

**SFUSD ATHLETIC OFFICE/CIF SAN FRANCISCO SECTION
CONDITIONS OF PARTICIPATION FOR STUDENT ATHLETES
STEROID POLICY**

The San Francisco Unified School District ("SFUSD") recognizes that the use of androgenic/anabolic steroids presents a serious health and safety hazard. Steroids can keep youth from growing to their full height; they can also cause heart disease, stroke, and damaged liver function. Men and women using steroids may develop fertility problems, personality changes, and acne. Men can also experience premature balding and development of breast tissue. These health hazards are in addition to the civil and criminal penalties for unauthorized sale, use or exchange of androgenic/anabolic steroids.

As a condition of membership in the CIF, all schools must adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools must have participating students and their parents//legal guardians/caregivers agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition.

Students participating in athletics are prohibited from possessing or using androgenic/anabolic steroids not prescribed by a physician (as recognized by the AMA) for treatment of a medical condition, whether use occurs on or off of school property. By signing below, both the participating student and the parent/legal guardian/caregiver hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician to treat a medical condition. A student who is found to have violated this agreement shall be restricted from participating in athletics and may be subject to disciplinary procedures including, but not limited to, suspension or expulsion in accordance with law, Board policy, and administrative regulation.

Student Signature

Date

Parent/Guardian/Caregiver Signature

Date