

AAA/CIF San Francisco Section 2011-2012

TRACK & FIELD
League Event Best Times

As of May 15, 2012
Boys (Top Ten)

| Event/Name/School/Time/Distance | Event/Name/School/Time/Distance | Event/Name/School/Time/Distance |
|---|---|---|
| 110m High Hurdles 1. Cameron Chu, Lincoln, 15.1 2. Henry Diep, Balboa, 15.2 3. Marvin Jordan, Mission, 16.4 3. Nathan Chen, Washington, 16.4 5. John Turks, Washington, 16.6 110m Intermediate Hurdles 1. Ibrahima Mobley, Lincoln, 16.4 2. Chris Peacock, Lincoln, 16.5 3. Michael Johnson, ISA, 16.6 4. Emmanuel Hidalgo, Galileo, 17.1 5. Sandip Lama, Washington, 17.5 | 300m Hurdles 1. Cameron Chu, Lincoln, 40.64 2. John Turks, Washington, 40.9 3. Henry Diep, Balboa, 42.3 4. Steven Fung, Galileo, 42.9 5. Marvin Jordan, Mission, 43.6 6. Nathan Chen, Washington, 44.4 7. Nick Balesteiri, Lowell, 44.5 8. Ibrahima Mobley, Lincoln, 44.8 9. Louis Reid, Balboa, 44.9 10. Joe Rato, Lincoln, 45.3 | 100m Dash 1. Andres Arellano, Balboa, 10.9 2. Dexter Best, Balboa, 11.1 3. Jayvon Fields, Lincoln, 11.2 3. Dontell Jackson, Galileo, 11.2 3. Steven Burks, Lincoln, 11.2 3. Ronald Murillo, Mission, 11.2 7. John Turks, Washington, 11.29 8. Alex Dodon, ISA, 11.3 8. Lajarie Mabrey, Washington, 11.3 8. Graham Wohlers, Balboa, 11.3 8. Corey Lee, Marshall, 11.3 |
| 200m Dash 1. Steven Burks, Lincoln, 22.6 2. Jayvon Fields, Lincoln, 23.0 3. John Turks, Washington, 23.1 4. Ronald Murillo, Mission, 23.2 5. Andres Arellano, Balboa, 23.3 6. Will Chen, Lowell, 23.4 6. Adan Marrufo, Lowell, 23.4 8. Graham Wohlers, Balboa, 23.7 9. Dontell Jackson, Galileo, 23.8 9. Steven Chan, Galileo, 23.8 9. Ibrahima Mobley, Lincoln, 23.8 9. Yasuyuki Ishiguro, Galileo, 23.8 9. Nate Riley, Marshall, 23.8 | 400m Dash 1. Steven Burks, Lincoln, 50.39 2. Will Chen, Lowell, 50.4 3. Noah Stier, Lowell, 51.72 4. Adan Marrufo, Lowell, 52.0 5. John Turks, Washington, 52.2 5. Steven Chan, Galileo, 52.2 7. John Hogan, Lowell, 52.61 8. Donald Chen, Lowell, 53.1 9. Dominic May, Mission, 53.6 10. Nick Balestrieri, Lowell, 53.62 | 800m Run 1. Will Chen, Lowell, 1:57.01 2. Max Niehaus, Lowell, 1:59.52 3. Bryan Nguyen, Lowell, 2:00.9 4. Noah Stier, Lowell, 2:02.83 5. Donald Chen, Lowell, 2:03.00 6. Jeremie Showa, Mission, 2:04.2 7. Adrian Mei, Lincoln, 2:04.4 8. Steven Chan, Galileo, 2:04.9 9. John Hogan, Lowell, 2:06.49 10. Darwin Mayhew, Washington, 2:07.9 |
| 1600m Run 1. Will Chen, Lowell, 4:21.93 2. Max Niehaus, Lowell, 4:29.1 3. Bryan Nguyen, Lowell, 4:35.5 4. Jeremie Showa, Mission, 4:36.9 5. Donald Chen, Lowell, 4:40.00 6. Emad Haidar, ISA, 4:44.9 7. Chris Chow, Lowell, 4:45.9 8. David Wu, Galileo, 4:46.9 9. Raymond Lang, Lowell, 4:53.8 10. Darwin Meyhew, Washington, 4:54.1 | 3200m Run 1. Will Chen, Lowell, 9:50.32 2. Jeremie Showa, Mission, 10:19.0 3. Brian Nguyen, Lowell, 10:24.30 4. Emad Haidar, ISA, 10:26.9 5. Chris Chow, Lowell, 10:31.09 6. Raymond Lang, Lowell, 10:41.60 7. Donald Chen, Lowell, 10:46.28 8. Calvin Li, Lowell, 10:49.5 9. Samuel Ryan, Lowell, 10:52.63 10. Aaron Wang, Lincoln, 10:53.45 | Triple Jump 1. Henry Diep, Balboa, 44-5 2. Alex Dodon, ISA, 41-6 2. Tyree Marzetta, Lincoln, 41-6 4. Charles Huynh, Washington, 38-11.5 5. Allan Abilar, Burton, 38-4.5 6. Renny Ng, Lowell, 38-4.25 7. Remfel Ganal, Lincoln 38-0 8. Keene Roque, Balboa, 37-7.5 9. Jordan Leung, Lowell, 37-7 10. Tony Tan, Galileo, 37-5.5 |
| Long Jump 1. Drakari Donaldson, Marshall, 21-0 2. Richard Hewett, Washington, 20-2 2. Alan Tse, Galileo, 20-2 4. Philip Montgomery, Washington, 20-0.5 5. Tyree Marzetta, Lincoln, 19-8 6. Allan Abilar, Burton, 19-6 7. Alex Dodon, ISA, 19-5 7. Andres Arellano, Balboa, 19-5 9. Jamie McHenry, Washington, 19-3 10. Preston Leung, Lowell, 19-2.5 | Discus 1. Collin Luu, Lincoln, 163-4 2. Jerry Johnson, Lincoln, 138-7.5 3. Simon Quan, Wallenberg, 132-9 4. Alonzo Sweets, Balboa, 126-0 5. Nate Amidei, Lincoln, 116-9 6. Frank Solano, Lincoln, 113-4 7. Raymond Phelps, Lowell 113-3 8. Wilson Jiang, Washington, 112-6 9. Nestor Acosta, Galileo, 110-0 10. ? Iuli, Balboa, 108-7 | Varsity Shot Put (12lb) 1. Jerry Johnson, Lincoln, 47-10 2. Simon Quan, Wallenberg, 46-0 3. Collin Luu, Lincoln, 44-10 4. Wilson Jiang, Washington, 40-4 5. Tali Sione, Marshall, 35-9 FS Shot Put (10lb) 1. Jerry Johnson, Lincoln, 53-4 2. Prince Taouma, Balboa, 43-2 3. Joshua Bonse-Davis, Lincoln, 40-4 4. Raymond Phelps, Lowell, 38-7.5 5. Justin Lee, Lincoln, 37-6 |
| High Jump 1. Stanley Chen, Galileo, 6-5 2. Tyree Marzetta, Lincoln, 6-0 3. Aaron Zhu, Lincoln, 5-7 3. Jimfry Lim, Washington, 5-7 5. Alan Tse, Galileo, 5-6 6. Daniel Lau, Washington, 5-5 6. Philip Montgomery, Washington, 5-5 8. Ryan Chiu, Lincoln, 5-4 9. Cezar Mendoza, Galileo, 5-3 10. Niel Marty, Marshall, 5-2 10. Quintton Barringer, Lincoln, 5-2 10. Kelven Chen, Washington, 5-2 | Pole Vault 1. Jimmy Zhu, Lincoln, 11-6 2. Ryan Chiu, Lincoln, 11-0 2. Jesse Hannawalt, Lowell, 11-0 4. Aaron Zhu, Lincoln, 10-6 5. Noah Penick, Lowell, 10-0 6. Aaron Wang, Lincoln, 9-6 6. Marlo Nermal, Lincoln, 9-6 8. Quinton Barringer, Lincoln, 9-0 8. Max Niehaus, Lowell, 9-0 10. Ryan Tom, Lincoln, 8-0 10. Anthony Ismael, Lincoln, 8-0 | 4x100 Relay 1. Lincoln V, 43.73 2. Washington V, 44.6 3. Balboa V, 45.2 4. Lowell V, 46.4 4. Galileo FS, 46.4 4. Washington FS, 46.4 4x400 Relay 1. Lowell V, 3:27.9 2. Lowell FS, 3:39.30 3. Galileo V, 3:39.9 4. Washington V, 3:45.2 5. Lowell FS, 3:45.7 |

AAA/CIF San Francisco Section 20112012

TRACK & FIELD
League Event Best Times

Girls (Top Ten)

| Event/Name/School/Time/Distance | Event/Name/School/Time/Distance | Event/Name/School/Time/Distance |
|---|--|---|
| 100m Low Hurdles 1. Serena Felicity, Lincoln, 15.6 2. Devan Simmons, Lincoln, 17.2 3. Robin Yee, Lowell, 17.25 4. Taylor Nakagama, Lincoln, 17.4 5. Kristi Lui, Washington, 17.6 6. Cecilia Fang, Lowell, 17.9 7. Kendall Kearns, Lincoln, 18.3 8. Stephanie Lee, Lowell, 18.6 8. Tiffany Chan, Lowell, 18.6 10. Melanie Speech, Lowell, 18.7 10. Angeline Chemel, Lincoln, 18.7 | 300m Hurdles 1. Robin Yee, Lowell, 47.8 2. Serena Felicity, Lincoln, 50.3 3. Kristi Lui, Washington, 51.0 4. Cecilia Fang, Lowell, 51.11 5. Michelle Lee, Lowell, 52.1 6. Devan Simmons, Lincoln, 52.87 7. Tiffany Chau, Washington, 53.0 8. Tiffany Chan, Lowell, 53.5 9. Kendall Kearns, Lincoln, 54.3 10. Emilie Roche, Washington, 55.4 | 100m Dash 1. Serena Felicity, Lincoln, 12.30 2. Mandy Che, Lowell, 12.4 3. Lisha Yao, Galileo, 12.5 4. Melanie Speech, Lowell, 12.6 5. Kaylyn Perkins, Marshall, 12.8 6. Zenay Clemmons, Marshall, 12.9 6. Ella Roth, Lowell, 12.9 8. Maggie La, Washington, 13.1 8. Karina Garzona, Lowell, 13.1 10. Mikela Waldman, Lowell, 13.2 |
| 200m Dash 1. Serena Felicity, Lincoln, 26.1 2. Lisha Yao, Galileo, 26.3 3. Mandy Che, Lowell, 26.6 3. Melanie Speech, Lowell, 26.67 4. Maggie La, Washington, 26.7 6. Amy Luong, Washington, 27.3 7. Tianna Marrable, Burton, 27.7 8. Ezra DeAsis, Lincoln, 28.0 8. Kaylyn Perkins, Marshall, 28.0 8. Mikela Waldman, Lowell, 28.0 | 400m Dash 1. Mandy Che, Lowell, 59.82 2. Karina Garzona, Lowell, 1:01.82 3. Amy Luong, Washington, 1:02.2 4. Melanie Speech, Lowell, 1:03.7 5. Sydney Gutierrez, Lowell, 1:04.4 6. Maggie La, Washington, 1:04.8 7. Sabrina Quinonez, Lowell, 1:05.2 8. Ngan La, Galileo, 1:05.6 9. Megan Quan, Lowell, 1:05.67 10. Victoria Yee, Lowell, 1:05.9 | 800m Run 1. Prudence Sax, Lowell, 2:26.02 2. Mandy Che, Lowell, 2:27.59 3. Sabrina Quinonez, Lowell, 2:31.00 4. Beverly Wong, Washington, 2:32.4 5. Marie Waverka, Mission, 2:34.4 6. Sydney Gutierrez, Lowell, 2:34.5 7. Emma Keenan-Grice, Lowell, 2:36.6 8. Tiffany Wang, Burton, 2:37.2 9. Laura Richardson, Lincoln, 2:39.2 10. Caroline Chan, Lowell, 2:42.5 |
| 1600m Run 1. Prudence Sax, Lowell, 5:28.4 2. Laura Richardson, Lincoln, 5:37.65 3. Sabrina Quinonez, Lowell, 5:38.79 4. Beverly Wong, Washington, 5:39.1 5. Sydney Gutierrez, Lowell, 5:48.2 6. Susan Li, Lowell, 5:48.9 7. Emma Keenan-Grice, Lowell, 5:51.19 8. Vivienne DeGuzman, Lowell, 5:52.4 9. Marie Weverka, Mission, 5:53.7 10. Sophia Quan, Washington, 5:54.6 | 3200m Run 1. Prudence Sax, Lowell, 12:10.1 2. Susan Li, Lowell, 12:29.65 3. Emma Keenan-Grice, Lowell, 12:37.60 4. Sabrina Quinonez, Lowell, 12:37.84 5. Beverly Wong, Washington, 12:39.2 6. Caroline Chan, Lowell, 12:55.1 7. Marie Weverka, Mission, 12:55.2 8. Sydney Gutierrez, Lowell, 12:56.2 9. Laura Richardson, Lincoln, 13:02.0 10. Vivienne DeGuzman, Lowell, 13:06.1 | Triple Jump 1. Michelle Cai, Lincoln, 34-8 2. Robin Yee, Lowell, 33-5 3. Devan Simmons, Lincoln, 32-4 4. Vivian Leung, Galileo, 32-0.5 5. Kimberly Yee, Lowell, 31-9 6. Jenny Wong, Balboa, 31-3 7. Deanna Zhang, Lincoln, 30-8 8. Samantha Woo, Lowell, 30-7 9. Cindy Tan, Galileo, 30-7.5 10. Michelle Wong, Lincoln, 30-2 10. Stephanie Lee, Lowell, 30-2 |
| Long Jump 1. Melanie Speech, Lowell, 17-2.25 2. Michelle Cai, Lincoln, 16-3.75 3. Ella Roth, Lowell, 16-2.5 3. Devan Simmons, Lincoln, 15-11 4. Jenny Wong, Balboa, 15-8 4. Samantha Woo, Lowell, 15-8 6. Jenna Leung, Lowell, 15-5 7. Stephanie Zhang, Washington, 15-4 9. Robin Yee, Lowell, 15-1.5 9. Kimberly Yee, Lowell, 15-1.5 | Discus 1. Cathy Cai, Lincoln, 118-3 2. Jaylyn Allston, Lincoln, 110-2 3. Melanie Speech, Lowell, 100-9 4. Michelle Lee, Lowell, 95-3 5. Tina Sataraka, Balboa, 89-10 6. Helena Viets, Lincoln, 85-11 7. Serena Huang, Galileo, 84-0 8. Michelle Cai, Lincoln, 83-8 9. Emerald Jones, Lowell, 81-2.5 10. Katelyn Cabrera, Lowell, 77-6 | Shot Put 1. Cathy Cai, Lincoln, 41-5 2. Melanie Speech, Lowell, 39-0.25 3. Michelle Cai, Lincoln, 32-9 4. Jaylyn Allston, Lincoln, 31-6 5. Michelle Lee, Lowell, 30-5 6. Theresa Atanoa, Marshall, 29-10 7. Emerald Jones, Lowell, 29-4 7. Zenay Clemmons, Marshall, 29-4 9. Tina Sataraka, Balboa, 28-2 10. Katelyn Cabrera, Lowell, 27-10.5 |
| High Jump 1. Jenny Wong, Balboa, 5-2 2. Kendall Kearns, Lincoln, 4-8 3. Gloria Wang, Wallenberg, 4-6 3. Jasmine Toy, Lowell, 4-6 5. Devan Simmons, Lincoln, 4-5 6. Cathy Cai, Lincoln, 4-4 6. Deanna Zheng, Lincoln, 4-4 6. Tiffany Chau, Washington, 4-4 6. Ellen Wee, Balboa, 4-4 10. Lilia Wong, Galileo, 4-2 10. Emerald Jones, Lowell, 4-2 10. Maria Tiongson, Lincoln, 4-2 10. Tiffany Chan, Lowell, 4-2 10. Ashley Louie, Lowell, 4-2 | Pole Vault 1. Taylor Nakayama, Lincoln, 9-0 1. Ella Roth, Lowell, 9-0 3. Michelle Cai, Lincoln, 8-6 4. Fauna Aregawie, Lowell, 7-6 5. Deanna Zheng, Lincoln, 7-0 5. Navila Hossain, Lowell, 7-0 5. Maria Tiongson, Lincoln, 7-0 8. Connie Chu, Lincoln, 6-6 8. Angeline Chemel, Lincoln, 6-6 10. Jasmine Toy, Lowell, 6-0 | 4x100 Relay 1. Lowell V, 49.9 2. Washington V, 51.7 3. Lincoln V, 52.3 4. Marshall FS, 53.5 5. Galileo V, 54.2 4x400 Relay 1. Lowell V, 4:11.29 2. Washington V, 4:16.89 3. Lowell FS, 4:26.15 4. Galileo FS, 4:42.9 5. Burton V, 4:43.9 |