

CIF SAN FRANCISCO ALL CITY XC

San Francisco, CA
Golden Gate Park



OFFICIAL MEET REPORT
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November 16, 2016

Race #5
frosch girls Frosh

FINAL RESULTS

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Finish Order	Spread
1 Lowell	21	1-2-5-6-7(8)(9)	1:52:29	22:30	1-2-5-6-7-9-10	1:17.6
2 Abraham Lincol	49	3-4-11-12-19	2:01:43	24:21	3-4-17-18-39	5:36.5
3 George Washing	89*	10-13-17-24-25(26)	2:17:20	27:28	15-20-33-48-51-52	6:27.6
4 Phillip & Sala	89*	14-15-16-21-23	2:16:21	27:17	22-26-27-44-46	4:15.7
5 Balboa	115	18-20-22-27-28	2:30:07	30:02	35-41-45-53-55	6:13.5

*Tiebreakers

George Washington	10	13	17	24	25	26
Phillip & Sala Burton	14	15	16	21	23	

INDIVIDUAL RESULTS

Athlete	Year	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
1 SOPHIA RIORDAN	SO	164	Lowell (1)	1	21:48.8	--	7:00.8	4:21.8
2 EMI STEEDMAN	FR	165	Lowell (2)	2	21:51.4	0:02.6	7:01.7	4:22.3
3 KEANA WONG	SO	17	Abraham Lincoln (1)	3	21:55.5	0:06.7	7:03.0	4:23.1
4 ELEN ZHU	FR	20	Abraham Lincoln (2)	4	22:29.0	0:40.2	7:13.8	4:29.8
5 MICHELLE WONG	FR	166	Lowell (3)	5	22:44.1	0:55.3	7:18.6	4:32.8
6 SHERRICE LAW	SO	161	Lowell (4)	6	22:57.6	1:08.8	7:23.0	4:35.5
7 KAYE CHIN	SO	157	Lowell (5)	7	23:06.4	1:17.6	7:25.8	4:37.3
8 NANCY JING	SR	90	Galileo No Score	-	23:11.4	1:22.6	7:27.4	4:38.3
9 JILLIAN CARILLO	FR	155	Lowell (6)	(8)	23:17.7	1:28.9	7:29.4	4:39.5
10 KATRINA LAU	SO	160	Lowell (7)	(9)	23:28.8	1:40.0	7:33.0	4:41.8
11 SHANIA LEE	SR	189	LOWELL No Score	-	23:37.0	1:48.2	7:35.6	4:43.4
12 MONICA CAO	JR	181	LOWELL No Score	-	23:39.9	1:51.1	7:36.6	4:44.0
13 LISA HU	SO	187	LOWELL No Score	-	23:40.8	1:52.0	7:36.8	4:44.2
14 ISABELLE SAM	FR	191	LOWELL No Score	-	23:46.6	1:57.8	7:38.7	4:45.3
15 NEIMAN SILVERII	SO	133	George Washington (1)	10	24:19.6	2:30.8	7:49.3	4:51.9
16 WENDY LI	JR	107	George Wash NO Score	-	24:25.3	2:36.5	7:51.2	4:53.1
17 LEELA WONG	FR	18	Abraham Lincoln (3)	11	24:51.4	3:02.6	7:59.5	4:58.3
18 MORIAH CHIANG	SO	10	Abraham Lincoln (4)	12	24:54.9	3:06.1	8:00.7	4:59.0
19 JIAYI CHENG	JR	182	LOWELL No Score	-	25:20.9	3:32.1	8:09.0	5:04.2
20 ALEXZ MIRANDA	FR	130	George Washington (2)	13	25:25.7	3:36.9	8:10.6	5:05.1
21 KAITLYN CHOW	SO	183	LOWELL No Score	-	25:27.8	3:39.0	8:11.3	5:05.6
22 REBECCA CAVANAUGH	SO	230	Phillip & Sala Burton (1)	14	25:34.9	3:46.1	8:13.5	5:07.0
23 ALICE LIANG	SR	108	George Wash NO Score	-	25:39.4	3:50.6	8:15.0	5:07.9
24 ESTHER CHUNG	SO	184	LOWELL No Score	-	25:47.4	3:58.6	8:17.6	5:09.5
25 NANCY ZHONG	JR	94	Galileo No Score	-	25:48.1	3:59.3	8:17.8	5:09.6
26 JANA CAM	SO	228	Phillip & Sala Burton (2)	15	25:49.4	4:00.6	8:18.2	5:09.9
27 SOPHIA DINH	SO	231	Phillip & Sala Burton (3)	16	25:51.0	4:02.2	8:18.7	5:10.2
28 MARIANN GUZMAN	JR	186	LOWELL No Score	-	25:53.8	4:05.0	8:19.6	5:10.8
29 JASMINE LIANG	SO	190	LOWELL No Score	-	25:55.4	4:06.6	8:20.1	5:11.1
30 LESLIE ZOLAN	SR	195	LOWELL No Score	-	26:07.5	4:18.7	8:24.0	5:13.5
31 TRACY TAM	JR	92	Galileo No Score	-	26:15.9	4:27.1	8:26.7	5:15.2
32 ALLISON JOU	FR	188	LOWELL No Score	-	26:16.7	4:27.9	8:27.0	5:15.3
33 MARINE YAMAGUCHI	FR	134	George Washington (3)	17	26:17.4	4:28.6	8:27.2	5:15.5

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Race #5
frosh girls Frosh**FINAL RESULTS****INDIVIDUAL RESULTS (continued)**

Athlete	Year	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM
34 SUSAN WONG	SO	194	LOWELL No Score	-	26:48.0	4:59.2	8:37.0	5:21.6
35 JASMINE OCHOA	SO	56	Balboa (1)	18	26:52.9	5:04.1	8:38.6	5:22.6
36 BELLA BRADY	JR	104	George Wash NO Score	-	26:56.3	5:07.5	8:39.7	5:23.3
37 MARCELA SALAZAR	SO	91	Galileo No Score	-	26:58.7	5:09.9	8:40.5	5:23.7
38 GRACE WEN	SO	193	LOWELL No Score	-	27:22.3	5:33.5	8:48.1	5:28.5
39 CLARE DELUCCHI	SO	12	Abraham Lincoln (5)	19	27:32.0	5:43.2	8:51.2	5:30.4
40 LISA WU	SR	114	George Wash NO Score	-	27:44.3	5:55.5	8:55.1	5:32.9
41 JASPER DWYER	SO	52	Balboa (2)	20	27:47.0	5:58.2	8:56.0	5:33.4
42 SAMANTHA CHAN	JR	105	George Wash NO Score	-	28:03.5	6:14.7	9:01.3	5:36.7
43 SELINA LIU	JR	110	George Wash NO Score	-	28:20.7	6:31.9	9:06.8	5:40.1
44 CECILY ZHU	SO	234	Phillip & Sala Burton (4)	21	29:14.3	7:25.5	9:24.1	5:50.9
45 ANAHI CASTRO ZARATE	SO	51	Balboa (3)	22	29:49.1	8:00.3	9:35.3	5:57.8
46 PATRICIA FONG	SO	232	Phillip & Sala Burton (5)	23	29:50.6	8:01.8	9:35.8	5:58.1
47 CELESTE YEUNG-PHANHDARA	SR	93	Galileo No Score	-	30:29.1	8:40.3	9:48.1	6:05.8
48 JAIME CHOI	FR	122	George Washington (4)	24	30:29.2	8:40.4	9:48.2	6:05.8
49 LAURA JIAN	JR	89	Galileo No Score	-	30:33.1	8:44.3	9:49.4	6:06.6
50 HILARY NARANGEREL	FR	111	George Wash NO Score	-	30:38.8	8:50.0	9:51.3	6:07.8
51 MICHELLE KANG	FR	126	George Washington (5)	25	30:47.2	8:58.4	9:54.0	6:09.4
52 SALWA SALEH	FR	132	George Washington (6)	(26)	31:46.2	9:57.4	10:12.9	6:21.2
53 NAOMI LOZANO	SO	55	Balboa (4)	27	32:31.2	10:42.4	10:27.4	6:30.2
54 ALYA TRUONG	JR	67	Balboa NS	-	32:33.3	10:44.5	10:28.1	6:30.7
55 SARAH HUANG	SO	54	Balboa (5)	28	33:06.4	11:17.6	10:38.7	6:37.3
56 MIA RAMIREZ	SR	112	George Wash NO Score	-	34:26.1	12:37.3	11:04.3	6:53.2