

**Academic Athletic Association/CIF SF Section  
Women's Soccer All-City Team 2004-05**

**Most Valuable Forward**

**Most Valuable Midfielder**

**Most Valuable Defender**

Alanna Grant, Lincoln, JR   Elizabeth Adams, Lowell, SR   Lauren Longley, Lowell, SR

**First Team**

Jessica Abad	Lowell	JR	Juliana Caro	O'Connell	JR
Elizabeth Bloomfield	Lowell	SR	Alena Charles	O'Connell	SR
Elizabeth Adams	Lowell	SR	Nancy Mejia	Burton	SR
Lauren Longley	Lowell	SR	Adrienne Raras	Marshall	SR
Cassady Osterweil	Washington	SR	Maile Wong	Galileo	FR
Grace Campbell	Washington	SR	Sarah Spiegel	Mission	SR
Nancy Chicas	Washington	SR	Dominique Pizzi	Balboa	FR
Alex Mogannam	Lincoln	SO	Thania Najera	I.S.A.	SR
Julia Nguyen	Lincoln	JR			

**Second Team**

Jennifer Hayashi	Lowell	SO	Brenda Salmeron	O'Connell	SO
Francesca Wedemeyer	Lowell	JR	Victoria Rivera	Burton	SR
Elizabeth Abad	Washington	FR	Maria Martinez	Marshall	SR
Benny Kau	Washington	SO	Van Dang	Galileo	JR
Suzanne Hy	Lincoln	JR	Maria Gutierrez	Mission	JR
Brenda Cancino	Lincoln	JR	Jenny Espinoza	Balboa	JR
Evelyn Salmeron	O'Connell	SR	Ingrid Cruz	I.S.A.	JR

**Honorable Mention**

Angelina Wedemeyer	Lowell	SO	Yenifer Zhong	O'Connell	SO
Kathy Wheeler-Dubin	Lowell	SO	Maria Calero	Burton	JR
Lauren Esterle	Lowell	JR	Elena Ortiz	Burton	JR
Cheryl Fong	Lowell	SO	Ana Romero	Marshall	SO
Lindsay Chu	Washington	JR	Phyllis Ng	Marshall	JR
Kate Steiner	Washington	JR	Mary Perez	Marshall	SR
Shoshanna Burdman	Lincoln	SO	Cassie Thomas	Galileo	FR
Vanessa Navarro	Lincoln	SO	Sandra Rosillo	Mission	SO
Erin Diggs	Lincoln	JR	Genesis Flota	Mission	JR
Rosy Mena	O'Connell	SR	Jax Campos	Mission	JR
Maritza Salinas	O'Connell	SO	Karla Hernandez	Balboa	FR

**Coach of the Year**

Ernst M. Feibusch, Lowell