



RUNNING & MOBILITY CLINIC



Presented by the
Challenged Athletes
Foundation®

Do you want to learn:

- Techniques to unlock your prosthetic capabilities?
- Leg-over-leg running mechanics?
- Methods to improve speed and balance?
- Methods of movement in multiple directions for a variety of recreational activities?
- Training routines and sport-specific exercises?

If you answered YES to any of the above questions, join world-renowned experts during our **NO COST** event. All ages and abilities welcome!

Attending Experts:

- Bob Gailey, PhD, PT
- Peter Harsch, CP
- Össur Clinical Specialists

Meet:

- Team Össur
- Össur Ambassadors
- Team CAF

When: September 24, 2016

9:00am - 12:00pm – Clinic

12:00pm - 12:30pm – Free Lunch & Össur Showcase

Where: Bladium Sports Club

800 West Tower Ave, Building 40
Alameda, CA 94501

Registration

Attendees: support.challengedathletes.org/sfrun

Volunteers: support.challengedathletes.org/sfrunvol

Information

Contact Travis Ricks

travis@challengedathletes.org or 858-210-3524

Join the conversation!



@OssurCorp
@CAFoundation
#LifewithoutLimitations
#MyWinningMoment
#TeamCAF