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## GIRLS VARSITY BASKETBALL LINCOLN MUSTANGS

Number	Name	Position	Year
1	Heaven Lee Wyatt	F	12
2	Jasmyn Anderson	G	12
3	Tiara Ieremia	G/F	11
4	Ciara Ieremia	G/F	11
5	Joelle Wong	G	12
11	Kaitlin Nguyen	G	11
12	Brianna Nguyen	G	11
13	Callie Kotake	F	11
14	Kei'maya Gates	F	12
15	Ashley Ma	F	10
20	Namiko Leong	G	12
21	Anjali Evans	G	9
22	Kelis Powell	G/F	11
23	Khamaiya Diaz	F	11
24	Lindsey Low	G	12
25	Katherine Chan	G	9
32	Za'Ryiah Barker	С	10



Head Coach: Alex Wong Assistant Coaches: Stephanie Lu, Jamala Sanford Athletic Director: Carl Jacobs Principal: Shari Balisi-Manalang

## GIRLS VARSITY BASKETBALL WASHINGTON EAGLES

Number	Name	<u>Position</u>	Year
1	Jolene Lally-Stephens	G/F	12
3	Jessie Chau	G	10
11	Keira Shimamoto-Tong	G	12
13	Rachel John	F	11
15	Cerene Lee	G	11
21	Kalisa Low	F	11
22	Kira Wong	G	9
23	Jessica Reyes	G	10
24	Keira Fong	G	9
25	Bethany Park	F	10
35	Jordyn Owyoung	G	12



Head Coach: Sharon Chen Assistant Coaches: Andy Leong, Patricia Lee Athletic Director: Jamie Hom Principal: John Schlauraff

## AAA/CIF San Francisco Section 2022-23

## **BASKETBALL GIRLS VARSITY**

**Standings and Results** 

## As of February 21, 2023

Team	Wins	Losses	Games Behind
Washington Eagles <b>x</b>	9	1	
Lincoln Mustangs y	8	2	1.0
Lowell Cardinals y	7	3	2.0
ICA Spartans <b>y</b>	4	6	5.0
Academy Wolves <b>y</b>	2	8	7.0
Burton Pumas y	0	10	9.0
Division 2			
Team	Wins	Losses	Games Behind
Balboa Buccaneers x	9	1	
Galileo Lions <b>y</b>	7	3	2.0
KIPP Phoenix	5	5	4.0
Mission Bears	5	5	4.0
Marshall Phoenix	4	6	5.0
CAL Hawks *	0	10	9.0
ICA 23, Washington 5			
Playoff Results: /16/23: Galileo 26, Washingto Balboa 11, Lincoln 57 Burton 12, Lowell 69 Academy 32, ICA 33 Results: /13/23: Galileo 42, KIPP 51 Balboa 56, Mission 43	7		
<ul> <li>/16/23: Galileo 26, Washingto Balboa 11, Lincoln 57 Burton 12, Lowell 69 Academy 32, ICA 33</li> <li>Results: /13/23: Galileo 42, KIPP 51 Balboa 56, Mission 44 Washington 42, Lowe</li> </ul>	7 5 ell 21		
<ul> <li>/16/23: Galileo 26, Washingto Balboa 11, Lincoln 57 Burton 12, Lowell 69 Academy 32, ICA 33</li> <li>Results:</li> <li>/13/23: Galileo 42, KIPP 51 Balboa 56, Mission 43</li> </ul>	7 5 ell 21 5 orfeit)	2/8/23: ICA 24, Lowell 56	

### AAA/CIF San Francisco Section 2022-23

## **BASKETBALL GIRLS VARSITY**

**Standings and Results** 

2/3/23: ICA 21, Lincoln 60 Washington 53, Burton 8 Marshall 35, Mission 59

2/01/23: Marshall 2, CAL 0 (forfeit)

CAL 0, KIPP 2 (forfeit)

1/30/23: Burton 22, Academy 42 KIPP 25, Balboa 42

**1/26/23: Mission 2,** CAL 0 (forfeit) **Balboa 43,** Galileo 34

1/24/23: Marshall 26, Balboa42

1/19/23: Burton 16, Lincoln 52 Galileo 40, Mission 25

1/13/23: Lincoln 31, Washington 48 Lowell 58, ICA 19 Galileo 54, Marshall 31

1/9/23: Lincoln 47, ICA 29
 ICA 52, Burton 19
 Mission 49, Marshall 33
 Lowell 59, Academy 14
 KIPP 62, CAL 12

1/4/23: Balboa 60, Marshall 38 ICA 31, Washington 59 2/02/23: Academy 35, Lowell 62

1/31/23: Academy 33, ICA 56 Lincoln 53, Burton 8 Mission 41, Galileo 44

**1/27/23: Washington 59,** Academy 17 **Lincoln 56,** Lowell 43 Burton 19, **ICA 62** 

1/25/23: Galileo 2, CAL 0 (forfeit)

- 1/20/23: Lowell 52, Washington 49 ICA 32, Academy 29 Cal 0, Marshall 2 (forfeit)
- 1/17/23: Mission 46, Balboa 41 KIPP 41, Galileo 54
- 1/11/23: Lowell 57, Burton 13 Lincoln 52, Academy 29 Marshall 32, KIPP 29 Balboa 2, CAL 0 (forfeit)
- 1/6/23: Lowell 52, Lincoln 57 Burton 14, Washington 49 Academy 20, Washington 64 Galileo 37, Balboa 39 CAL 0, Mission 2 (forfeit)

**1/3/23:** CAL 0, **Galileo 2** (forfeit) **KIPP 40**, Mission 39

\* CAL dropped after three games. All remaining games are listed as forfeits.

## AAA BASKETBALL GIRLS ANNUAL CHAMPIONS

<u>YEAR</u>	VARSITY
2022-23	
2021-22	Lowell
2020-21	Not Played
2019-20	Washington
2018-19	Lowell
2017-18	Lincoln
2016-17	Lincoln
2015-16	Lincoln
2014-15	Lowell
2013-14	Lowell
2012-13	Lowell
2011-12	Lowell
2010-11	Lowell
2009-10	Lowell
2008-09	Lincoln
2007-08	Lowell
2006-07	Lowell
2005-06	Lowell
2004-05	Marshall
2003-04	Lincoln
2002-03	Lowell

VARSITY

Lowell Lowell Not Played Lowell Lowell Lowell Lowell Lowell Lincoln Washington Lowell Lowell Lowell Lowell Lincoln Washington Lowell Lincoln Lowell Washington Washington

JUNIOR VARSITY

YEAR

### FROSH-SOPH

2001-02	Lowell	Lowell
2000-01	Washington	Lowell
1999-00	International Studies (ISA)	Washington
1998-99	Washington	International Studies (ISA)
1997-98	Washington	Washington
1996-97	Washington	Lowell
1995-96	Balboa	Marshall
1994-95	International Studies (ISA)	Lowell
1993-94	Lowell	Washington
1992-93	Balboa	
1991-92	Lincoln	
1990-91	Lowell	
1989-90	Lowell	
1988-89	Lowell	
1987-88	Wilson	
1986-87	Lowell	
1985-86	Wilson	
1984-85	Wilson	

## AAA BASKETBALL GIRLS ANNUAL CHAMPIONS (cont.)

## YEAR VARSITY

1983-84	Wilson
1982-83	McAteer
1981-82	McAteer
1980-81	Galileo
1979-80	Lowell
1978-79	Washington
1977-78	Washington
1976-77	Washington
1975-76	Lowell
1974-75	Lowell

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## BOYS VARSITY BASKETBALL LINCOLN MUSTANGS

Number	<u>Name</u>	<u>Position</u>	Year
0	Jeremyah Aquino	G	12
1	Nicolas Johnson	G	11
2	Timothy Wong	G	12
3	Ceyaan Lutt	G/F	10
4	Justin Aquino	G	12
5	Aidan Chew	G	12
10	Marvel Harris	F	12
13	Quentin Kennedy	F	12
15	Nathan Yip	F	11
23	Edmund Ma	F	12
24	Nikita Kartsev	F/C	12
30	Cortevious Taylor	F	11
32	Jason Gong	С	12
33	Jacyq Aquino	G/F	10



Head Coach: Carl Jacobs Assistant Coaches: Dondrey Gray, Ryan Chu Athletic Director: Carl Jacobs Principal: Shari Balisi-Manalang

## BOYS VARSITY BASKETBALL LOWELL CARDINALS

Number	<u>Name</u>	<u>Position</u>	Year
1	Won Kim	G	11
2	Brayden Lee	G/F	12
3	Troy Smith	G	12
5	Ethan Ly	G/F	12
10	Brandon Lee	G	11
11	Noah Louie	G	12
15	Nicholas Lee	F	11
20	Jett Tran	G	9
22	Teddy McCarty	F	12
23	Jalen Ly	G	9
25	Alex Hedger	G/F	12
30	Sean Daly	С	12
34	Russell Lee	F	11
44	Jude Moreno	С	11



Head Coach: Curtis Chan Assistant Coaches: Robert Ray, Danny Lai Athletic Director: Robert Ray Principal: Dr. Michael Jones

### AAA/CIF San Francisco Section 2022-23

## **BASKETBALL BOYS VARSITY**

**Standings and Results** 

#### As of February 22, 2023 Division 1

Team	Wins	Losses	Games Behind
Lowell Cardinals xz	13	1	
Lincoln Mustangs y	13	1	
Washington Eagles y	9	5	4.0
Galileo Lions y	8	6	5.0
Mission Bears y	7	7	6.0
Marshall Phoenix ya	3	11	10.0
Balboa Buccaneers	3	11	10.0
Wallenberg Bulldogs	0	14	13.0

Team	Wins	Losses	Games Behind
Academy Wolves <b>x</b>	13	1	
O'Connell Boilermakers y	10	4	3.0
Lycee Francais Musketeers	9	5	4.0
SFI Huskies	7	7	6.0
CAL Hawks	6	8	7.0
Burton Pumas	7	7	6.0
KIPP Phoenix	3	11	10.0
Jordan Jaguars	1	13	12.0

x—clinched first place

y—clinched playoff spot

z—wins draw for first place playoff seed

a-wins "play-in" game for final playoff spot

### **Semi-Final Results:**

2/22/23: Mission 37, Lowell 50 Washington 62, Lincoln 76

### **Playoff Results:**

2/16/23: O'Connell 30, Lowell 71 Academy 35, Lincoln 66 Marshall 43, Washington 62 Mission 70, Galileo 68 (OT)

### **Play-in Results:**

2/15/23: Balboa 45, Marshall 52

## **BASKETBALL BOYS VARSITY**

**Standings and Results** 

**Results:** 

- 2/13/23: Lincoln 38, Lowell 40 Washington 58, Galileo 55 Mission 77, Balboa 62 Marshall 53, Wallenberg 46 KIPP 0, Burton 2 (forfeit) O'Connell 16, Academy 72 Lycee 49, CAL 43 SFI 54, Jordan 55
- 2/10/23: Galileo 71, Marshall 59 Lincoln 81, Wallenberg 55 Lycee 2, KIPP 0 (forfeit)

2/7/23: KIPP 0, Lycee 2 (forfeit)

- 2/3/23: Lincoln 78, Mission 53 Marshall 55, Washington 67 Wallenberg 29, Lowell 65 Balboa 46, Galileo 65 Lycee 35, Burton 34 SFI 45, O'Connell 67 Jordan 0, KIPP 2 (forfeit) CAL 37, Academy 83
- 1/31/23: Lincoln 77, Galileo 72 Lowell 69, Balboa 31 Washington 75, Wallenberg 32 Mission 86, Marshall 62 Burton 2, Academy 0 (forfeit) KIPP 47, CAL 49 O'Connell 2, Jordan 0 (forfeit) Lycee 35, SFI 36

2/9/23: Balboa 45, Marshall 32
Galileo 72, Mission 66
Washington 47, Lowell 53
Burton 51, Jordan 50
CAL 43, SFI 47
Academy 57, Lycee 53
KIPP 39, O'Connell 82

2/11/23: Lowell 49, Mission 47

- 2/6/23: Balboa 42, Lincoln 72 Galileo 73, Wallenberg 35 Lowell 51, Marshall 33 Washington 87, Mission 77 CAL 42, Burton 23 Academy 2, Jordan 0 (forfeit) KIPP 0, SFI 2 (forfeit) O'Connell 35, Lycee 33
- 2/2/23: Academy 2, SFI 0 (forfeit) CAL 2, Jordan 0 (forfeit)

1/30/23: Lincoln 66, Balboa 36 SFI 62, KIPP 47 Jordan 37, Academy 72

## BASKETBALL BOYS VARSITY Standings and Results

- 1/27/23: Burton 40, SFI 43 KIPP 36, Academy 78 Jordan 29, Lycee 57 CAL 58, O'Connell 49
- 1/25/23: Burton 52, O'Connell 48 SFI 32, Academy 69 Jordan 32, CAL 59
- 1/20/23: Wallenberg 43, Lincoln 81 Marshall 52, Balboa 48 Mission 68, Galileo 67 (OT) Lowell 57, Washington 44
- 1/18/23: Lowell 44, Lincoln 62 Galileo 73, Washington 64 Balboa 55, Mission 74 Wallenberg 62, Marshall 63
- 1/13/23: Wallenberg 32, Galileo 75 Marshall 29, Lowell 57 Mission 78, Washington 87 Burton 57, CAL 40 Lycee 40, O'Connell 49
- 1/9/23: Galileo 66, Lincoln 92 Balboa 17, Lowell 77 Wallenberg 31, Washington 78 Marshall 17, Mission 83 Academy 66, Burton 42 CAL 53, KIPP 52 Jordan 28, O'Connell 67 SFI 37, Lycee 40
- 1/4/23: Washington 58, Lincoln 67 Balboa 59, Wallenberg 44

- 1/26/23: Marshall 53, Lincoln 76 Wallenberg 61, Mission 95 Balboa 38, Washington 57 Galileo 29, Lowell 52
- 1/24/23: Lincoln 77, Washington 70 Mission 50, Lowell 71 Marshall 46, Galileo 61 Wallenberg 27, Balboa 63
- 1/19/23: Jordan 34, Burton 49 SFI 55, Cal 46 Lycee 41, Academy 65 O'Connell 59, KIPP 55
- 1/17/23: Burton 41, KIPP 42 Academy 60, O'Connell 48 CAL 36, Lycee 41 Jordan 31, SFI 48
- 1/11/23: Mission 53, Lincoln 70 Washington 70, Marshall 60 Lowell 65, Wallenberg 15 Galileo 53, Balboa 44 Burton 32, Lycee 45 O'Connell 57, SFI 51 KIPP 48, Jordan 38 Academy 61, CAL 43
- 1/6/23: Lincoln 70, Marshall 27 Mission 75, Wallenberg 22 Washington 73, Balboa 43 Lowell 60, Galileo 42 Burton 45, SFI 33 Lycee 47, Jordan 33 KIPP 50, Academy 72 O'Connell 44, CAL 34
- 1/3/23: O'Connell 60, Burton 50

## AAA BASKETBALL BOYS ANNUAL CHAMPIONS

<u>YEAR</u>	<u>VARSITY</u>	FROSH-SOPH
2022-23		Lowell
2021-22	Lincoln	Washington
2020-21	Not Played	Not Played
2019-20	Lowell	Lincoln
2018-19	Mission	Lincoln
2017-18	Mission	Mission
2016-17	Mission *	Mission
2015-16	Mission	Mission
2014-15	Mission	Lincoln
2013-14	Lincoln	Mission
2012-13	Mission	Washington
2011-12	Mission	Mission
2010-11	Washington	Lincoln
2009-10	Mission	Washington
2008-09	Lowell	Washington
2007-08	Mission	Lowell
2006-07	Lowell	Lowell
2005-06	Lowell	Lowell
2004-05	Galileo	Lowell
2003-04	Lowell	Lowell
2002-03	Lincoln	Lincoln
2001-02	Lincoln	McAteer
2000-01	McAteer	Burton
1999-00	Lincoln	Marshall
1998-99	Lincoln	McAteer
1997-98	Galileo	Washington
1996-97	Burton	Washington
1995-96	Balboa	Marshall
1994-95	Balboa	Burton
1993-94	Balboa	Burton
1992-93	Mission	Lowell
1991-92	Mission	Lowell
1990-91	Mission	Mission
1989-90	McAteer	Mission
<u>YEAR</u>	VARSITY	JUNIOR VARSITY
1988-89	McAteer	Lowell/Galileo/Wilson
1987-88	Lincoln	Wilson

## AAA BASKETBALL BOYS ANNUAL CHAMPIONS (cont.)

<u>YEAR</u>	<u>VARSITY</u>	JUNI	OR VARSITY	<u>125's</u>		<u>115's</u>
1986-87	Lincoln McA		eer	Lowell	l	McAteer
1985-86	Balboa Lincol				l	Galileo
1984-85	McAteer Balboa				ngton	Washington
1983-84	Balboa	Lowel			0	McAteer
1982-83	Balboa	Balboa	a McAte		er	
1981-82	Washington	Washi	ngton O'Cor		nell	O'Connell
1980-81	Wilson	Balboa	a	McAteer		McAteer
1979-80	Wilson	Lincol	n	Balboa	l	Washington
1978-79	Washington	Lincol	n	McAteer		O'Connell
1977-78	Balboa	Missic	on	Washington		Balboa
1976-77	Mission	Missic	on	Lowell		McAteer
1975-76	Balboa	Balboa	a	Lowel	l	Galileo
1974-75	Lincoln	Lincol	n	Washington		Mission
1973-74	Lincoln	Washi	ngton	Washington		
1972-73	Wilson	Washi	ngton	Washi	ngton	Galileo
1971-72	Balboa	Washi	ngton	Washi	ngton	Washington
1970-71	Washington	Lincoln		Washi	ngton	Washington
1969-70	Wilson	Polyte	chnic	Washi	ngton	Washington
<u>YEAR</u>	<b>VARSITY</b>	<u>130's</u>	<u>120's</u>		<u>112's</u>	
1968-69	Sacred Heart	Sacred Heart	Lowell		Washi	ngton
1967-68	Wilson	Sacred Heart	Polytechnic		Washi	-
1966-67	Balboa	St. Ignatius	Polytechnic		Missio	on
1965-66	Lincoln	Wilson	Polytechnic		Galile	0
1964-65	St. Ignatius	Washington Mission		Lincoln		n
1963-64	Sacred Heart	Polytechnic			Mission/Washington	
1962-63	Sacred Heart	d Heart Lincoln Mission		Washi		ngton
1961-62	Sacred Heart	Polytechnic Mission/Wash			Balbo	a
1960-61	Sacred Heart	t Balboa Lincoln/Washi		ington Balboa		a
1959-60	St. Ignatius	Washington Polytechnic			Missic	on
1958-59	Polytechnic	Washington	Washington		Sacred Heart	
1957-58	Polytechnic	Polytechnic	Polytechnic		Lincol	n
1956-57	Polytechnic	Washington	Washington		Polyte	chnic
1955-56	St. Ignatius	Washington	Galileo/Washington		Sacrec	l Heart
1954-55	St. Ignatius	Lowell	Washington		St. Ign	atius
1953-54	St. Ignatius Washington		Polytechnic		Washi	ngton
1952-53	Lowell	St. Ignatius	St. Ignatius		Washi	ngton
1951-52	Washington	Washington Balboa/Lowell/ Washington		1/	Washi	ngton
1950-51	St. Ignatius	St. Ignatius	Washington/ St. Ignatius		Washington/Galileo	

## AAA BASKETBALL BOYS ANNUAL CHAMPIONS (cont.)

<u>YEAR</u>	<u>VARSITY</u>	<u>130's</u>	<u>120's</u>	<u>112's</u>
1949-50	Galileo	Washington	St. Ignatius	Washington
1948-49	Lowell	Polytechnic	Washington	Washington/Sacred Heart
1947-48	Lincoln	Lowell	Polytechnic	Commerce/Washington
1946-47	St. Ignatius	Lowell	Washington/Lincoln/ Polytechnic	Commerce
1945-46	Commerce/	Galileo/	Polytechnic	Mission
	Lowell/	Lowell		
	Mission	Commerce		
1944-45	Galileo	Galileo	Galileo	Polytechnic
	Lowell	Lowell/		
		St. Ignatius		
1943-44	Lowell	Washington	Galileo	Lowell/Galileo/
				St. Ignatius
1942-43	St. Ignatius	Mission	Galileo	Galileo
1941-42	Polytechnic	Polytechnic/ Washington	Lowell	Galileo
1940-41	Polytechnic/	Mission	Lowell	Washington
	Washington		Mission	
1939-40	Washington		Mission	
1938-39	Lowell		Polytechnic	Washington/Commerce
1937-38	Lowell			
1936-37	Lowell			Washington/Lowell
1935-36	Lowell	Polytechnic		Lowell
1934-35	Lowell	Commerce		Commerce
1933-34	Galileo	Commerce		Polytechnic
1932-33	Galileo			
1931-32	Lowell			
1930-31	Lowell			
1929-30	Lowell			
1928-29	Galileo			
1927-28	Galileo			
1926-27	St. Ignatius			
1925-26	Lick-Wilmer	ling		
1924-25	Galileo			

\* Also won State Championship

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## Principles of Pursuing Victory with Honor

- 1. The essential elements of character building and ethics in CIF sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."
- It's the duty of School Boards, superintendents, school administrators, parents and school sports leadership -including coaches, athletic
  administrators, program directors and game officials to promote sportsmanship and foster good character by teaching, enforcing, advocating and
  modeling these "six pillars of character."
- 3. To promote sportsmanship and foster the development of good character, school sports programs must be conducted in a manner that enhances the academic, emotional, social, physical and ethical development of student-athletes and teaches them positive life skills that will help them become personally successful and socially responsible.
- 4. Participation in school sports programs is a privilege, not a right. To earn that privilege, student-athletes must abide by the rules and they must conduct themselves, on and off the field, as positive role models who exemplify good character.
- 5. School Boards, superintendents, school administrators, parents and school sports leadership shall establish standards for participation by adopting and enforcing codes of conduct for coaches, athletes, parents and spectators.
- 6. All participants in high school sports must consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.
- 7. The importance of character, ethics and sportsmanship should be emphasized in all communications directed to student-athletes and their parents.
- 8. School Boards, superintendents, school administrators, parents and school sports leadership must ensure that the first priority of their student-athletes is a serious commitment to getting an education and developing the academic skills and character to succeed.
- 9. School Boards, superintendents, principals, school administrators and everyone involved at any level of governance in the CIF must maintain ultimate responsibility for the quality and integrity of CIF programs. Such individuals must assure that education and character development responsibilities are not compromised to achieve sports performance goals and that the academic, social, emotional, physical and ethical well-being of student-athletes is always placed above desires and pressured to win.
- 10. All employees of member schools must be directly involved and committed to the academic success of student athletes and the character-building goals of the school.
- 11. Everyone involved in competition including parents, spectators, associated study body leaders, and all auxiliary groups have a duty to honor the traditions of the sport and to treat other participants with respect. Coaches have a special responsibility to model respectful behavior and the duty to demand that their student-athletes refrain from disrespectful conduct including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting and inappropriate celebrations.
- 12. School Boards, superintendents, and school administrators of CIF member schools must ensure that coaches, whether paid or voluntary, are competent to coach. Training or experience may determine minimal competence. These competencies include basic knowledge of: 1) The character building aspects of sports, including techniques and methods of teaching and reinforcing the core values comprising sportsmanship and good character. 2) The physical capabilities and limitations of the age group coached as well as the first aid. 3) Coaching principles and the rules and strategies of the sport.
- 13. Because of the powerful potential of sports as a vehicle for positive personal growth, a broad spectrum of school sports experiences should be made available to all of our diverse communities.
- 14. To safeguard the health of athletes and the integrity of the sport, school sports program must actively prohibit the use of alcohol, tobacco, drugs and performance enhancing substances, as well as a demand compliance with all laws and regulations, including those related to gambling and the use o drugs.
- 15. Schools that offer athletic programs must safeguard the integrity of their programs. Commercial relationships should be continually monitored to ensure against inappropriate exploitation of the school's name or reputation. There should be no undue influence of commercial interests. In addition, sports programs must be prudent, avoiding undue dependency on particular companies or sponsors.
- 16. The profession of coaching is a profession of teaching. In addition to teaching the mental and physical dimensions of their sport, coaches, through words and example, must also strive to build the character of their athletes by teaching them to be trustworthy, respectful, responsible, fair, caring and good citizens.



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