

AAA/CJF San Francisco Section

Cross Country Champions

1915 SFAL Cross-Country (4-17)

James Fuller (Mission) 27:03 3/5

1943 AAA Cross-Country (11-25)

(First Modern Race)

Dean Stern (Poly) 13:14.2

1944 AAA Cross-Country (11-22)

Jack van der Male (Lowell) 7:22.5

1945 AAA Cross-Country (?)

results not reported

1946 AAA Cross-Country (12-3)

Walt Boehm (Mission) 7:49

1947 AAA Cross-Country (?)

Don Jones (Mission)

1948 AAA Cross-Country (12-9)

Elwyn Stribling (Commerce) 8:44.5

1949 AAA Cross-Country (11-22)

Ron Bauer (Washington) 9:30

1950 AAA Cross-Country (12-12)

Warren Fairbanks (Poly) 10:04

1951 AAA Cross-Country (11-29)

Al Carlson (Washington) 9:20.3

1952 AAA Cross-Country (11-?)

Dennis Lanterman (Washington) 9:20.3

1953 AAA Cross-Country (11-18)

Melvin Dowdell (Poly) 9:09.6

1954 AAA Cross-Country (11-?)

Ray Batz (Balboa) 9:32.2

1955 AAA Cross-Country (11-22)

Bob Hammond (Washington) 10:22.3

1956 AAA Cross-Country (11-9)

Ed Chavez (Lowell) 9:41.2

1957 AAA Cross-Country (11-22)

Andy Looby (Poly) 9:41

1958 AAA Cross-Country (11-21)

Tony Turner (Lincoln) 9:28.9

1959 AAA Cross-Country (11-18)

Ben Tucker (Poly) 9:44.8

1960 AAA Cross-Country (11-?)

Mike Gibeau (Lincoln) 9:41.8

1961 AAA Cross-Country (11-15)

Glen Diffenbough (Lowell) 9:36

1962 AAA Cross-Country (11-14)

Glen Diffenbough (Lowell) 9:36

1963 AAA Cross-Country (11-20)

Ken Howard (St. Ignatius) 9:17.4

1964 AAA Cross-Country (11-18)

Humberto Hernandez (Mission) 9:30.2

1965 AAA Cross-Country (11-24)

Fred Forsberg (Poly) 9:55.8

1966 AAA Cross-Country (11-10)

Richard Howard (St. Ignatius)

1967 AAA Cross-Country (11-15)

Willie Eashman (Washington) 10:51.1

1968 AAA Cross-Country (11-15)

Bill Johnson (Lowell) 10:32.2

1969 AAA Cross-Country (11-12)

Geoffrey Henderson (Washington)

AAA/CJF San Francisco Section

Cross Country Champions

1970 AAA Cross-Country (11-16)

Brad Duffey (Lowell) 11:22.6

1971 AAA Cross-Country (11-10)

Brad Duffey (Lowell) 11:02.8

1972 AAA Cross-Country (11-13)

Atkins Chun (Lowell)

1973 AAA Cross-Country (11-8)

Craig Nathanson (Lowell)

1974 AAA Cross-Country (?)

Steven DePount (Washington)

1975 AAA Cross-Country (?)

Michael Toscanini (Washington)

1976 AAA Cross-Country (11-10)

Bryan Millar (McAteer) 15:34

1977 AAA Cross-Country (11-2)

B – Bryan Millar (McAteer) 15:31
G – Jennifer Gong (Lowell) 13:34

1978 AAA Cross-Country (11-?)

B – Terrance McNaulty (Wilson)
G – Diane Gong (Lowell)

1979 AAA Cross-Country (12-4)

B – Marco Ibarra (Wilson) 15:50
G – Diane Gong (Lowell) 18.33

1980 AAA Cross-Country (11-19)

B – Mike Sowell (Lowell) 17:27.3
G – Laura Chalcraft (Galileo) 22:07.4

1981 AAA Cross-Country (11-17)

B – Fady Malik (Lowell) 17:52
G – Elizabeth Brown (Lowell) 20:14

1982 AAA Cross-Country (11-10)

B – Bob Richardson (Lowell)
G – Adrienne Digliesi (McAteer)

1983 AAA Cross-Country (11-15)

B – Michael Wright (Washington) 18:44.2
G – Maura Digliesi (McAteer) 20:05

1984 AAA Cross-Country (11-19)

B – Orpheus Crutchfield (Lowell) 18:05
G – Maura Digliesi (McAteer) 19.25

1985 AAA Cross-Country (11-12)

B – Dylan Fuller (Lowell) 17.59
G – Chelsea Hernandez (Lowell) 22.18

1986 AAA Cross-Country (11-21)

B – Ken Skidmore (Lowell) 17:34
G – Nancy Bell (Lowell) 22:22

1987 AAA Cross-Country (11-18)

B – Ken Skidmore (Lowell) 18:59
G – Nancy Bell (Lowell) 22:33

1988 AAA Cross-Country (11-16)

B – Luke Lim (Lowell) 19:26
G – Ramona Pena (Washington) 21:27

1989 AAA Cross-Country (11-15)

B – Gabriel Donahoe (Lowell) 18:15
G – Ramona Pena (Washington) 21:02

1990 AAA Cross-Country (11-14)

B – Dan Lilot (Lowell) 18:07
G – Lisa Lopez (Balboa) 21:12

1991 AAA Cross-Country (11-5)

B – Dan Lilot (Lowell) 18:36
G – Julianne Roddick (Lowell)

1992 AAA Cross-Country (11-18)

B – Jeremy Osterloh (Lowell) 18:46
G – Logan Hiroshima (Lowell) 22:43

1993 AAA Cross-Country (11-?)

B – Yonathan Asmeron (McAteer)
G – Logan Hiroshima (Lowell)

AAA/CIJf San Francisco Section

Cross Country Champions

1994 AAA Cross-Country (11-16)

B – Bolota Asmerom (McAteer) 17:59

G – Osaii Lucero (Lowell) 21:31

1995 AAA Cross-Country (11-?)

B – Bolota Asmerom (McAteer) 17:35

G – Oasii Lucero (Lowell) 20:56

1996 AAA Cross-Country (11-20)

B – Paul Choi (Lowell) 17:49

G – Jennifer Akana (Lowell) 19:40

1997 AAA Cross-Country (11-?)

B – Ritchie Jong (Lowell)

G – Sopanga Eap (Lowell)

1998 AAA Cross-Country (11-19)

B – Dennis Kim (Lowell) 17:48.17

G – Sopanga Eap (Lowell) 20:51.16

1999 AAA Cross-Country (11-17)

B – Jin Daikauku (Lowell) 16:56.4

G – Maja Rusnic (ISA) 20:22.3

Thanks to BASS and John Spalding for contributing to this list