

**CIF San Francisco Section - 5/14/2022 to 5/21/2022**  
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**Results**

**Event 1 Boys 4x100 Meter Relay Frosh-Soph**

Meet: * 44.64 1983		McAteer (converted time), McAteer	
School		Finals	Points
<b>Finals</b>			
1 George Washington 'A'		48.56	10
1) Commer, Thomas 10	2) Zhu, Yibin 10		
3) Lu, Tony 10	4) Guan, Ivan 9		
5) Lew, Keaton 10	6) Li, Alan 10		
2 The Academy - San Francisco @ 'A'		J48.56	8
1) Lee, Nathan 10	2) Schmidt Simon, Gabe 9		
3) Misra, Shaan 9	4) Han, Jonathan 10		
5) Aguilar, Yolihuana 10	6)		
3 Lowell 'A'		48.63	6
1) Hoang, Terrance 9	2) Barrager, Olivier 10		
3) Nguyen, Kaiden 9	4) Lee, Russell 10		
5) Moses, Aaron 10	6) Low, Gabriel 10		
4 Balboa 'A'		53.06	4
1) Colindres, Samuel 9	2) Fung, Keith 9		
3) Tam, Theodor 9	4) Li, JianKeng 9		
5) Lantsberg, Noah 9	6) Fung, Jaden 9		
5 Galileo Academy 'A'		53.90	2
1) Liu, Caden 10	2) Recio, Alcide 10		
3) Peterson, Shepard 9	4) Gutierrez, Jumah 9		
5) Lasswed, Laith 10	6) Balwi, Majeed 10		
-- San Francisco International 'A'		DNS	
1) Portillo, Wuilmer 9	2) Varela, Oscar 9		
3) Molina, Cristian 10	4) Valladares, Eduardo 10		
5) Essadi, Mohammed 10	6) Salgado, Joshua 10		
-- Phillip & Sala Burton 'A'		DNS	
1) Navarro, Anthony 9	2) Aviles, Ruben 10		
3) Ovando, Jorge 10	4) Smith, Jeremiah 9		
5) Sibrian, Hector 9	6) Wiltz, Elijah 10		
-- Abraham Lincoln 'A'		DNS	
1) Antunovich, Dylan 9	2) Hoang, German 10		
3) Wen, Zhaojun 10	4) Lutt, Cware 9		
5) Trinh, Ethan 10	6) Banh, Kaleb 9		

**Event 2 Girls 4x100 Meter Relay Varsity**

Meet: * 48.44 1983		Mission (converted time), Mission	
School		Finals	Points
1 Lowell 'A'		51.79	10
1) Fong, Celia 11	2) Gee, Samantha 11		
3) Larsen, Enya 12	4) Carbajal, Maria (Fe) 10		
5) Chan, Christina 11	6) Lau, Breanna 11		
2 Abraham Lincoln 'A'		52.00	8
1) Laurance, Norah 10	2) Zhang, Christina 11		
3) Lin, Audrey 12	4) Langdon, Courtney 12		
5) Chung, Zoe 10	6) Pluck, Madelaine 10		
3 Balboa 'A'		56.45	6
1) Tran, Casleila 9	2) Ngo, Alicia 12		
3) Quezada, Paola 12	4) Ma, Yi Lin (Angel) 12		
5) Chiong, Joy 10	6) Dea, Kathryn 11		

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**....Event 2 Girls 4x100 Meter Relay Varsity**

4 Galileo Academy 'A'	58.25	4
1) Speech, Makayla 11	2) Huang, Shulin 12	
3) Yu, Anna 11	4) Lim, Julia 11	
5) Telfor, Mikayla 11	6) Vi, Stephanie 12	
-- George Washington 'A'	DQ	Zone 2
1) He, Rachel 11	2) Keeling, Emi 12	
3) Odenyi, Praise 10	4) Bolds, Victoria 11	
5) Fung, Michelle 11	6) O'Keefe, Kennedy 12	

**Event 3 Boys 4x100 Meter Relay Varsity**

Meet: * 41.90 1995		McAteer, McAteer	
School		Finals	Points
1 Abraham Lincoln 'A'	43.90	10	
1) Myint, Zayar 12	2) Mak, Ashton 11		
3) Kwong, Jayden 12	4) Ignacio, Kean 12		
5) Villegas, Syd 9	6) Newman, Jamelle 10		
2 Mission 'A'	44.02	8	
1) Oliver, Terrill 12	2) Webb, Marc 12		
3) Mandigo, Omari 12	4) Rackley, Omar 12		
5) Cain, Omarion 12	6)		
3 Lowell 'A'	44.10	6	
1) Louie, Noah 11	2) Kwok, Hayden 12		
3) Wong, Blake 10	4) Lawrence, Samuel 12		
5) Kimotsuki, Matthew 12	6) Lee, Ryan H. 11		
4 George Washington 'A'	44.15	4	
1) Razzak, Ayan 11	2) Lei, Quicong (Bill) 11		
3) Valdez, Yuliyen 11	4) Gurung, Dhiraj 11		
5) Cheng, Zhicong 11	6) Taylor, Jaylen 12		
5 Galileo Academy 'A'	46.48	2	
1) Lin, Leo 11	2) Zhang, Philip 11		
3) Ma, Tony 11	4) Thompson, Jarvis 11		
5) Yuen, Ching 11	6) Santos, Liam 11		
-- Phillip & Sala Burton 'A'	DQ	Passed out of Zone	
1) Hansen, Bryce 11	2) McCullough, Amariyeh 12		
3) Wiltz, Jabari 12	4) Rucker, Cedric 12		
5) Talatoa, Jahziah 12	6) Ng, Aaron 11		
-- Balboa 'A'	DQ	Passed out of Zone	
1) Lo, Lawrence 11	2) Yee, Kamaron 12		
3) Cook, Kayleb 11	4) Degroat, Noah 11		
5) Salyphanh, Lauren 11	6) Mak, Wilson 11		

**Event 4 Boys 1600 Meter Run Frosh-Soph**

Meet: * 4:33.64 5/31/2014		Luis Aragon, Lowell	
Name	Year School	Finals	Points
1 Witt, Graham	10 Lowell	4:54.81	10
2 Simons, Parker	9 George Washington	4:55.43	8
3 Schnell Heringer, Angelo	9 Phillip & Sa	4:56.39	6
4 Pierce, Henry	10 Lowell	4:59.67	4
5 Vuong, Kenneth	10 George Washington	5:02.31	2
6 Carvajal-Lomeli, Elian	10 Lowell	5:03.68	1

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**....Event 4 Boys 1600 Meter Run Frosh-Soph**

7	Mentzel, Asa	10	Lowell	5:04.33
8	Gingrich, Marcel	10	Galileo Academy	5:07.27
9	Imam, Ayman	9	George Washington	5:12.93
10	Guan, Nicholas	10	Phillip & Sa	5:25.77
11	Kwong, Nicholas	9	Galileo Academy	5:35.22
--	Debroux, Milo	10	Abraham Lincoln	DNS

**Event 5 Girls 1600 Meter Run Varsity**

=====				
Meet: * 4:56.02 1997 Jennifer Akana, Lowell				
Name	Year	School	Finals	Points
=====				
1	Holman, Jacqueline	11	Lowell	5:16.38 10
2	Satovsky, Jenna	12	Lowell	5:24.23 8
3	Jackson, Katja	12	Lowell	5:33.32 6
4	McTrang, Lois	10	Lowell	5:37.74 4
5	Swazo-Caton, Wren	11	George Washington	5:57.91 2
6	Chietti, Laila	9	Abraham Lincoln	5:58.67 1
7	Wehrheim, Freya	12	Galileo Academy	6:21.91
8	Lee, Ashley	12	Balboa	7:03.68
--	Tse, Fornia	11	Phillip & Sa	DNS
--	Deng, Janice	10	Balboa	DNS

**Event 6 Boys 1600 Meter Run Varsity**

=====				
Meet: * 4:15.13 2000 Jin Daikoku, Lowell				
Name	Year	School	Finals	Points
=====				
1	Witt, Oliver	12	Lowell	4:34.69 10
2	Lester, Benjamin	12	Lowell	4:41.11 8
3	Waldman, Jonah	12	Lowell	4:49.01 6
4	Canigula, Paolo	12	Lowell	4:52.00 4
5	Dang, Jeffrey	12	Galileo Academy	4:59.52 2
6	Aizawa, Shogo	11	Abraham Lincoln	5:21.95 1
7	Nystrom Rice, Isaac	11	The Academy	5:23.18
8	Nguyen, Clinton	12	Phillip & Sa	5:26.98
9	Kawaguchi, Kristopher	12	George Washington	5:27.10
10	Yan, Brandon	11	Phillip & Sa	5:37.24
11	Wang, Wei Hao	11	Balboa	6:11.72
--	Sirivallop, Ben	11	George Washington	DNS

**Event 7 Boys 110 Meter Hurdles 36" Int. Frosh-Soph**

=====					
Meet: * 16.22 5/26/2012 Ibrahima Mobley, Lincoln					
Name	Year	School	Finals	Wind	Points
=====					
1	Cheung, Anthony	9	Abraham Lincoln	19.21	1.9 10
2	Chung, William	9	Lowell	19.98	1.9 8
3	Carter, Teo	10	Abraham Lincoln	20.00	1.9 6
4	Paringkoan, Davyn	10	Lowell	20.02	1.9 4
5	Woodlee, Craven	9	Abraham Lincoln	20.13	1.9 2
6	Saje, Jake	9	Lowell	20.31	1.9 1
7	Tan, Ryan	10	Abraham Lincoln	20.76	1.9
8	Lau, Alvin	10	Lowell	20.77	1.9

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**Event 8 Boys 110 Meter Hurdles 39" High Varsity**

Name	Year	School	Finals	Wind	Points
Meet: * 14.24 1973			Mike Kirtman (converted time), Wilson		
Meet: 14.24 1979			Brennan Redd (converted time), Wilson		
1	Contreras, Xander	12 Abraham Lincoln	15.63	1.5	10
2	Kimotsuki, Matthew	12 Lowell	17.40	1.5	8
3	Brown, Harrison	10 Abraham Lincoln	17.61	1.5	6
4	Simmons Ayala, Kyler	12 George Washington	18.67	1.5	4
5	Cabrera, Joseph	12 Abraham Lincoln	19.79	1.5	2
6	Bodden-Howard, Max	11 Lowell	19.88	1.5	1
7	Davis, Hezekiah	11 Abraham Lincoln	20.02	1.5	
8	Javed, Saeed	11 Galileo Academy	20.08	1.5	
9	Deloatch, Zion	12 George Washington	22.15	1.5	

**Event 9 Girls 100 Meter Hurdles 33" Low Varsity**

Name	Year	School	Finals	Wind	Points
Meet: * 14.56 2002			Roshena Duree, Burton		
1	Lin, Audrey	12 Abraham Lincoln	16.82	2.0	10
2	Bolds, Victoria	11 George Washington	16.84	2.0	8
3	Grant, Malia	9 Abraham Lincoln	17.84	2.0	6
4	Pluck, Madelaine	10 Abraham Lincoln	18.94	2.0	4
5	Fong, Celia	11 Lowell	19.06	2.0	2
6	Marshall, Natalia	11 Mission	19.94	2.0	1
7	Enriquez, Caitlin (Deni)	9 Lowell	20.90	2.0	
8	Gabriel, Aleyna	10 Lowell	21.25	2.0	
9	Jeday, Amelie	10 Abraham Lincoln	22.75	2.0	
--	Kotake, Kate	10 Lowell	SCR		

**Event 10 Boys 400 Meter Dash Frosh-Soph**

Name	Year	School	Finals	Points
Meet: * 51.71 1990			Sophorn Rasmeay, Galileo	
Meet: 51.14 1980			Angelo McNeil (converted time/dist),	
1	Hazelton, Cade	10 Lowell	56.00	10
2	Sledge, Keilen	9 Phillip & Sa	56.22	8
3	Wen, Zhaojun	10 Abraham Lincoln	57.05	6
4	Nguyen, Kaiden	9 Lowell	57.29	4
5	Lutt, Cware	9 Abraham Lincoln	58.00	2
6	Low, Gabriel	10 Lowell	58.81	1
7	Jou, Alex	9 Abraham Lincoln	59.77	
8	Curiel-Miranda, Kyle	10 Abraham Lincoln	1:00.11	
9	Li, JianKeng	9 Balboa	1:00.41	

**Event 11 Girls 400 Meter Dash Varsity**

Name	Year	School	Finals	Points
Meet: * 55.63 2004			Chauncey David-Jacobs, Burton	
1	Holman, Jacqueline	11 Lowell	1:01.63	10
2	Gee, Samantha	11 Lowell	1:03.45	8
3	Knight-Weiss, Sarah	10 Lowell	1:03.51	6

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**....Event 11 Girls 400 Meter Dash Varsity**

4 Lau, Breanna	11 Lowell	1:03.52	4
5 Nguyen, Alisen	10 Abraham Lincoln	1:05.83	2
6 Zhang, Christina	11 Abraham Lincoln	1:06.31	1
7 Odenyi, Praise	10 George Washington	1:06.69	
8 Jimenez, Francela	11 Abraham Lincoln	1:09.30	
9 Chung, Zoe	10 Abraham Lincoln	1:11.48	

**Event 12 Boys 400 Meter Dash Varsity**

Name	Year	School	Finals	Points
Meet: * 47.84 1995 Felton Charles, McAteer				
1 Webb, Marc	12	Mission	50.74	10
2 Lawrence, Samuel	12	Lowell	51.36	8
3 Wong, Blake	10	Lowell	51.78	6
4 Kwong, Jayden	12	Abraham Lincoln	51.79	4
5 Mandigo, Omari	12	Mission	52.28	2
6 Louie, Noah	11	Lowell	52.78	1
7 Phipps, Moss	11	Balboa	54.07	
8 Lo, Lawrence	11	Balboa	55.08	
-- Chuop, Max	11	Abraham Lincoln	DNS	

**Event 13 Boys 100 Meter Dash Frosh-Soph**

Name	Year	School	Finals	Wind	Points
Meet: * 10.94 1985 Tom Cagle (converted time), Lincoln					
Meet: 10.94 1999 Daryl Terrell (converted time), McAteer					
1 Han, Jonathan	10	The Academy	11.57	2.5	10
2 Zhu, Yibin	10	George Washington	11.67	2.5	8
3 Lee, Russell	10	Lowell	12.20	2.5	6
4 Guan, Ivan	9	George Washington	12.21	2.5	4
5 Barrager, Olivier	10	Lowell	12.29	2.5	2
6 Lee, Nathan	10	The Academy	12.36	2.5	1
7 Hamlin, Myles	9	Abraham Lincoln	12.48	2.5	
8 Wen, Zhaojun	10	Abraham Lincoln	12.69	2.5	
-- Lu, Tony	10	George Washington	DNS	2.5	

**Event 14 Girls 100 Meter Dash Varsity**

Name	Year	School	Finals	Wind	Points
Meet: * 11.85 5/31/2003 Deanna Goodwin, Intl. Studies Academy					
1 Sampson, Maliah	9	John O'Connell	12.59	1.4	10
2 He, Rachel	11	George Washington	13.25	1.4	8
3 Keeling, Emi	12	George Washington	13.34	1.4	6
4 Speech, Makayla	11	Galileo Academy	13.42	1.4	4
5 Laurance, Norah	10	Abraham Lincoln	13.46	1.4	2
6 Grant, Malia	9	Abraham Lincoln	13.65	1.4	1
7 Wyatt, Heaven	11	Abraham Lincoln	13.70	1.4	
8 Gong, Stephanie	11	Mission	13.76	1.4	
9 Larsen, Enya	12	Lowell	13.93	1.4	

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**Event 15 Boys 100 Meter Dash Varsity**

Name	Year	School	Finals	Wind	Points
Meet: * 10.64	1982	Angelo McNeil (converted time), Galileo			
Meet: 10.64	1993	Rashan Sanders (converted time), Lincoln			
Meet: 10.64	1985	Andre Alexander (converted time), Balboa			
Meet: 10.44	1976	Tequil Willis (converted time/dist), Miss			
1 Myint, Zayar	12	Abraham Lincoln	11.03	0.7	10
2 Kwok, Hayden	12	Lowell	11.19	0.7	8
3 Rackley, Omar	12	Mission	11.20	0.7	6
4 Lei, Quicong (Bill)	11	George Washington	11.49	0.7	4
5 Valdez, Yuliyán	11	George Washington	11.51	0.7	2
6 Ignacio, Kean	12	Abraham Lincoln	11.55	0.7	1 11.548
7 Gurung, Dhiraj	11	George Washington	11.55	0.7	11.550
8 Razzak, Ayan	11	George Washington	11.57	0.7	
9 Oliver, Terrill	12	Mission	11.63	0.7	

**Event 16 Boys 800 Meter Run Frosh-Soph**

Name	Year	School	Finals	Points
Meet: * 2:01.94	1986	C. Verse (converted time), Galileo		
Meet: 2:01.74	1976	Fletcher Sanford (converted time/d		
1 Huang, Jaden	9	Lowell	2:07.71	10
2 Vazquez, Jackson	10	Galileo Academy	2:09.19	8
3 Mirza, Faaris	10	Lowell	2:12.93	6
4 Vuong, Kenneth	10	George Washington	2:15.86	4
5 Mentzel, Asa	10	Lowell	2:16.64	2
6 Simons, Parker	9	George Washington	2:17.57	1
7 Schnell Heringer, Angelo	9	Phillip & Sa	2:17.75	
8 Blackwell, Liam	10	The Academy	2:23.48	
9 Imam, Ayman	9	George Washington	2:29.14	
-- Carvajal-Lomeli, Elian	10	Lowell	DQ	Went off course
-- Gingrich, Marcel	10	Galileo Academy	DNS	
-- Debroux, Milo	10	Abraham Lincoln	DNS	

**Event 17 Girls 800 Meter Run Varsity**

Name	Year	School	Finals	Points
Meet: * 2:14.95	5/23/2015	Sierra Brill, Lowell		
1 Jackson, Katja	12	Lowell	2:24.11	10
2 Holman, Jacqueline	11	Lowell	2:24.34	8
3 Satovsky, Jenna	12	Lowell	2:25.57	6
4 Kimotsuki, Noelle	10	Galileo Academy	2:27.80	4
5 McTrang, Lois	10	Lowell	2:38.00	2
6 Nguyen, Alisen	10	Abraham Lincoln	2:38.60	1
7 Swazo-Caton, Wren	11	George Washington	2:44.30	
8 Galvez, Nazareth	12	Galileo Academy	2:51.72	
9 Wehrheim, Freya	12	Galileo Academy	2:58.13	
10 Lee, Ashley	12	Balboa	3:01.02	
-- Deng, Janice	10	Balboa	DNS	
-- Alexander, Xara	12	Abraham Lincoln	DNS	

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**Event 18 Boys 800 Meter Run Varsity**

Name	Year	School	Finals	Points
=====				
Meet: * 1:56.44		1991	Dustin Rawls (converted time), Lin	
Meet: 1:55.34		1968	Geoffrey Henderson (convert. time/	
Name	Year	School	Finals	Points
=====				
1 Witt, Oliver	12	Lowell	1:58.45	10
2 Lester, Benjamin	12	Lowell	2:00.23	8
3 Bartalos, Bruno	11	Lowell	2:07.35	6
4 Herring, Dylan	11	Lowell	2:07.54	4
5 Kawaguchi, Kristopher	12	George Washington	2:25.32	2
6 Aizawa, Shogo	11	Abraham Lincoln	2:25.92	1
7 Nguyen, Clinton	12	Phillip & Sa	2:27.06	
8 Chung, Collin	12	Balboa	2:29.41	
9 Yan, Brandon	11	Phillip & Sa	2:33.90	
10 Phipps, Moss	11	Balboa	2:34.49	

**Event 19 Girls 300 Meter Hurdles 30" Low Varsity**

Name	Year	School	Finals	Points
=====				
Meet: * 45.60		1990	Tanya Lazar-Lee, McAteer	
Name	Year	School	Finals	Points
=====				
1 Lin, Audrey	12	Abraham Lincoln	49.48	10
2 Bolds, Victoria	11	George Washington	50.79	8
3 Pluck, Madelaine	10	Abraham Lincoln	52.75	6
4 Grant, Malia	9	Abraham Lincoln	52.95	4
5 Kotake, Kate	10	Lowell	57.32	2
6 Enriquez, Caitlin (Deni)	9	Lowell	57.61	1
7 Gabriel, Aleyna	10	Lowell	1:02.68	

**Event 20 Boys 300 Meter Hurdles 36" Int. Frosh-Soph**

Name	Year	School	Finals	Points
=====				
Meet: * 41.80		2001	John Lee, Lowell	
Name	Year	School	Finals	Points
=====				
1 Saje, Jake	9	Lowell	48.08	10
2 Hoang, Terrance	9	Lowell	50.44	8
3 Woodlee, Craven	9	Abraham Lincoln	51.08	6
4 Chung, William	9	Lowell	51.51	4
5 Tan, Ryan	10	Abraham Lincoln	51.72	2
6 Lau, Alvin	10	Lowell	51.87	1
7 Cheung, Anthony	9	Abraham Lincoln	52.81	
8 Carter, Teo	10	Abraham Lincoln	55.76	

**Event 21 Boys 300 Meter Hurdles 36" Int. Varsity**

Name	Year	School	Finals	Points
=====				
Meet: * 38.18		5/31/2014	Kareem Dupree, Acad. of Art	
Name	Year	School	Finals	Points
=====				
1 Brown, Harrison	10	Abraham Lincoln	42.94	10
2 Contreras, Xander	12	Abraham Lincoln	44.08	8
3 Kimotsuki, Matthew	12	Lowell	44.48	6
4 Cabrera, Joseph	12	Abraham Lincoln	45.52	4
5 Bodden-Howard, Max	11	Lowell	45.91	2
6 Simmons Ayala, Kyler	12	George Washington	46.07	1
7 Sierra, Arjan	12	Balboa	50.32	

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**....Event 21 Boys 300 Meter Hurdles 36" Int. Varsity**

8 Javed, Saeed	11 Galileo Academy	54.11
9 Li, Kevin	11 Balboa	55.90

**Event 22 Boys 200 Meter Dash Frosh-Soph**

Meet: \* 22.34 2000 Steven Tate (converted time), Lincoln  
 Meet: 22.34 1977 Elbert Harris (converted time/dist), Balb

Name	Year	School	Finals	Wind	Points
1 Han, Jonathan	10	The Academy	24.11	1.0	10
2 Hazelton, Cade	10	Lowell	24.39	1.0	8
3 Zhu, Yibin	10	George Washington	24.47	1.0	6
4 Brancoveanu, Alexander	10	The Academy	25.19	1.0	4
5 Lutt, Cware	9	Abraham Lincoln	25.34	1.0	2
6 Lee, Russell	10	Lowell	25.39	1.0	1
7 Guan, Ivan	9	George Washington	26.03	1.0	
8 Wen, Zhaojun	10	Abraham Lincoln	26.08	1.0	
-- Schmidt Simon, Gabe	9	The Academy	DNS	1.0	

**Event 23 Girls 200 Meter Dash Varsity**

Meet: \* 24.40 5/31/2003 Deanna Goodwin, Intl. Studies Academy

Name	Year	School	Finals	Wind	Points
1 Sampson, Maliah	9	John O'Connell	26.29	1.9	10
2 Odenyi, Praise	10	George Washington	27.23	1.9	8
3 Fong, Celia	11	Lowell	27.42	1.9	6
4 He, Rachel	11	George Washington	27.45	1.9	4
5 Knight-Weiss, Sarah	10	Lowell	27.76	1.9	2
6 Speech, Makayla	11	Galileo Academy	28.31	1.9	1
7 Larsen, Enya	12	Lowell	28.45	1.9	
8 Zhang, Christina	11	Abraham Lincoln	28.61	1.9	
9 Pluck, Madelaine	10	Abraham Lincoln	28.93	1.9	

**Event 24 Boys 200 Meter Dash Varsity**

Meet: \* 21.13 1995 Felton Charles, McAteer

Name	Year	School	Finals	Wind	Points
1 Myint, Zayar	12	Abraham Lincoln	22.53	2.7	10
2 Webb, Marc	12	Mission	22.86	2.7	8
3 Valdez, Yuliyon	11	George Washington	22.98	2.7	6
4 Rackley, Omar	12	Mission	23.04	2.7	4
5 Mandigo, Omari	12	Mission	23.13	2.7	2
6 Lawrence, Samuel	12	Lowell	23.15	2.7	1
7 Kwok, Hayden	12	Lowell	23.20	2.7	
8 Lei, Quicong (Bill)	11	George Washington	23.70	2.7	
9 Mak, Ashton	11	Abraham Lincoln	24.02	2.7	



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**Event 25 Boys 3200 Meter Run Frosh-Soph**

Name	Year	School	Finals	Points
=====				
Meet: *	10:01.19	5/26/2018	Zachary Parker, Lowell	
Meet:	9:56.94	1973	John Sweeney (converted time/dist)	
Name	Year	School	Finals	Points
=====				
1 Mirza, Faaris	10	Lowell	10:59.15	10
2 Witt, Graham	10	Lowell	11:10.42	8
3 Santa, Griffin	10	Lowell	11:14.84	6
4 Guan, Nicholas	10	Phillip & Sa	11:15.48	4
5 Simons, Parker	9	George Washington	11:18.30	2
6 Stanko, Kieran	10	Lowell	11:28.22	1
7 Imam, Ayman	9	George Washington	12:54.86	
8 Vuong, Kenneth	10	George Washington	12:55.84	
9 Lantsberg, Noah	9	Balboa	13:17.24	
10 Tang, Wayland	10	Galileo Academy	13:18.89	
11 Ji, Aidan	9	Abraham Lincoln	14:16.93	
-- Debroux, Milo	10	Abraham Lincoln	SCR	

**Event 26 Girls 3200 Meter Run Varsity**

Name	Year	School	Finals	Points
=====				
Meet: *	10:48.34	1998	Jennifer Akana, Lowell	
Name	Year	School	Finals	Points
=====				
1 Satovsky, Jenna	12	Lowell	11:21.99	10
2 Parker, Abigail	12	Lowell	12:49.47	8
3 Chietti, Laila	9	Abraham Lincoln	12:52.94	6
4 Hu, Jessica-Yi	11	Lowell	13:04.60	4
5 Losekoot, Mikaela	11	Lowell	13:06.31	2
-- Alexander, Xara	12	Abraham Lincoln	SCR	

**Event 27 Boys 3200 Meter Run Varsity**

Name	Year	School	Finals	Points
=====				
Meet: *	9:37.80	1995	Bolota Asmerom, McAteer	
Meet:	9:24.64	1972	Brad Duffy (converted time/dist),	
Name	Year	School	Finals	Points
=====				
1 Witt, Oliver	12	Lowell	9:33.86*	10
2 Canigula, Paolo	12	Lowell	10:06.95	8
3 Camilli, Mathias	11	Galileo Academy	10:12.87	6
4 Waldman, Jonah	12	Lowell	10:14.72	4
5 Bartalos, Bruno	11	Lowell	10:36.86	2
6 Dang, Jeffrey	12	Galileo Academy	10:55.79	1
7 Aizawa, Shogo	11	Abraham Lincoln	12:14.91	

**Event 28 Boys 4x400 Meter Relay Frosh-Soph**

School	Finals	Points
=====		
Meet: *	3:36.37	5/28/2016
Lowell, Lowell L Ng, M Tiao, T Yuen, R Tom		
Meet:	3:35.34	1977
Lowell (converted time/dist), Lowe		
School	Finals	Points
=====		
1 Lowell 'A'	3:56.91	10
1) Mayer, Carson 10	2) Low, Gabriel 10	
3) Tu, Dexter 9	4) Huang, Jaden 9	
5) Li, Sam 9	6) Chen, Enze 9	

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**....Event 28 Boys 4x400 Meter Relay Frosh-Soph**

2	The Academy - San Francisco @ 'A'	3:58.17	8	
	1) Schmidt Simon, Gabe 9	2) Lee, Nathan 10		
	3) Han, Jonathan 10	4) Aguilar, Yolihuana 10		
	5) Misra, Shaan 9	6) Brancoveanu, Alexander 10		
3	Abraham Lincoln 'A'	4:10.07	6	
	1) Jou, Alex 9	2) Lutt, Cware 9		
	3) Antunovich, Dylan 9	4) Carter, Teo 10		
	5) Curriel-Miranda, Kyle 10	6) Tan, Ryan 10		
4	Balboa 'A'	4:47.71	2	
	1) Colindres, Samuel 9	2) Fung, Keith 9		
	3) Tam, Theodor 9	4) Li, JianKeng 9		
	5) Lantsberg, Noah 9	6) Fung, Jaden 9		
--	George Washington 'A'	DQ	4	Cut in too eartly
	1) Li, Alan 10	2) Imam, Ayman 9		
	3) Guan, Ivan 9	4) Vuong, Kenneth 10		
	5) Jackson, Lawrence 10	6) Simons, Parker 9		
--	Phillip & Sala Burton 'A'	DNS		
	1) Schnell Heringer, Angelo 9	2) Sledge, Keilen 9		
	3) Ovando, Jorge 10	4) Wiltz, Elijah 10		
	5) Navarro, Anthony 9	6)		
--	Galileo Academy 'A'	DNS		
	1) Vazquez, Jackson 10	2) Recio, Alcide 10		
	3) Gutierrez, Jumah 9	4) Lasswed, Laith 10		
	5) Balwi, Majeed 10	6)		

**Event 29 Girls 4x400 Meter Relay Varsity**

=====				
	Meet: *	3:57.61	5/24/2008	Lowell, Lowell
				K. Jarvis, L. Allston, E. Anorou, T. Purpura
	School		Finals	Points
=====				
1	Lowell 'A'	4:11.12	10	
	1) Fong, Celia 11	2) Gee, Samantha 11		
	3) Holman, Jacqueline 11	4) Carbajal, Maria (Fe) 10		
	5) Knight-Weiss, Sarah 10	6) Chan, Christina 11		
2	Abraham Lincoln 'A'	4:35.05	8	
	1) Langdon, Courtney 12	2) Nguyen, Alisen 10		
	3) Chung, Zoe 10	4) Grant, Malia 9		
	5) Jimenez, Francela 11	6) Alexander, Xara 12		
3	George Washington 'A'	4:40.31	6	
	1) He, Rachel 11	2) Keeling, Emi 12		
	3) Bolds, Victoria 11	4) Odenyi, Praise 10		
	5) O'Keefe, Kennedy 12	6) Swazo-Caton, Wren 11		
4	Balboa 'A'	4:47.57	4	
	1) Quezada, Paola 12	2) Ngo, Alicia 12		
	3) Tran, Casleila 9	4) Ma, Yi Lin (Angel) 12		
	5) Dea, Kathryn 11	6) Chiong, Joy 10		
5	Galileo Academy 'A'	5:05.01	2	
	1) Galvez, Nazareth 12	2) Kimotsuki, Noelle 10		
	3) Bailey, Jazmine 12	4) Binsfeld, Audrey 12		
	5) Huang, Shulin 12	6) Speech, Makayla 11		

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**Event 30 Boys 4x400 Meter Relay Varsity**

Meet: * 3:23.46 1993		McAteer, McAteer		Finals	Points
School					
1 Lowell 'A'				3:33.21	10
1) Louie, Noah 11		2) Kwok, Hayden 12			
3) Lawrence, Samuel 12		4) Wong, Blake 10			
5) Kimotsuki, Matthew 12		6) Lester, Benjamin 12			
2 Abraham Lincoln 'A'				3:37.20	8
1) Myint, Zayar 12		2) Chuop, Max 11			
3) Baker, Liam 12		4) Kwong, Jayden 12			
5) Villegas, Syd 9		6) Cabrera, Joseph 12			
3 George Washington 'A'				3:43.54	6
1) Taylor, Jaylen 12		2) Lei, Quicong (Bill) 11			
3) Valdez, Yuliyen 11		4) Razzak, Ayan 11			
5) Cheng, Zhicong 11		6) Simmons Ayala, Kyler 12			
-- Mission 'A'				DQ	Threw baton
1) Oliver, Terrill 12		2) Mandigo, Omari 12			
3) Rackley, Omar 12		4) Webb, Marc 12			
-- Balboa 'A'				DQ	Threw baton
1) Yee, Kamaron 12		2) Phipps, Moss 11			
3) Cook, Kayleb 11		4) Lo, Lawrence 11			
5) Chung, Collin 12		6) Sierra, Arjan 12			
-- Galileo Academy 'A'				DNS	
1) Zhang, Philip 11		2) Ma, Tony 11			
3) Yuen, Ching 11		4) Sanchez, Angel 11			
5) Javed, Saeed 11		6) Santos, Liam 11			

**Event 31 Boys Long Jump Frosh-Soph**

Meet: * 23-02.50 1985		Dominic Dupree, McAteer		Finals	Wind	Points
Name	Year	School				
1 Zhu, Yibin	10	George Washington		18-01.00	0.3	10
2 Lu, Tony	10	George Washington		17-10.50	0.5	8
3 Hamlin, Myles	9	Abraham Lincoln		17-05.25	1.1	6
4 Wong, Brandon	9	Abraham Lincoln		17-04.00	1.4	4
5 Peterson, Shepard	9	Galileo Academy		16-11.75	2.2	2
6 Chung, William	9	Lowell		16-09.50	2.2	1
7 Saje, Jake	9	Lowell		16-03.50	1.4	
8 Loo, Jeffrey	10	Lowell		16-03.00	1.8	
9 Lew, Keaton	10	George Washington		15-07.00	0.6	
10 Chen Mei, Zi Xi	9	Lowell		14-09.50	1.9	
11 Ong, Ethan	9	Abraham Lincoln		14-04.50	1.3	
12 Chan, Jaylen	9	Abraham Lincoln		14-04.00	2.0	
13 Recio, Alcide	10	Galileo Academy		14-02.00	1.6	
14 Lasswed, Laith	10	Galileo Academy		14-00.50	1.7	
15 Navarro, Anthony	9	Phillip & Sa		12-00.50	1.8	
-- Wiltz, Elijah	10	Phillip & Sa		DNS	NWI	

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**Event 32 Boys Discus Throw Frosh-Soph**

Meet: * 143-10 1976		Roy Abendroth, Lowell			
Name	Year	School	Finals	Points	
1 Lopez, Jaylen	10	Abraham Lincoln	104-03	10	
2 Pratt, Sydney	10	Galileo Academy	91-10	8	
3 Kessler, Leo	10	Abraham Lincoln	84-10	6	
4 Li, Yuan lin	10	Abraham Lincoln	81-02	4	
5 Poklay, Providence-Isiah	10	Lowell	81-00	2	
6 Flores, Henry	10	Abraham Lincoln	78-08	1	
7 Sahni, Shivam	10	Lowell	76-08		
8 Eik, Alexander	9	Lowell	71-05		
9 Ford, Gideon	9	Galileo Academy	67-03		
10 Dijkgraaf, Ayden	9	Lowell	63-02		
11 Aviles, Ruben	10	Phillip & Sa	59-09		
12 Porotesano, AJ	10	Phillip & Sa	54-02		
-- Sibrian, Hector	9	Phillip & Sa	DNF		
-- Smith, Jeremiah	9	Phillip & Sa	DNS		

**Event 33 Boys Shot Put 10lb Shot Frosh-Soph**

Meet: * 54-10 1977		Alonzo Fluker, Galileo			
Name	Year	School	Finals	Points	
1 Li, Yuan lin	10	Abraham Lincoln	39-01.00	10	
2 Lopez, Jaylen	10	Abraham Lincoln	36-06.25	8	
3 Flores, Henry	10	Abraham Lincoln	35-09.75	6	
4 Eik, Alexander	9	Lowell	34-00.00	4	
5 Pratt, Sydney	10	Galileo Academy	J34-00.00	2	
6 Castro, Erix	10	San Francisc	32-10.00	1	
7 Essadi, Mohammed	10	San Francisc	31-04.50		
8 Sibrian, Hector	9	Phillip & Sa	31-00.75		
9 Valeriano, Miguel Angel	9	San Francisc	31-00.00		
10 Poklay, Providence-Isiah	10	Lowell	30-04.25		
11 Porotesano, AJ	10	Phillip & Sa	30-03.00		
12 Dijkgraaf, Ayden	9	Lowell	28-11.00		
13 Sahni, Shivam	10	Lowell	28-03.00		
14 Kessler, Leo	10	Abraham Lincoln	26-10.00		
15 Ford, Gideon	9	Galileo Academy	26-00.75		
16 Tam, Theodor	9	Balboa	26-00.25		
17 Aviles, Ruben	10	Phillip & Sa	24-06.00		
-- Rodriguez, Leonardo	9	San Francisc	DNS		
-- Smith, Jeremiah	9	Phillip & Sa	DNS		

**Event 34 Boys Triple Jump Frosh-Soph**

Meet: * 44-11 1976		Cedric Young, Balboa				
Name	Year	School	Finals	Wind	Points	
1 Chung, William	9	Lowell	36-03.00	2.6	10	
2 Peterson, Shepard	9	Galileo Academy	35-01.50	3.0	8	
3 Sledge, Keilen	9	Phillip & Sa	34-07.25	1.5	6	
4 Wong, Brandon	9	Abraham Lincoln	34-01.50	2.7	4	
5 Li, Alan	10	George Washington	33-00.50	3.5	2	
6 Hamlin, Myles	9	Abraham Lincoln	32-11.00	1.2	1	

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**....Event 34 Boys Triple Jump Frosh-Soph**

7 Loo, Jeffrey	10 Lowell	31-11.75	3.1
8 Saje, Jake	9 Lowell	31-08.00	3.8
9 Cheung, Anthony	9 Abraham Lincoln	31-07.50	3.4
10 Mei, Devin	9 Lowell	27-02.00	2.7
11 Lasswed, Laith	10 Galileo Academy	26-04.50	2.2
-- Judd, Jake	9 Abraham Lincoln	DNS	NWI

**Event 35 Boys Pole Vault Frosh-Soph**

Opening Height 7'0"  
 Meet: \* 12-04 1980 James McClanahan, Galileo

Name	Year School	Finals	Points
1 Kauffman, Levi	10 Lowell	9-00.00	10
2 Wong, Brandon	9 Abraham Lincoln	7-06.00	8
3 Tan, Ryan	10 Abraham Lincoln	J7-06.00	6
4 Cheung, Anthony	9 Abraham Lincoln	J7-06.00	4
-- Trinh, Ethan	10 Abraham Lincoln	DNS	

**Event 36 Boys High Jump Frosh-Soph**

Opening Height 4'4"  
 Meet: \* 6-03.50 1981 Justin Brown, Galileo

Name	Year School	Finals	Points
1 Peterson, Shepard	9 Galileo Academy	5-04.00	10
2 Lu, Tony	10 George Washington	4-08.00	8
3 Wong, Brandon	9 Abraham Lincoln	4-00.00	6

**Event 37 Girls Long Jump Varsity**

Meet: \* 19-02.50 1992 Shena Ferguson, Washington

Name	Year School	Finals	Wind	Points
1 Laurance, Norah	10 Abraham Lincoln	16-02.00	3.2	10
2 Ma, Yi Lin (Angel)	12 Balboa	15-00.00	2.6	8
3 Wyatt, Heaven	11 Abraham Lincoln	14-06.00	1.4	6
4 Trinh, Haley	12 Abraham Lincoln	14-01.00	0.8	4
5 Chu, Grace	11 Lowell	14-00.00	2.0	2
6 Gong, Stephanie	11 Mission	J14-00.00	0.6	1
7 Tran, Casleila	9 Balboa	13-09.00	1.2	
8 Wong, Joelle	11 Abraham Lincoln	13-08.00	1.3	
9 Ling, Kayla	11 Lowell	13-06.00	1.2	
10 Tam, Erin	11 George Washington	12-04.00	1.9	
11 Telfor, Mikayla	11 Galileo Academy	12-03.00	1.5	
12 Lim, Julia	11 Galileo Academy	9-04.00	1.6	
-- Smith, Nia	12 Immaculate C	DNS	NWI	

**Event 38 Boys Long Jump Varsity**

Meet: \* 25-03.50 1981 Ken Frazier, Mission

Name	Year School	Finals	Wind	Points
1 Chiera Sciammas, Nicolo	12 Lowell	21-03.00	1.7	10

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**....Event 38 Boys Long Jump Varsity**

2	McCullough, Amariyeh	12	Phillip & Sa	20-11.00	3.1	8
3	Thompson, Jarvis	11	Galileo Academy	20-04.00	1.4	6
4	Baker, Liam	12	Abraham Lincoln	20-01.00	2.9	4
5	Lin, Leo	11	Galileo Academy	19-04.00	3.1	2
6	Oliver, Terrill	12	Mission	19-02.00	2.4	1
7	Chan, Haden	11	Lowell	18-04.00	1.8	
8	Newman, Jamelle	10	Abraham Lincoln	17-09.00	1.8	
9	Dyer, Grant	12	Abraham Lincoln	17-07.00	1.6	

**Event 39 Girls Triple Jump Varsity**

Meet: \* 39-07.75 2001 Roshena Duree, Burton

Name	Year	School	Finals	Wind	Points
1	Laurance, Norah	10	Abraham Lincoln	33-07.00	3.5 10
2	Wong, Joelle	11	Abraham Lincoln	30-06.00	4.7 8
3	Chu, Grace	11	Lowell	30-00.00	1.9 6
4	Anderson, Jasmine	11	Abraham Lincoln	29-11.00	1.1 4
5	Antonio, Mia	12	Abraham Lincoln	29-04.00	3.7 2
6	Ling, Kayla	11	Lowell	28-05.00	3.9 1
7	Yu, Anna	11	Galileo Academy	27-08.00	2.0
8	Lim, Julia	11	Galileo Academy	27-02.00	2.3

**Event 40 Boys Triple Jump Varsity**

Meet: \* 50-03.75 1981 Ken Frazier, Mission

Name	Year	School	Finals	Wind	Points
1	Chiera Sciammas, Nicolo	12	Lowell	41-06.00	1.8 10
2	Thompson, Jarvis	11	Galileo Academy	41-05.00	4.2 8
3	Lin, Leo	11	Galileo Academy	41-01.00	2.3 6
4	Baker, Liam	12	Abraham Lincoln	40-02.00	3.4 4
5	Banh, Kaleb	9	Abraham Lincoln	37-02.00	4.1 2
6	Lin, Steven	11	George Washington	35-08.00	1.6 1
7	Chan, Haden	11	Lowell	35-04.00	1.8
8	Yee, Kamaron	12	Balboa	35-01.00	4.3
9	Lee, Ryan H.	11	Lowell	34-08.00	0.7
10	Salyphanh, Lauren	11	Balboa	33-04.00	2.9
11	Liang, Kenny	11	Galileo Academy	27-10.00	3.7
--	Dyer, Grant	12	Abraham Lincoln	DNS	NWI
--	Lauer, William	9	Abraham Lincoln	DNS	NWI

**Event 41 Girls Discus Throw Varsity**

Meet: \* 161-11 5/27/2017 Pamela Amaechi, Abraham Linc

Name	Year	School	Finals	Points
1	Hutcherson, Leina	12	Abraham Lincoln	91-05 10
2	Wong, Megan	11	Lowell	89-08 8
3	Barker, Za'Ryiah	9	Abraham Lincoln	88-05 6
4	Marshall, Natalia	11	Mission	83-08 4
5	Manumua, Salome	11	Abraham Lincoln	76-10 2
6	Lew, Madison	12	Abraham Lincoln	74-06 1
7	Yen, Kaitlin	12	Lowell	71-09

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**....Event 41 Girls Discus Throw Varsity**

8 Cost, Cora	11 Lowell	70-03
9 Nicholson Smith, Jordan	12 Mission	66-06
10 Godizano, Ruth	10 Lowell	61-04
11 Liu, Tiffany	12 Phillip & Sa	37-00

**Event 42 Boys Discus Throw Varsity**

Meet: \* 170-01.50 1960 Alex Darnes, Polytechnic

Name	Year School	Finals	Points
1 Diaz Padilla, Jacob	10 Abraham Lincoln	112-11	10
2 Pena, Gabriel	12 Abraham Lincoln	106-10	8
3 Tato, Gabriel	9 Abraham Lincoln	106-05	6
4 Asiasi, Ed	11 Lowell	106-02	4
5 Kuang, Vincent	12 Lowell	105-05	2
6 Ogilve, Amonte	12 Abraham Lincoln	102-10	1
7 Lee, Matthew	12 Lowell	101-01	
8 King, William	12 Mission	100-11	
9 Feng, Andrew	12 Lowell	95-01	
10 Wu, Danny	11 George Washington	92-05	
11 Cain, Omarion	12 Mission	83-06	
12 Alanis, Frank	11 George Washington	73-03	
-- Alferez, David	12 Phillip & Sa	DNS	

**Event 43 Girls Shot Put Varsity**

Meet: \* 48-11 5/29/2010 Chioma Amaechi, Lincoln

Name	Year School	Finals	Points
1 Hutcherson, Leina	12 Abraham Lincoln	32-11.50	10
2 Wong, Megan	11 Lowell	29-05.00	8
3 Manumua, Salome	11 Abraham Lincoln	28-03.75	6
4 Godizano, Ruth	10 Lowell	26-09.25	4
5 Cost, Cora	11 Lowell	26-00.50	2
6 Marshall, Natalia	11 Mission	25-03.25	1
7 Lew, Madison	12 Abraham Lincoln	24-10.00	
8 Nicholson Smith, Jordan	12 Mission	24-01.00	
9 Barker, Za'Ryiah	9 Abraham Lincoln	21-02.25	
10 Liu, Tiffany	12 Phillip & Sa	19-01.00	
11 Yen, Kaitlin	12 Lowell	15-05.25	

**Event 44 Boys Shot Put Varsity**

Meet: \* 60-09.25 1957 Mike Lewis, Lincoln

Name	Year School	Finals	Points
1 Wu, Danny	11 George Washington	40-03.00	10
2 Ogilve, Amonte	12 Abraham Lincoln	39-00.75	8
3 Horne, Melvin	11 Abraham Lincoln	38-06.25	6
4 Kuang, Vincent	12 Lowell	36-09.25	4
5 Davis, Hezekiah	11 Abraham Lincoln	35-09.75	2
6 Mak, Wilson	11 Balboa	33-05.75	1
7 Cain, Omarion	12 Mission	33-01.50	
8 Lee, Matthew	12 Lowell	33-01.25	

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**....Event 44 Boys Shot Put Varsity**

9 King, William                      12 Mission                      32-10.75

**Event 45 Girls High Jump Varsity**

Opening Height 4'2"

Meet: \* 5-06 1990                      Tanya Lazar-Lee, McAteer

Name	Year	School	Finals	Points
1 Bailey, Jazmine	12	Galileo Academy	4-08.00	10
2 Gee, Samantha	11	Lowell	4-06.00	8
3 Larsen, Enya	12	Lowell	4-04.00	6
4 Antonio, Mia	12	Abraham Lincoln	4-02.00	3
4 Lau, Breanna	11	Lowell	4-02.00	3
6 Gong, Stephanie	11	Mission	J4-02.00	1
7 Anderson, Jasmine	11	Abraham Lincoln	J4-02.00	
-- Tam, Melissa	11	Lowell	DNF	
-- Wong, Joelle	11	Abraham Lincoln	DNF	
-- Burruel, Annalisa	12	Abraham Lincoln	DNF	

**Event 46 Boys High Jump Varsity**

Opening Height 4'10"

Meet: \* 7-00.25 1983                      Maurice Crumby, Balboa

Name	Year	School	Finals	Points
1 Baker, Liam	12	Abraham Lincoln	5-08.00	10
2 Itgel, Munkhtushig	11	Lowell	5-06.00	7
2 Chiera Sciammas, Nicolo	12	Lowell	5-06.00	7
4 Dyer, Grant	12	Abraham Lincoln	5-02.00	4
5 Deloatch, Zion	12	George Washington	J5-02.00	2
6 Fitzsimmons, Quinn	11	Lowell	5-00.00	1
7 Banh, Kaleb	9	Abraham Lincoln	J5-00.00	
8 Jensen, Henrik	11	Abraham Lincoln	J5-00.00	

**Event 47 Girls Pole Vault Varsity**

Opening Height 6'0"

Meet: \* 10-05 5/19/2019                      Elen Zhu, Abraham Linc

Name	Year	School	Finals	Points
1 Lin, Audrey	12	Abraham Lincoln	8-06.00	10
2 Zhang, Christina	11	Abraham Lincoln	8-00.00	8
3 Marshall, Natalia	11	Mission	7-06.00	6
4 Jeday, Amelie	10	Abraham Lincoln	7-00.00	4
5 Piechota, Stella	11	Abraham Lincoln	6-06.00	2

**Event 48 Boys Pole Vault Varsity**

Opening Height 8'6"

Meet: \* 14-02 1981                      James McClanahan, Galileo

Name	Year	School	Finals	Points
1 Chamberlin, Miles	12	Abraham Lincoln	13-09.00	10
2 Jensen, Henrik	11	Abraham Lincoln	12-00.00	8



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**....Event 48 Boys Pole Vault Varsity**

3 Mitchell, Isaiah	12 Abraham Lincoln	10-00.00	6
4 Mak, Ashton	11 Abraham Lincoln	8-06.00	4
-- Saraf, Isaiah (Shaia)	11 Lowell	DNS	

**Event 49 Girls 4x100 Meter Relay Frosh-Soph**

Meet: \* 51.64 5/25/2013 Lowell, Lowell  
M Quan, V Yee, C Ta, M Jones

School	Finals	Points
1 Galileo Academy 'A'	56.46	10
1) Perkins, Emani 10	2) Titus, Selah 9	
3) Lao, Niki 10	4) Chan, Genevieve 10	
5) Romeu, Isabella 10	6)	
2 George Washington 'A'	57.53	8
1) Perez, Sophia 10	2) Nim, Kaylee 10	
3) Sok, Calianne 9	4) Chang, Yasmin 9	
5) Wong, Caitlin 10	6) Manuel, Sophia 9	
3 Abraham Lincoln 'A'	57.58	6
1) Choi, Cassidy 10	2) Giron, Vanessa 10	
3) Ling, Molly 10	4) Reeves, Jordan 9	
5) Ku, Hannah 10	6) Nham, Nghi 9	
-- Lowell 'A'	DQ	Zone Violation
1) Lin, Layla 10	2) Gaede, Moira 10	
3) Yuen, Alexis 10	4) Altamirano, Sapphire 9	
5) Ito, Kanna 10	6) Muir, Latonya 9	

**Event 50 Girls 1600 Meter Run Frosh-Soph**

Meet: \* 5:40.17 5/31/2014 Annie Zhou, Lowell

Name	Year School	Finals	Points
1 Wu, Connie	10 Lowell	6:05.66	10
2 Adams, Mirabel	9 Lowell	6:05.90	8
3 Moore, Eliza	9 George Washington	6:23.11	6
4 Godfredson, Sofie	9 Galileo Academy	6:28.12	4
5 Kavanagh, Tara	9 Abraham Lincoln	6:42.27	2
6 Duhigg, Mia	9 George Washington	6:43.82	1
7 Lao, Niki	10 Galileo Academy	6:44.94	
-- Koroknay, Angelina	9 Lowell	DNS	
-- Derisi, Marina	10 Lowell	DNS	

**Event 51 Girls 100 Meter Hurdles 30" Low Frosh-Soph**

Meet: \* 17.00 5/21/2016 Parker Jones, Galileo Acad

Name	Year School	Finals	Wind	Points
1 Gestrach, Milena	10 Abraham Lincoln	19.11	0.3	10
2 Altamirano, Sapphire	9 Lowell	19.34	0.3	8
3 Manuel, Sophia	9 George Washington	19.38	0.3	6
4 Sok, Calianne	9 George Washington	19.73	0.3	4
5 Tolentino, Glyza	9 Lowell	19.99	0.3	2
6 Sen, Katelyn	9 Lowell	21.65	0.3	1
7 Chan, Jolee	9 Abraham Lincoln	21.82	0.3	

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**....Event 51 Girls 100 Meter Hurdles 30" Low Frosh-Soph**

8 Freeman, Zoe	9 Abraham Lincoln	22.05	0.3
9 Lee, Faye	9 Lowell	22.14	0.3

**Event 52 Girls 400 Meter Dash Frosh-Soph**

Meet: \* 1:00.71 5/26/2007 Katherine Jarvis, Lowell

Name	Year	School	Finals	Points
1 Taylor, Kiara	10	The Academy	1:05.34	10
2 Irias, Amy	9	Lowell	1:09.76	8
3 St. Onge, Niyah	10	Lowell	1:09.89	6
4 Nham, Nghi	9	Abraham Lincoln	1:12.72	4
5 Ku, Hannah	10	Abraham Lincoln	1:13.68	2
6 Muir, Latonya	9	Lowell	1:14.85	1
7 He, Vanessa	9	Abraham Lincoln	1:16.87	
-- Freeman, Zoe	9	Abraham Lincoln	DNS	

**Event 53 Girls 100 Meter Dash Frosh-Soph**

Meet: \* 12.72 5/30/2009 Melanie Speech, Lowell

Name	Year	School	Finals	Wind	Points
1 Glapion, Mirabella	9	The Academy	13.29	1.7	10
2 Sen, Katelyn	9	Lowell	13.70	1.7	8
3 Reeves, Jordan	9	Abraham Lincoln	14.02	1.7	6
4 Tolentino, Rojean	10	Immaculate C	14.44	1.7	4
5 Altamirano, Sapphire	9	Lowell	14.62	1.7	2
6 Nim, Kaylee	10	George Washington	14.70	1.7	1
7 Perez, Sophia	10	George Washington	14.83	1.7	
8 Choi, Cassidy	10	Abraham Lincoln	14.87	1.7	
9 Ling, Molly	10	Abraham Lincoln	14.99	1.7	

**Event 54 Girls 800 Meter Run Frosh-Soph**

Meet: \* 2:30.71 5/25/2013 Tianna Marrable, Burton

Name	Year	School	Finals	Points
1 Taylor, Kiara	10	The Academy	2:41.93	10
2 Wu, Connie	10	Lowell	2:42.05	8
3 Moore, Eliza	9	George Washington	2:45.16	6
4 Gestrich, Milena	10	Abraham Lincoln	2:50.34	4
5 Irias, Amy	9	Lowell	2:54.60	2
6 Lin, Layla	10	Lowell	3:00.49	1
7 Kavanagh, Tara	9	Abraham Lincoln	3:03.08	
8 Lao, Niki	10	Galileo Academy	3:03.45	
9 Godfredson, Sofie	9	Galileo Academy	3:04.91	
10 Gaede, Moira	10	Lowell	3:06.34	
-- Duhigg, Mia	9	George Washington	DNS	

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**Event 55 Girls 300 Meter Hurdles 30" Low Frosh-Soph**

Meet: \* 50.35 5/24/2008 Katherine Gao, Lowell

Name	Year	School	Finals	Points
1 Altamirano, Sapphire	9	Lowell	55.32	10
2 Sok, Calianne	9	George Washington	55.33	8
3 Sen, Katelyn	9	Lowell	56.67	6
4 Manuel, Sophia	9	George Washington	57.24	4
5 Gestrich, Milena	10	Abraham Lincoln	57.36	2
6 Tolentino, Glyza	9	Lowell	1:03.95	1
7 Chan, Jolee	9	Abraham Lincoln	1:09.38	
-- Lee, Faye	9	Lowell	DNS	
-- Freeman, Zoe	9	Abraham Lincoln	SCR	

**Event 56 Girls 200 Meter Dash Frosh-Soph**

Meet: \* 26.12 5/26/2007 Katherine Jarvis, Lowell

Name	Year	School	Finals	Wind	Points
1 Glapion, Mirabella	9	The Academy	28.39	1.5	10
2 Titus, Selah	9	Galileo Academy	29.74	1.5	8
3 Reeves, Jordan	9	Abraham Lincoln	30.23	1.5	6
4 Muir, Latonya	9	Lowell	30.28	1.5	4
5 Nim, Kaylee	10	George Washington	30.38	1.5	2
6 Ku, Hannah	10	Abraham Lincoln	31.25	1.5	1
7 St. Onge, Niyah	10	Lowell	31.27	1.5	
8 Perez, Sophia	10	George Washington	31.32	1.5	
9 Nham, Nghi	9	Abraham Lincoln	31.74	1.5	

**Event 57 Girls 3200 Meter Run Frosh-Soph**

Meet: \* 12:29.63 5/28/2005 Cynthia Leung, Lowell

Name	Year	School	Finals	Points
1 Adams, Mirabel	9	Lowell	14:00.16	10
2 Irias, Amy	9	Lowell	15:47.04	8
3 Kavanagh, Tara	9	Abraham Lincoln	16:23.64	6
-- Moore, Eliza	9	George Washington	DNS	
-- Derisi, Marina	10	Lowell	SCR	
-- Koroknay, Angelina	9	Lowell	SCR	

**Event 58 Girls 4x400 Meter Relay Frosh-Soph**

Meet: \* 4:16.66 5/25/2013 Lowell, Lowell  
V Yee, M Quan, C Ta, T Wang

School	Finals	Points
1 George Washington 'A'	4:59.68	10
1) Manuel, Sophia 9		
2) Sok, Calianne 9		
3) Perez, Sophia 10		
4) Nim, Kaylee 10		
5) Ocampo, Jezuzette 9		
6) Moore, Eliza 9		
2 Abraham Lincoln 'A'	5:13.46	8
1) Nham, Nghi 9		
2) Ku, Hannah 10		
3) Kavanagh, Tara 9		
4) Giron, Vanessa 10		
5) Freeman, Zoe 9		
6) He, Vanessa 9		

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**....Event 58 Girls 4x400 Meter Relay Frosh-Soph**

-- Lowell 'A' DQ Interference  
 1) Sen, Katelyn 9 2) Muir, Latonya 9  
 3) St. Onge, Niyah 10 4) Wu, Connie 10  
 5) Yu, Wingyan 10 6) Ito, Kanna 10

**Event 59 Girls Long Jump Frosh-Soph**

Meet: \* 16-09.75 5/27/2009 Melanie Speech, Lowell

Name	Year School	Finals	Wind	Points
1 Reeves, Jordan	9 Abraham Lincoln	13-04.50	2.0	10
2 Ito, Kanna	10 Lowell	13-04.00	2.6	8
3 Ling, Molly	10 Abraham Lincoln	13-03.00	1.2	6
4 Scott, Tori	10 Immaculate C	13-01.00	3.4	4
5 He, Vanessa	9 Abraham Lincoln	12-04.50	2.6	2
6 Pringle, Neveah	10 Galileo Academy	12-01.00	2.3	1
7 Tolentino, Rojean	10 Immaculate C	11-10.25	2.1	
8 Yuen, Alexis	10 Lowell	11-09.50	2.8	
9 Gaede, Moira	10 Lowell	11-02.00	2.4	
10 Chan, Jolee	9 Abraham Lincoln	10-03.00	+0.0	
11 Lin, Layla	10 Lowell	10-02.00	3.3	
-- Perkins, Emani	10 Galileo Academy	DNS	NWI	

**Event 60 Girls Discus Throw Frosh-Soph**

Meet: \* 100-10.50 5/21/2008 Chioma Amaechi, Lincoln

Name	Year School	Finals	Points
1 Turnbull, Mary	10 Lowell	77-02	10
2 Jackson, Rosa	9 Lowell	75-06	8
3 Tran, Yanette	10 Lowell	64-05	6
4 Choi, Cassidy	10 Abraham Lincoln	64-04	4
5 Carter, Envee	9 Abraham Lincoln	53-01	2
6 Martinez, Valerie	10 Abraham Lincoln	40-05	1
-- Groom, Vailana	10 Lowell	DNS	

**Event 61 Girls Shot Put Frosh-Soph**

Meet: \* 33-04 5/27/2009 Melanie Speech, Lowell

Name	Year School	Finals	Points
1 Tran, Yanette	10 Lowell	26-10.25	10
2 Jackson, Rosa	9 Lowell	23-11.00	8
3 Choi, Cassidy	10 Abraham Lincoln	20-10.50	6
4 Carter, Envee	9 Abraham Lincoln	20-03.50	4
5 Ito, Kanna	10 Lowell	18-09.50	2
-- Martinez, Valerie	10 Abraham Lincoln	DNS	
-- Turnbull, Mary	10 Lowell	DNS	

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**Event 62 Girls Triple Jump Frosh-Soph**

Meet: \* 34-00.50 5/23/2007 Stephanie Cheung, Lowell

Name	Year	School	Finals	Wind	Points
1 Ling, Molly	10	Abraham Lincoln	27-10.75	3.1	10
2 He, Vanessa	9	Abraham Lincoln	26-01.25	2.3	8
3 Lao, Niki	10	Galileo Academy	25-09.25	2.9	6
4 Yuen, Alexis	10	Lowell	23-04.25	2.9	4
5 Chan, Jolee	9	Abraham Lincoln	23-02.25	2.7	2
6 Gaede, Moira	10	Lowell	22-08.50	2.0	1
7 Lin, Layla	10	Lowell	22-07.25	1.8	

**Event 63 Girls Pole Vault Frosh-Soph**

Note, record set with uncertified crossbar

Opening Height 5'6"

Meet: \* 9-00 5/25/2013 Rebecca Mellin (uncertified crossbar)

Meet: 7-00 5/19/2012 Maria Tiongson, Lincoln

Name	Year	School	Finals	Points
1 Gestrich, Milena	10	Abraham Lincoln	6-06.00	10

**Event 64 Girls High Jump Frosh-Soph**

Opening Height 3'8"

Meet: \* 4-10 5/19/2012 Jenny Wong, Balboa

Meet: 4-10 5/24/2014 Una Chan, Lincoln

Name	Year	School	Finals	Points
1 St. Onge, Niyah	10	Lowell	3-08.00	10

**Event 65 Boys 100 Meter Dash Para**

Meet: \* 13.70 5/26/2018 Saqueo Hernandez Velasco, San Francisc

Name	Year	School	Finals	Wind	Points
1 Reyes, Michael		San Francisc	13.80	1.7	2
2 Castellanos, Jaime		San Francisc	14.82	1.7	1
3 Mosleh, Hamza		San Francisc	20.90	1.7	1
-- Min Htut, Banyar		San Francisc	DNS	1.7	

**Event 66 Boys 200 Meter Dash Para**

Meet: \* 28.65 2016 Joshua Morales, SFI

Name	Year	School	Finals	Wind	Points
1 Reyes, Michael		San Francisc	29.85	NWI	2
2 Castellanos, Jaime		San Francisc	32.11	NWI	1
3 Mosleh, Hamza		San Francisc	47.66	NWI	1
-- Min Htut, Banyar		San Francisc	SCR		

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**Event 67 Boys 400 Meter Dash Para**

Meet: \* 1:02.55 5/19/2018 Ethan Fung, Lowell

Name	Year School	Finals	Points
1 Reyes, Michael	San Francisc	1:08.40	2
2 Castellanos, Jaime	San Francisc	1:21.49	1
3 Mosleh, Hamza	San Francisc	1:54.39	1
-- Min Htut, Banyar	San Francisc	DNS	

**Event 71 Boys Shot Put Para**

Meet: \* 36-06.75 5/18/2019 Saqueo Hernandez, San Francisc

Name	Year School	Finals	Points
1 Castellanos, Jaime	San Francisc	30-07.00	2
2 Reyes, Michael	San Francisc	29-06.00	1
3 Mosleh, Hamza	San Francisc	17-05.50	1
-- Min Htut, Banyar	San Francisc	DNS	

Women - Varsity - Team Rankings - 16 Events Scored

1) Lowell	187	2) Abraham Lincoln	176
3) George Washington	50	4) Galileo Academy	25
5) John O'Connell	20	6) Balboa	18
7) Mission	14		

Women - Frosh-Soph - Team Rankings - 16 Events Scored

1) Lowell	171	2) Abraham Lincoln	122
3) George Washington	56	4) The Academy - San Francis	40
5) Galileo Academy	29	6) Immaculate Conception	8

Men - Varsity - Team Rankings - 16 Events Scored

1) Lowell	182	2) Abraham Lincoln	178
3) George Washington	42	4) Mission	41
5) Galileo Academy	33	6) Phillip & Sala Burton	8
7) Balboa	1		

Men - Frosh-Soph - Team Rankings - 16 Events Scored

1) Lowell	169	2) Abraham Lincoln	126
3) George Washington	77	4) The Academy - San Francis	41
5) Galileo Academy	40	6) Phillip & Sala Burton	24
7) Balboa	6	8) San Francisco Internation	1

Men - Para - Team Rankings - 4 Events Scored

1) San Francisco Internationa	16
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