

## **AAA Track & Field Championship History 1895-2002**

**While the Academic Athletic Association has been in existence since 1924, the true beginnings of high school athletic competition dates to 1894 with the organization of the Academic Athletic League. Below is a detailed history of Track and Field championship results from the AAL through the 2002 AAA.**

### **Academic Athletic League Track & Field**

**The Academic Athletic League began in 1894 to provide competition in several sports for high schools in Northern California. It ran two track meets annually in spring and fall. The fall meet ran at the same time football or rugby was being contested. Following are the spring results for San Francisco competitors:**

#### **1895 AAL T&F (?)**

results not found

#### **1896 AAL T&F (4-18)**

100 - William Drum (Lowell) 11.0  
220 - William Drum (Lowell) 24.4  
880 - George Shaw (Lowell) (NR)  
Mile - Rene Cullen (Lowell) 5:07.3

#### **1897 AAL T&F (4-10)**

100 - ----- Marr (Polytechnic) 10.8  
Mile - ----- Flack (Lick) 5:31.0  
Mile Walk - Albert Walsh (Lowell) 7:36.0  
Mile Bike Race - ----- Brereton (Lick) 2:43.0  
Two Mile Bike Race - ----- Brereton (Lick) 6:12.0

#### **1898 AAL T&F (4-9)**

100 - ----- Abadie (Polytechnic) 10.8  
220 - ----- Riccomi (Polytechnic) 24.2

#### **1899 AAL T&F (4-8)**

100 - Harold Manor (Lowell) 10.6  
880 - Robert Karmelinski (Lowell) 2:11.4  
PV - (tie) ----- Belden (Lowell) 9-6

#### **1900 AAL T&F (3-24)**

220 - ----- Asbill (Lowell) 24.2

#### **1901 AAL T&F (4-13)**

100 - ----- Turpin (Lowell) 10.6

#### **1902 AAL T&F (4-5)**

Mile - Archie DeManiel (Lowell) 4:52.0

#### **1903 AAL T&F (4-25)**

880 - Paul Yost (Lowell) 2:05 1/5  
HJ - (tie) ----- Magerstadt (Lick) 5-6 9/10

**1904 AAL T&F (4-9)**

100 - Elmo Cope (Lick) 10.2  
220 - ----- Beck (Lick) 24.0  
880 - Paul Yost (Lowell) 2:05.8  
Mile - Archie DeManiel (Lowell) 4:41.6  
Hammer - Fred Moullen (Lick) 156-2 3/4

**1905 AAL T&F (4-8)**

100 - ----- Vogelmann (Mission) 10.2  
880 - Roy Dodson (Lick) 2:04.2  
Mile - Harold Maundrell (Lowell) 4:38.8  
PV - Fred Moullen (Lick) 11-1 1/5  
SP - ----- Moun (Mission) 46-3  
Hammer - Fred Moullen (Lick) 161-9

**1906 AAL T&F**

**Canceled because of the April 18 earthquake and fire**

**1907 AAL T&F (4-13)**

100 - Charles Golcher (Lick) 10.6 (ran 10-2 in trials)  
220 - Marion Read (Lowell) 23.6  
880 - ----- Padilla (Lick) 2:05.0  
HJ - (tie) Frank Bressi (Lowell) 5-8

**1908 AAL T&F (4-4)**

220 - Cecil Caldwell (Cogswell) 23.6  
440 - Leo Meyer (Lowell) 52.4  
BJ - Orval Baumbaugh (Wilmerding) 21-2 1/2  
Mile Relay - Lowell (NR)

**1909 AAL T&F (5-8)**

100 - Bob Hollis (Cogswell) 10.2  
220 - Cecil Caldwell (Cogswell) 23.4  
440 - Leo Meyer (Lowell) 52.6  
BJ - Ralph Hupp (Lick) 20-8

**1910 AAL T&F (4-2)**

100 - Russell Rogers (Lick) 10.4  
220 - Russell Rogers (Lick) 23.0

**1911 AAL T&F (4-6)**

100 - Russell Rogers (Lick) 10.4  
BJ - Ted Mallott (Wilmerding) 20-4 3/4  
SP - P. Hohman (Lick) 44-8 1/2  
Disc - P. Hohman (Lick) 108-3

**1912 AAL T&F (4-6)**

880 - Robert McDonald (Mission) 2:08.6  
120 HH - ----- Colby (Cogswell) 16.2

**1913 AAL T&F at Cal (4-26)**

440 - Karl Goeppert (Lowell) 52.8  
880 - ----- Mangelsdorf (Lick) 2:08.0

PV - ----- Allen (Cogswell) 10-3 1/4

**1914 AAL T&F (4-4)**

440 - Karl Goeppert (Lowell) 53.0

HJ - Frank Wolongiewicz (Lick) 5-7

**Academic Athletic League Sub-Section Track & Field**

**Beginning in 1902, San Francisco schools competed annually in a spring AAL Sub-Section track and field meet. The winners were:**

**1902 AAL Sub-Section T&F (3-28)**

50 - George Middleton (Lowell) 5.8

100 - George Middleton (Lowell) 10.6

220 - Sidney Schwartz (Lowell) 24.8

440 - ----- Montgomery (Lowell) 56.6

880 - ----- Montgomery (Lowell) 2:13.5

Mile - ----- McNicol (Lick) 4:58.4

120 HH - Meade Hamilton (Lowell) 21.6

220 LH - Meade Hamilton (Lowell) 31.2

BJ - ----- Magerstadt (Lick) 17-11

HJ - ----- Magerstadt (Lick) 5-4

PV - William Geary (Polytechnic) 8-9

SP - C. C. Bonifield (Polytechnic) 37-10 1/2

Hammer - C. C. Bonifield (Polytechnic) 90-4

Mile Relay - Lowell 3:34

**1903 AAL Sub-Section T&F (3-18)**

50 - Sidney Schwartz (Lowell) 5 3/5

100 - Sidney Schwartz (Lowell) 10 2/5

220 - Carol Lippman (Lowell) 26 1/5

440 - ----- Corcoran (Lowell) 55 1/5

880 - R. Dodson (Lick) 2:07 4/5

Mile - Archie DeManiel (Lowell) 4:51 2/5

120 HH - ----- Kloppenberg (Polytechnic) 20.0

220 LH - T. Allen Bonner (Lowell) 30 2/5

BJ - -T. Allen Bonner (Lowell) 20-0

HJ - (tie) ----- Magerstadt (Lick) & ----- Cavanaugh (Lick) 5-3 1/2

PV - ----- Lang (Lick) 8-7 1/2

SP - C. C. Bonifield (Polytechnic) 43-9

Hammer - Fred Moullen (Lick) 113-2

Mile Relay - Lowell 3:37.8

**1904 AAL Sub-Section T&F (3-31)**

50 - Elmo Cope (Lick) 5 4/5

100 - Elmo Cope (Lick) 10 2/5

220 - ----- Beck (Lick) 24.0

440 - ----- Abbott (Lowell) 54 4/5

880 - Archie DeManiel (Lowell) 2:12 1/5

Mile - Archie DeManiel (Lowell) 4:50 2/5

Two Mile - Harold Maundrell (Lowell) 11:03 3/5

120 HH - ----- Monteagle (Lowell) 20.0

220 LH - T. Allen Bonner (Lick) 29.0

BJ - ----- Magerstadt (Lick) 21-2

HJ - ----- Magerstadt (Lick) 5-6 7/8  
PV - Fred Moullen (Lick) 10-0  
SP - C. C. Bonifield (Polytechnic) 41-8  
Hammer - Fred Moullen (Lick) 123-7 1/2  
Mile Relay - Lick 3:29.0

**1905 AAL Sub-Section T&F (4-1)**

50 - ----- Valegra (Polytechnic) 5.8  
100 - ----- Miller (Lick) 10.8  
220 - ----- Heitmuller (Lick) 24.4  
440 - R. Dodson (Lick) 56.4  
880 - ----- Mayes (Lick) 2:14.5  
Mile - Harold Maundrell (Lowell) 4:50.0  
Two Mile - (tie) ----- Garvin (Lick) & George Lang (Lowell) 11:16.8  
120 HH - H. Johns (Lick) 19.4  
220 LH - event not run - not enough hurdles  
BJ - ----- Lieb (Lowell) 19-6  
HJ - ----- Pemberton (Mission) 4-11 3/4  
PV - Fred Moullen (Lick) 10-9 1/2  
SP - Fred Moullen (Lick) 42-6  
Hammer - Fred Moullen (Lick) 132-11 1/2  
Mile Relay - Lowell 3:34.0

**1906 AAL Sub-Section T&F (3-10)**

50 - Marion Read (Lowell) 5.8  
100 - Charles Golcher (Lick) 10.2  
220 - Carl Buttgenback (Lowell) 23.6  
440 - ----- Crabtree (Lick) 52.6  
880 - ----- Mayes (Lick) 2:06.8  
Mile - Harold Maundrell (Lowell) 4:47.0  
120 HH - ----- Johns (Lick) 18.0  
220 LH - Lester Thompson (Lick) (NR)  
BJ - ----- Lieb (Lowell) 20-11  
HJ - ----- Kant (Cogswell) 5-6 3/4  
PV - ----- Griffith (Lick) 10-1  
SP - ----- Holmes (Lick) 41-0 1/2  
Hammer - Holmes (Lick) 124-6  
Mile Relay - Lick 3:28.4

**1907 AAL Sub-Section T&F (5-12)**

50 - Marion Read (Lowell) 5.8  
100 - Charles Golcher (Lick) 10.4  
220 - Charles Golcher (Lick) 23.4  
440 - ----- Padilla (Lick) 54.2  
880 - ----- Padilla (Lick) 2:07.0  
Mile - Lester Thompson (Lick) 4:40.0  
Two Mile - Henry MacPherson (Mission) 10:45.0  
120 HH - B. Allsop (Lick) 17.6  
220 LH - Ralph Hupp (Lick) 27.6  
BJ - Arthur Saxe (Lowell) 21-0 1/2  
HJ - Frank Bressi (Lowell) 5-7 3/4  
PV - (tie) ----- Klein (Wilmerding) & ----- Williams (Wilmerding)  
SP - ----- Bell (Lick) 46-10 1/2

Hammer - ----- Bell (Lick) 146-0

**1908 AAL Sub-Section T&F (?)**

50 - Bob Hollis (Cogswell) 6.0  
100 - Cecil Caldwell (Cogswell) 10 2/5  
220 - Cecil Caldwell (Cogswell) 23.0  
440 - Leo Meyer (Lowell) 57.0  
880 - ----- Cortelyou (Lick) 2:13.0  
Mile - Johnny Little (Lick) 4:57.0  
Two Mile - Henry MacPherson (Mission) 10:45  
120 HH - ----- Moody (Cogswell) 15 4/5  
220 LH - ----- Moody (Cogswell) 27 1/5  
BJ - ----- Holt (Lick) 20-11  
HJ - Orval Baumbaugh (Wilmerding) 5-5  
PV - ----- Klein (Cogswell) 9-11  
SP - ----- Demeritt (Wilmerding) 39-1 1/2  
Hammer - ----- Branstetter (Lick) 100-6 3/4  
Mile Relay - Lowell (NR)

**1909 AAL Sub-Section T&F (3-27)**

50 - Bob Hollis (Cogswell) 5.6  
100 - Bob Hollis (Cogswell) 10.4  
220 - Cecil Caldwell (Cogswell) 24.0  
440 - Leo Meyer (Lowell) 53.8  
880 - ----- Fuller (Mission) 2:10.0  
Mile - Carl Noonan (Mission) 5:02.0  
Two Mile -Irving Lunt (Mission) 10:54.0  
120 HH - Lester Moody (Cogswell) 16.8  
220 LH - Ralph Hupp (Lick) 27.2  
BJ - Bob Hollis (Cogswell) 20-4 1/2  
HJ - Lester Moody (Cogswell) 5-8 3/4  
PV - (tie) ----- Klein (Cogswell) & ----- Hendricks (Cogswell) 10-3  
SP - C. Hollis (Cogswell) 42-7  
Hammer - ----- Klein (Cogswell) 111-9  
Mile Relay - Lowell 3:32.0

**1910 AAL Sub-Section T&F (3-19)**

100 - Russell Rogers (Lick) 10.4  
220 - Russell Rogers (Lick) 24.0  
440 - Leo Meyer (Lowell) 54.4  
880 - ----- Dean (Mission) 2:14.2  
Mile - ----- Mathe (Mission) 5:00.4  
120 HH - ----- Wynne (Lick) 28.8  
220 LH - ----- Wynne (Lick) 17.8  
BJ - ----- Corker (Lick) 18-8  
HJ - ----- Hohman (Lick) (NR)  
PV - ----- Escola (Lowell) (NR)  
SP - ----- Hollis (Cogswell) 38-11  
Hammer - ----- Hollis (Cogswell) 115-11  
Mile Relay - Lick (NR)

**1911 AAL Sub-Section T&F (3-25)**

100 - Russell Rogers (Lick) 10.4

220 - Russell Rogers (Lick) 23.2  
440 - Elmer Lenzen (Lick) 54.2  
880 - ----- O'Shea (St. Ignatius) 2:10.8  
Mile - ----- Woerner (Lick) 4:57.2  
120 HH - ----- Colby (Cogswell) 16.8  
220 LH - Ted Mallott (Wilmerding) 27.4  
BJ - ----- Copeland (Lick) 20-8 1/2  
HJ - ----- Copeland (Lick) 5-5  
PV - Frank Dunshee (Lick) 9-6  
SP - P. Hohman (Lick) 45-1 1/2  
Hammer - F. Shelly (Mission) 124-6 1/2  
Mile Relay - Lick 3:29.4

**1912 AAL Sub-Section T&F (3-30)**

100 - Russell Rogers (Lick) 10.2  
220 - Russell Rogers (Lick) 23.4  
440 - Elmer Lenzen (Lick) 54.6  
880 - ----- O'Shea (St. Ignatius) 2:09.0  
Mile - ----- Borello (St. Ignatius) 4:58.8  
120 HH - ----- Colby (Cogswell) 16.4  
220 LH - ----- Colby (Cogswell) 28.4  
BJ - ----- Colby (Cogswell) 20-4  
HJ - ----- Kluver (Wilmerding) 5-5  
PV - George Peterson (Lowell) 8-4 1/2  
SP - P. Hohman (Lick) 44-6  
Hammer - ----- Sewell (Cogswell) 130-0  
Mile Relay - Lick 3:26.0

**1913 AAL Sub-Section T&F (4-30)**

100 - Emerson Herrick (Lowell) 10.4  
220 - Emerson Herrick (Lowell) 22.4  
440 - ----- Olivi (Polytechnic) 55.8  
880 - Karl Goeppert (Lowell) 2:10.8  
mile - ----- Gavigan (Sacred Heart) 4:50.6  
120 HH - Frank Wolongiewicz (Lick) (NR)  
220 LH - Joe Hooper (Lowell) 30.6  
BJ - ----- Peterson (Cogswell) (NR)  
HJ - Frank Wolongiewicz (Lick) 5-3  
PV - ----- Dewing (Lick) 9-4  
SP - ----- Peterson (Cogswell) 40-9  
Disc - ----- Peterson (Cogswell) 100-7  
Jav - ----- Sewall (Cogswell) 117-2 1/2  
880 Relay - Mission 1:50.2  
Mile Relay - Lowell 3:35.6

**1914 AAL Sub-Section T&F (5-9)**

100 - ----- Piercy (Mission) 10.6  
220 - Frank Sloman (Polytechnic) 24.0  
440 - Frank Sloman (Polytechnic) 51.2  
880 - ----- Merriman (Cogswell) 2:10.2  
Mile - ----- Fuqua (Cogswell) 4:50.8  
120 HH - Frank Wolongiewicz (Lick) 16.8  
220 LH - Frank Wolongiewicz (Lick) 27.6

BJ - Harry Liversedge (Polytechnic) 20-4 1/2  
HJ - Frank Wolongiewicz (Lick) 5-9 1/2  
PV - ----- Dewing (Lick) 9-8 1/2  
SP - Harry Liversedge (Polytechnic) 47-5 1/2  
Jav - Harry Liversedge (Polytechnic) 97-3  
1320 Relay - Cogswell 2:27.8

#### **Bay Counties Athletic League Track & Field**

**In addition to other track meets, San Francisco athletes competed against representatives of high schools in Alameda, Berkeley and Oakland as members of the Bay Counties Athletic League. San Francisco champions were:**

#### **1901 Bay Counties AL T&F (3-16)**

50 - ----- Vosburgh (Lick) .05.2  
100 - ----- Turpin (Lowell) 10.6  
Hammer - John Jones (Lowell) 129-1

#### **1902 Bay Counties AL T&F (3-15)**

Mile - ----- McNichol (Lick) 5:00.0  
Two Mile - Archie De Maniel (Lowell) 11:25.4

#### **1903 Bay Counties (4-11)**

880 - ----- Dodson (Lick) NR  
Mile - Archie DeManiel (Lowell)  
Two Mile - ----- Maundrell (Lowell) 10:43 2/5  
HJ - ----- Magerstadt (Lick) 5-5 1/2  
Hammer - Fred Moullen (Lick) 137-9 3/4

#### **1904 Bay Counties AL T&F (3-26)**

100 - Elmo Cope (Lick) 10.2  
220 - ----- Beck (Lick) 24.2  
440 - Eugene Grunsky (Lowell) 54.2  
880 - Archie DeManiel (Lowell) 2:08.6  
Mile - Archie DeManiel (Lowell) 4:52.6  
Two Mile - (tie) Harold Maundrell (Lowell) & Arthur Meyer (Lowell) 11:05.8  
220 LH - ----- Golcher (Lick) 27.6  
BJ - ----- Bonner (Lowell) 21-1 3/4  
PV - Fred Moullen (Lick) 9-10  
Mile Relay - Lick 3:27.5

#### **1905 Bay Counties AL T&F (3-25)**

220 - ----- Heitmuller (Lick) 24.4  
440 - R. Dodson (Lick) 55.0  
880 - ----- Mayes (Lick) 2:07.8  
Mile - Harold Maundrell (Lowell) 4:46.4  
2mile - ----- Garvin (Lick) 10:47.4  
Hammer - Fred Moullen (Lick) 157-0 1/10

#### **1907 Bay Counties AL T&F (5-4)**

50 - Marion Read (Lowell) 5.6  
100 - Charles Golcher (Lick) 10.4  
880 - ----- Padilla (Lick) 2:05.4  
220 LH - Ralph Hupp (Lick) 26.6

Hammer - ----- Bell (Lick) 143-1

**1908 Bay Counties AL T&F (5-16)**

220 - Cecil Caldwell (Cogswell) 23.6

440 - Leo Meyer (Lowell) 53.0

880 - ----- Moss (Berkeley) 2:07.0

Hammer - Mike DeMerritt (Wilmerding) 124-4

**1909 Bay Counties AL T&F (4-24)**

50 - ----- Dixon (Lick) 5.8

220 - Cecil Caldwell (Cogswell) 23.8

440 - Leo Meyer (Lowell) 52.4

880 - Ormond Smith (Berkeley) 2:06.2

HJ - ----- Kendricks (Cogswell) 5-6

**1910 Bay Counties AL T&F (4-9)**

220 - Russell Rogers (Lick) 23.0

**1911 Bay Counties AL T&F (4-1)**

50 - Ted Mallott (Wilmerding) 5.6

100 - Russell Rogers (Lick) 10.4

220 - Russell Rogers (Lick) 23.6

220 LH - Ted Mallott (Wilmerding) 27.6

PV - Frank Dunshee (Lick) 10-6

SP - P. Hohman (Lick) 44-1

**1912 Bay Counties AL T&F (5-11)**

120 HH - ----- Colby (Cogswell) 16.2

220 LH - ----- Colby (Cogswell) 27.2

SP - ----- Meyer (Mission) 43-1 1/2

**1913 Bay Counties AL T&F (3-23) - last one**

Mile - Paul Hollister (Polytechnic) 4:50.3

SP - ----- Peterson (Cogswell) 39-11

Disc - ----- Peterson (Cogswell) 97-9

**Stanford Invitational Track & Field**

**In the years before the California Interscholastic Federation was formed in 1914 to provide statewide competition for high schools, the Stanford Invitational Meet was the state's outstanding annual prep track and field event. First held in 1906, most of the competitors were from Northern California in the early years, but as the event's reputation grew, more and more Central and Southern California schools were represented. By 1911, the competition began to show the quality that would carry over into the CIF state meet five years later. Following are the San Francisco winners:**

**1907 Stanford T&F (4-23)**

BJ - Ralph Hupp (Lick) 20-8

**1908 Stanford T&F (5-2)**

440 - Leo Meyer (Lowell) 52 1/5

**1909 Stanford T&F (5-1)**

100 - Bob Hollis (Cogswell) 10.2



**1910 Stanford T&F (4-23)**

220 - Russell Rogers (Lick) 22.4

**1911 Stanford T&F (4-8)**

220 - Russell Rogers (Lick) 22.4

**1914 Stanford T&F (5-11)**

440 - Karl Goeppert (Lowell) 52.2

Jav - Harry Liversedge (Polytechnic) 184-9 1/2

**AAA/CIF San Francisco Section**

The San Francisco Athletic League was organized in 1914 about the same time the California Interscholastic Federation began. SFAL leaders chose not to join the CIF immediately. The SFAL was renamed the Academic Athletic Association in 1925 and retains that name today. AAA officials agreed to join the CIF in 1945 and the league represents city schools in CIF competition as the San Francisco Section.

**1915 SFAL T&F (5-15)**

100 - Allan Ackerman (Lowell) 10.4

220 - Frank Sloman (Polytechnic) 21.8

440 - Frank Sloman (Polytechnic) 51.8

880 - Harry Abinante (Mission) 2:08.0

Mile - Harry Abinante (Mission) 4:55.4

120 HH - Beaumont McLaren (Cogswell) 17.2

220 LH - Beaumont McLaren (Cogswell) 27.2

HJ - Ira Jacobs (Wilmerding) 5-7

BJ - Dick Berndt (Lowell) 20-9

PV - ----- Dewing (Commerce) 9-6

SP - Ira Jacobs (Wilmerding) 38-5

Disc - ----- Morris (Cogswell) 95-4 1/2

Jav - Robert Don (Lowell) 141-7

Relay - Lowell 8:29.2

**1916 SFAL T&F (5-14)**

100 - Louis "Babe" Bering (Lowell) 10.4

220 - Ed Turkington (Lowell) 23.4

440 - Carl Goeppert (University School) 54.0

880 - Carl Goeppert (University School) 2:03.6

Mile - ----- Fuller (Mission) 4:52.2

120 HH - John Postelthwaite (Lowell) 17.8

220 LH - Bill Glass (Commerce) 26.8

BJ - Louis "Babe" Bering (Lowell) 20-6

HJ - Robert Don (Lowell) 6-0 1/4

PV - ----- Dewing (Commerce) 10-0

SP - Robert Don (Lowell) 44-3

Disc - Ira Jacobs (Lick-Wilmerding) 117-4

Jav - ----- Shannon (Cogswell) 117-4

Mile Relay - Lowell 3:26.0

**1917 SFAL T&F (5-12)**

100 - Louis "Babe" Bering (Lowell) 10.4

220 - Louis "Babe" Bering (Lowell) 24.0

440 - Harry Hayward (Polytechnic) 53.2  
880 - ----- Farmer (St. Ignatius) 2:06.6  
Mile - ----- Farmer (St. Ignatius) 4:40.8  
120 HH - ----- Bassett (Mission) 17.4  
220 LH - Arthur Dunne (Lowell) 27.0  
BJ - ----- Deveraux (Lick-Wilmerding) 21-8 3/4  
HJ - Irving Kauffman (Lowell) 5-3  
PV - ----- Richardson (Lowell) 9-4  
SP - George Stanton (Lowell) 43-1 1/2  
Disc - George Stanton (Lowell) 100-1  
Jav - George Stanton (Lowell) 133-6 3/4  
Mile Relay - Lowell 3:23.0

#### **1918 SFAL T&F (5-11)**

100 - Harry Hayward (Polytechnic) 10.8  
220 - George Lupton (Lowell) 23.4  
440 - Harry Hayward (Polytechnic) 53.0  
880 - Madison Kirby (Polytechnic) 2:11.6  
Mile - Lawrence Blennerhassett (Polytechnic) 4:49.8  
120 HH - Louis Kemnitzer (Lick-Wilmerding) 17.8  
220 LH - ----- Turner (Commerce) 27.6  
BJ - Louis "Babe" Bering (Lowell) (NR)  
HJ - Louis "Babe" Bering (Lowell) 5-5  
PV - ----- Mordaunt (Commerce) 9-0  
SP - ----- Johnson (Commerce) 41-9  
Disc - Joseph Conlan (Polytechnic) 106-0  
Jav - Philippi Gordon (Polytechnic) 137-6  
Mile Relay - Polytechnic 3:27.6

#### **1919 SFAL T&F (5-24)**

100 - Eddie Sudden (Lick-Wilmerding) 10.2  
220 - Eddie Sudden (Lick-Wilmerding) 23.4  
440 - George Dickson (Lick-Wilmerding) 53.3  
880 - Allen Kilkeary (Polytechnic) 2:10.0  
Mile - ----- Whitman (Lick-Wilmerding) (winner Allen Kilkeary of Polytechnic ran 4:56, but was DQ)  
120 HH - Rolla Hess (Lowell) (NR)  
220 LH - Gerald Villain (Lowell) (NR)  
HJ - ----- Jacobowsky (Humboldt) 5-7  
BJ - ----- Doyle (Commerce) 21-4  
PV - John Merrick (Lowell) 10-2  
SP - ----- Johnson (Commerce) 42-3 1/2  
Disc - John "Scotch" Campbell (Lowell) 110-3  
Jav - John "Scotch" Campbell (Lowell) 132-3  
Mile Relay - (NR)

#### **1920 SFAL T&F (5-22)**

100 - Eddie Sudden (Lick-Wilmerding) 10.0  
220 - Eddie Sudden (Lick-Wilmerding) 22.8  
440 - Clifford Geertz (Polytechnic) 53.0  
880 - Clifford Geertz (Polytechnic) 2:13.0  
Mile - Howard Branch (Polytechnic) 4:57.6  
120 HH - Rolla Hess (Lowell) 16.8  
220 LH - Ralph Morris (Lowell) 28.6  
BJ - ----- Dean (Commerce) 20-11 1/2  
HJ - ----- Koblick (Polytechnic) 5-9 1/2  
PV - Howard Branch (Polytechnic) 9-0

SP - John "Scotch" Campbell (Lowell) 41-0  
Disc - John "Scotch" Campbell (Lowell) 112-2  
Jav - John "Scotch" Campbell (Lowell) 132-0  
Mile Relay - Lowell 4:21.4

**1921 SFAL T&F (5-26)**

100 - Ralph Morris (Lowell) 10.2  
220 - Clifford Geertz (Polytechnic) 23.4  
440 - Clifford Geertz (Polytechnic) 52.6  
880 - Kenneth Eakin (Lowell) 2:11.0  
Mile - ----- Whitman (Lick-Wilmerding) 4:48.0  
120 HH - Louis Enos (Humboldt) 17.6  
220 LH - Louis Enos (Humboldt) 28.0  
BJ - Irving "Brick" Marcus (Polytechnic) 20-6 1/4  
HJ - ----- Koblick (Polytechnic) 5-6 1/4  
PV - ----- Smith (Commerce) 10-2  
SP - Coleman Francis (Polytechnic) 38-9  
Disc - Coleman Francis (Polytechnic) 120-6  
Jav - ----- Tiensu (Polytechnic) 134-10  
Mile Relay - Polytechnic 3:38.0

**1922 SFAL T&F (5-6)**

100 - Ralph Morris (Lowell) 10 1/5  
220 - Ralph Morris (Lowell) 24.0  
440 - ----- Schenone (Cogswell) 54 3/5  
880 - ----- Bundy (Cogswell) 2:09  
Mile - Richard Braunagel (Polytechnic) 4:59 4/5  
120 HH - Louis Enos (Humboldt) 16 4/5  
220 LH - Louis Enos (Humboldt) 26 4/5  
HJ - ----- Koblick (Polytechnic) 5-9 1/4  
BJ - Irving "Brick" Marcus (Polytechnic) 20-5 1/2  
PV - Bill Stillson (Lowell) 9-10  
Disc - Coleman Francis (Polytechnic) 124-3  
SP - Coleman Francis (Polytechnic) 41-4  
Jav - Louis Enos (Humboldt) 133-9  
Mile Relay - Lowell 3:26

**1923 SFAL T&F (5-12)**

100 - Robert Schwab (Lowell) 10 2/5  
220 - ----- Graves (Cogswell) 23 1/5  
440 - Art Richards (Polytechnic) 54 4/5  
880 - William Downey (Lowell) 2:03  
Mile - Ernest Abazaide (Lowell) 4:53 2/5  
120 HH - Louis Enos (Mission) 16 1/5  
220 LH - Louis Enos (Mission) 26.0  
HJ - ----- Lawrence (Lick-Wilmerding) 5-7 1/2  
BJ - Irving "Brick" Marcus (Polytechnic) 19-8  
PV - Bob Schaffer (Polytechnic) 10-6  
SP - Frank Larson (Lowell) 45-0  
Disc - Edwin Levy (Lowell) 119-6  
Jav - Tom Hurst (Mission) 159-2  
Mile Relay - Polytechnic 3:22.0

**1924 SFAL T&F (5-17)**

100 - Al Fest (Lowell) 10.2  
220 - Al Fest (Lowell) 23.2  
440 - ----- Keeble (Lick-Wilmerding) 54.0

880 - George Baker (Lowell) 2:05.5  
Mile - George Baker (Lowell) 4:36.6  
120 HH - ----- Graves (Cogswell) 16.6  
220 LH - Ernie Ward (Polytechnic) 27.6  
HJ - ----- Lawrence (Lick-Wilmerding) 5-9 1/2  
BJ - George Martin (Polytechnic) 22-1  
PV - Frank Simpson (Polytechnic) 10-4  
SP - Irving "Brick" Marcus (Polytechnic) 45-7  
Disc - Tom Hurst (Mission) 119-6  
Jav - ----- Thompson (Lick-Wilmerding) 153-3  
Relay - Lowell 2:26 4/5

#### **1925 SFAL T&F (5-16)**

100 - Bert Tuttick (Commerce) 10.1  
220 - Kenneth Berry (Lowell) 22.7  
440 - Ted Sanderson (Lowell) 55.0  
880 - George Baker (Lowell) 2:06.1  
Mile - George Baker (Lowell) 4:44.6  
120 HH - John Preston (Lowell) 17.5  
220 LH - Ernie Ward (Polytechnic) 27.2  
HJ - Anthony Jacklievich (Lick-Wilmerding) 5-7 1/2  
BJ - George Martin (Polytechnic) 22-2  
PV - Harry Reilly (Mission) 11-0  
SP - Tom Hurst (Mission) 45-4  
Disc - Tom Hurst (Mission) (NR)  
Jav - Joe Smith (Lowell) 155-3  
Relay - Polytechnic 2:22.9

#### **1926 AAA T&F (5-15)**

100 - Harry Williams (Galileo) 9.9  
220 - Harry Williams (Galileo) 21.7  
440 - J. Spencer Sparks (Lowell) 51.8  
880 - ----- McKay (Lick-Wilmerding) 2:05  
Mile - Jay Hale (Galileo) 4:47.0  
120 HH - Oliver Peavy (Lick-Wilmerding) 17.1  
220 LH - William Cannon (Polytechnic) 26.2  
HJ - Earl Wallace (Galileo) 5-8 3/4  
BJ - Earl Wallace (Galileo) 21-3 1/2  
PV - (tie) Angelo Guerra (Polytechnic) & Thomas "Red" Evans (Polytechnic) 11-6  
SP - Carl Brown (Polytechnic) 45-0  
Disc - Henri LaBorde (Lowell) 122-5  
Jav - Russell Lauterwasser (Polytechnic) 175-0  
Relay - Polytechnic 2:25.4

#### **1927 AAA T&F (5-7)**

100 - Bob Cabrera (St. Ignatius) 10 1/5  
220 - Bob Cabrera (St. Ignatius) 22 2/5  
440 - Charlie Weaver (Polytechnic) 50.8  
880 - Jay Hale (Galileo) 2:05 1/5  
Mile - Jay Hale (Galileo) 4:46 2/5  
HH - Scott Morrison (Lowell) 16 3/5  
LH - Edgar Libby (Mission) 26 2/5  
HJ - Brand "Slim" Filmer (Polytechnic) 5-10 1/2  
BJ - Brand "Slim" Filmer (Polytechnic) 21-11  
PV - Thomas "Red" Evans (Polytechnic) 11-6  
SP - Henri LaBorde (Lowell) 46-2

Disc - Henri LaBorde (Lowell) 120-9 1/2  
Jav - Dick Curtis (Lowell) 148-5 1/2  
Relay - Polytechnic 2:22 1/5

**1928 AAA T&F (5-12)**

100 - Don Marquis (Lowell) 10 1/5  
220 - Don Marquis (Lowell) 22 2/5  
440 - Charlie Weaver (Polytechnic) 51 1/5  
880 - Charley Helganz (Polytechnic) 2:04 4/5  
Mile - Charley Helganz (Polytechnic) 4:36 2/5  
120 HH - Harland Eastwood (Galileo) 16 1/5  
220 LH - John Roberts (Polytechnic) 27 1/5  
HJ - Brand "Slim" Filmer (Polytechnic) 6-2  
BJ - Charlie Weaver (Polytechnic) 21-6  
PV - Jack Prouty (Polytechnic) 11-0  
SP - Henri LaBorde (Lowell) 49-2  
Disc - Henri LaBorde (Lowell) 138-1  
Jav - Kirk Torney (Lowell) 173-9  
1320 Relay - Polytechnic 2:22 1/5

**1929 AAA T&F (5-11)**

100 - Ray Quirolo (Polytechnic) 10 1/5  
220 - Ray Quirolo (Polytechnic) 22 1/5  
440 - Bob Greene (Polytechnic) 52 3/5  
880 - Bob Greene (Polytechnic) 2:03 2/5  
Mile - ----- Dempsey (Galileo) 4:43 3/5  
120 HH - Runar Stone (Polytechnic) 16 2/5  
220 LH - Charley Stith (Mission) 26 2/5  
HJ - (tie) Jack Homel (Polytechnic), & Harold Godfrey (Mission) 5-7 3/4  
BJ - John Buchanan (Polytechnic) 21-4  
PV - Jack Prouty (Polytechnic) 11-7  
SP - Francis "Hands" Slavich (Galileo) 49-11 1/2  
Disc - ----- Schmidt (Galileo) 119-6  
Jav - Berger Johnson (Polytechnic) 166-7  
Relay - Polytechnic 2.29 3/5

**1930 AAA T&F (5-10)**

100 - Jack Buchanan (Polytechnic) 10.0  
220 - Jack Buchanan (Polytechnic) 22.1  
440 - Jim Cassin (Commerce) 53.4  
880 - Jim Cassin (Commerce) 2:05.7  
Mile - Ed Lynch (Mission) (NR)  
120 HH - Fred Brown (Polytechnic) ,16 1/5  
220 LH - Charley Stith (Mission) 25.4  
BJ - Charley Stith (Mission) 22-11  
HJ - Jack Homel (Polytechnic) 5-10 1/2  
PV - Charley Pomerantz (Polytechnic) 11-8 1/4  
SP - Horace Homel (Polytechnic) 51-7 3/4  
Disc - ----- Schmidt (Galileo) 131-6  
Jav - Norm Fitzgerald (Polytechnic) 174-0 1/2  
1320 Relay - Galileo 2:23.8

**1931 AAA T&F (?)**

100 - Claude McWilliams (Commerce) 10.2  
220 - Claude McWilliams (Commerce) 24.3  
440 - Jim Cassin (Commerce) 52.2  
880 - Jim Cassin (Commerce) 2:06.8

Mile - Warren Dixon (Mission) 4:44.1  
120 HH - Fred Brown (Polytechnic) 15.8  
220 LH - Erhart Korn (Commerce) 26.8  
HJ - DeWitt Good (Commerce) 5-7  
BJ - Claude McWilliams (Commerce) 22-11  
PV - Court Kurrell (Polytechnic) 11-3  
SP - Owsley Gray (Lowell) 50-2  
Disc - Owsley Gray (Lowell) 129-0 3/4  
1320 Relay - Commerce 2:21.7

**1932 AAA T&F (5-7)**

100 - Claude McWilliams (Commerce) 10.0  
220 - Claude McWilliams (Commerce) 22.2  
440 - Johnny Reisner (Commerce) 51.0  
880 - Bob Harris (Balboa) 2:01.5  
Mile - ----- Ellis (Balboa) 4:48.4  
220 LH - Tom Allman (Commerce) 16.4  
120 HH - Tom Allman (Commerce) 25.7  
HJ - Walter Swanson (Mission) 5-9  
BJ - Claude McWilliams (Commerce) 22-0 1/4  
PV - George Varoff (Balboa) 11-10  
SP - Phil Levy (Lowell) 47-5 1/2  
Disc - Phil Levy (Lowell) 124-0  
1320 Relay - Commerce 2:19.6

**1933 AAA T&F (4-29)**

100 - Claude McWilliams (Commerce) 9.7  
220 - Claude McWilliams (Commerce) 22.0  
440 - John Ligouri (Commerce) 51.4  
880 - Colin Rose (Commerce) 2:06.5  
Mile - Bob Harris (Balboa) 4:39.2  
120 HH - Hugh Malley (St. Ignatius) 17.6  
220 LH - William Cahill (Balboa) 26.9  
HJ - Walter Leaf (Commerce) 5-10 5/8  
BJ - Claude McWilliams (Commerce) 21-6  
PV - George Varoff (Balboa) 13-3 3/4  
SP - ----- Ganong (Commerce) 47-6 5/8  
Disc - Milt Mecchi (St. Ignatius) 128-8  
1320 Relay - Commerce 2:21

**1934 AAA T&F (4-28)**

100 - Jack Bruton (Lowell) 10.0  
220 - Jack Bruton (Lowell) 22.1  
440 - Joe Larrieu (Commerce) 51.4  
880 - Bob Towell (Polytechnic) 2:03.3  
Mile - Ilia Gordon (Commerce) 4:42.8  
120 HH - Glen Gilbert (Commerce) 16.8  
220 LH - Norman MacPhail (Commerce) 26.1  
HJ - (tie) Hank Luisetti (Galileo) & Walter Leaf (Commerce) 6-0 7/8  
BJ - Jack Bruton (Lowell) 21-0 1/2  
PV - George Varoff (Balboa) 13-0  
SP - Jack Lipman (Lowell) 51-11 1/2  
Disc - George Cantwell (Balboa) 121-9  
1320 Relay - Commerce 2:19

**1935 AAA T&F (5-4)**

100 - Bob McGuire (Polytechnic) 10.2

220 - Bob McGuire (Polytechnic) 22.6  
440 - Bill Lindlow (Commerce) 51.5  
880 - Arvo Kannisto (Balboa) 2:03.6  
Mile - Ed Preston (Commerce) 4:40.4  
120 HH - Bill Humphries (Lowell) 16.8  
220 LH - Dick Stock (Lowell) 25.5  
HJ - Don Hause (Polytechnic) 5-11 5/8  
BJ - Sid Clarke (Polytechnic) 21-9  
PV - Bob Nelson (Polytechnic) 12-6  
SP - Morris Jublonsky (Polytechnic) 45-10 1/3  
Disc - Pete Sales (Lowell) 133-3  
1320 Relay - Polytechnic 2:18.6

**1936 AAA T&F (5-10)**

100 - Roy Hilmo (Balboa) 10.1  
220 - Bob Sengstack (Polytechnic) 22.5  
440 - Frank Gibeau (Commerce) 51.7  
880 - Arnold Stamps (Lowell) 2:01.5  
Mile - Bill Mersich (Polytechnic) 4:40.4  
HH - Mel Long (Lowell) 17.1  
220 LH - ----- Stedman (Balboa) 26.7  
HJ - Wilbur Bartlett (Commerce) 6-2 3/8  
BJ - Wilbur Bartlett (Commerce) 21-1  
PV - Paul Walters (Polytechnic) 11-6  
SP - Frank Stage (Polytechnic) 47-9  
Disc - Barney Wolf (Lowell) 125-0  
1320 Relay - Balboa 2:20.8

**1937 AAA T&F (4-17)**

100 - Tommy Kelly (Sacred Heart) 10.4  
220 - Tommy Cussen (Washington) 22.8  
440 - Arvo Kannisto (Balboa) 51.7  
880 - Arvo Kannisto (Balboa) 2:01.8  
Mile - Earl Honey (Polytechnic) 4:41.2  
120 HH - Mel Long (Lowell) 15.7  
220 LH - Mel Long (Lowell) 25.9  
HJ - Mel Long (Lowell) 5-11 1/2  
BJ - Pete Ida (Lowell) 21-11 1/2  
PV - Eddie Perry (Polytechnic) 11-6  
SP - Frank Stage (Commerce) 49-7  
Disc - Frank Stage (Commerce) 121-7  
1320 Relay - Commerce 2:22.2

**1938 AAA T&F (5-7)**

100 - Tommy Kelly (Sacred Heart) 10.1  
220 - Bill Finch (Washington) 22.2  
440 - Jack McMeekin (Commerce) 52.6  
880 - (tie) Jacques Lafitte (Lowell) & Joe Dworkin (Commerce) 2:04.3  
Mile - George Butler (Sacred Heart) 4:40.4  
120 HH - Jack Dyer (St. Ignatius) 16.6  
220 LH - Joe Cunningham (Commerce) 26.3  
HJ - Peter DeVries (Lowell) 5-10 3/8  
BJ - Bill Horner (Commerce) 21-7 1/4  
PV - Lester Stock (Lowell) 11-5 1/2  
SP - Jim Delaney (Sacred Heart) 50-5 5/8  
Disc - Bill Joslyn (Lowell) 119-1  
1320 Relay - (Commerce) 2:22

**1939 AAA T&F (4-29)**

100 - Wilbur Bartlett (Commerce) 10.0  
220 - Wilbur Bartlett (Commerce) 21.8  
440 - Grover Klemmer (Galileo) 49.5  
880 - Grover Klemmer (Galileo) 2:00.6  
Mile - Gene Clark (Lowell) 4:41.7  
120 HH - Bob Lee (Commerce) 16.2  
220 LH - Lloyd Provost (Commerce) 25.1  
HJ - Peter DeVries (Lowell) 6-0 1/2  
BJ - Wilbur Bartlett (Commerce) 22-3  
PV - George Canfield (Lowell) 11-10  
SP - Jim Delaney (Sacred Heart) 58-4 1/2  
Disc - Bill Joslyn (Lowell) 131-4  
1320 Relay - Commerce 2:19.6

**1940 AAA T&F (5-4)**

100 - Lloyd Provost (Commerce) 10.1  
220 - Skiles Hoffman (Lowell) 23.0  
440 - George Canfield (Lowell) 51.2  
880 - Tony Piazzzi (Balboa) 2:03.0  
Mile - Gene Clark (Lowell) 4:31.0  
120 HH - Bob Lee (Commerce) 16.4  
220 LH - Lloyd Provost (Commerce) 24.6  
HJ - Kenneth Holmes (Washington) 6-0 1/4  
BJ - Skiles Hoffman (Lowell) 210-8  
PV - Jack Smith (St. Ignatius) 12-6  
SP - Howard Alvord (Lowell) 49-8  
Disc - Johnny Fonaas (Lowell) 126-0  
1320 Relay - Commerce time

**1941 AAA T&F (mid-May)**

100 - Ben Silva (Lowell) 10.2  
220 - Ben Silva (Lowell) 22.2  
440 - Ernie Provost (Commerce) 51.6  
880 - Tony Piazza (Balboa) 2:00.6  
Mile - Tony Piazza (Balboa) 4:29.6  
120 HH - Ed Carroll (Commerce) 16.9  
220 LH - Jack Bergin (Balboa) 26.5  
HJ - Bill Venker (Washington) 6-1 1/2  
BJ - Dan Nilan (Balboa) 21-8 1/4  
PV - Paul Varoff (Balboa) 12-2  
SP - Gonzales Morales (Mission) 48-3 3/4  
Disc - John Fonaas (cq) (Lowell) 126-0  
1320 Relay - Balboa 2:23.2

**1942 AAA T&F (5-2)**

100 - Jack Bressler (Lowell) 10.3  
220 - Mike Plagge (Polytechnic) 22.8  
440 - Jimmy Sheppard (Lowell) 51.5  
880 - Phil Arnot (Lowell) 2:00.8  
Mile - Bob Patterson (Balboa) 4:49.9  
120 HH - Dick Hultgen (Polytechnic) 25.4  
220 LH - Dick Hultgen (Polytechnic) (NR)  
HJ - Jack Ansden (Lincoln) 5-11 7/8  
BJ - Thomas Brock (Galileo) 22-3  
PV - Paul Varoff (Balboa) 12-0



SP - Jack Burke (St. Ignatius) 45-1 1/2  
Disc - Jack Burke (St. Ignatius) 122-5  
1320 Relay - Polytechnic 2:21.3

**1943 AAA T&F (5-8) Ex**

100 - Dick MacMillan (Lowell) 10.8  
220 - Orrie Hudson (Lincoln) 23.2  
440 - Leo Ellis (Lowell) 53.3  
880 - Joe Oliver (Polytechnic) 2:07.2  
Mile - Dick Winkler (Lowell) 4:45.6  
120 HH - John Hardgraves (Lowell) 15.3  
220 LH - Frank Hutchinson (Galileo) 27.2  
HJ - (tie) John Hardgraves (Lowell) & Dick Firebaugh (Galileo) 5-8 3/4  
BJ - Don Schumacher (Lowell) 21-2 1/2  
PV - Alvin Johnson (Polytechnic) 11-0  
SP - Jack Burke (St. Ignatius) 47-5  
Disc - Jack Burke (St. Ignatius) 149-8  
1320 Relay - Lowell 2:25.4

**1944 AAA T&F (5-6)**

100 - Archie Chagonjian (Mission) 10.4  
220 - Archie Chagonjian 22.6  
440 - Jim Edwards (Lowell) 51.2  
880 - Ernie Piunti (Balboa) 2:05.7  
Mile - Gene Leach (Lincoln) 4:46.6  
120 HH - Dick Waugh (Lowell) 15.7  
220 LH - Merrill Peacock (Polytechnic) 25.6  
HJ - Dick Firebaugh (Galileo) 6-2 1/2  
BJ - Lloyd Edwards (Galileo) 21-9  
PV - ----- Topian (Commerce) 11-3  
SP - Harry Fromm (Polytechnic) 46-10  
Disc - ----- Lenzi (Commerce) 113-10  
1320 Mile Relay - Polytechnic

**1945 AAA T&F (5-19)**

100 - Dola "Ike" Miller (Gompers) 10.2  
220 - Dola "Ike" Miller (Gompers) 23.0  
440 - Jimmy Edwards (Lowell) 51.4  
880 - Tommy Kearney (St. Ignatius) 2:05.1  
Mile - Don Nolan (Mission) 4:43.3  
120 HH - Merrill Peacock (Polytechnic) 15.2  
220 LH - Merrill Peacock (Polytechnic) 24.9  
HJ - ----- Green (Commerce) 5-10 1/2  
BJ - Duane Gilman (Lowell) 22-2  
PV - Sam Delahanty (Polytechnic) 11-6  
SP - Harry Fromm (Polytechnic) 51-1 1/2  
Disc - Mort Dunn (Lowell) 117-1 1/2  
Relay - Polytechnic 2:21.2

**1946 AAA T&F (5-18)**

100 - Janell Morrow (Commerce) 10.4  
220 - Bob Moretti (Lincoln) 22.5  
440 - Charles Harden (Washington) 52.8  
880 - Jack Hughes (St. Ignatius) 2:03.5  
Mile - Don Brannon (Lowell) 4:40.6  
120 HH - Loren Baker (Lowell) 16.2  
220 LH - Ford Long (Polytechnic) 23.9

HJ - Bill Bates (Polytechnic) 6-0 1/2  
BJ - Jim Palaby (Polytechnic) 21-9 1/2  
PV - Maurice Davis (Balboa) 11-3  
SP - Mort Dunn (Lowell) 47-8 1/4  
Disc - Dick Abraham (Lincoln) 125-5  
Relay - Poly 2:22.6

**1947 AAA T&F (5-10)**

100 - Ollie Matson (Washington) 10.1  
220 - Ollie Matson (Washington) 22.4  
440 - Eunice (cq) Rax (Polytechnic) 51.1  
880 - Jack Hughes (St. Ignatius) 2:06.7  
Mile - Don Jones (Mission) 4:43.5  
120 HH - Loren Baker (Lowell) 15.4  
220 LH - Frank Packard (Lowell) 23.0  
HJ - (tie) Arvid Horstmeyer (Lowell) & Leonard Delmas (St. Ignatius) 6-1 1/2  
BJ - Bobby Keropian (Washington) 23-1 1/4  
PV - Melvin Knight (Washington) 11-0  
SP - Bruce Bernhard (Washington) 53-1 3/4  
Disc - Bruce Bernhard (Washington) 139-1  
1320 Relay - Lowell 2:14.6

**1948 AAA T&F (5-8)**

100 - Ollie Matson (Washington) 9.8  
220 - Ollie Matson (Washington) 21.4  
440 - Jim Plessas (Lowell) 51.8  
880 - Jim Kearney (St. Ignatius) 2:04.6  
Mile - Ellwyn Stribling (Commerce) 4:39.3  
120 HH - Loren Baker (Lowell) 15.4  
180 LH - Loren Baker (Lowell) 20.5  
HJ - William Walti (Lincoln) 6-1 1/4  
BJ - Dick Hare (Washington) 23-5  
PV - Ollie Matson (Washington) 11-3  
SP - Morrie Feldman (Lowell) 49-2  
Disc - Dick Cook (Lowell) 122-6  
1320 Relay - Lowell 2:18.2

**1949 AAA T&F (5-7)**

100 - Jim Plessas (Lowell) 10.0  
220 - (tie) Chuck Howard (Balboa) & ----- Jones (Washington) 22.4  
440 - Don Carlson (Lowell) 52.3  
880 - Jimmy Van Zant (Balboa) 2:03.6  
Mile - Ellwyn Stribling (Commerce) 4:31.4  
120 HH - Francis Tull (Balboa) 15.8  
180 LH - Jim Plessas (Lowell) 19.9 (rec 19.2 in trials)  
HJ - Herb Schoenstein (St. Ignatius) 5-11 1/2  
BJ - Jim Plessas (Lowell) 23-5  
PV - (tie) Al Abella (Polytechnic), John Lindner (Lincoln) 10-9  
SP - George Merritt (Polytechnic) 49-3 1/4  
Disc - Richard Cook (Lowell) 122-9  
1320 Relay - (tie) Lowell & Balboa 2:21.5

**1950 AAA T&F (5-6)**

100 - Lionel Brown (Washington) 10.3  
220 - Fred George (Lowell) 22.5  
440 - Fred George (Lowell) 50.8

880 - Jack Van Zant (Balboa) 2:01.5  
Mile - Ron Bauer (Washington) 4:31.4  
120 HH - Vern Chambers (Washington) 15.8  
180 LH - Vern Chambers (Washington) 20.6  
HJ - (tie) Don Bragg (Galileo) & Jack Neumayr (St. Ignatius) 5-11 3/4  
BJ - Don Mattson (Lincoln) 21-11 1/2  
PV - Ward Wilson (Balboa) 12-6  
SP - Lou Rubcic (Mission) 50-2 1/2  
Disc - Don Carlson (Lowell) 127-4  
1320 Relay - Washington 2:19.7

**1951 AAA T&F (5-19)**

100 - James Morris (Washington) 10.6  
220 - Bill Keehner (Polytechnic) 22.5  
440 - Bob Lualhati (Washington) 51.2  
880 - Ed Hersh (Galileo) 1:59.3  
Mile - Kent Reno (Washington) 4:41.5  
120 HH - Ken Foss (Balboa) 15.7  
180 LH - Willard Whitaker (Commerce) 20.5  
HJ - (tie) Bob Prutsch (Polytechnic), ----- Holland (Mission), Glen Nance (Polytechnic) & ----- Palacio (Balboa) 5-10  
BJ - Leon Cathey (Polytechnic) 21-7  
PV - Sam Butler (Polytechnic) 11-6  
SP - Frank Pavich (Galileo) 47-7 1/4  
Disc - Frank Pavich (Galileo) 122-0  
Relay - Washington 2:19.6

**1952 AAA T&F (5-17)**

100 - Val Daniels (Washington) 10.2  
220 - Frank Roberts (Washington) 22.4  
440 - Louis Bell (Commerce) 51.1  
880 - Leslie Anderson (Balboa) 2:00.4  
Mile - Al Carlson (Washington) 4:42.2  
120 HH - Dick Herrerias (Lowell) 15.4  
180 LH - Dick Herrerias (Lowell) 20.3  
HJ - (tie) Johnny Mathis (Washington) & Phil Fehlen (Lowell) 6-1  
BJ - Ernie Hayles (Commerce) 22-4  
PV - (tie) Kirk Nieland (Lowell), Al McGuirk (Polytechnic), Armand Tilgner Washington & Harry Keiser (Mission) 11-0  
SP - Bernie Gould (Lowell) 49-0  
Disc - Don Kafka (Mission) 126-6 3/4  
1320 Relay - Washington 2:19.1

**1953 AAA T&F (5-16)**

100 - Frank Roberts (Washington) 10.1  
220 - Otis Bryant (Galileo) 22.1  
440 - Ray McIntrye (Washington) 50.7  
880 - Ralph Furnari (Polytechnic) 2:02.6  
Mile - Mel Dowdell (Polytechnic) 4:37.4  
120 HH - Clint Redus (Washington) 15.0  
180 LH - Clint Redus (Washington) 20.1  
HJ - Phil Fehlen (Lowell) 6-2 5/8  
BJ - Arnold Smith (Galileo) 22-5  
PV - Kirk Nieland (Lowell) 11-7  
SP - Jerry James (Polytechnic) 52-1  
Disc - Jack Egan (Balboa) 149-2

1320 Relay - Washington 2:18.7

**1954 AAA T&F (5-24)**

100 - Roosevelt Taylor (Polytechnic) 10.3  
220 - Clint Redus (Washington) 22.2  
440 - Dennis Morehead (Washington) 51.6  
880 - Bill Williams (St. Ignatius) 1:59.5  
Mile - Mel Dowdell (Polytechnic) 4:36.1  
120 HH - Clint Redus (Washington) 14.7  
180 LH - Dick Bullock (Lowell) 19.5  
HJ - Leroy Thomas (Mission) 6-3 1/4  
BJ - Maurice Jones (Polytechnic) 21-8 1/2  
PV - Bob Schwab (Galileo) 11-6  
SP - Dave Bruce (Mission) 50-10 1/2  
Disc - Jack Egan (Balboa) 148-4  
Relay - (NR)

**1955 AAA T&F (5-14)**

100 - Herb Blanchard (Polytechnic) 10.2  
220 - Herb Blanchard (Polytechnic) 23.5  
440 - Stuart Gould (Lowell) 51.6  
880 - Robert Richter (Polytechnic) 2:00.2  
Mile - Thomas Lloyd (Lincoln) 4:32.2  
120 HH - Dave Dawson (St. Ignatius) 14.9  
180 LH - Dave Dawson (St. Ignatius) 20.0  
HJ - Wilfred Gaspar (Polytechnic) 6-2 7/8  
BJ - Carleton Buckley (St. Ignatius) 21-9  
PV - Wilfred Gaspar (Polytechnic) 12-0  
SP - Talisua Niko (Balboa) 52-7  
Disc - Darrell Malloy (Polytechnic) 138-10 3/4  
1320 Relay - Washington 2:18.4

**1956 AAA T&F (5-17)**

100 - Herb Blanchard (Polytechnic) 10.2  
220 - Herb Blanchard (Polytechnic) 21.8  
440 - Carlos Tan (St. Ignatius) 50.0  
880 - Steve Barrett (St. Ignatius) 2:02.5  
Mile - Bob Hammond (Washington) 4:32.1  
120 HH - Bob Cressa (Balboa) 15.4  
180 LH - Claude Cooper (Balboa) 19.9  
HJ - Wilfred Gaspar (Polytechnic) 6-4 1/2  
BJ - Gaynell McPherson (Washington) 23-2  
PV - Wilfred Gaspar (Polytechnic) 12-0  
SP - Mike Lewis (Lincoln) 56-5  
Disc - Mike Lewis (Lincoln) 140-10 1/4  
1320 Relay - Polytechnic 2:19.0

**1957 AAA T&F (5-25)**

100 - Herb Blanchard (Polytechnic) 10.0  
220 - Herb Blanchard (Polytechnic) 21.7  
440 - Tim Curtis (Lowell) 49.7  
880 - Paul Patton (Polytechnic) 1:58.9  
Mile - Bill Morgan (Lowell) 4:28.6  
120 HH - Jerry Bell (Polytechnic) 15.1  
180 LH - Claude Cooper (Balboa) 19.7  
HJ - Ed Costa (Lincoln) 6-5  
BJ - Mac Burton (Washington) 24-7 1/4

PV - ----- Castro (Lincoln) 11-6  
SP - Mike Lewis (Lincoln) 60-9 3/8  
Disc - Mike Lewis (Lincoln) 152-7  
880 Relay - Polytechnic 1:31.5

**1958 AAA T&F (5-17)**

100 - Ed Tank (Lincoln) 9.9  
220 - Tim Curtis (Lowell) 21.3  
440 - Tim Curtis (Lowell) 48.6  
880 - Jim Smith (Balboa) 1:59.7  
Mile - Andy Loobey (Polytechnic) 4:35.5  
120 HH - Edward Mentzer (Lincoln) 15.4  
180 LH - LeRoy Wise (Polytechnic) 20.1  
HJ - (tie) Harry Howard (Mission) & John Kelly (Mission) 6-2  
BJ - Jesse Sirles (Polytechnic) 23-10  
PV - Jesse Sirles (Polytechnic) 12-8  
SP - Don Meek (Balboa) 50-4 7/8  
Disc - Don Briemle (Lincoln) 139-9  
880 Relay - Polytechnic 1:29.6

**1959 AAA T&F (5-16)**

100 - Ike Woods (Washington) 10.0  
220 - Ike Woods (Washington) 22.0  
440 - Dave Williams (Polytechnic) 51.3  
880 - Tony Ferrigno (St. Ignatius) 2:02.8  
Mile - Ben Tucker (Polytechnic) 4:35.2  
120 HH - Tom Piggee (Polytechnic) 15.3  
180 LH - Tom Piggee (Polytechnic) 20.3  
HJ - Lorrel Anderson (Washington) 6-4  
BJ - George Holland (Mission) 22-10  
PV - Bill Miles (St. Ignatius) 12-6  
SP - Don Meek (Balboa) 51-6 1/4  
Disc - Alex Darnes (Polytechnic) 155-0  
880 Relay - Galileo 1:32.1

**1960 AAA T&F (5-21)**

100 - Dave Henderson (Polytechnic) 9.9  
220 - Dave Henderson (Poly 21.9  
440 - Dave Williams (Polytechnic) 49.5  
880 - Tony Ferrigno (St. Ignatius) 1:59.0  
Mile - Ben Tucker (Polytechnic) 4:30.9  
120 HH - Tom Pigge (Polytechnic) 15.0  
180 LH - Tom Piggee (Polytechnic) 19.7  
HJ - Bill Carter (Lowell) 6-3  
BJ - Art Yearby (Galileo) 22-3 1/2  
PV - Bob Ely (Polytechnic) 13-6  
SP - Alex Darnes (Polytechnic) 54-11 1/2  
Disc - Alex Darnes (Polytechnic) 170-1 1/2  
880 Relay - Washington 1:30.2

**1961 AAA T&F (5-20)**

100 - Art Benton (Mission) 9.8  
220 - Lance Ritter (Washington) 21.5  
440 - Jim O'Toole (St. Ignatius) 50.1  
880 - Mike Gibeau (Lincoln) 1:56.2  
Mile - Herb Potter (Lincoln) 4:28.8  
120 HH - Ryan Melton (Washington) 15.1

180 LH - Bob Burgess (Polytechnic) 20.3  
HJ - Bill Carter (Lowell) 6-4  
BJ - Lonnie Brantley (Mission) 22-9 1/8  
PV - Ryan Melton (Washington) 12-6  
SP - Mike Gridley (Washington) 58-4  
Disc - Pat Lewis (Lincoln) 157-7 1/2  
880 Relay - Washington 1:29.5

**1962 AAA T&F (5-19)**

100 - John Davis (Mission) 10.1  
220 - Willis Fort (Polytechnic) 22.2  
440 - Willis Fort (Polytechnic) 49.6  
880 - Hoy (cq) Henderson (Washington) 1:57.4  
Mile - Glen Diffenbaugh (Lowell) 4:31.2  
120 HH - John Davis (Mission) 15.1  
180 LH - Lou Kirtman (Lowell) 20.4  
HJ - ----- Norris (Polytechnic) 6-3  
BJ - Lias (Washington) 21-10 1/2  
PV - Russell Clarke (St. Ignatius) 12-0  
SP - Pat Lewis (Lincoln) 56-6  
Disc - Clarence Coleman (Mission) 165-5 1/2  
880 Relay - Mission 1:31.6

**1963 AAA T&F (5-18)**

100 - Bob Prince (Washington) 10.1  
220 - (curve) Bob Prince (Washington) 22.6  
440 - Chris Ferrigno (St. Ignatius) 51.7  
880 - Terry Ward (St. Ignatius) 1:57.4  
Mile - Ken Howard (St. Ignatius) 4:33.5  
120 HH - Oliver Mitchell (Mission) 14.3  
180 LH - Oliver Mitchell (Mission) 18.9  
HJ - Robert Johnson (Mission) 6-4  
BJ - Robert Horn (Lowell) 22-2 3/4  
PV - (tie) James Dunson (Balboa) & ----- Roderick (Lincoln) 12-0  
SP - Bud Baccitich (St. Ignatius) 54-5  
Disc - Otto Brewster (Mission) 164-0 1/2  
880 Relay - Mission 1:32.2

**1964 AAA T&F (5-23)**

100 - Bob Prince (Washington) 9.7  
220 - Bob Prince (Washington) 21.8  
440 - Sonny Johnson (Washington) 51.0  
880 - Dan Boyle (Lowell) 1:58.2  
Mile - Ken Howard (St. Ignatius) 4:24.6  
120 HH - Lou Kirtman (Lowell) 14.2  
180 LH - Lou Kirtman (Low ) 19.7  
HJ - Vern Banford (Balboa) 6-2  
BJ - Leandrus Benton (Washington) 23-2  
PV - Marty Monterossa (St. Ignatius) 12-0  
SP - John Wells (Washington) 53-1  
Disc - Bob Singletary (Polytechnic) 152-9 1/2  
880 Relay - Washington 1:29.1

**1965 AAA T&F (5-22)**

100 - Ernie Provost (Washington) 9.7  
220 - Ernie Provost (Washington) 21.8  
440 - James Carter (Polytechnic) 50.9

880 - Tim Valley (Balboa) 1:59.7  
Mile - Humberto Hernandez (Mission) 4:26.1  
Two Mile - Dave Jennings (Polytechnic) 9:50.7  
120 HH - Don Jordan (Polytechnic) 14.8  
180 LH - Ray Robinson (Galileo) 19.6  
HJ - Greg Mayo (Mission) 6-4  
BJ - Anthony Smith (Polytechnic) 22-4 1/4  
PV - Anthony Smith (Polytechnic) 13-1  
SP - Tony Tuitele (Lowell) 50-5 1/2  
Disc - Bob Singletary (Polytechnic) 163-9  
880 Relay - Galileo 1:28.9

**1966 AAA T&F (5-21)**

100 - Ernie Provost (Washington) 9.7  
220 - Ernie Provost (Washington) 22.1  
440 - David Jones (Wilson) 49.1  
880 - ----- Gregory (Galileo) 2:00.2  
Mile - Dick Howard (St. Ignatius) 4:33.1  
Two Mile - Klaus Hoffmann (St. Ignatius) 9:56.6  
120 HH - Adam Banks (Balboa) 14.8  
180 LH - Greg Jackson (Galileo) 19.5  
HJ - Tom Clyburn (Balboa) 6-7 1/4  
LJ - Gordon Reed (Balboa) 23-5 1/2  
PV - Gary McGuffin (Lowell) 11-6  
SP - Oscar Williams (Washington) 50-9  
Disc - Oscar Williams (Washington) 158-3  
880 Relay - Galileo 1:30.6

**1967 AAA T&F (5-20)**

100 - Andy Watkins (Balboa) 9.9  
220 - Steve Jordan (Polytechnic) 22.3  
440 - Steve Jordan (Polytechnic) 50.7  
880 - Victor Cary (Washington) 1:59.3  
Mile - Dick Howard (St. Ignatius) 4:24.2  
Two Mile - Klaus Hoffman (St. Ignatius) 9:41.7  
120 HH - Kerry Hampton (Polytechnic) 14.5  
180 LH - Kerry Hampton (Polytechnic) 19.4  
HJ - Tom Clyburn (Balboa) 6-8 1/4  
LJ - Tom Clyburn (Balboa) 22-11  
PV - Andy Vickers (Polytechnic) 13-0  
SP - Patrick Fahey (Lincoln) 49-11  
Disc - Gary Wolf (Lowell) 154-6 1/2  
880 Relay - Balboa 1:30.4

**1968 AAA T&F (5-18)**

100 - Andy Watkins (Balboa) 9.7  
220 - James Brooks (Washington) 22.0  
440 - Demetrice Ledbetter (Polytechnic) 50.3  
880 - John Hogue (Polytechnic) 1:59.8  
Mile - Willie Eashman (Washington) 4:37.5  
Two Mile - Martin Martin (Balboa) 9:54.5  
120 HH - Kerry Hampton (Polytechnic) 14.1  
180 LH - Kerry Hampton (Polytechnic) 19.0  
HJ - John Russell (Balboa) 6-3  
LJ - Alan Joe (Lowell) 23-5 1/2  
PV - Walter Brown (Polytechnic) 11-6  
SP - Paul Fontana (Polytechnic) 54-8

Disc - Gary Wolf (Lowell) 167-0  
440 Relay - Polytechnic 43.3  
Mile Relay - Polytechnic 3:25.9

**1969 AAA T&F (5-24)**

100 - John Pettus (Washington) 9.9  
220 - John Pettus (Washington) 21.9  
440 - Mike Salem (Balboa) 50.0  
880 - Geoffrey Henderson (Washington) 1:55.9  
Mile - Willie Eashman (Washington) 4:27.5  
Two Mile - Bill Johnson (Lowell) 9:40.6  
120 HH - Derrek Kelley (Mission) 14.3  
180 LH - Bill Askey (Washington) 19.8  
HJ - Ceabe Justin (Wilson) 6-4 1/4  
LJ - Terry Bradley (Polytechnic) 23-11  
PV - Stewart Perryman (Balboa) 11-0  
SP - Gene Botto (Washington) 50-7 5/8  
Disc - Larry Acker (Balboa) 156-8  
440 Relay - Washington 43.0  
Mile Relay - Polytechnic 3:26.3

**1970 AAA T&F (5-23)**

100 - Mel Washington (Lincoln) 9.9  
220 - Gary Adams (Lincoln) 22.4  
440 - Michael Jamison (Polytechnic) 51.5  
880 - Geoffrey Henderson (Washington) 1:56.9  
Mile - Dan McKenna (Balboa) 4:29.3  
Two Mile - Wolfgang Schmulewicz (Lincoln) 9:37.2  
120 HH - Richard Humphrey (Wilson) 14.6  
180 LH - James Odoms (Balboa) 19.8  
HJ - Ceabe Justin (Wilson) 6-4 1/2  
LJ - Bernard Maxwell (Balboa) 21-2 3/4  
PV - Vaughn Rhodes (Balboa) 12-0  
SP - Keith Rowen (Lincoln) 54-2  
Disc - Keith Rowen (Lincoln) 158-1  
440 Relay - Polytechnic 43.3  
Mile Relay - Washington 3:26.3

**1971 AAA T&F (5-22)**

100 - Mel Washington (Lincoln) 9.8  
220 - Ron Whitaker (Wilson) 22.4  
440 - Michael Jamison (Polytechnic) 50.8  
880 - Roy Harris (Washington) 1:58.2  
Mile - Brad Duffey (Lowell) 4:30.6  
Two Mile - Wolfgang Schmulewicz (Lincoln) 9:34.0  
120 HH - Vince Chambers (Lincoln) 14.8  
180 LH - Vince Chambers (Lincoln) 19.5  
HJ - Randy Minix (Balboa) 6-2  
LJ - Bernard Maxwell (Balboa) 22-6 1/2  
PV - Alvin Burleson (Balboa) 14-0 1/2  
SP - ----- Gray (Washington) 52-4  
Disc - Taoua Falo (Balboa) 166-5  
440 Relay - Balboa 43.8  
Mile Relay - Bal 3:27.3

**1972 AAA T&F (5-27)**

100 - Mike Farmer (Wilson) 9.6



220 - Marcel Lewis (Wilson) 22.1  
440 - Steve Freeman (Balboa) 51.8  
880 - Abraham Luevanos (Mission) 1:59.5  
Mile - Atkins Chun (Lowell) 4:31.0  
Two Mile - Brad Duffey (Lowell) 9:27.9  
120 HH - Mike Kirtman (Wilson) 14.0  
180 LH - Mike Kirtman (Wilson) 19.1  
HJ - Randy Minix (Balboa) 6-4  
LJ - Tyrone Taylor (Wilson) 21-0  
PV - Alvin Burleson (Balboa) 14-1 1/2  
SP - Dan Magalei (Balboa) 46-9  
Disc - Wilson Faumuina (Balboa) 147-3 1/2  
440 Relay - Wilson 42.0  
Mile Relay - Balboa 3:29.9

**1973 AAA T&F (5-19)**

100 - Mike Farmer (Wilson) 9.7  
220 - Duane Walker (Wilson) 22.2  
440 - Ronald Whitaker (Wilson) 48.6  
880 - Ed Ruppenstein (Washington) 1:57.9  
Mile - Amador Garcia (Balboa) 4:38.8  
Two Mile - Amador Garcia (Balboa) 10:16.3  
120 HH - Mike Kirtman (Wilson) 14.0  
180 LH - Mike Kirtman (Wilson) 19.4  
HJ - Randy Turner (Wilson) 6-8 1/2  
LJ - Henry Grayson (Balboa) 21-8  
TJ - Thermund (cq) Wells (Balboa) 45-4 1/2  
PV - Dennis Wylie (Balboa) 12-6  
SP - Joseph Broussard (Lincoln) 49-4  
Disc - Willie Nevels (Balboa) 150-10 1/2  
440 Relay - Wilson 42.9  
Mile Relay - Wilson 3:25.0

**1974 AAA T&F (5-18)**

100 - Mike Farmer (Wilson) 9.9  
220 - Mike Farmer (Wilson) 21.8  
440 - Ed Ruppenstein (Washington) 49.5  
880 - Jim Abendroth (Lowell) 1:58.4  
Mile - John Sweeney (Balboa) 4:32.1  
Two Mile - John Sweeney (Balboa) 9:42.7  
180 LH - Mike Kirtman (Wilson) 19.0  
120 HH - Mike Kirtman (Wilson) 14.0  
HJ - Charles Hatch (Wilson) 6-9  
LJ - Issac Gilmore (Mission) 22-0 1/2  
TJ - Teddy Banayat (Wilson) 45-11 1/4  
PV - ----- Johnson (Balboa) 13-0  
SP - Angelo Dillon (Galileo) 55-9  
Disc - Willie Nevels (Balboa) 165-8 1/4  
440 Relay - Wilson 43.3  
Mile Relay - Balboa 3:29.3

**1975 AAA T&F (5-24)**

100 - Tuqual (cq) Willis (Mission) 9.7  
220 - Terrell Ward (Wilson) 22.0  
440 - Lawrence Reese (Wilson) 50.5  
880 - Reggie DeRosan (Wilson) 1:59.4  
Mile - John Sweeney (Balboa) 4:33.3

Two Mile - John Sweeney (Balboa) 9:57.2  
120 HH - Steve Tyler (Balboa) 14.9  
330 LH - Bobby Batton (Mission) 38.9  
HJ - Herb Ward (Balboa) 6-9 1/4  
LJ - Edward Roland (Lincoln) 21-7  
TJ - Teddy Banayat (Wilson) 44-4 1/2  
SP - Michael Gans (Balboa) 54-10  
Disc - Willie Nevels (Balboa) 160-6 1/2  
440 Relay - Wilson 42.2  
Mile Relay - Wilson 3:30.7

**1976 AAA T&F (5-22)**

100 - Tuquill Willis (Mission) 9.6  
220 - Ernest Lewis (Balboa) 21.8  
440 - Rory Johnson (Balboa) 51.2  
880 - Osmundo Hurtado (Lowell) 1:57.5  
Mile - Paul Lanier (Lowell) 4:39.2  
Two Mile - Ted Muniz (Lowell) 9:52.1  
330 LH - Steve Tyler (Balboa) 38.8  
120 HH - Steve Tyler (Balboa) 14.2  
HJ - ----- Mathews (Washington) 6-0  
LJ - Greg Turner (Wilson) 22-2  
TJ - Rickey Bradley (Balboa) 46-11  
PV - Charles Lucero (Lincoln) 12-0  
SP - James Davis (Balboa) 54-1  
Disc - Mike McClinton (Balboa) 161-2  
440 Relay - Balboa 42.6  
Mile Relay - Balboa 3:27.5

**1977 AAA T&F (5-28)**

100 - Willie Benard (cq) (Galileo) 9.9  
220 - Kevin David (Lincoln) 22.2  
440 - Bill Stapleton (Lincoln) 49.3  
880 - Fletcher Stanford (Washington) 1:59.1  
Mile - Brian Millar (McAteer) 4:32.4  
Two Mile - Mitch Musgrove (Galileo) 10:04.4  
120 HH - Peter Crossley (Balboa) 14.6  
330 LH - Bill Stapleton (Lincoln) 38.1  
HJ - Dale Domino (Lowell) 6-4  
LJ - George Redmond (Galileo) 20-6 1/2  
TJ - Marcellus Moore (Lincoln) 47-8 1/4  
PV - Kevin Fong (Galileo) 12-6  
SP - Stacey Cooper (Washington) 55-6  
Disc - Roy Abendroth (Lowell) 158-0 1/2  
440 Relay - Balboa 43.3  
Mile Relay - Lincoln (NR)

**1978 AAA T&F (5-20)**

100 - Wallace Benard (Galileo) 9.6  
220 - Wallace Benard (Galileo) 21.9  
440 - Bill Stapleton (Lincoln) 50.1  
880 - Fletcher Stanford (Washington) 1:59.6  
Mile - Eric McPhail (Lowell) 4:38.5  
Two Mile - Brian Millar (McAteer) 9:52.6  
120 HH - Peter Crossley (Balboa) 14.3  
330 LH - Bill Stapleton (Lincoln) 38.7  
HJ - Keith Hazell (Galileo) 6-6

LJ - Johnny Ray Williams (Wilson) 22-10 3/4  
TJ - Marcellus Moore (Lincoln) 47-9  
PV - John Norris (Galileo) 12-0  
SP - Roy Abendroth (Lowell) 58-4  
Disc - Roy Abendroth (Lowell) 165-2  
440 Relay - Balboa 43.4  
Mile Relay - Balboa 3:28.4  
GIRLS  
(First girls competition - only results reported)  
440 Relay - Lincoln 52.3  
Mile - Diane Gong (Lowell) 5:28.1  
LJ - Tina Woodson (Lincoln) 15-8 1/2

**1979 AAA T&F (5-19)**

100 - Elbert Harris (Balboa) 9.8  
220 - Elbert Harris (Balboa) 21.9  
440 - Edward Coffey (Lincoln) 50.3  
880 - Raul Rodriguez (Lowell) 1:56.6  
Mile - Raul Rodriguez (Lowell) 4:32.6  
Two Mile - Marco Ibarra (Wilson) 10:02.2  
120 HH - Brennan Redd (Wilson) 14.0  
330 LH - Ernest Daumas (Galileo) 38.7  
HJ - Jeffrey Rory (Lincoln) 6-2  
LJ - George Redmond (Galileo) 22-6 1/2  
TJ - Rory Toliver (Wilson) 46-6 1/2  
PV - John Norris (Galileo) 12-6  
SP - Luke Jones (Galileo) 51-7  
Disc - Steve Colvin (Lowell) 158-11 1/2  
440 Relay - Balboa 43.0  
Mile Relay - Balboa 3:27.1  
GIRLS  
100 - Tina Woodson (Lincoln) 11.6  
220 - Tina Woodson (Lincoln) 26.3  
440 - Renessa Green (Mission) 1:02.6  
880 - Diane Gong (Lowell) 2:27.0  
Mile - Diane Gong (Lowell) 5:50.8  
Two Mile - Diane Gong (Lowell) 12:15.0  
110LH - Sheryl Davenport (Lincoln) 15.5  
HJ - Gigi Hurley (Lincoln) 5-2  
LJ - Gigi Hurley (Lincoln) 18-5  
PV - John Norris (Galileo) 12-6  
SP - Gigi Hurley (Lincoln) 36-0  
Disc - Dawn Dearstyne (Lincoln) 76-10  
440 Relay - Lincoln 50.6  
Mile Relay - Lincoln 4:19.8

**1980 AAA T&F (5-24)**

100 - Ernest Daumas (Galileo) 10.0  
220 - Kenny Frazier (Balboa) 22.7  
880 - Willie Cage (Galileo) 2:00.4  
440 - Willie Cage (Galileo) 50.9  
Mile - S. Stroughter (Balboa) 4:35.4  
Two Mile - Marco Ibarra (Wilson) 9:51.3  
120 HH - Russell Johnson (Mission) 14.2  
330 LH - Ernest Daumas (Galileo) 38.4  
HJ - Anthony Beverly (Galileo) 6-0  
TJ - Ken Frazier (Mission) 48-10

LJ - Ken Frazier (Mission) 23-6  
PV - J. Bell (Galileo) 11-0  
SP - Luke Jones (Galileo) 54-6  
Disc - Steve Colvin (Lowell) 154-1  
440 Relay - Mission 44.0  
Mile Relay - Balboa 3:36.5  
GIRLS  
100 - T. Hall (Wilson) 11.6  
220 - Tina Woodson (Lincoln) 25.7  
440 - Janice Padmore (Galileo) 1:02.0  
880 - Diane Gong (Lowell) 2:27.0  
Mile - Diane Gong (Lowell) 5:18.5  
Two Mile - Diane Gong (Lowell) 11:14  
110LH - ----- Morrison (Lincoln) 16.7  
HJ - Ian Taylor (Lincoln) 4-8  
LJ - Janice Padmore (Galileo) 17-8  
SP - Elyse Duckett (Lowell) 37-7 3/4  
Disc - Elyse Duckett (Lowell) 97-11 3/4  
440 Relay - Lincoln 52.3  
Mile Relay - Lowell 4:23.9

**1981 AAA T&F (5-23)**

100 - Angelo McNeil (Galileo) 9.9  
220 - Alex Mack (Lowell) 22.3  
440 - Angelo McNeil (Galileo) 49.1  
880 - Ken Sowell (Lowell) 1:59.9  
Mile - Ken Sowell (Lowell) 4:36.5  
Two Mile - Ken Sowell (Lowell) 10:15.5  
120 HH - Russell Johnson (Mission) 14.2  
330 LH - Daryl McCoy (Balboa) 39.2  
HJ - Maurice Crumby (Balboa) 7-0  
LJ - Ken Frazier (Mission) 25-3 1/2  
TJ - Ken Frazier (Mission) 50-3 3/4  
PV - James McClanahan (Galileo) 14-2  
SP - Joe Drake (Galileo) 52-8  
Disc - James Salanoa (Galileo) 150-4 1/2  
440 Relay - Galileo 44.2  
Mile Relay - Galileo 3:29.7

GIRLS

100 - Tasha Bradford (Mission) 11.5  
220 - ----- Hunter (Balboa) 26.4  
440 - Donna Graham (Lowell) 1:02.1  
880 - Laura Chalcraft (Galileo) 2:28.0  
Mile - Cindy Woo (Lowell) 5:49.7  
Two Mile - Liz Brown (Lowell) 12:55.8  
110 HH - Trudi Allen (Lowell) 16.6  
330 LH - Angela Rush (Balboa) 47.9  
HJ - Melody Martin (Mission) 4-10 1/4  
LJ - Janice Padmore (Galileo) 17-8  
SP - Matoe Tagaloa (Balboa) 33-10  
Disc - ----- Graves (Lincoln) 96-4  
440 Relay - Mission 49.9  
Mile Relay - Lowell 4:14.2

**1982 AAA T&F (5-22)**

(Two years after the rest of CIF, AAA converted to meters)  
400 Relay - Galileo 42.9

800 - Peter Kirk (Lincoln) 1:59.1  
 100 - Angelo McNeil (Galileo) 10.6  
 110 HH - James McClanahan (Galileo) 14.4  
 3200 - Fady Malik (Lowell) 9:47.2  
 400 - Angelo McNeil (Galileo) 49.0  
 200 - John Hughes (Wilson) 22.5  
 300 IH - Jeffrey Thompson (Lincoln) 40.1  
 1600 - Fady Malik (Lowell) 4:35.6  
 1600 Relay - Galileo 3:31.8  
 HJ - Maurice Crumby (Balboa) 6-4  
 LJ - Ken Frazier (Mission) 24-7 1/4  
 TJ - Ken Frazier (Mission) 47-10  
 PV - James McClanahan (Galileo) 13-0  
 SP - Simi Manuma (Wilson) 51-4  
 Disc - James Salanoa (Galileo) 143-2 1/2  
 GIRLS  
 100 - Tasha Bradford (Mission) 11.9  
 200 - Stacy Green (Lincoln) 25.8  
 400 - Donna Graham (Lowell) 58.6  
 800 - Patricia Brown (Lowell) 2:20.7  
 1600 - Trish Brown (Lowell) 5:42.1  
 3200 - Elizabeth Brown (Lowell) 12:34.7  
 100 HH - Trudi Allen (Lowell) 11.9  
 300 LH - Darlena Perez (Lincoln) 48.0  
 400 Relay - Mission 48.5  
 1600 Relay - Lowell 4:14.9  
 HJ - Melody Martin (Mission) 4-11  
 LJ - Elyse Duckett (Lowell) 17-5 1/2  
 TJ - Elyse Duckett (Lowell) 33-0  
 SP - Elyse Duckett (Lowell) 37-10  
 Disc - Elyse Duckett (Lowell) 102-3

#### **1983 AAA T&F (5-14)**

100 - J. Thompson (Lincoln) 10.7  
 200 - David Johnson (McAteer) 22.7  
 400 - Rod Leggett (Wilson) 51.6  
 800 - H. Lin (Lowell) 1:59.8  
 1600 - Robert Richardson (Lowell) 4:34.0  
 3200 - Robert Richardson (Lowell) 9:47.5  
 110 HH - Mark Biggins (Mission) 15.0  
 300 IH - J. Thompson (Lincoln) 39.2  
 400 Relay - (NR)  
 HJ - Maurice Crumby (Balboa) 7-0 1/4  
 LJ - Louis LeDay (Balboa) 22-6 3/4  
 TJ - Justin Brown (Galileo) 45-11  
 PV - Victor McClanahan (Galileo) 12-0  
 SP - Sam Jones (Balboa) 52-6  
 Disc - Donald Stevenson (Galileo) 138-9  
 GIRLS  
 100 - Lisa Curry (Mission) 12.0  
 200 - Lisa Curry (Mission) 25.2  
 800 - Trish Brown (Lowell) 2:18.5  
 1600 - Trish Brown (Lowell) 5:40.2  
 100LH - Jescia Casimir (Washington) 14.2  
 300 LH - Jescia Casimir (Washington) 48.7  
 400 Relay - Mission 48.3  
 1600 Relay - Lowell 4:10.5

HJ - Melody Martin (Mission) 5-0  
LJ - Yvette Peterson (Mission) 17-7 1/2  
TJ - B. Graham (Lowell) 34-4 1/2  
SP - Dana Pace (Galileo) 38-1  
Disc - Dana Pace (Galileo) 109-11

**1984 AAA T&F (5-12)**

100 - Andre Alexander (Balboa) 10.5  
200 - Andre Alexander (Balboa) 22.2  
400 - Chad Buggs (Balboa) 51.6  
800 - Carl Stewart (Balboa) 2:02.4  
1600 - John Chin (Lowell) 4:44.2  
3200 - Micheal Wright (Washington) 10:28.5  
110 HH - Jerold Sawyer (McAteer) 14.8  
300 LH - Jerold Sawyer (McAteer) 40.4  
400 Relay - Balboa 43.2  
1600 Relay - Galileo 3:31.0  
HJ - Johnny Hines (Balboa) 6-0  
LJ - Richard Harrison (McAteer) 21-8  
TJ - Gary Spires (Galileo) 43-10 1/2  
PV - Zack Toms (Galileo) 13-0  
Disc - Rickey Green (Galileo) 146-4  
SP - Mark Neal (Washington) 48-10 3/4

**GIRLS**

100 - Stacy Green (Lincoln) 12.2  
200 - Stacy Green (Lincoln) 25.3  
400 - Antionette Wells (Lincoln) 1:00.1  
800 - Trish Brown (Lowell) 2:15.4  
3200 - Trish Brown (Lowell) 12:14.8  
1600 - Trish Brown (Lowell) 5:25.1  
100 LH - Jescia Casimir (Mission) 14.2  
300 LH - Jescia Casimir (Mission) 46.7  
400 Relay - Lincoln 48.9  
1600 Relay - Lowell 4:10.5  
HJ - Melody Martin (Mission) 4-10  
LJ - B. Bailey (Lincoln) 16-4  
TJ - Rupinder Baldwin (McAteer) 32-0  
SP - Dana Pace (Galileo) 36-11 1/2  
Disc - Judi Allen (Lowell) 104-3

**1985 AAA T&F (5-18)**

100 - Andre Alexander (Balboa) 10.4  
200 - Andre Alexander (Balboa) 22.1  
400 - Chad Buggs (Balboa) 49.3  
800 - Peter Crosse (McAteer) 2:00.0  
1600 - Dylan Fuller (Lowell) 4:38.0  
3200 - Dylan Fuller (Lowell) 10:08.9  
110 HH - Ivan Graves (Balboa) 14.4  
300 IH - Ivan Graves (Balboa) 39.6  
400 Relay - Galileo 42.8  
1600 Relay - Galileo 3:28.8  
HJ - Ron Johnson (Balboa) 6-0  
LJ - Ron Johnson (Galileo) 21-8 1/4  
TJ - Mark Smith (McAteer) 43-5 1/2  
PV - Ron Johnson (Galileo) 12-0  
SP - Bryan Oliver (Galileo) 55-3 1/2  
Disc - Rickey Green (Galileo) 147-11

GIRLS

100 - Martina Roland (Galileo) 11.9  
200 - Martina Roland (Galileo) 25.3  
400 - Serena Rivera (Lowell) 1:00.4  
800 - Trish Brown (Lowell) 2:19.2  
1600 - Trish Brown (Lowell) 5:23.1  
3200 - Chelsea Hernandez (Lowell) 12:23.0  
100 LH - Jescia Casimir (Mission) 14.3  
300 IH - Jescia Casimir (Mission) 46.9  
1600 Relay - Lowell 4:19.9  
400 Relay - Mission 49.5  
HJ - Rupinder Baldwin (McAteer) 5-2  
LJ - Elvia Peterson (Mission) 17-9 1/4  
TJ - Beatrice Westfield (Galileo) 34-0 1/2  
SP - Jaletta Befford (Galileo) 30-4 1/2  
Disc - Chaney Casimir (Lowell) 109-9

**1986 AAA T&F (5-21)**

100 - Karl Stewart (Galileo) 10.5  
200 - Karl Stewart (Galileo) 21.7  
400 - Gary Spires (Galileo) 50.2  
800 - Peter Crosse (McAteer) 1:56.6  
1600 - Keith Amirol (McAteer) 4:37.7  
3200 - Dylan Fuller (Lowell) 10:13.1  
110 HH - Cliff Bailey (Lincoln) 14.8  
300 IH - Cliff Bailey (Lincoln) 33.5  
400 Relay - Galileo 42.5  
1600 Relay - Galileo 3:24.1  
HJ - Terrence Clemente (Galileo) 6-6  
LJ - Gary Spires (Galileo) 23-9  
TJ - Joe Thomas (McAteer) 45-6  
PV - ----- Latimore (Galileo) 12-6  
SP - Sal Lualemaga (Galileo) 53-4 1/2  
Disc - Sal Lualemaga (Galileo) 163-5

GIRLS

100 - Martina Roland (Galileo) 11.9  
200 - Martina Roland (Galileo) 25.5  
400 - Michelle Stewart (Galileo) 1:00.7  
800 - Maureen Coll (Lowell) 2:32.6  
1600 - Maureen Coll (Lowell) 5:47.1  
3200 - Chelsea Hernandez (Lowell) 12:27.5  
400 Relay - Galileo 50.1  
1600 Relay - Galileo 4:20.8  
100 LH - Chara Smith (McAteer) 16.2  
300 IH - Chara Smith (McAteer) 48.1  
HJ - (tie) Emina Huseny (Lincoln) & Naima Amos (McAteer) 4-6  
LJ - Chara Smith (McAteer) 17-10 1/2  
TJ - Yolanda Burton (McAteer) 35-4 3/4  
SP - Jackie Green (McAteer) 32-0 3/4  
Disc - Chaney Casimir (Lowell) 110-6

**1987 AAA T&F (5-23)**

100 - Paul Castle (Balboa) 10.6  
400 - Paul Castle (Balboa) 51.0  
200 - Barry Smith (Mission) 22.1  
800 - Peter Hartsough (McAteer) 2:01.4  
1600 - Kevin Vincente (Washington) 4:46.2

3200 - Robert Lopez (Balboa) 10:53.0  
 110 HH - Zuri Hector (Washington) 15.2  
 300 IH - Maurice Roen (McAteer) 40.9  
 400 Relay - Mission 43.1  
 1600 Relay - Balboa 3:35.3  
 HJ - Anthony Robertson (Galileo) 6-5  
 LJ - Dominic Dupree (McAteer) 22-2  
 TJ - Kenneth Turner (McAteer) 45-8  
 PV - Terrence Latimore (Galileo) 12-6  
 SP - David Robinson (Galileo) 47-11 1/2  
 Disc - Zuri Hector (Washington) 133-0 1/2  
 GIRLS  
 100 - Ericka Allensworth (Washington) 12.2  
 200 - Ericka Allensworth (Washington) 25.9  
 400 - Michelle Stewart (Galileo) 1:00.7  
 800 - Mona Pena (Washington) 2:27.4  
 1600 - Violet Archulete (McAteer) 5:58.2  
 3200 - Nancy Bell (LOWell) 12:41.2  
 100 LH - Bobbette Cross (McAteer) 17.1  
 300 LH - Bobbette Cross (McAteer) 51.3  
 400 Relay - Galileo 52.3  
 1600 Relay - Lowell 4:32.8  
 HJ - Doris Cheng (Lowell) 4-6  
 LJ - Yolanda Burton (McAteer) 17-0 1/2  
 TJ - Yolanda Burton (McAteer) 36-8 1/4  
 SP - Jaletta Befford (Galileo) 34-3 1/2  
 Disc - Sherrif Huseny (Lincoln) 116-11

#### **1988 AAA T&F (5-21)**

100 - Barry Smith (Mission) 10.4  
 200 - Barry Smith (Mission) 21.5  
 400 - Paul Castle (Balboa) 49.7  
 800 - Michael Smith (Galileo) 2:01.7  
 1600 - Ken Skidmore (Lowell) 4:40.3  
 3200 - Ken Skidmore (Lowell) 10:34.4  
 400 Relay - Mission 43.5  
 1600 Relay - McAteer 3:28.1  
 110 HH - Zuri Hector (Washington) 14.5  
 330 IH - Paul Hadley (McAteer) 40.9  
 HJ - Zuri Hector (Washington) 6-0  
 LJ - Reggie Hairston (Wilson) 23-2  
 TJ - Zuri Hector (Washington) 44-7 1/2  
 PV - Paul Lyons (McAteer) 10-0  
 SP - Jamal Fountaine (Lincoln) 47-4  
 Disc - Victor Veal (Lowell) 155-11  
 GIRLS  
 100 - Yolanda Burton (McAteer) 12.2  
 200 - Yolanda Burton (McAteer) 25.9  
 400 - Mona Pena (Washington) 1:00.8  
 800 - Mona Pena (Washington) 2:23.2  
 1600 - Lisa Lopez (Balboa) 5:34.2  
 3200 - Lisa Lopez (Balboa) 12:45.0  
 400 Relay - McAteer 52.4  
 1600 Relay - Lowell 4:29.0  
 100 HH - Kelli Keen (Washington) 16.6  
 330 LH - Mona Pena (Washington) 51.1  
 HJ - Michelle Jules (McAteer) 4-10



LJ - Yolanda Burton (McAteer) 18-0 1/2  
TJ - Yolanda Burton (McAteer) 36-10  
SP - Jaletta Befford (Galileo) (NR)  
Disc - -----

#### **1989 AAA T&F (5-20)**

(The McAteer High track was in poor shape so running events were held across the bay in Oakland at Laney College. The 100 meters course was miss-measured at 110 meters and the mistake was not discovered until after the race was run. It was not rerun at 100meters. Boys field event results were not reported.)

100 - (actually 110) Barry Smith (Mission) 11.3

200 - Barry Smith (Mission) 21.66

300 LH - Eddie Wong (Lincoln) 39.15

110 HH - Eddie Wong (Lincoln) 15.44

400 Relay - Lincoln 42.8

1600 Relay - Lincoln 3:31.67

400 - Paul Scott (McAteer) 49.45

800 - Paul Scott (McAteer) 2:01.38

1600 - Norman Mitchell (Galileo) 4:35.97

3200 - Gabriel Donohue (Lowell) 10:26.3

#### **GIRLS**

1600 - Lisa Lopez (Balboa) 5:14.78

200 - Yolanda Burton (McAteer) 25:56

400 - Mary Ann Clark (Galileo) 1:01.92

110 LH Michelle Anderson (McAteer) 16.63

400 Relay - Washington 52.58

1600 Relay - Lowell 4:56.71

300 LH Alicia Dougherty (Lowell) 47.64

800 - Mona Pena (Washington) 2:17.1

3200 - Mona Pena (Washington) 11:54.7

HJ - Michelle Jones (McAteer) 5-1

LJ - Yolanda Burton (McAteer) 18-8 1/2

TJ - Angel Carver (Washington) 37-11 1/4

SP - Jo Cirker (Lincoln) 32-1 1/4

Disc - Hilary Byrd (Galileo) 99-11

#### **1990 AAA T&F (5-17)**

100 - Estevan Goldsmith (Lincoln) 10.95

200 - Estevan Goldsmith (Lincoln) 22.19

400 - Derek Shepard (Lincoln) 50.68

800 - Youssef Choukiri (Washington) 1:58.46

1600 - Kahassai Tafese (McAteer) 4:38.76

3200 - Gabriel Donohoe (Lowell) 10:16.03

300 LH - Corey Settles (Lowell) 41.0

110 HH - Corey Settles (Lowell) 15.78

400 Relay - Lincoln 44.4

1600 Relay - McAteer 3:37.6

HJ - Corey Settles (Lowell) 6-4

LJ - Frank Madu (McAteer) 21-10 1/2

TJ - Craig Leung (Washington) 43-9 1/2

PV - Eric Montalvo (McAteer) 11-0

SP - Donald Pollard (Lincoln) 40-6 1/2

Disc - Jevon Britton (McAteer) 129-6

#### **GIRLS**

100 - Ericka Allensworth (Washington) 12.6

200 - Biona Bradshaw (Galileo) 26.92

400 - Alicia Dougherty (Lowell) 59.97  
800 - Ramona Pena (Washington) 2:19.96  
1600 - Lisa Lopez (Balboa) 5:18.10  
3200 - Ramona Pena (Washington) 11:33.0  
100 HH - Tanya Lazar-Lee (McAteer) 14.5  
300 LH - Tanya Lazar-Lee (McAteer) 45.6  
400 Relay - Washington 49.79  
1600 Relay - Galileo 3:37.1  
HJ - Tanya Lazar-Lee (McAteer) 5-6  
LJ - Sheana Ferguson (Washington) 17-10 1/4  
TJ - Michelle Anderson (McAteer) 34-3 1/2  
SP - Zynthia Trujillo (Lowell) 29-2  
Disc - Hilary Byrd (Galileo) 103-10

**1991 AAA T&F (5-18)**

100 - Frank Madu (McAteer) 10.7  
200 - Derek Shepard (Lincoln) 21.8  
400 - Derek Shepard (Lincoln) 49.9  
800 - Dustin Rawls (Lincoln) 1:56.3  
1600 - Dustin Rawls (Lincoln) 4:28.5  
3200 - Dan Lilot (Lowell) 10:27.7  
110 HH - Corey Settles (Lowell) 15.5  
300 IH - Kevin Sanders (Lincoln) 41.4  
400 Relay - Lincoln 43.4  
1600 Relay - Lincoln 3:32.1  
HJ - Corey Settles (Lowell) 6-4  
LJ - Dustin Rawls (Lincoln) 22-8  
TJ - Minh Ly (Lowell) 42-4  
PV - Francisco Alupay (McAteer) 10-6  
SP - Donald Pollard (Lincoln) 47-0  
Disc - Jevon Britton (McAteer) 139-3

**GIRLS**

100 - Alexandra Jackson (Lowell) 12.3  
200 - Nakla Shorta (McAteer) 25.9  
400 - Marlicia Walker (Lincoln) 1:00.2  
800 - Lisa Lopez (Balboa) 2:23.6  
1600 - Lisa Lopez (Balboa) 5:15.7  
3200 - Lisa Lopez (Balboa) 12:04.3  
100 HH - Tanya Lazar-Lee (McAteer) 14.6  
300 IH - Tanya Lazar-Lee (McAteer) 47.1  
400 Relay - Lincoln 51.3  
1600 Relay - Lowell no time  
HJ - Tanya Lazar-Lee (McAteer) 5-4  
LJ - Sheana Ferguson (Washington) 18.9  
TJ - Michelle Jules (McAteer) 32-9  
SP - Hilary Byrd (Galileo) 28-11  
Disc - Hilary Byrd (Galileo) 111-9

**1992 AAA T&F (5-29)**

100 - Frank Madu (McAteer) 10.66w  
200 - Derek Shepard (Lincoln) 21.24w  
400 - Derek Shepard (Lincoln) 49.39  
800 - Spergeon Edwards (McAteer) 2:07.31  
1600 - Dan Lilot (Lowell) 4:40.2  
3200 - Alex Smith (Lowell) 10:22.9  
300 LH - Ray Cole (Lincoln) 41.98  
110 HH - Roderick Weathersby (Lincoln) 15.94

400 Relay - McAteer 46.14  
1600 Relay - McAteer 3:27.8  
HJ - Bobby Shaw (Galileo) 5-10  
LJ - Dante Corbin (Galileo) 21-10w  
TJ - Adam Powell (McAteer) 43-9w  
PV - Keith Kendall (Galileo) 10-0  
SP - Milton Turner (Galileo) 46.5  
Disc - Dan Rippen (McAteer) 130-9  
GIRLS  
100 - Alexandra Jackson (Lowell) 12.27w  
200 - Alexandra Jackson (Lowell) 25.45w  
400 - Martica Walker (Lincoln) 61.56  
800 - Julie Roddick (Lowell) 2:26.83  
1600 - Logan Hiroshima (Lowell) 5:49.4  
3200 - Julie Roddick (Lowell) 12:27.8  
100 HH - Akilah Courvson (McAteer) 15.78w  
300 LH - Nancy Vuong (Lowell) 48.19  
400 Relay - Washington 50.78  
1600 Relay - Lowell 4:09.82  
HJ - Shena Ferguson (Washington) 5-0  
LJ - Shena Ferguson (Washington) 19-2 1/2w  
TJ - Anissa Tan (Lowell) 34-0 1/4w  
SP - Kim Shea (Lowell) 33-0  
Disc - Nicole Dillard (Mission) 101-4

**1993 AAA T&F (5-29)**

100 - Rashan Sanders (Lincoln) 10.4  
200 - Walter Smith (McAteer) 21.17  
400 - Walter Smith (McAteer) 48.84  
800 - Damarcus Thomas (Lincoln) 1:59.7  
1600 - Yonathan Asmerom (McAteer) 4:35.84  
3200 - Yonathan Asmerom (McAteer) 10:28.73  
300 LH - Edward Stephney (Galileo) 41.54  
110 HH - William Benton (Galileo) 15.45  
400 Relay - McAteer 42.43  
1600 Relay - McAteer 3:23.50  
HJ - Eric Weldon (McAteer) 6-5  
LJ - Adam Powell (McAteer) 21-10 1/2  
TJ - Adam Powell (McAteer) 44-7  
PV - Keith Kendall (Galileo) 11-6  
SP - Byron Beecham (Galileo) 43-11 1/2  
Disc - David Hooker (Galileo) 144-1  
GIRLS  
100 - Alexandra Jackson (Lowell) 11.94  
200 - Alexandra Jackson (Lowell) 25.17  
400 - Marlicia Walker (Lincoln) 57-87  
800 - Marlicia Walker (Lincoln) 2:21.91  
1600 - Logan Hiroshima (Lowell) 5:31.04  
3200 - Oasii Lucero (Lowell) 12:46.0  
100 HH - Natasha Walton (Washington) 15.79  
300 LH - Kimberley Matthews (McAteer) 49.88  
400 Relay - Washington 49.19  
1600 Relay - Lowell 4:05.85  
HJ - Shena Ferguson (Washington) 5-4  
LJ - Shena Ferguson (Washington) 18-10  
TJ - Anissa Tan (Lowell) 34-8 1/4  
SP - Nicole Dillard (Mission) 30-6

Disc - Nicole Dillard (Mission) 104-2

**1994 AAA T&F (5-28)**

100 - Rashan Sanders (Lincoln) 10.5  
200 - Adam Powell (McAteer) 22.1  
400 - Raymond Lie (Lowell) 50.41  
800 - Yonathan Asmerom (McAteer) 2:00.16  
1600 - Yonathan Asmerom (McAteer) 4:31.1  
3200 - Yonathan Asmerom (McAteer) 10.08.2  
300 LH - Sean Stewart (McAteer) 40.62  
110 HH - Sean Stewart (McAteer) 15.11  
400 Relay - McAteer 42.69  
1600 Relay - Lowell 3:29.09  
LJ - Adam Powell (McAteer) 22-11  
HJ - Calvin Chanemany (McAteer) 5-10  
PV - Calvin Chanemany (McAteer) 11-0  
SP - Steve Parker (McAteer) 47-1  
TJ - Kobie Roberts (McAteer) 41-4 1/4  
Disc - Steve Parker (McAteer) 136-3

**GIRLS**

100 - Natasha Walton (Washington) 12.46  
200 - Myesha Kirtman (Lowell) 25.56  
400 - Myesha Kirtman (Lowell) 58.38  
800 - Alyssa Mellott (Lowell) 2:26.5  
1600 - Oasii Lucero (Lowell) 5:29.88  
3200 - Oasii Lucero (Lowell) 12:12.0  
100 HH - Natasha Walton (Washington) 15.84  
300 LH - Natasha Walton (Washington) 46.93  
400 Relay - Lowell 50.14  
1600 Relay - Lowell 4:06.4  
HJ - Elizabeth Leung (Lowell) 4-8  
LJ - Anissa Tan (Lowell) 17-6  
TJ - Anissa Tan (Lowell) 34-5 3/4  
SP - Varatau Pohahau (Balboa) 35-8  
Disc - Michelle Valentin (Lowell) 91-1

**1995 AAA T&F (5-27)**

100 - Joe Flood (McAteer) 10.82  
200 - Felton Charles (McAteer) 21.13  
400 - A. J. Burleson (McAteer) 50.1  
800 - Yonathan Asmerom (McAteer) 1:58.66  
1600 - Yonathan Asmerom (McAteer) 4:42.2  
3200 - Bolata Asmerom (McAteer) 9:37.8  
300 LH - Maurice Byrd (McAteer) no time  
110 HH - William Benton (Galileo) 14.8  
400 Relay - McAteer 41.9  
1600 Relay - McAteer 3:24.0  
HJ - Maurice Byrd (McAteer) 6-6  
LJ - Kobie Roberts (McAteer) 21-7 1/4  
TJ - Tino Ratliff (McAteer) 44-10 1/2  
PV - Calvin Chanemany (McAteer) 12-0  
SP - Joshua Grate (McAteer) 42-9  
Disc - Joshua Grate (McAteer) 124-3

**GIRLS**

100 - ----- Seals (Washington) 12.81  
200 - Myesha Kirtman (Lowell) 25.47  
400 - Myesha Kirtman (Lowell) 58.95

800 - ----- Price (Lowell) 2:28.68  
1600 - Osaii Lucero (Lowell) 5:18.3  
3200 - Osaii Lucero (Lowell) 11:46.1  
100 HH - Rene Warner (McAteer) 15.9  
300 LH - Rene Warner (McAteer) 48.65  
400 Relay - Lowell 50.2  
1600 Relay - Lowell 4:06.8  
HJ - Kamilah Jones (Lowell) 4-10  
LJ - Ciara Johnson-Gordon (McAteer) 17-6 1/2  
TJ - Adylia Fuller (Mission) 33-0 1/2  
PV - Osaii Lucero (Lowell) 7-0  
SP - Varatau Pohahau (Balboa) 38-9 1/2  
Disc - Varatau Pohahau (Balboa) 97-10 3/4

**1996 AAA T&F (5-??)**

100 - Joe Flood (McAteer) 11.22  
200 - Joe Flood (McAteer) 22.43  
400 - D'Marcus Williams (Lincoln) 51.09  
800 - Paul Choi (Lowell) 2:03.44  
1600 - Bolata Asmerom (McAteer) 4:15.8  
3200 - Bolata Asmerom (McAteer) 10:11.17  
300 LH - Tino Ratliff (McAteer) 41.95  
110 HH - William Benton (Galileo) 15.33  
400 Relay - McAteer 44.21  
1600 Relay - Lowell 3:34.3  
HJ - William Benton (Galileo) 6-0  
LJ - Ronald Evans (McAteer) 21-5  
TJ - Joshua Garcia (Balboa) 39-5  
PV - Nate Green (McAteer) 10-0  
SP - Joshua Grate (McAteer) 45-7  
Disc - ----- Scott (Galileo) 135-8

**GIRLS**

100 - Amy Hill (Lowell) 12.64  
200 - Amy Hill (Lowell) 26.44  
400 - Mayesha Kirtman (Lowell) 59.42  
800 - Osaii Lucero (Lowell) 2:22.64  
1600 - Jennifer Akana (Lowell) 5:02.94  
3200 - Osaii Lucero (Lowell) 11:22.5  
100 HH - Rene Warner (McAteer) 15.92  
300 LH - Mayesha Kirtman (Lowell) 46.23  
400 Relay - Lowell 50.14  
1600 Relay - Lowell 4:18.7  
HJ - Adia Thurman (Washington) 4-4  
LJ - Ciara Johnson (McAteer) 17-4 1/4  
TJ - Amy Tran (Lowell) 34-0 1/2  
PV - Amy Tran (Lowell) 7-1  
SP - Varatau Pohahau (Balboa) 41-9  
Disc - Varatau Pohahau (Balboa) 101-9

**1997 AAA T&F (5-31)**

100 - Lenny Walls (Galileo) 11.09  
200 - Ronald Evans (McAteer) 22.5  
400 - David Navarrete (Lincoln) 50.19  
800 - Suaro Cervantes (Balboa) 2:08.09  
1600 - Paul Choi (Lowell) 4:34.18  
3200 - Paul Choi (Lowell) 10:11.86  
300 LH - Tino Ratliff (McAteer) 41.69

110 HH - Tino Ratliff (McAteer) 15.3  
 400 Relay - Galileo 43.42  
 1600 Relay - Lowell 3:30.67  
 HJ - Tino Ratliff (McAteer) 5-8  
 LJ - ----- Hoang (Galileo) 21-7  
 TJ - Tan Nguyen (Lowell) 42-7  
 PV - Peter Mak (Lowell) 10-0  
 SP - Steve Parker (McAteer) 53-4  
 Disc - Steve Parker (McAteer) 145-7  
 GIRLS  
 100 - Jenni Hogg (ISA) 12.71  
 200 - Amy Hill (Lowell) 26.93  
 400 - Jenni Hogg (ISA) 56.75  
 800 - Sopagna Eap (Lowell) 2:24.69  
 1600 - Jennifer Akana (Lowell) 4:56.02  
 3200 - Susan Chou (Lowell) 11:04.31  
 100 HH - Rene Warner (McAteer) 15.39  
 300 LH - Myesha Kirtman (Lowell) 46.16  
 400 Relay - Lowell 50.02  
 1600 Relay - Lowell 4:12.72  
 HJ - Rene Warner (McAteer) 5-0  
 LJ - Ciara Johnson (McAteer) 17-6  
 TJ - Amy Tran (Lowell) 33-10 1/4  
 SP - Jennifer Speech (Lowell) 31-5  
 Disc - Adia Thurman (Galileo) 103-9 1/2

#### **1998 AAA T&F (5-?)**

100 - Charles Lawrence (McAteer) 11.40  
 200 - Martin Suen (Lowell) 23.18  
 400 - Raymond Filion (Lowell) 51.13  
 800 - Eddie Johnson (McAteer) 2:00.79  
 1600 - Jin Daikoku (Lowell) 4:39.72  
 3200 - Ritchie Jong (Lowell) 10:18.28  
 100 HH - Ronald Cuenca (McAteer) 15.77  
 300 LH - Ronald Cuenca (McAteer) 52.65  
 400 Relay - Lowell 44.07  
 1600 Relay - Washington 3:29.67  
 HJ - Jonathan Robinson (Galileo) 5-10  
 LJ - Kyle Mao (Galileo) 21-3  
 TJ - Oleg Voloshko (Washington) 44-11  
 PV - Peter Mak (Lowell) 11-9  
 SP - Sam Morgan (Washington) 42-4  
 Disc - Leonard Mitchell (Washington) 118-5  
 GIRLS  
 100 - Tanika Page (McAteer) 13.11  
 200 - Jenni Hogg (ISA) 25.55  
 400 - Jenni Hogg (ISA) 57.91  
 800 - Sopagna Eap (Lowell) 2:23.31  
 1600 - Jennifer Akana (Lowell) 4:57.84  
 3200 - Jennifer Akana (Lowell) 10:48.34  
 400 Relay - Washington 51.78  
 1600 Relay - Lowell 4:11.55  
 HJ - Dahlia Lerma (Washington) 4-8  
 LJ - Amy Tran (Lowell) 16-2 1/2  
 TJ - Amy Tran (Lowell) 14-9  
 PV - Amy Tran (Lowell) 8-0  
 SP - Nkechi Nzerem (Lowell) 32-7 1/2

Disc - Jennifer Ho (Lowell) 87-3

**1999 AAA T&F (5-29)**

100 - Steve Tate (Lincoln) 11.32  
200 - Daryl Terrell (McAteer) 22.52  
400 - Daryl Terrell (McAteer) 50.40  
800 - Jin Daikoku (Lowell) 2:02.42  
1600 - Jin Daikoku (Lowell) 4:26.87  
3200 - Robert Eap (Lowell) 10:08.58  
100 HH - Kyle Mao (Galileo) 16.50  
300 LH - Roland Lee (Lowell) 42.27  
400 Relay - McAteer 44.55  
1600 Relay - McAteer 3:28.13  
HJ - Edwin Shew (Lowell) 5-8  
LJ - Kyle Mao (Galileo) 23-0  
TJ - Michael Voong (Galileo) 41-8  
PV - Edward Green (McAteer) 11-6  
SP - Leonard Mitchell (Washington) 40-2 1/2  
Disc - Leonard Mitchell (Washington) 135-7 1/2

**GIRLS**

100 - Latalia Goins (ISA) 12.21  
200 - Latalia Goins (ISA) 25.20  
400 - Jenni Hogg (ISA) 57.50  
800 - Sopagna Eap (Lowell) 2:20.98  
1600 - Michi Kirakawa-Wong (Lowell) 5:18.75  
3200 - Sopagna Eap (Lowell) 11:36.16  
100 HH - Roshena Duree (Burton) 52.02  
300 LH - Camille Hearst (Lowell) 48.95  
400 Relay - Burton 52.02  
1600 Relay - Lowell 4:18.38  
HJ - Roshena Duree (Burton) 5-0  
LJ - Roshena Duree (Burton) 17-6 1/2  
TJ - Roshena Duree (Burton) 36-1 1/2  
PV - Megan White (Lowell) 8-6  
SP - Noni Nzerem (Lowell) 35-1  
Disc - (tie) Noni Nzerem (Lowell) & Dorothy Tam (Lowell) 80-5

**2000 AAA T&F (5-27)**

100 - Steve Tate (Lincoln) 11.12  
200 - Steve Tate (Lincoln) 22.34  
400 - Anthony Rollins (McAteer) 51.15  
800 - Jonathan Gee (Lowell) 2:04.88  
1600 - Jin Daikoku (Lowell) 4:15.13  
3200 - Robert Eap (Lowell) 10:17.88  
100 HH - Stanley Wong (Washington) 16.21  
300 LH - Stanley Wong (Washington) 43.39  
400 Relay - Lincoln 45.06  
1600 Relay - Lincoln (NR)  
HJ - Edwin Shew (Lowell) 6-2  
LJ - Raymond Ng (Galileo) 22-0 1/2  
TJ - Michael Vuong (Galileo) 44-6  
PV - Tuan Thai (Lowell) 10-6  
SP - Matt Joyner (Lincoln) 42-4  
Disc - Danny Kwong (Lowell) 124-7

**GIRLS**

100 - Latalia Goins (ISA) 11.97  
200 - Latalia Goins (ISA) 25.11

400 - Georgye Ferguson (Burton) 59.93  
800 - Maja Rusnic (ISA) 2:21.72  
1600 - Maja Rusnic (ISA) 5:13.60  
3200 - Michi Hirakawa-Wong (Lowell) 11:41.72  
100 HH - Roshena Duree (Burton) 15.59  
300 LH - Georgye Ferguson (Burton) 48.41  
400 Relay - Washington (NR)  
1600 Relay - Burton (NR)  
HJ - Georgye Ferguson (Burton) 4-8  
LJ - Roshena Duree (Burton) 18-8  
TJ - Roshena Duree (Burton) 37-11  
PV - Jacqueline Oh (Lowell) 7-6  
Disc - Erin Helm (Burton) 88-9  
SP - Noni Nzerem (Lowell) 37-0

**2001 AAA T&F (5-26)**

100 - Bradley Thomas (Lincoln) 11.44  
200 - Bradley Thomas (Lincoln) 22.94  
400 - Anthony Rollins (McAteer) 51.80  
800 - Jim Daikoku (Lowell) 2:00.15  
1600 - Jim Daikoku (Lowell) 4:40.65  
3200 - ----- Avila (McAteer)  
100 HH - Stanley Wong (Washington) 16.34  
300 LH - John Lee (Lowell) 41.52  
400 Relay - Lowell 45.93  
1600 Relay - Lowell 3:34.28  
HJ - Edwin Shew (Lowell) 6-0  
LJ - Marcel Love (Galileo) 20-7  
TJ - ----- Lau (Washington) 40-8  
PV - Tuan Thai (Lowell) 10-6  
SP - Lothell Holloway (Balboa) 41-2  
Disc - Danny Kwong (Lowell) 121-8 1/2

**GIRLS**

100 - Deanna Goodwin (ISA) 12.15  
200 - Deanna Goodwin (ISA) 25.87  
400 - Alyse Hollingsworth (ISA) 1:01.92  
800 - Maja Rusnic (ISA) 2:25.49  
1600 - ----- Harris (Lowell) 5:30.75  
3200 - Michi Hirakawa-Wong (Lowell) 11:55.34  
100 HH - Roshena Duree (Burton) 15.14  
300 LH - Roshena Duree (Burton) 47.56  
400 Relay - ISA 50.97  
1600 Relay - Lowell 4:14.44  
HJ - Shannon Toliver (Marshall) 4-10  
LJ - Roshena Duree (Burton) 17-10  
TJ - Roshena Duree (Burton) 39-7 3/4  
PV - Megan White (Lowell) 10-0  
SP - Luella Brown (Marshall) 28-7  
Disc - Nedzada Handukic (Galileo) 83-0 1/2

**2002 AAA T&F (5-25)**

100 - Daniel Rollins (Burton) 11.24w  
200 - Daniel Rollins (Burton) 22.87  
400 - Michael Spillane (Washington) 52.43  
800 - Haileab Gebreselassie (Lowell) 2:04.88  
1600 - Brandon Roe (Lowell) 4:42.29  
3200 - Brandon Roe (Lowell) 10:36.05



100 HH - William Meng (Lowell) 15.48  
300 LH - John Lee (Lowell) 40.85  
400 Relay - Washington 45.36  
1600 Relay - Lowell 3:35.50  
HJ - B. J. Wimberly (Washington) 6-4  
LJ - Marcel Love (Galileo) 20-6  
TJ - Daniel Rollins (Burton) 42-0 1/2  
PV - Luis Villavelasquez (Lowell) 11-0  
SP - Danny Kwong (Lowell) 40-6  
Disc - Danny Kwong (Lowell) 124-8  
GIRLS  
100 - Deanna Goodwin (ISA) 11.96  
200 - Deanna Goodwin (ISA) 25.22  
400 - Chauncey David-Jacobs (Burton) 58.54  
800 - Mary Lin-Lee (Lowell) 2:31.26  
1600 - Ivy Truong (Lowell) 5:39.89  
3200 - Mary Lin-Lee (Lowell) 12:33.07  
100 HH - Roshena Duree (Burton) 14.56  
300 LH - Jennifer Eng (Lowell) 49.66  
400 Relay - ISA 48.80  
1600 Relay - Burton 4:07.53  
HJ - Shannon Toliver (Marshall) 5-2 1/4  
LJ - Roshena Duree (Burton) 18-10  
TJ - Roshene Duree (Burton) 39-7  
PV - Megan White (Lowell) 10-4  
SP - Sade Kellogg-Tharp (Burton) 29-9 1/2  
Disc - Petrina Kalzuhy (Lowell) 94-7

Thanks to [John Spalding](#) for compiling this data.