 Prescott, Miles	Abraham Lincoln	19.54	NWI 1	2
6 Rato, Joseph	Abraham Lincoln	20.09	NWI 1	1
7 Rousso, Greg	Lick-Wilmerding	20.14	NWI 1	
8 Headley, Jack	Novato	20.30	NWI 2	

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**....Event 10 Boys 110 Meter Hurdles Boys Frosh Soph**

9 Abilar, Allan Philip & Sala Bu 21.12 NWI 1

**Event 11 Girls 100 Meter Hurdles Girls Varsity**

Name	Year School	Finals	Wind H#	Points
1 Alexis, Mina	St. Ignatius Col	15.46	NWI 2	10
2 Grigg, Kellie	Alameda	16.71	NWI 1	8
3 Meneses, Hallie	Abraham Lincoln	18.28	NWI 1	6
4 O'Rourke, Kelly	St. Ignatius Col	18.36	NWI 2	4
5 Blanchard, Anna	Novato	18.96	NWI 2	2
6 Riddick, Brittany	Lick-Wilmerding	19.09	NWI 1	1
7 Trieu, Jessica	Alameda	19.44	NWI 2	
8 Costello, Suzanne	Mt. Diablo	20.52	NWI 2	
9 Liang, Carol	Lowell	20.91	NWI 1	
10 Banks, Izzie	Lick-Wilmerding	21.36	NWI 1	
11 Kam, Jennifer	Alameda	26.62	NWI 2	

**Event 12 Girls 100 Meter Hurdles Girls Frosh Soph**

Name	Year School	Finals	Wind H#	Points
1 Yasevich, Yana	St. Ignatius Col	18.46	NWI 2	10
2 Mendoza, Kelly	St. Ignatius Col	18.99	NWI 2	8
3 king, amelia	San Francisco Un	19.34	NWI 2	6
4 Wilcox, Frankie	Alameda	19.52	NWI 2	4
5 Lui, Kristi	George Washington	19.89	NWI 1	2
6 feldstein, molly	San Francisco Un	20.75	NWI 1	1
7 cook, jordan	San Francisco Un	20.81	NWI 2	
8 Huang, Linde	Alameda	20.90	NWI 2	
9 wood, natasha	San Francisco Un	21.01	NWI 2	
10 Ramirez, Lelis	Jefferson	21.33	NWI 1	
11 yao, crystal	San Francisco Un	22.56	NWI 1	
12 Dizon, Christine	Jefferson	23.11	NWI 1	
13 henderson, tierney	San Francisco Un	24.01	NWI 1	

**Event 13 Girls 4x800 Meter Relay Girls Varsity**

School	Finals	Points
1 San Francisco University 'A'	10:09.97	10
1) Wehner, Margaret	2) Fair, Katherine	
3) callan, jennie	4) reynolds, holland	
2 Notre Dame (Belmont) 'A'	11:07.50	8
1) Maron, Camille	2) Rinaldi, Jessica	
3) Ebert, Ellen	4) Smiley, Serena	
3 Abraham Lincoln (Sf) 'A'	11:13.04	6
1) Tang, Michelle	2) Chu, Sami	
3) Tom, Tiffani	4) Yu, Salina	
4 Notre Dame (Belmont) 'B'	12:26.20	4
1) Flaherty, Colleen	2) Claire, Kelly	
3) Bumbaca, Andrea	4) Sico, Isabelle	

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School	Finals	Points
1 Novato 'A'	8:24.59	10
1) Alyas, Roman	2) Klunk, Marc	
3) Raras, River	4) Olson, Erik	
2 St. Ignatius College Prep 'A'	8:30.58	8
1) Reher, Michael	2) Haigh, Athan	
3) McIntyre, Joe	4) Moran, John	
3 Abraham Lincoln (Sf) 'A'	9:06.74	6
1) Kwong, Sunny	2) Ho, Isaiah	
3) So, Jacky	4) Gray, Patrick	
4 Galileo Academy 'A'	9:43.05	4
1) Soon, Brendan	2) Chan, Steven	
3) Lin, James	4) Auyoung, Johnny	

**Event 15 Boys 4x800 Meter Relay Boys Frosh Soph**

School	Finals	Points
1 Abraham Lincoln (Sf) 'A'	9:28.80	10
1) Hu, Hai (Devin)	2) Kwan, Matthew	
3) Li, Dennis b.	4) Li, Dennis a.	
2 Novato 'A'	9:49.44	8
1) Finton, Ryan	2) Carry, Cody	
3) Garay, Gerson	4) Reder, Travis	
3 Jefferson 'A'	9:53.87	6
1) Foote, Royal	2) Pineda, Giovanni	
3) Lyson, John Paul	4) Calapini, Bejay	
4 Balboa 'A'	9:56.34	4
1) Chen, Jonathan	2) Weir, Aidan	
3) Cooper, Patrick	4) Chaung, Justin	

**Event 16 Girls 4x800 Meter Relay Girls Frosh Soph**

School	Finals	Points
1 Galileo Academy 'A'	13:33.50	10
1) Chen, Bethany	2) Ong, Pamala	
3) Rojas, Vianey	4) Lai, Irene	

**Event 17 Boys 400 Meter Dash Boys Varsity**

Name	Year School	Finals	H#	Points
1 Doherty, Lawrence	International (F)	50.34	5	10
2 Holmes, Myles	Jefferson	50.39	5	8
3 Anderson, Deondre	Philip & Sala Bu	50.95	5	6
4 Williams, Cole	Urban School Of	51.95	5	4
5 Mannah, Safa	Lowell	52.39	5	2
6 Ortiz, Gabriel	Sequoia	53.93	5	1
7 Somers, Kyle	Novato	53.95	5	
8 Totah, Mike	St. Ignatius Col	54.06	4	
9 Larsen, Cole	Urban School Of	55.02	2	
10 Roa, Henry	Galileo Academy	55.17	3	
11 Crosby, Ceylen	Berkeley	55.25	4	

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**....Event 17 Boys 400 Meter Dash Boys Varsity**

12 Sigur, Ammon	Novato	55.43	4
13 Conti, Cameron	Sequoia	55.77	3
14 O'Malley, John	St. Ignatius Col	55.85	3
14 McGlothen, Donte	Philip & Sala Bu	55.85	4
16 Wu, Alex	Urban School Of	55.92	4
17 Judkins-Boeri, Sean	Urban School Of	56.01	4
18 Goodman, Joey	San Francisco Un	56.21	3
19 Lopez, Josue	Novato	56.91	4
20 Wu, Terence	Alameda	57.63	2
21 Boyle, Jesse	Sequoia	58.07	3
22 Baig, Abbasali	George Washington	58.14	2
23 Rice, Ben	Urban School Of	58.47	2
24 Giavina, Jesse	Novato	59.23	1
25 Anderson, Devontae	Mt. Diablo	59.56	1
26 Parker, Chris	Galileo Academy	59.64	2
27 Healy, Thatcher	Urban School Of	1:00.22	2
28 Kwong, Raymond	Galileo Academy	1:01.11	1
29 Allen, Rico	Fremont (Oakland)	1:02.41	3
30 Webb, Ryland	Lick-Wilmerding	1:03.77	2
31 Reyes, Nick	Alameda	1:04.16	2
32 Orts, Quentin	Urban School Of	1:13.87	1

**Event 18 Girls 400 Meter Dash Girls Varsity**

Name	Year School	Finals	H#	Points
1 Jarvis, Katherine	Lowell	1:00.11	3	10
2 Cunningham, Jamine	Mt. Diablo	1:00.99	3	8
3 Cash, Ke'Leah	Philip & Sala Bu	1:04.78	3	6
4 Hom, Corrine	St. Ignatius Col	1:05.09	2	4
5 Hernandez, Gabriella	Abraham Lincoln	1:05.17	3	2
6 Smith, Siobhan	St. Ignatius Col	1:05.22	2	1
7 Heiden, Halle	Urban School Of	1:06.98	2	
8 Lehmann, Emma	Urban School Of	1:08.14	2	
9 Millhouse, Leyland	Mt. Diablo	1:08.24	1	
10 Hendrickson, Clara	Urban School Of	1:08.33	2	
11 Costello, Suzanne	Mt. Diablo	1:08.45	3	
12 Martin, Theresa	St. Ignatius Col	1:09.58	1	
13 Sherman, Leah	Lick-Wilmerding	1:09.93	3	
14 Malaer, Johanna	Urban School Of	1:10.81	1	
15 Cliff, Janie	Urban School Of	1:14.23	2	
16 Zeleke, Rachel	Lick-Wilmerding	1:14.79	1	
17 Kline, Lauren	Urban School Of	1:21.99	1	
18 Clark, Jordan	Urban School Of	1:24.40	1	

**Event 19 Girls 400 Meter Dash Girls Frosh Soph**

Name	Year School	Finals	H#	Points
1 Johnson, Indigo	Novato	1:04.61	2	10
2 Wilcox, Frankie	Alameda	1:04.66	2	8
3 Allan, Ashlyn	Novato	1:06.45	1	6
4 Mataitoga, Bulou	Sequoia	1:07.72	2	4
5 Hung, Maddy	Lick-Wilmerding	1:07.96	2	2
6 Chan, Naomi	Alameda	1:08.58	1	1

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7 Foecke, Mariko	International (F)	1:10.58	1
8 Rosenthal, Hannah	Lick-Wilmerding	1:10.82	1
9 Jones, Lukecia	Philip & Sala Bu	1:23.43	1

**Event 20 Boys 400 Meter Dash Boys Frosh Soph**

Name	Year School	Finals	H#	Points
1 Li, Steven	Alameda	54.98	6	10
2 Chu, Cameron	Abraham Lincoln	55.15	6	8
3 Nelson, James	Fremont (Oakland)	56.56	6	6
4 Chen, Brendon	Alameda	56.72	6	4
5 Jousselein, Maurice	International (F)	56.86	6	2
6 Liang, William	Lick-Wilmerding	57.23	5	1
7 Crowley, Kerry	St. Ignatius Col	57.93	3	
8 Liang, Jack	Alameda	58.05	6	
9 Lantow, David	Balboa	58.35	3	
10 Marrufo, Adan	Lowell	58.61	4	
11 Lewis, Jeremiah	Alameda	58.71	5	
12 Garay, Gerson	Novato	58.76	5	
13 Evans, Alon	Balboa	59.24	3	
14 Gardner, Ernest	Alameda	59.69	4	
15 Worm, William	Lick-Wilmerding	59.70	5	
16 Showa, Jeremie	Mission	59.88	3	
17 Moore, Leland	Fremont (Oakland)	1:00.01	5	
18 Nichols, Kalyn	Mt. Diablo	1:00.09	6	
19 Carry, Cody	Novato	1:00.12	5	
20 Hannawalt, Jesse	Lowell	1:00.20	4	
21 Haubenstock, Reed	Lowell	1:00.46	3	
22 Espino, Khiry	Alameda	1:01.02	6	
23 Crocker, Brandon	St. Ignatius Col	1:01.12	4	
24 Cooper, Patrick	Balboa	1:01.24	1	
25 Jordan, Marvin	Mission	1:01.29	3	
26 Wong, Jason	Balboa	1:01.54	2	
27 amin, milan	San Francisco Un	1:01.69	4	
28 Mendoza, Omar	Galileo Academy	1:01.71	4	
29 Wang, Ian	Alameda	1:02.36	5	
30 Mena, Luis	Philip & Sala Bu	1:02.54	1	
31 Fan, Ricky	Alameda	1:03.21	3	
32 Wu, Peter	Abraham Lincoln	1:04.08	3	
33 Reliford, Demarco	Mt. Diablo	1:04.27	2	
34 Yee, Mathew Atthew	Mission	1:05.48	2	
35 Benin, Gabriel	Alameda	1:07.65	4	
36 Allen, Javonn	Mt. Diablo	1:09.05	1	
37 Ha, Samuel	Galileo Academy	1:09.96	2	
38 Thomas, Aaron	Mission	1:10.93	1	

**Event 21 Girls 100 Meter Dash Girls Varsity**

Name	Year School	Finals	Wind	H#	Points
1 Grigg, Kellie	Alameda	12.81	2.0	5	10
2 Speech, Melanie	Lowell	13.03	2.0	5	8
3 Cunningham, Jamine	Mt. Diablo	13.12	0.2	2	6
4 Nwankwo, Ugonma	Galileo Academy	13.48	2.0	5	4

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5	Yao, Lisha	Galileo Academy	13.51	1.0	4	2
6	Mack, Sarah	Notre Dame (Belm	13.55	3.2	1	1
7	Brand-Thomas, Itai	San Francisco Un	13.63	2.0	5	
8	Kam, Jennifer	Alameda	13.82	2.0	5	
9	Carlson, Michaela	Novato	13.85	1.0	4	
10	Wee, Ellen	Balboa	13.88	3.2	1	
11	Pusey, Mickesha	Balboa	14.10	2.0	5	
12	Caturay, Kayla	St. Ignatius Col	14.14	1.0	4	
13	Millhouse, Leyland	Mt. Diablo	14.16	1.2	3	
14	Cash, Ke'Leah	Philip & Sala Bu	14.28	2.0	5	
15	Li, Krislyn	Abraham Lincoln	14.31	1.0	4	
16	Howard, Jessica	Balboa	14.38	3.2	1	
17	Chau, Bridget	St. Ignatius Col	14.40	1.0	4	
18	Lam, Betty	Lowell	14.42	1.2	3	
19	Najera, Patricia	Mt. Diablo	14.43	0.2	2	
20	Huynh, Stephanie	Lowell	14.57	1.0	4	
21	Woo, Samantha	Lowell	14.66	1.2	3	
22	Benefield, Jasmine	Fremont (Oakland)	14.69	1.0	4	
23	Lu, Stephanie	Abraham Lincoln	14.84	3.2	1	
24	Malaer, Johanna	Urban School Of	14.99	0.2	2	
25	Dela Cruz, Shannon	Jefferson	15.17	0.2	2	
26	Luo, Vicki	Lowell	15.19	1.2	3	
27	Leung, Jenna	Lowell	15.25	0.2	2	
28	Cliff, Janie	Urban School Of	15.56	1.2	3	
29	Baltazar, Athziri	Mission	18.41	3.2	1	

**Event 22 Boys 100 Meter Dash Boys Varsity**

Name	Year School	Finals	Wind	H#	Points	
1	Meehan, Evan	Novato	10.79	2.2	6	10
2	Marman, Devon	Abraham Lincoln	11.14	2.2	6	8
3	Bryant, akeem	Jefferson	11.20	2.2	6	6
4	Schuller, Zac	St. Ignatius Col	11.24	2.2	6	4
5	Kline, Robert	Novato	11.47	2.2	6	2
6	Farney, Jake	Novato	11.57	2.0	5	1
7	Gubeladze, Lazare	Abraham Lincoln	11.70	2.0	5	
8	Robinson, Leroy	Philip & Sala Bu	11.93	2.0	5	
9	Barney, Daniel	Mt. Diablo	11.98	2.0	5	
10	Mendoza, Alan	Alameda	12.02	2.1	4	
11	Ha, Vinh	Alameda	12.07	2.7	3	
12	Conti, Cameron	Sequoia	12.10	2.1	4	
13	Spiers, Ryan	St. Ignatius Col	12.11	2.2	6	
14	Nguyen, Peter	Alameda	12.13	2.7	3	
15	Wong, Tony	Lowell	12.21	2.1	4	
16	Nelson, Quincy	Galileo Academy	12.26	1.3	1	
17	Lee, Calvin	George Washington	12.28	2.1	4	
18	Wong, Andrew	Galileo Academy	12.37	2.0	5	
19	Peterson, Ryan	Novato	12.41	2.1	4	
20	Fuentes-Afflick, Tomas	Lick-Wilmerding	12.62	1.6	2	
21	Rice, Ben	Urban School Of	12.71	2.7	3	
22	Cong, Christopher	Lowell	12.74	2.7	3	
23	Chew, Wilton	Lowell	12.77	1.3	1	
24	Muzar, Chris	Galileo Academy	13.01	2.1	4	
25	Anderson, Devontae	Mt. Diablo	13.10	2.0	5	

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**...Event 22 Boys 100 Meter Dash Boys Varsity**

25	Jiang, Jesse	Lowell	13.10	1.6	2
27	Aguilar, Brandon	Lowell	13.11	1.6	2
28	Baig, Abbasali	George Washington	13.20	1.6	2
29	Barcenas, Daniel	Philip & Sala Bu	13.43	1.3	1
30	Wong, William	Lowell	13.67	2.7	3
31	Drummond, Jake	Urban School Of	13.70	1.6	2
32	Wong, Derek	Alameda	14.31	1.6	2
33	Jimenez, Eduardo	Lowell	14.33	1.3	1
34	Tham, Richard	Galileo Academy	15.94	1.3	1

**Event 23 Girls 100 Meter Dash Girls Frosh Soph**

Name	Year	School	Finals	Wind	H#	Points
1	Kumar, Anshika	Alameda	13.37	1.1	7	10
2	Penny, Tierra	Fremont (Oakland)	13.46	4.0	8	8
3	Owyang, Kaitlin	Alameda	13.59	4.0	8	6
4	Owyang, Taylor	Alameda	13.64	4.0	8	4
5	Delzio, Heather	Notre Dame (Belm	13.75	1.1	7	2
6	Czerwonka, Lauren	Novato	13.76	4.0	8	0.50
6	Cai, Cathy	Abraham Lincoln	13.76	1.1	7	0.50
8	Holmes, Pearl	Alameda	13.90	1.1	7	
9	Ekwejunor Etchie, Utieyi	Alameda	13.95	1.2	4	
10	Connelly, Sophie	Notre Dame (Belm	14.03	1.1	7	
11	Yasevich, Yana	St. Ignatius Col	14.07	4.0	8	
12	Evans, Shay	Fremont (Oakland)	14.10	4.0	8	
13	Allan, Ashlyn	Novato	14.14	4.0	8	
14	Cai, Michelle	Abraham Lincoln	14.17	1.1	7	
15	Tragoutsis, Maria	Notre Dame (Belm	14.38	1.4	6	
16	Vara, Inez	Abraham Lincoln	14.53	1.0	1	
17	Jones, Lukecia	Philip & Sala Bu	14.59	2.1	2	
18	Dizon, Christine	Jefferson	14.65	1.4	6	
19	Lui, Kristi	George Washington	14.73	1.1	7	
20	Hamilton, Isabella	Alameda	14.74	0.6	5	
21	Vo, Kimberly	Alameda	14.75	1.2	4	
22	Louie, Ashley	Galileo Academy	14.76	1.0	1	
23	Sato, Yurie	Galileo Academy	14.84	1.4	6	
24	Allston, Jaylyn	Abraham Lincoln	14.86	1.0	1	
25	Caba, Brianna	Abraham Lincoln	14.88	2.1	2	
26	Matsuda, Kate	Notre Dame (Belm	14.93	1.4	6	
27	Shao, Lina	Galileo Academy	14.95	1.4	6	
28	Wu, Scarlett	Alameda	14.98	0.6	5	
29	baum, ariana	San Francisco Un	15.04	1.4	6	
30	Arzadon, Dana	Philip & Sala Bu	15.11	1.4	6	
31	O'Conner, Katie	Alameda	15.21	1.2	4	
32	Acosta, Nezelle	Philip & Sala Bu	15.25	1.2	4	
33	Ramirez, Lelis	Jefferson	15.27	0.6	5	
34	Fok, Evita	Alameda	15.29	1.2	4	
35	Yang, Alice	Alameda	15.47	1.2	4	
36	Oliva, Yvonne	Alameda	15.51	2.5	3	
37	Domingo, Adedoyin	International (F	15.52	0.6	5	
38	Yee, Grace	Lick-Wilmerding	15.55	2.5	3	
39	Trieu, Brenda	Alameda	15.56	0.6	5	
40	Freeman, Kayliss	Jefferson	15.67	0.6	5	
41	Chan, Larissa	Lick-Wilmerding	15.75	0.6	5	

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**...Event 23 Girls 100 Meter Dash Girls Frosh Soph**

42 Cai, Kayla	Balboa	15.99	2.1	2
43 You, Hansol	Alameda	16.01	2.5	3
44 Nie, Evelyn	Philip & Sala Bu	16.12	2.1	2
45 De La Torre, Anita	Jefferson	16.18	2.5	3
46 Dimalanta, Charisse	Alameda	16.41	1.2	4
47 Yip, Melissa	Alameda	16.57	2.5	3
48 Feng, Ivy	Balboa	16.58	1.0	1
49 Chu, Melanie	Philip & Sala Bu	17.21	1.0	1
50 Wang, Anna	Balboa	17.55	1.0	1
51 Duong, Tiffany	Alameda	17.63	2.5	3
52 Hernandez, Jacqueline	Balboa	17.70	2.1	2
53 Harris, Olivia	Balboa	18.09	1.0	1
54 Hoang, Jessica	Alameda	18.18	1.2	4

**Event 24 Boys 100 Meter Dash Boys Frosh Soph**

Name	Year School	Finals	Wind H#	Points
1 Ganal, Remfel	Abraham Lincoln	11.65	1.9 2	10
2 Pia, Mike	St. Ignatius Col	11.68	1.5 9	8
3 Gary, Andrew	Balboa	11.72	1.9 3	6
4 Bannag, Damon	Abraham Lincoln	12.08	1.5 9	4
5 Allen, Javonn	Mt. Diablo	12.14	3.0 7	2
6 Dismuke, Chris	Jefferson	12.16	1.5 9	1
7 Pinkard, Elijah	Mt. Diablo	12.17	0.6 8	
8 Garcia, Rene	International (F	12.18	1.5 9	
9 Arellano, Andres	Balboa	12.19	1.5 9	
10 Wong, Aaron	St. Ignatius Col	12.31	1.5 9	
11 Hewett, Richard	George Washington	12.35	0.6 8	
12 Lynch, Ryan	St. Ignatius Col	12.49	1.5 9	
13 McGovern, Bryan	St. Ignatius Col	12.52	0.6 8	
14 Chan, Calvin	George Washington	12.55	3.0 7	
15 Raras, Trevor	Novato	12.58	3.0 7	
16 McIntosh, Kaleb	Alameda	12.59	1.8 5	
17 Madrid, Jose	Alameda	12.61	1.5 4	
17 Thon, Steven	Alameda	12.61	1.8 5	
19 Prescott, Miles	Abraham Lincoln	12.62	1.9 3	
20 Best, Dexter	Balboa	12.70	1.5 4	
21 Zhou, Aaron	Alameda	12.71	2.8 6	
22 Yee, Mathew Atthew	Mission	12.72	1.9 3	
23 Sim-Bracy, Bijon	Novato	12.74	1.9 1	
24 Guo, Timothy	George Washington	12.77	3.0 7	
25 Changevx, Herve	Novato	12.79	0.6 8	
26 Zhu, Steven	Lowell	12.80	3.0 7	
27 Johnson, Denzel	Alameda	12.85	2.8 6	
28 Mak, Nathaniel	Alameda	12.90	2.8 6	
29 Wang, Kevin	Alameda	12.95	2.8 6	
30 Hua, Darryl	Alameda	12.96	2.8 6	
31 Tsang, thomas	Philip & Sala Bu	12.97	3.0 7	
32 Nichols, Kalyn	Mt. Diablo	13.01	1.9 1	
33 Knight, James	Alameda	13.15	1.8 5	
34 Daubeneck, Drew	Alameda	13.17	1.5 4	
35 Stainier, Paul	Lowell	13.19	2.8 6	
35 Logan, Sydnee	Fremont (Oakland)	13.19	3.0 7	
37 McKay, Darien	Novato	13.24	0.6 8	

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**...Event 24 Boys 100 Meter Dash Boys Frosh Soph**

38	Zhu, Aaron	Abraham Lincoln	13.31	1.9	1
39	Ye, Randi	Alameda	13.42	1.8	5
40	Zhao, Andrew	Alameda	13.47	1.8	5
41	fong, alex	San Francisco Un	13.50	1.8	5
42	Yee, Tyler	Alameda	13.58	1.8	5
43	Deng, Brian	Alameda	13.62	1.5	4
44	Thomas, Aaron	Mission	13.71	1.9	3
45	Reliford, Demarco	Mt. Diablo	13.91	2.8	6
46	Wang, Ken	Abraham Lincoln	14.33	1.9	3
47	Mark, William	Abraham Lincoln	14.55	1.9	2
48	Glenn-Finer, Harry	Lick-Wilmerding	15.19	1.5	4
49	Dam, Hung	Philip & Sala Bu	15.47	1.9	2
50	Ngyuen, Anh	Abraham Lincoln	17.31	1.9	2

**Event 25 Girls 3200 Meter Run Girls Varsity**

Name	Year School	Finals	Points
1 Madson, Courtney	Novato	12:11.48	10

**Event 26 Boys 3200 Meter Run Boys Varsity**

Name	Year School	Finals	Points
1 Talavan, Lucas	St. Ignatius Col	9:44.68	10
2 Doherty, Daniel	St. Ignatius Col	11:15.62	8
3 Johnson, Samuel	Balboa	11:39.88	6
4 Tursi, Ryan	St. Ignatius Col	11:45.92	4

**Event 27 Girls 3200 Meter Run Girls Frosh Soph**

Name	Year School	Finals	Points
1 Bowden, Isabela	Balboa	13:12.63	10

**Event 28 Boys 3200 Meter Run Boys Frosh Soph**

Name	Year School	Finals	Points
1 Carracciolo, Matt	St. Ignatius Col	11:20.67	10
2 Finton, Ryan	Novato	12:16.97	8
3 Lui, Kendall	Balboa	12:37.66	6

**Event 29 Boys 4x400 Meter Relay Boys Varsity**

School	Finals	Points
1 Jefferson 'A'	3:35.73	10
1) Gordan, Chris	2) Deberry, Bernard	
3) Holmes, Myles	4) Bryant, akeem	
2 Novato 'A'	3:39.16	7
1) Somers, Kyle	2) Sigur, Ammon	
3) Lopez, Josue	4) Alyas, Roman	
2 Alameda 'A'	3:39.16	7
1) Reyes, Nick	2) Rodrigues, Matt	

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**....Event 29 Boys 4x400 Meter Relay Boys Varsity**

3) Espino, Khiry	4) Wu, Terence		
4 Galileo Academy 'A'		3:49.77	4
1) Zhu, Allen	2) Roa, Henry		
3) Soon, Brendan	4) Kwong, Raymond		
5 Lowell 'A'		3:50.85	2
1) Mannah, Safa	2) Shaw, Noah		
3) Ho, Nelson	4) Lee, Wei		

**Event 30 Girls 4x400 Meter Relay Girls Varsity**

School		Finals	Points
1 Notre Dame (Belmont) 'A'		4:25.81	10
1) Mack, Sarah	2) Maron, Camille		
3) Lam Centeio, Kai	4) Mack, Sophie		
2 Lowell 'A'		4:34.10	8
1) Jarvis, Katherine	2) Speech, Melanie		
3) Leung, Jenna	4) Lam, Betty		

**Event 31 Boys 4x400 Meter Relay Boys Frosh Soph**

School		Finals	H#	Points
1 Alameda 'A'		3:46.08	2	10
1) Chen, Brendon	2) Li, Steven			
3) Thon, Steven	4) Liang, Jack			
2 St. Ignatius College Prep 'A'		3:53.93	2	8
1) Crowley, Kerry	2) Crocker, Brandon			
3) Nikovitis, Matt	4) Al-re, Kalid			
3 Lowell 'A'		3:58.40	2	6
1) Stainier, Paul	2) Hannawalt, Jesse			
3) Zhu, Steven	4) Marrufo, Adan			

**Event 32 Girls 4x400 Meter Relay Girls Frosh Soph**

School		Finals	Points
1 Novato 'A'		4:33.72	10
1) Allan, Ashlyn	2) Czerwonka, Lauren		
3) Metzger, Kylie	4) Johnson, Indigo		
2 Alameda 'A'		4:45.42	8
1) Huang, Linde	2) Chan, Naomi		
3) Ekwejunor Etchie, Utieyin	4) Wilcox, Frankie		
3 Galileo Academy 'B'		5:26.11	6
1) Chen, Bethany	2) Ong, Pamala		
3) Onuoma, Grace	4) Lai, Katie		

**Event 33 Girls 1600 Meter Run Girls Varsity**

Name	Year School	Finals	Points
1 Steyer, Evi	San Francisco Un	5:21.01	10
2 Madson, Courtney	Novato	5:24.78	8
3 blum, bridget	San Francisco Un	5:32.84	6
4 Lehmann, Emma	Urban School Of	5:33.89	4

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5	Otto, Abby	St. Ignatius Col	5:46.91	2
6	Schallert, Amanda	St. Ignatius Col	5:59.27	1
7	Atkinson, Becca	Urban School Of	6:06.94	
8	Wilson, Sophia	Lick-Wilmerding	6:21.98	
9	Tang, Michelle	Abraham Lincoln	6:26.05	
10	Clark, Jordan	Urban School Of	6:31.78	
11	Pang, Stephanie	St. Ignatius Col	6:42.51	
12	Kline, Lauren	Urban School Of	6:45.13	

**Event 34 Boys 1600 Meter Run Boys Varsity**

Name	Year School	Finals	Points
1 Geiken, Eugenio	Berkeley	4:30.73	10
2 Grimes, Jeff	Crystal Springs	4:49.32	8
3 Barron, Phil	Sequoia	4:56.31	6
4 Kong, Carlos	International (F)	5:03.56	4
5 Vanderbilt, Andy	St. Ignatius Col	5:05.08	2
6 Drake, Henri	International (F)	5:05.27	1
7 Willett, Walker	Urban School Of	5:08.22	
8 Johnson, Samuel	Balboa	5:10.60	
9 Wu, David	Galileo Academy	5:12.54	
10 Raggio, Danny	Sequoia	5:13.34	
11 Mendoza, Luigi	Novato	5:15.28	
12 Chan, Steven	Galileo Academy	5:15.56	
13 Liang, Michael	Abraham Lincoln	5:18.86	
14 Healy, Thatcher	Urban School Of	5:26.83	
15 Meyer, Curtis	International (F)	5:35.56	
16 Rosen, Connor	Lick-Wilmerding	5:41.15	
17 Ho, Isaiah	Abraham Lincoln	5:45.70	
18 Orts, Quentin	Urban School Of	5:48.38	
19 Thompson, Lorenzo	Mission	5:53.21	
20 Calvillo, Ernesto	Jefferson	5:57.76	

**Event 35 Girls 1600 Meter Run Girls Frosh Soph**

Name	Year School	Finals	Points
1 Bouchard-Hall, Gaia	Sequoia	5:53.42	10
2 Bowden, Isabela	Balboa	6:04.53	8
3 Tang, Kimberly	Abraham Lincoln	6:05.85	6
4 Nieman, Kelsey	Novato	6:06.60	4
5 Phan, Vivian	Abraham Lincoln	6:08.17	2
6 Avila, Sophia	St. Ignatius Col	6:11.42	1
7 Tobin, Haley	St. Ignatius Col	6:13.02	
8 Thommasson, Anaelle	International (F)	6:28.03	
9 Chang, Amanda	St. Ignatius Col	6:42.05	
10 Wan, Allison	St. Ignatius Col	6:42.51	
11 Lerdal, Maria	International (F)	7:17.55	
12 Arica, Cindy	Jefferson	7:46.53	

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**Event 36 Boys 1600 Meter Run Boys Frosh Soph**

Name	Year School	Finals	Points
1 Murphy, Ciaran	St. Ignatius Col	4:37.19	10
2 Sayre, Thomas	St. Ignatius Col	4:45.48	8
3 clark, connor	San Francisco Un	4:51.45	6
4 Kreher, Michael	Lick-Wilmerding	4:54.77	4
5 hosie, duncan	San Francisco Un	5:00.80	2
6 Pucel, Nickie	Sequoia	5:06.64	1
7 Showa, Jeremie	Mission	5:09.72	
8 Reder, Travis	Novato	5:24.25	
9 Liu, Ronald	Abraham Lincoln	5:25.21	
10 Reid, Louis	Balboa	5:25.53	
11 parikh, devayou	San Francisco Un	5:25.69	
12 Deng, David	Balboa	5:28.69	
13 Weir, Aidan	Balboa	5:29.99	
14 Chen, Jonathan	Balboa	5:31.84	
15 Chaung, Justin	Balboa	5:36.07	
16 McElroy, Jack	International (F)	5:41.07	
17 Lyson, John Paul	Jefferson	5:48.83	
18 Porchia, Marcus	International (F)	5:58.31	

**Event 37 Girls 4x200 Meter Relay Girls Frosh Soph**

School	Finals	H#	Points
1 Novato 'A'	1:56.06	2	10
1) Allan, Ashlyn	2) Czerwonka, Lauren		
3) Martin, Kirsten	4) Metzger, Kylie		
2 Alameda 'A'	1:57.49	2	8
1) Owyang, Taylor	2) Kumar, Anshika		
3) Owyang, Kaitlin	4) Holmes, Pearl		
3 Notre Dame (Belmont) 'A'	2:01.06	2	6
1) Connelly, Sophie	2) Matsuda, Kate		
3) Delzio, Heather	4) Tragoutsis, Maria		
4 Abraham Lincoln (Sf) 'C'	2:04.35	1	4
1) Loeza, Guadalupe	2) Kearns, Kendal		
3) Allston, Jaylyn	4) Fan, Elvina		
5 Alameda 'B'	2:07.36	2	2
1) Chan, Naomi	2) Hamilton, Isabella		
3) Nguyen, Laura	4) Trieu, Brenda		
6 Abraham Lincoln (Sf) 'A'	2:09.53	2	1
1) Chemel, Angeline	2) Yoon, Bora		
3) Selor, Kaley	4) Caba, Brianna		
7 Alameda 'C'	2:11.07	1	
1) Wu, Scarlett	2) Yang, Alice		
3) Yip, Melissa	4) You, Hansol		
8 Philip & Sala Burton 'A'	2:14.50	1	
1) Acosta, Nezelle	2) Ibay, Meiko		
3) Jones, Lukecia	4) Arzadon, Dana		
9 Galileo Academy 'A'	2:16.25	2	
1) Zhang, Michelle	2) Louie, Ashley		
3) Shao, Lina	4) Sato, Yurie		
10 Balboa 'A'	2:28.36	1	
1) Cai, Kayla	2) Feng, Ivy		
3) Hernandez, Jacqueline	4) Wang, Anna		

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**Event 38 Boys 4x200 Meter Relay Boys Frosh Soph**

School	Finals	H#	Points
1 St. Ignatius College Prep 'A'	1:40.90	3	10
1) Pia, Mike	2) Crowley, Kerry		
3) Eggleston, Justin	4) Armstrong, Connor		
2 Jefferson 'A'	1:43.60	3	8
1) Dismuke, Chris	2) Gilson, Jesse		
3) Nunu, Zachary	4) Bailey, Demarae		
3 Balboa 'A'	1:43.77	2	6
1) Wong, Jason	2) Evans, Alon		
3) Arellano, Andres	4) Gary, Andrew		
4 Alameda 'A'	1:44.15	3	4
1) Gardner, Ernest	2) Zhou, Aaron		
3) Johnson, Denzel	4) McIntosh, Kaleb		
5 Philip & Sala Burton 'A'	1:45.46	1	2
1) Mena, Luis	2) Abilar, Allan		
3) Tsang, thomas	4) Moreno, Alex		
6 Alameda 'D'	1:47.72	1	1
1) Thon, Steven	2) Wang, Ian		
3) Wang, Kevin	4) Yee, Tyler		
7 Alameda 'C'	1:48.33	1	
1) Lewis, Jeremiah	2) Li, Steven		
3) Liang, Jack	4) Madrid, Jose		
8 Lowell 'A'	1:48.43	2	
1) Ng, Renny	2) Zhu, Steven		
3) Stainier, Paul	4) Hannawalt, Jesse		
9 Mt. Diablo 'A'	1:49.31	3	
1) Allen, Javonn	2) Pinkard, Elijah		
3) Reliford, Demarco	4) Woods, Xavier		

**Event 39 Girls 4x200 Meter Relay Girls Varsity**

School	Finals	Points
1 Mt. Diablo 'A'	1:53.48	10
1) Millhouse, Leyland	2) Cunningham, Jamine	
3) Najera, Patricia	4) Pullman, Linda	
2 Galileo Academy 'A'	1:57.00	8
1) Yao, Lisha	2) Nwankwo, Ugonma	
3) Mo, Julie	4) Liu, Lisa	
3 St. Ignatius College Prep 'A'	2:01.02	6
1) Krupp, Gretchen	2) Quesada, Sam	
3) Hom, Corrine	4) Chau, Bridget	
4 Lowell 'A'	2:01.87	4
1) Liang, Carol	2) Lam, Betty	
3) Mo, Eva	4) Woo, Samantha	
5 Balboa 'A'	2:02.27	2
1) Pusey, Mickesha	2) Yu, Louisa	
3) Howard, Jessica	4) Wee, Ellen	

**Event 40 Boys 4x200 Meter Relay Boys Varsity**

School	Finals	H#	Points
1 Novato 'A'	1:35.54	2	10

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**....Event 40 Boys 4x200 Meter Relay Boys Varsity**

1) Giavina, Jesse	2) Farney, Jake			
3) Kline, Robert	4) Meehan, Evan			
2 Philip & Sala Burton 'A'		1:39.01	1	8
1) Lewis-White, Forrest	2) McGlothen, Donte			
3) Robinson, Leroy	4) Anderson, Deondre			
3 Jefferson 'A'		1:39.59	2	6
1) Herren, Joshua	2) Deberry, Bernard			
3) Aviles, Rodney	4) Gordan, Chris			
4 Lowell 'A'		1:39.65	1	4
1) Wong, Tony	2) Lui, Ryan			
3) Mannah, Safa	4) Ho, Nelson			
5 Urban School Of San Francisco 'A'		1:43.14	1	2
1) Larsen, Cole	2) Wu, Alex			
3) Rice, Ben	4) Judkins-Boeri, Sean			
6 Galileo Academy 'A'		1:45.98	2	1
1) Zhu, Allen	2) Jones, Charles			
3) Kwong, Raymond	4) Roa, Henry			
7 Lowell 'B'		1:47.56	1	
1) Wong, William	2) Lui, Chris			
3) Jiang, Jesse	4) Cong, Christopher			
8 Galileo Academy 'B'		1:49.43	1	
1) Huang, Brandon	2) Li, Alan			
3) Wong, Andrew	4) Lee, Stanley			

**Event 41 Girls Long Jump Girls Varsity**

Name	Year School	Finals	Wind	Points
1 Speech, Melanie	Lowell	15-10.50	NWI	10
2 Chan, Cheri	St. Ignatius Col	15-07.50	NWI	8
3 Carlson, Michaela	Novato	14-06.50	NWI	6
4 Huynh, Jenny	Lowell	14-03.50	NWI	4
5 Jarvis, Katherine	Lowell	14-01.00	NWI	2
6 Nwankwo, Ugonma	Galileo Academy	13-09.00	NWI	1
7 Lam, Betty	Lowell	J13-09.00	NWI	
8 Woo, Samantha	Lowell	13-05.00	NWI	
9 Trieu, Jessica	Alameda	13-02.00	NWI	
10 Santos, Elisa	St. Ignatius Col	12-11.00	NWI	
11 Huynh, Stephanie	Lowell	12-09.50	NWI	
11 Mo, Julie	Galileo Academy	12-09.50	NWI	
13 West, Ellen	Notre Dame (Belm)	12-07.00	NWI	
14 Luo, Vicki	Lowell	12-05.00	NWI	
15 Mo, Eva	Lowell	12-04.00	NWI	

**Event 42 Boys Long Jump Boys Varsity**

Name	Year School	Finals	Wind	Points
1 Kennedy, Mike	St. Ignatius Col	23-00.00	NWI	10
2 Black, Chris	Novato	20-07.50	NWI	8
3 Barney, Daniel	Mt. Diablo	20-04.00	NWI	6
4 Gordan, Chris	Jefferson	20-03.00	NWI	4
5 Hartman, Michael	St. Ignatius Col	19-00.00	NWI	2
6 Crosby, Ceylen	Berkeley	J19-00.00	NWI	1
7 Fromm, Ryan	St. Ignatius Col	18-06.00	NWI	

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**...Event 42 Boys Long Jump Boys Varsity**

8	Langi, Will	Sequoia	18-02.75	NWI
9	Wong, Aaron	St. Ignatius Col	18-02.50	NWI
10	Robinson, Leroy	Philip & Sala Bu	18-00.50	NWI
11	Nelson, Quincy	Galileo Academy	18-00.00	NWI
12	Shaw, Noah	Lowell	17-05.00	NWI
13	Davis, Robert	Abraham Lincoln	17-02.00	NWI
14	Robinson, Cedrik	Jefferson	17-00.00	NWI
14	Esteban, Dominic	St. Ignatius Col	17-00.00	NWI
16	Banks, Caleb	Lick-Wilmerding	16-10.00	NWI
17	Lee, Wei	Lowell	16-00.00	NWI
18	Lewis-White, Forrest	Philip & Sala Bu	15-03.50	NWI
19	Barcenas, Daniel	Philip & Sala Bu	15-01.00	NWI
20	Drummond, Jake	Urban School Of	13-06.00	NWI
--	Blackmon, Raheem	Mt. Diablo	DNF	NWI

**Event 43 Girls Long Jump Girls Frosh Soph**

Name	Year School	Finals	Wind	Points
1	Bourne, Heather	Lick-Wilmerding	15-05.00	NWI 10
2	feldstein, molly	San Francisco Un	14-10.00	NWI 8
3	king, amelia	San Francisco Un	14-06.00	NWI 6
4	Hyndman, Emma	St. Ignatius Col	14-04.00	NWI 4
5	Cai, Michelle	Abraham Lincoln	14-03.50	NWI 2
6	Haroun, Sabrina	Lick-Wilmerding	13-05.25	NWI 1
7	wood, natasha	San Francisco Un	13-04.50	NWI
8	Caba, Brianna	Abraham Lincoln	13-02.50	NWI
8	Sabastinelli, Kristen	St. Ignatius Col	13-02.50	NWI
10	Selor, Kaley	Abraham Lincoln	12-09.50	NWI
11	Zhang, Michelle	Galileo Academy	12-09.00	NWI
12	Hamilton, Isabella	Alameda	12-00.00	NWI
13	henderson, tierney	San Francisco Un	11-10.50	NWI
14	Arzadon, Dana	Philip & Sala Bu	11-09.00	NWI
14	Zhang, Stephanie	George Washington	11-09.00	NWI
16	Acosta, Nezelle	Philip & Sala Bu	11-04.50	NWI
17	yao, crystal	San Francisco Un	11-02.50	NWI
18	Jones, Lukecia	Philip & Sala Bu	11-00.50	NWI
19	Nie, Evelyn	Philip & Sala Bu	10-08.00	NWI
20	portow, carlene	San Francisco Un	9-04.50	NWI
--	Cai, Cathy	Abraham Lincoln	DNF	NWI

**Event 44 Boys Long Jump Boys Frosh Soph**

Name	Year School	Finals	Wind	Points
1	Armstrong, Connor	St. Ignatius Col	18-00.50	NWI 10
2	Hewett, Richard	George Washington	17-06.50	NWI 8
3	Guo, Timothy	George Washington	17-00.50	NWI 6
4	Sim-Bracy, Bijon	Novato	17-00.00	NWI 4
5	Zhu, Steven	Lowell	16-06.50	NWI 2
6	Wang, Daniel	George Washington	16-06.00	NWI 1
7	Chan, Keene	Balboa	16-05.50	NWI
8	Zhu, Aaron	Abraham Lincoln	15-11.00	NWI
9	Fobbs, Micah	Lick-Wilmerding	J15-11.00	NWI
10	Stainier, Paul	Lowell	15-00.50	NWI

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**....Event 44 Boys Long Jump Boys Frosh Soph**

11 Lin, Richard	George Washington	14-00.00	NWI
12 Dam, Hung	Philip & Sala Bu	11-08.50	NWI

**Event 45 Girls High Jump Girls Varsity**

Name	Year School	Finals	Points
1 McDonald-O'Brien, Michel	St. Ignatius Col	5-02.00	10
2 Loi, Julia	Abraham Lincoln	4-06.00	8
3 Caturay, Kayla	St. Ignatius Col	4-04.00	6
4 Fox, Alex	St. Ignatius Col	J4-04.00	4
5 Banks, Izzie	Lick-Wilmerding	4-02.00	2
6 Gilbert-Soto, Gerelyn	Notre Dame (Belm	4-00.00	1
7 Burns, Lily	Urban School Of	J4-00.00	
-- Situ, Jenny	St. Ignatius Col	DNF	

**Event 46 Boys High Jump Boys Varsity**

Name	Year School	Finals	Points
1 Bello, Will	St. Ignatius Col	6-02.00	10
2 Christofferson, Bryan	St. Ignatius Col	J6-02.00	8
3 Shaw, Noah	Lowell	5-08.00	5
3 Thomson, Jeff	St. Ignatius Col	5-08.00	5
5 Grover-Roybal, John	Lick-Wilmerding	5-04.00	2
6 Nelson, Quincy	Galileo Academy	J5-04.00	1
7 Boyle, Jesse	Sequoia	J5-04.00	
8 DiGiovanni, Paolo	St. Ignatius Col	5-02.00	
8 Robinson, Cedrik	Jefferson	5-02.00	
10 Edwards, Zeke	Sequoia	J5-02.00	
11 Diserens, Sam	St. Ignatius Col	J5-02.00	
12 Ocampo, Angelo	St. Ignatius Col	J5-02.00	
13 Jiang, Jesse	Lowell	5-00.00	

**Event 47 Girls High Jump Girls Frosh Soph**

Name	Year School	Finals	Points
1 Haroun, Sabrine	Lick-Wilmerding	4-08.00	10
2 Martin, Kirsten	Novato	J4-08.00	8
3 Huang, Linde	Alameda	J4-08.00	6
4 king, amelia	San Francisco Un	J4-08.00	4
5 wood, natasha	San Francisco Un	J4-08.00	2
6 Cai, Cathy	Abraham Lincoln	4-06.00	1
7 Christofferson, Michelle	St. Ignatius Col	J4-06.00	
8 Burke, Maddie	St. Ignatius Col	4-02.00	
9 Benavente, Christine	St. Ignatius Col	J4-02.00	
9 Cleary, Megan	St. Ignatius Col	J4-02.00	
11 Chan, Miranda	Notre Dame (Belm	J4-02.00	
12 McGuinness, Molly	St. Ignatius Col	J4-02.00	
13 Hung, Maddy	Lick-Wilmerding	4-00.00	
14 Ekwejunor Etchie, Utieyi	Alameda	J4-00.00	
14 Kearns, Kendal	Abraham Lincoln	J4-00.00	
16 Murillo, Nicole	Notre Dame (Belm	3-10.00	
17 Schuller, MacKenzie	St. Ignatius Col	3-06.00	

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**...Event 47 Girls High Jump Girls Frosh Soph**

-- Mataitoga, Bulou                      Sequoia                      DNF

**Event 48 Boys High Jump Boys Frosh Soph**

Name	Year School	Finals	Points
1 Otto, Phil	St. Ignatius Col	5-06.00	10
2 Sim-Bracy, Bijon	Novato	J5-06.00	8
3 Chen, Stanley	Galileo Academy	5-04.00	6
4 Ganal, Remfel	Abraham Lincoln	J5-04.00	4
5 Schneider, Ben	Lick-Wilmerding	4-10.00	2
6 Rauch, Andrew	Lick-Wilmerding	J4-10.00	1
7 Chiu, Ryan	Abraham Lincoln	4-08.00	
8 Zhu, Aaron	Abraham Lincoln	J4-08.00	
9 Krabbenschmidt, Jonathan	St. Ignatius Col	4-06.00	
-- Batstone, Jesse	St. Ignatius Col	NH	
-- Hwang, Paul	St. Ignatius Col	NH	
-- Prescott, Miles	Abraham Lincoln	NH	

**Event 49 Girls Triple Jump Girls Varsity**

Name	Year School	Finals	Wind	Points
1 Santos, Elisa	St. Ignatius Col	30-06.00	NWI	10
2 Mo, Julie	Galileo Academy	29-00.50	NWI	8
3 Huynh, Stephanie	Lowell	28-01.50	NWI	6
4 Trieu, Jessica	Alameda	27-04.00	NWI	4
5 Mo, Eva	Lowell	27-01.00	NWI	2
6 West, Ellen	Notre Dame (Belm	26-09.00	NWI	1

**Event 50 Boys Triple Jump Boys Varsity**

Name	Year School	Finals	Wind	Points
1 Kline, Robert	Novato	42-06.00	NWI	10
2 Black, Chris	Novato	39-10.25	NWI	8
3 Wong, Aaron	St. Ignatius Col	39-02.25	NWI	6
4 Hartman, Michael	St. Ignatius Col	37-11.00	NWI	4
5 Shaw, Noah	Lowell	35-09.00	NWI	2
6 Foote, Winston	Jefferson	34-00.00	NWI	1
7 Costa-Roberts, Danny	Lick-Wilmerding	33-10.00	NWI	
8 Drummond, Jake	Urban School Of	30-00.50	NWI	

**Event 51 Girls Triple Jump Girls Frosh Soph**

Name	Year School	Finals	Wind	Points
1 Cai, Cathy	Abraham Lincoln	33-02.50	NWI	10
2 Cai, Michelle	Abraham Lincoln	33-01.50	NWI	8
3 Haroun, Sabrina	Lick-Wilmerding	32-01.50	NWI	6
4 Hyndman, Emma	St. Ignatius Col	30-03.00	NWI	4
5 Sabastinelli, Kristen	St. Ignatius Col	29-11.50	NWI	2
6 Metzger, Kylie	Novato	27-06.00	NWI	1
-- portow, carlene	San Francisco Un	DNF	NWI	

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**Event 52 Boys Triple Jump Boys Fresh Soph**

Name	Year School	Finals	Wind	Points
1 Moreno, Alex	Philip & Sala Bu	30-02.50	NWI	10

**Event 53 Girls Pole Vault Girls Varsity**

Name	Year School	Finals	Points
1 Niesyn, Paige	Novato	10-00.00	10
2 Collins, Maddy	St. Ignatius Col	9-06.00	8
3 Bristow, Courtney	St. Ignatius Col	8-06.00	6
4 McCaffery, Michelle	St. Ignatius Col	8-00.00	4
5 Smyth, Natalie	St. Ignatius Col	J8-00.00	2
-- Loi, Julia	Abraham Lincoln	NH	

**Event 54 Boys Pole Vault Boys Varsity**

Name	Year School	Finals	Points
1 Ayala, Rafael	Novato	13-00.00	10
2 Rumm, Wesley	Novato	12-06.00	8
3 Dimas, Mark	St. Ignatius Col	12-00.00	6
4 DiGiovanni, Paolo	St. Ignatius Col	11-06.00	4
5 Le, Anthony	St. Ignatius Col	11-00.00	2
6 Abellera, Tim	St. Ignatius Col	10-06.00	1
7 Sadeghi, Alex	St. Ignatius Col	10-00.00	
8 Cheung, Enhao	Abraham Lincoln	8-06.00	
-- Kuwatani, Kyle	St. Ignatius Col	DNF	

**Event 55 Girls Pole Vault Girls Fresh Soph**

Name	Year School	Finals	Points
1 Niesyn, Madison	Novato	8-06.00	10
2 Saunders, Katherine	St. Ignatius Col	7-00.00	8

**Event 56 Boys Pole Vault Boys Fresh Soph**

Name	Year School	Finals	Points
1 Armstrong, Connor	St. Ignatius Col	10-00.00	9
1 Lynch, Ryan	St. Ignatius Col	10-00.00	9
3 Warner, Jim	St. Ignatius Col	9-06.00	6
4 Capuli, Kyle	St. Ignatius Col	9-00.00	4
5 Zhu, Jimmy	Abraham Lincoln	J9-00.00	1.50
5 Batstone, Jesse	St. Ignatius Col	J9-00.00	1.50
7 Garay, Gerson	Novato	8-06.00	
8 Wang, Aaron	Abraham Lincoln	8-00.00	

**Event 57 Girls Discus Throw Girls Varsity**

Name	Year School	Finals	Points
1 Amaechi, Chioma	Abraham Lincoln	146-03	10
2 Langi, Mele	Sequoia	117-00	8

**Big Cats Relays - 3/20/2010**  
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**...Event 57 Girls Discus Throw Girls Varsity**

3 Fletcher, Hope	Alameda	102-05	6
4 Minolli, Ariana	Novato	90-00	4
5 Macdonald, Marie	Novato	89-00	2
6 Calbert, Ariell	Berkeley	75-05	1
7 Kuang, Cindy	Galileo Academy	70-08	
8 Ngo, Samantha	Lowell	70-04	
9 Mendoza, Julie	Lick-Wilmerding	69-11	
10 ling, vivian	San Francisco Un	67-06	
11 Bliven, Emily	Alameda	67-03	
12 Grosshauser, Kaitlyn	Notre Dame (Belm	59-01	
13 Banks, Rai'Nani	Lick-Wilmerding	57-09	
14 Brumbaum, Ellie	Urban School Of	49-08	
15 Fair, Katherine	San Francisco Un	43-11	

**Event 58 Boys Discus Throw Boys Varsity**

Name	Year School	Finals	Points
1 Mai, Frank	Alameda	133-06	10
2 Reed, Jerome	Abraham Lincoln	112-07	8
3 Denis, Pierre	Novato	111-11	6
4 Oducayen, Andrew	Alameda	109-02	4
5 Grover-Roybal, John	Lick-Wilmerding	106-05	2
6 Satele, David	Sequoia	105-00	1
7 Emory, Jesse	Sequoia	104-00	
8 Barton, Cole	Novato	102-09	
9 Shaw, Noah	Lowell	101-01	
10 Zheng, David	Alameda	100-02	
11 Havea, Pesalilil	Abraham Lincoln	96-00	
12 Anunciacion, Edrick	Philip & Sala Bu	95-06	
13 Fong, Alex	Alameda	84-09	
14 Romero, Jorge	Philip & Sala Bu	80-08	
15 Luu, Johnny	Galileo Academy	75-02	
16 Geminiano, Nathaniel	Lowell	74-03	
17 Taylor, Virgil	Urban School Of	41-01	

**Event 59 Girls Discus Throw Girls Frosh Soph**

Name	Year School	Finals	Points
1 Allston, Jaylyn	Abraham Lincoln	89-05	10
2 Breaux, Duane	Berkeley	73-08	8
3 Jarjoura, Rose	Novato	66-08	6
4 Christ, Madison	Alameda	53-03	4

**Event 60 Boys Discus Throw Boys Frosh Soph**

Name	Year School	Finals	Points
1 Luu, Colin	Abraham Lincoln	111-09	10
2 Ribera, Zachary	Alameda	98-07	8
3 Raras, Trevor	Novato	94-05	6
4 Vo, Anh Hung	Alameda	90-09	4
5 Fong, Daniel	George Washington	84-10	2
6 Langevin, Nick	Novato	83-00	1

**Big Cats Relays - 3/20/2010**  
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**...Event 60 Boys Discus Throw Boys Frosh Soph**

7	Stewart, Jonathan	Berkeley	78-06
8	Amidei, Nathaniel	Abraham Lincoln	78-00
9	Jiang, Wilson	George Washington	74-05
10	Luu, Edward	Galileo Academy	68-05
11	Rauch, Andrew	Lick-Wilmerding	67-07
12	Gomez-Wong, Javier	Mission	66-10
13	amin, milan	San Francisco Un	65-09
14	Chew, Wesley	Abraham Lincoln	62-04
15	Isaac, Reneil	Mission	59-08
16	Cohen, Rikio	Alameda	59-00
17	Schneider, Ben	Lick-Wilmerding	52-08

**Event 61 Girls Shot Put Girls Varsity**

Name	Year School	Finals	Points
1	Amaechi, Chioma	Abraham Lincoln	40-06.75 10
2	Langi, Mele	Sequoia	35-05.50 8
3	Prieto, Gianelly	Sequoia	30-06.25 6
4	Fletcher, Hope	Alameda	29-07.50 4
5	Fuimaono, Lural	Mt. Diablo	29-01.00 2
6	Minolli, Ariana	Novato	27-09.50 1
7	Mendoza, Julie	Lick-Wilmerding	26-11.00
8	Macdonald, Marie	Novato	26-10.50
9	Burns, Lily	Urban School Of	24-11.50
10	Calbert, Ariell	Berkeley	24-06.50
11	Banks, Rai'Nani	Lick-Wilmerding	24-05.50
12	Ngo, Samantha	Lowell	21-01.00
13	Grosshauser, Kaitlyn	Notre Dame (Belm	20-04.00
14	Bliven, Emily	Alameda	18-07.00
15	Brumbaum, Ellie	Urban School Of	17-01.75

**Event 62 Boys Shot Put Boys Varsity**

Name	Year School	Finals	Points
1	Latchin, Steve	Novato	42-00.00 10
2	Farney, Jake	Novato	41-02.75 8
3	Mai, Frank	Alameda	38-09.25 6
4	Newell, Brian	Sequoia	37-08.25 4
5	Oducayen, Andrew	Alameda	35-11.75 2
6	Havea, Pesalilil	Abraham Lincoln	35-01.00 1
7	Denis, Pierre	Novato	34-08.00
8	Zheng, David	Alameda	32-01.75
9	Luu, Johnny	Galileo Academy	31-09.75
10	Anunciacion, Edrick	Philip & Sala Bu	30-09.00
11	Fong, Alex	Alameda	30-06.25
12	Geminiano, Nathaniel	Lowell	30-06.00
13	Romero, Jorge	Philip & Sala Bu	27-01.50
14	Taylor, Virgil	Urban School Of	21-09.00

**Big Cats Relays - 3/20/2010****Kezar Stadium****Results - Finals****Event 63 Girls Shot Put Girls Frosh Soph**

Name	Year School	Finals	Points
1 Cai, Cathy	Abraham Lincoln	31-10.50	10
2 Allston, Jaylyn	Abraham Lincoln	30-00.50	8
3 Breaux, Duanee	Berkeley	26-09.50	6
4 Oeser, Melissa	Notre Dame (Belm)	26-01.50	4
5 Fitzgerald, Erin	Notre Dame (Belm)	22-03.50	2
6 Jarjoura, Rose	Novato	21-04.00	1
7 Christ, Madison	Alameda	19-11.25	

**Event 64 Boys Shot Put Boys Frosh Soph**

Name	Year School	Finals	Points
1 Luu, Colin	Abraham Lincoln	41-10.00	10
2 Raras, Trevor	Novato	39-06.00	8
3 Ribera, Zachary	Alameda	37-00.00	6
4 Gomez-Wong, Javier	Mission	36-01.75	4
5 Vo, Anh Hung	Alameda	34-03.00	2
6 Agustin, Delwin	Philip & Sala Bu	32-09.25	1
7 Stewart, Jonathan	Berkeley	31-06.00	
8 Amidei, Nathaniel	Abraham Lincoln	30-11.50	
9 Chew, Wesley	Abraham Lincoln	30-07.00	
10 danforth, will	San Francisco Un	30-02.00	
11 Langevin, Nick	Novato	27-01.00	
12 Rauch, Andrew	Lick-Wilmerding	26-03.75	
13 Schneider, Ben	Lick-Wilmerding	23-08.00	
14 Cohen, Rikio	Alameda	18-08.00	

**Women - Girls Varsity - Team Rankings - 16 Events Scored**

1) St. Ignatius College Prep	86	2) Lowell	64
3) Abraham Lincoln (SF)	52	4) Novato	44
5) Notre Dame (Belmont)	39	6) San Francisco University	36
7) Mt. Diablo	34	8) Alameda	32
9) Galileo Academy	29	10) Sequoia	22
11) Philip & Sala Burton	6	12) Urban School Of San Franc	4
13) Lick-Wilmerding	3	14) Balboa	2
15) Berkeley	1		

**Women - Girls Frosh Soph - Team Rankings - 16 Events Scored**

1) Abraham Lincoln (SF)	81.50	2) Alameda	77
3) Novato	66.50	4) St. Ignatius College Prep	37
5) San Francisco University	31	6) Lick-Wilmerding	29
7) Balboa	18	7) Galileo Academy	18
9) Notre Dame (Belmont)	14	9) Berkeley	14
9) Sequoia	14	12) Fremont (Oakland)	8
13) George Washington	2		

**Men - Boys Varsity - Team Rankings - 16 Events Scored**

1) Novato	130	2) St. Ignatius College Prep	94
3) Jefferson	41	4) Abraham Lincoln (SF)	39
5) Alameda	36	6) Sequoia	24

**Big Cats Relays - 3/20/2010****Kezar Stadium****Results - Finals****....Event 64 Boys Shot Put Boys Frosh Soph**

7) Philip & Sala Burton	18	8) Mt. Diablo	17
8) Lowell	17	10) International (French-Ame	15
11) Galileo Academy	14	11) Urban School Of San Franc	14
13) Berkeley	11	14) Crystal Springs Uplands	8
15) Balboa	6	16) Lick-Wilmerding	4

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 Men - Boys Frosh Soph - Team Rankings - 16 Events Scored  
 =====

1) St. Ignatius College Prep	121.50	2) Abraham Lincoln (SF)	84.50
3) Alameda	61	4) Novato	44
5) Balboa	28	6) Jefferson	23
7) George Washington	17	8) Philip & Sala Burton	13
9) San Francisco University	8	9) Lick-Wilmerding	8
9) Lowell	8	12) Fremont (Oakland)	6
12) Galileo Academy	6	14) Mission	4
15) Mt. Diablo	2	15) International (French-Ame	2
17) Sequoia	1		