

CIF San Francisco Section - 5/25/2005 to 5/28/2005
Track and Field Championships
Kezar Stadium
Results

Girls 100 Meter Dash Varsity

Meet: 11.85 5/31/2003 Deanna Goodwin, Inter. Studies Academy

Name	Yr	School	Prelims	Finals	Points
Finals					
1 David-Jacobs, Chauncey	12	Phillip and Sala Burton	12.50	12.68	10
2 Chan, Monica	11	Abraham Lincoln High	13.19	13.00	8
3 Yen, Shannon	10	George Washington High Sc	13.19	13.03	6
4 Johnson, Nicole	11	Thurgood Marshall High Sc	13.27	13.15	4
5 Thomas, Nakeisha	12	International Studies Aca	13.97	13.81	2
6 Leong, Frances	11	Lowell High School	13.63	13.84	1
7 Hue, Dana	11	Lowell High School	13.74	14.06	
8 Woo, Kristina	11	George Washington High Sc	14.04	14.17	

Girls 200 Meter Dash Varsity

Meet: 24.40 5/31/2003 Deanna Goodwin, Inter. Studies Academy

Name	Yr	School	Prelims	Finals	Points
Finals					
1 David-Jacobs, Chauncey	12	Phillip and Sala Burton	25.17	24.96	10
2 Johnson, Nicole	11	Thurgood Marshall High Sc	27.89	27.16	8
3 Yen, Shannon	10	George Washington High Sc	27.55	27.50	6
4 Yang, Mimi	11	George Washington High Sc	28.57	28.15	4
5 Thomas, Nakeisha	12	International Studies Aca	28.49	28.45	2
6 Aong, Tina	11	Lowell High School	28.48	28.47	1
7 Hue, Dana	11	Lowell High School	28.46	28.59	
8 Leong, Frances	11	Lowell High School	28.46	28.85	

Girls 400 Meter Dash Varsity

Meet: 55.63 2004 Chauncey David-Jacobs, Burton

Name	Yr	School	Prelims	Finals	Points
Finals					
1 David-Jacobs, Chauncey	12	Phillip and Sala Burton	58.83	56.05	10
2 Shum, Leona	10	Lowell High School	1:04.47	1:02.75	8
3 Lam, Gina	11	Lowell High School	1:06.99	1:05.48	6
4 Lau, Kimberly	10	Lowell High School	1:06.75	1:06.07	4
5 Yang, Mimi	11	George Washington High Sc	1:08.62	1:07.73	2
6 Liu, Joann	10	Abraham Lincoln High	1:11.42	1:10.18	1
7 Chan, Carolyn	9	George Washington High Sc	1:14.84	1:10.22	
8 Chin, Melisa	11	Abraham Lincoln High	1:16.11	1:14.06	

Girls 800 Meter Run Varsity

Meet: 2:15.54 1984 Trish Brown, Lowell

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Li, Anna	11	Lowell High School	2:23.99	2:21.63	10
2 Kim, Alexis	10	Lowell High School	2:31.47	2:27.05	8
3 Yim, Wen-Wai	10	Lowell High School	2:37.30	2:35.62	6
4 Yao, Fanny	12	George Washington High Sc	2:48.62	2:43.85	4
5 Chan, Jennifer	11	Abraham Lincoln High	2:47.63	2:44.77	2
6 Yee, Bonny	11	Abraham Lincoln High	2:49.62	2:49.67	1
7 Fan, Hesther	9	George Washington High Sc	2:49.41	2:50.71	
8 Auyeung, Wendi	11	George Washington High Sc	3:23.99	3:25.88	

CIF San Francisco Section - 5/25/2005 to 5/28/2005**Track and Field Championships****Kezar Stadium****Results****Girls 1600 Meter Run Varsity**

Meet: 4:56.02 1997

Jennifer Akana, Lowell

Name	Yr	School	Seed	Finals	Points
1 Li, Anna	11	Lowell High School	5:17.30	5:15.50	10
2 Liu, Susanna	11	Lowell High School	5:26.25	5:38.70	8
3 Hammel, Heather	9	Lowell High School	5:40.00	5:38.89	6
4 Liu, Jenny	11	George Washington High Sc	6:04.00	5:56.10	4
5 Chan, Helen	11	Abraham Lincoln High	5:51.00	5:58.67	2
6 Yao, Fanny	12	George Washington High Sc	6:07.00	5:58.74	1
7 Chiang, Phoenix	11	Galileo Academy	6:06.00	6:11.31	
8 Conn, Amanda	11	Abraham Lincoln High	7:01.00	6:17.57	
9 Chan, Jennifer	11	Abraham Lincoln High	7:04.00	6:26.28	
10 Leo, Diann	12	George Washington High Sc	6:27.00	6:35.32	
11 Wong, Betsy	11	Galileo Academy	7:39.00	7:44.89	

Girls 3200 Meter Run Varsity

Meet: 10:48.34 1998

Jennifer Akana, Lowell

Name	Yr	School	Seed	Finals	Points
1 Weverka, Aiko	12	Lowell High School	12:02.29	11:54.15	10
2 Ngo, Jaimie	10	Lowell High School	12:23.02	12:25.34	8
3 Lee, Jennifer	11	Abraham Lincoln High	12:48.00	12:59.48	6
4 Liu, Jenny	11	George Washington High Sc	13:35.00	13:06.27	4
5 Ng, Rowena	12	Lowell High School	13:40.66	13:18.60	2
6 Chan, Helen	11	Abraham Lincoln High	13:01.00	13:25.77	1
7 Chiang, Phoenix	11	Galileo Academy	13:33.00	13:31.66	
8 Conn, Amanda	11	Abraham Lincoln High	12:57.00	13:48.13	
9 Leo, Diann	12	George Washington High Sc	13:57.00	14:06.40	
10 Tam, Angela	11	George Washington High Sc	17:25.00	16:31.17	

Girls 100 Meter Hurdles Varsity

Meet: 14.56 2002

Roshena Duree, Burton

Name	Yr	School	Seed	Finals	Points
1 Song, Shelley	11	Lowell High School	16.10	16.34	10
2 Payes, Natasha	11	Abraham Lincoln High	19.65	18.72	8
3 Chan, Stephanie	11	Lowell High School	19.40	18.99	6
4 Graham, Ryan	10	Lowell High School	19.00	21.60	4

Girls 300 Meter Hurdles Varsity

Meet: 45.6h 1990

Tanya Lazar-Lea, McAteer

Name	Yr	School	Seed	Finals	Points
1 Song, Shelley	11	Lowell High School	51.39	49.71	10
2 Payes, Natasha	11	Abraham Lincoln High	56.62	52.43	8
3 Graham, Ryan	10	Lowell High School	54.50	54.79	6
4 Lau, Kimberly	10	Lowell High School	52.90	56.60	4

Girls 4x100 Meter Relay Varsity

Meet: 48.3h 1983

Mission, Mission

Team	Relay	Seed	Finals	Points
1 Lowell High School	A	53.48	52.45	10
1) Hue, Dana 11	2) Song, Shelley 11	3) Fryjoff-Hung, Anna 11	4) Leong, Frances 11	

CIF San Francisco Section - 5/25/2005 to 5/28/2005**Track and Field Championships****Kezar Stadium****Results****(Girls 4x100 Meter Relay Varsity)**

Team	Relay	Seed	Finals	Points
2 George Washington High Sc 1) Chan, Carolyn 9	A 2) Paterson, Zaire 10	55.38 3) Woo, Kristina 11	53.83 4) Yang, Mimi 11	8
3 Abraham Lincoln High 1) Chan, Monica 11	A 2) Fong, Dana 12	54.72 3) Payes, Natasha 11	54.32 4) Liu, Joann 10	6

Girls 4x400 Meter Relay Varsity

Meet: 4:05.9h 1993

Lowell, Lowell

J. Holley, A. Mellott, N. Vuong, A. Jackson

Team	Relay	Seed	Finals	Points
1 Lowell High School 1) Chang, Tiffany 11	A 2) Song, Shelley 11	4:19.19 3) Li, Anna 11	4:14.91 4) Lau, Kimberly 10	10
2 George Washington High Sc 1) Chan, Carolyn 9	A 2) Fan, Hesther 9	4:35.17 3) Paterson, Zaire 10	4:34.23 4) Woo, Kristina 11	8
3 Abraham Lincoln High 1) Chan, Monica 11	A 2) Payes, Natasha 11	4:29.90 3) Liu, Joann 10	4:38.52 4) Chin, Mabel 11	6

Girls High Jump Varsity

Meet: 5-06 1991

Tanya Lazar-Lea, McAteer

Name	Yr	School	Seed	Finals	Points
1 Shum, Leona	10	Lowell High School	4-10.00	4-10.00	10
2 Lam, Gina	11	Lowell High School	4-06.00	4-06.00	8
3 Liang, Vivian	11	Galileo Academy	4-06.00	4-02.00	6

Girls Pole Vault Varsity

Meet: 10-04 2002

Megaen White, Lowell

Name	Yr	School	Seed	Finals	Points
1 Fryjoff-Hung, Anna	11	Lowell High School	7-06.00	7-06.00	10
2 Zhang, Eudora	12	Lowell High School	6-00.00	6-00.00	8
3 Yip, Hilary	12	Lowell High School	5-06.00	5-06.00	6

Girls Long Jump Varsity

Meet: 19-02.50 1992

Shena Ferguson, Washington

Name	Yr	School	Seed	Finals	Points
1 Fryjoff-Hung, Anna	11	Lowell High School	15-05.00	15-09.25	10
2 Shum, Leona	10	Lowell High School	15-02.25	15-06.50	8
3 Tummings, Brandy	11	Galileo Academy	15-01.50	14-11.75	6
4 Graham, Ryan	10	Lowell High School	14-07.00	14-03.75	4
5 Chin, Melisa	11	Abraham Lincoln High	13-04.00	12-10.00	2
6 Chin, Mabel	11	Abraham Lincoln High	12-11.00	12-04.50	1

Girls Triple Jump Varsity

Meet: 39-07.75 2001

Roshena Duree, Burton

Name	Yr	School	Seed	Finals	Points
1 Fryjoff-Hung, Anna	11	Lowell High School	31-08.50	32-11.50	10
2 Lam, Gina	11	Lowell High School	31-10.50	32-02.25	8
3 Graham, Ryan	10	Lowell High School	26-07.00	30-05.75	6

Girls Shot Put Varsity

Meet: 41-09 1996

Vavatau Pohahau, Balboa

Name	Yr	School	Seed	Finals	Points
1 Demiins, Cherish	12	Mission High School	28-09.00	30-00.00	10

CIF San Francisco Section - 5/25/2005 to 5/28/2005**Track and Field Championships****Kezar Stadium****Results****(Girls Shot Put Varsity)**

Name	Yr	School	Seed	Finals	Points
2 Chang, Tiffany	11	Lowell High School	30-05.00	29-09.50	8
3 James, Cassandra	12	Phillip and Sala Burton	24-11.00	29-07.50	6
4 Shamonda, Kemi	11	Galileo Academy	25-03.00	23-02.50	4
5 Mock, Jocelyn	11	Lowell High School	22-09.00	21-11.50	2
6 Guan, Dianna	10	Lowell High School	23-01.50	21-01.50	1

Girls Discus Throw Varsity

Meet: 116-11 1987 Sheriff Huseny, Lincoln

Name	Yr	School	Seed	Finals	Points
1 Shamonda, Kemi	11	Galileo Academy	92-03	89-03.25	10
2 James, Cassandra	12	Phillip and Sala Burton	72-06	74-10.50	8
3 Chang, Tiffany	11	Lowell High School	68-02	66-05.25	6
4 Mock, Jocelyn	11	Lowell High School	63-00.50	66-01.50	4
5 Cheng, Jennifer	10	Lowell High School	55-03.50	56-06	2

Girls 100 Meter Dash Frosh-Soph

Meet: 13.89 5/25/2005 Elisa Zhang, Lowell

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Zhang, Elisa	10	Lowell High School	13.89	13.83	10
2 Hosea, Emily	10	Lowell High School	14.11	13.88	8
3 Edelsberg, Hannah	10	Lowell High School	14.12	14.14	6
4 Logan, Larasha	10	Phillip and Sala Burton	14.52	14.24	4
5 Nwkorow, Maureen	10	Thurgood Marshall High Sc	14.36	14.41	2
6 Forbes, Angel	10	International Studies Aca	14.87	14.57	1
7 Liang, Cathy	10	International Studies Aca	15.07	15.15	
8 Chow, Anna	9	Balboa High School	15.29	15.17	

Girls 200 Meter Dash Frosh-Soph

Meet: 27.79 5/25/2005 Latasha Allston, Lowell

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Allston, Latasha	9	Lowell High School	27.79	27.66	10
2 Thomas, Brittney	10	Phillip and Sala Burton	29.44	28.57	8
3 Zhang, Elisa	10	Lowell High School	28.76	28.69	6
4 Marden, Katie	9	Lowell High School	30.15	29.68	4
5 Chow, Elaine	9	Galileo Academy	29.19	30.39	2
6 Logan, Larasha	10	Phillip and Sala Burton	30.36	30.70	1
7 Nwkorow, Maureen	10	Thurgood Marshall High Sc	30.20	31.42	
8 Liang, Cathy	10	International Studies Aca	32.36	31.68	

Girls 400 Meter Dash Frosh-Soph

Meet: 1:08.53 5/25/2005 Latasha Allston, Lowell

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Allston, Latasha	9	Lowell High School	1:08.53	1:03.08	10
2 Thomas, Brittney	10	Phillip and Sala Burton	1:12.50	1:05.30	8
3 Li, Belinda	10	Lowell High School	1:12.68	1:06.06	6
4 Chow, Elaine	9	Galileo Academy	1:10.27	1:08.15	4
5 Marden, Katie	9	Lowell High School	1:15.18	1:09.78	2

CIF San Francisco Section - 5/25/2005 to 5/28/2005
Track and Field Championships
Kezar Stadium
Results

Girls 800 Meter Run Frosh-Soph

Name	Yr	School	Seed	Finals	Points
1 Luong, Lucy	10	Abraham Lincoln High	2:38.00	2:31.03	10
2 Chan, Geraldine	9	Lowell High School	2:37.60	2:31.16	8
3 Vu, Evelina	9	Lowell High School	2:49.00	2:40.67	6
4 Scherer, Sabine	9	Lowell High School	2:51.20	2:48.56	4
5 Hightower, Marisa	10	Abraham Lincoln High	2:47.00	2:49.21	2
6 Lee, Emily	10	Abraham Lincoln High	3:23.00	3:04.97	1

Girls 1600 Meter Run Frosh-Soph

Name	Yr	School	Seed	Finals	Points
1 Luong, Lucy	10	Abraham Lincoln High	5:47.00	5:40.32	10
2 Leung, Cynthia	10	Lowell High School	5:55.12	5:45.72	8
3 Hightower, Marisa	10	Abraham Lincoln High	6:09.00	6:03.51	6
4 Zhang, Rennie	10	Lowell High School	6:19.00	6:11.93	4
5 Lee, Stacy	10	Lowell High School	6:25.90	6:17.64	2
--- Yuen, Tiffany	10	Abraham Lincoln High	7:04.00	DNF	

Girls 3200 Meter Run Frosh-Soph

Name	Yr	School	Seed	Finals	Points
1 Leung, Cynthia	10	Lowell High School	12:42.70	12:29.63	10
2 Luong, Lucy	10	Abraham Lincoln High	12:21.00	12:33.44	8
3 Loeser, Aidan	9	Lowell High School	13:52.50	13:59.14	6
4 Arnold, Jeena	10	Lowell High School	13:55.00	17:05.12	4

Girls 100 Meter Hurdles Frosh-Soph

Name	Yr	School	Seed	Finals	Points
1 Fong, Vanessa	10	Lowell High School	20.50	20.30	10
2 Fung, Ursula	10	Galileo Academy	20.80	21.00	8

Girls 300 Meter Hurdles Frosh-Soph

Name	Yr	School	Seed	Finals	Points
1 Fong, Vanessa	10	Lowell High School	1:00.20	55.92	10
2 Fung, Ursula	10	Galileo Academy	58.90	56.20	8

Girls 4x100 Meter Relay Frosh-Soph

Team	Relay	Seed	Finals	Points
1 Lowell High School	A	54.60	54.16	10
1) Zhang, Elisa 10	2) Allston, Latasha 9	3) Edelsberg, Hannah 10	4) Hosea, Emily 10	
2 Balboa High School	A	1:05.70	1:03.57	8
1) Louie, Venna 10	2) Woo, Shelley 10	3) Chow, Anna 9	4) Mobin, Sunum 10	

Girls 4x400 Meter Relay Frosh-Soph

Team	Relay	Seed	Finals	Points
1 Lowell High School	A	4:28.85	4:40.92	10
1) Fong, Vanessa 10	2) Li, Belinda 10	3) Chan, Geraldine 9	4) Hosea, Emily 10	
2 Abraham Lincoln High	A	4:54.20	5:02.21	8
1) Lee, Emily 10	2) Luong, Lucy 10	3) Yuen, Tiffany 10	4) Hightower, Marisa 10	

Girls High Jump Frosh-Soph

Name	Yr	School	Seed	Finals	Points
1 Edelsberg, Hannah	10	Lowell High School	4-06.00	4-04.00	10

CIF San Francisco Section - 5/25/2005 to 5/28/2005**Track and Field Championships****Kezar Stadium****Results****(Girls High Jump Frosh-Soph)**

Name	Yr	School	Seed	Finals	Points
2 Logan, Larasha	10	Phillip and Sala Burton	4-02.00	4-02.00	8

Girls Pole Vault Frosh-Soph

Name	Yr	School	Seed	Finals	Points
1 Tom, Yoongi	10	Lowell High School	6-00.00	7-00.00	10
2 Hosea, Emily	10	Lowell High School	5-06.00	5-06.00	8

Girls Long Jump Frosh-Soph

Meet: 14-08 5/25/2005 Latasha Allston, Lowell

Name	Yr	School	Seed	Finals	Points
1 Allston, Latasha	9	Lowell High School	15-08.00	14-08.00	10
2 Thomas, Brittney	10	Phillip and Sala Burton	14-01.00	14-04.50	8
3 Marden, Katie	9	Lowell High School	14-01.00	13-11.00	6
4 Hwang, Heejin	9	Lowell High School	13-03.00	13-10.50	4
5 Logan, Larasha	10	Phillip and Sala Burton	13-07.50	13-05.75	2
6 Xie, Lily	10	Thurgood Marshall High Sc	12-02.50	12-05.50	1
7 Wong, Michelle	10	Thurgood Marshall High Sc	9-09.00	10-01.75	

Girls Triple Jump Frosh-Soph

Meet: 31-01 5/25/2005 Alicia Lee, Lowell

Name	Yr	School	Seed	Finals	Points
1 Lee, Alicia	9	Lowell High School	30-10.00	31-01.00	10
2 Thomas, Brittney	10	Phillip and Sala Burton	29-03.00	30-03.25	8
3 Hu, Rebecca	10	Lowell High School	28-07.00	28-05.25	6
4 Edelsberg, Hannah	10	Lowell High School	30-01.00	28-05.00	4

Girls Shot Put Frosh-Soph

Meet: 27-07 5/25/2005 Demitra Gallaread, Lincoln

Name	Yr	School	Seed	Finals	Points
1 Gallaread, Demitra	9	Abraham Lincoln High	25-02.00	27-07.00	10
2 Tse, Cindy	10	Lowell High School	20-08.50	21-04.50	8
3 Fung, Kelsey	10	Lowell High School	14-03.00	19-04.50	6
4 Fung, Ursula	10	Galileo Academy	17-03.00	16-02.50	4

Girls Discus Throw Frosh-Soph

Meet: 87-11 5/25/2005 Demitra Gallaread, Lincoln

Name	Yr	School	Seed	Finals	Points
1 Gallaread, Demitra	9	Abraham Lincoln High	97-03	87-11	10
2 Li, Belinda	10	Lowell High School	56-02.50	65-08.50	8
3 Fung, Ursula	10	Galileo Academy	44-00	60-04.50	6
4 Tse, Cindy	10	Lowell High School	62-08	55-08.50	4
5 Fung, Kelsey	10	Lowell High School	49-11	46-01.50	2

Boys 100 Meter Dash Varsity

Meet: 10.64 1982 Angelo McNeil, Galileo

Meet: 10.64 1985 Andre Alexander, Balboa

Meet: 10.64 1993 Rashan Sanders, Lincoln

Name	Yr	School	Prelims	Finals	Points
1 Smith, Dennis	12	Mission High School	11.30	11.10	10

Finals

CIF San Francisco Section - 5/25/2005 to 5/28/2005**Track and Field Championships****Kezar Stadium****Results****Finals ... (Boys 100 Meter Dash Varsity)**

Name	Yr	School	Prelims	Finals	Points
2 Hillbrand, Kurt	12	Abraham Lincoln High	11.79	11.37	8
3 Shut, Vlad	12	Abraham Lincoln High	11.44	11.47	6
4 Villarina, Ryan	11	George Washington High Sc	11.79	11.56	4
5 Troutt, Courtne	11	George Washington High Sc	11.45	J11.56	2
6 Esa, Jamal	12	Phillip and Sala Burton	11.68	11.60	1
7 Ellison, Ronald	12	Phillip and Sala Burton	11.76	11.62	
8 Liang, Chong Zhen	11	Lowell High School	11.91	11.87	

Boys 200 Meter Dash Varsity

Meet: 21.13 1995 Walter Smith, McAteer

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Smith, Dennis	12	Mission High School	23.34	23.07	10
2 Johnson, Kelvin	12	Phillip and Sala Burton	23.33	23.41	8
3 Villarina, Ryan	11	George Washington High Sc	23.71	23.49	6
4 Troutt, Courtne	11	George Washington High Sc	24.26	23.54	4
5 Fung, Chris	11	Phillip and Sala Burton	23.89	23.87	2
6 Lee, Paul	11	Abraham Lincoln High	24.29	24.27	1
7 Esa, Jamal	12	Phillip and Sala Burton	23.77	24.33	
8 Osborn, Frederick	12	Lowell High School	23.35	24.60	

Boys 400 Meter Dash Varsity

Meet: 47.84 1995 Felton Charles, McAteer

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Osborn, Frederick	12	Lowell High School	54.82	51.59	10
2 Johnson, Kelvin	12	Phillip and Sala Burton	54.33	52.01	8
3 Chen, James	12	Lowell High School	54.56	52.51	6
4 Fung, Chris	11	Phillip and Sala Burton	57.02	54.12	4
5 Wong, Brandon	12	George Washington High Sc	56.98	55.02	2
6 Villia, Derek	12	Galileo Academy	57.44	55.73	1
7 Armons, Kary	11	Balboa High School	56.79	55.99	
8 Lee, Jensen	11	Lowell High School	57.32	56.50	

Boys 800 Meter Run Varsity

Meet: 1:56.6h 1986 Peter Crosse, McAteer

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Yu, Johnny	12	Lowell High School	2:10.00	2:06.66	10
2 Chau, William	11	Lowell High School	2:11.61	2:09.84	8
3 Lee, Raymond	11	George Washington High Sc	2:14.68	2:10.61	6
4 Chin, Justin	12	Lowell High School	2:12.74	2:12.43	4
5 Sitou, Ken	11	Galileo Academy	2:16.33	2:15.51	2
6 Gueverra, Jeffery	11	International Studies Aca	2:13.36	2:17.74	1
7 Chen, Eric	11	Abraham Lincoln High	2:16.48	2:17.98	
--- Don-Doncow, Nick	11	Abraham Lincoln High	2:12.95	DNF	

CIF San Francisco Section - 5/25/2005 to 5/28/2005
Track and Field Championships
Kezar Stadium
Results

Boys 1600 Meter Run Varsity

Meet: 4:15.13 2000

Jin Daikoku, Lowell

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Melek, Dawit	11	International Studies Aca	4:58.51	4:39.08	10
2 Feliciano, Agustin	11	Lowell High School	4:51.34	4:40.98	8
3 Yu, Johnny	12	Lowell High School	4:58.56	4:42.83	6
4 Takahashi, Hideki	12	George Washington High Sc	4:56.46	4:50.69	4
5 Pan, Peter	12	Lowell High School	4:59.91	4:58.59	2
6 He, Corey	11	Abraham Lincoln High	5:05.20	5:04.23	1
7 Chen, Eric	11	Abraham Lincoln High	5:11.58	5:08.66	
8 Cai, Johnny	11	Abraham Lincoln High	5:20.25	5:13.48	

Boys 3200 Meter Run Varsity

Meet: 9:37.80 1995

Bolota Asmerom, McAteer

Name	Yr	School	Seed	Finals	Points
1 Melek, Dawit	11	International Studies Aca	10:28.91	10:23.90	10
2 Feliciano, Agustin	11	Lowell High School	9:58.90	10:30.48	8
3 Yee, Phillip	11	Lowell High School	10:37.30	10:37.89	6
4 Takahashi, Hideki	12	George Washington High Sc	10:56.00	10:38.71	4
5 Chen, Yulong	11	Lowell High School	10:47.70	10:44.74	2
6 He, Corey	11	Abraham Lincoln High	11:34.00	11:09.74	1
7 Chan, Wayland	11	Abraham Lincoln High	11:24.00	11:29.78	
8 Yu, Barry	11	Abraham Lincoln High	11:32.00	11:50.14	
9 Kwong, Kevin	11	George Washington High Sc	13:21.00	12:48.22	
10 La, Robert	11	George Washington High Sc	13:16.00	13:11.71	

Boys 110 Meter Hurdles Varsity

Meet: 14.24 1973

Mike Kirtman, Wilson

Meet: 14.24 1979

B. Redd, Wilson

Name	Yr	School	Seed	Finals	Points
1 Lei, Evan	11	Galileo Academy	17.93	17.13	10
2 Vuong, Vince	11	Lowell High School	18.06	17.59	8
3 Chiang, Thomas	12	George Washington High Sc	18.75	18.30	6
4 Chu, Geoffrey	11	Lowell High School	19.19	18.81	4
5 Lee, Charles	11	George Washington High Sc	18.17	19.33	2

Boys 300 Meter Hurdles Varsity

Meet: 38.9h 1989

Eddie Wong, Lowell

Name	Yr	School	Seed	Finals	Points
1 Vuong, Vince	11	Lowell High School	45.62	44.15	10
2 Lee, Charles	11	George Washington High Sc	45.06	44.71	8
3 Lei, Evan	11	Galileo Academy	47.36	45.31	6
4 Chu, Geoffrey	11	Lowell High School	46.60	46.40	4
5 Feng, Albert	11	Lowell High School	51.10	47.34	2
6 Chiang, Thomas	12	George Washington High Sc	48.56	48.89	1
7 Sitou, Ken	11	Galileo Academy	48.70	53.90	

CIF San Francisco Section - 5/25/2005 to 5/28/2005
Track and Field Championships
Kezar Stadium
Results

Boys 4x100 Meter Relay Varsity

Meet: 41.90 1995

McAteer, McAteer

Team	Relay	Seed	Finals	Points
1 Abraham Lincoln High 1) Hillbrand, Kurt 12	A 2) Hines, Isa 12	45.53	44.59 4) Shut, Vlad 12	10
2 Lowell High School 1) Chen, James 12	A 2) Cruz, Peter 12	45.72	44.95 4) Osborn, Frederick 12	8
3 Phillip and Sala Burton 1) Esa, Jamal 12	A 2) Ellison, Ronald 12	44.80	45.03 4) Johnson, Kelvin 12	6
--- George Washington High Sc 1) Boone, Jordan 11	A 2) Kwan, Dennis 11	45.91	DQ 4) Troutt, Courtne 11	

Boys 4x400 Meter Relay Varsity

Meet: 3:23.5h 1993

McAteer, McAteer

Team	Relay	Seed	Finals	Points
1 Phillip and Sala Burton 1) Lau, Leslie 11	A 2) LeBrane, Jermaine 12	3:36.84	3:34.75 4) Ellison, Ronald 12	10
2 Lowell High School 1) Chen, James 12	A 2) Stern, Phillip 11	3:36.58	3:34.77 4) Cruz, Peter 12	8
3 Abraham Lincoln High 1) Hillbrand, Kurt 12	A 2) Jones, Jermain 11	3:48.16	3:41.92 4) Shut, Vlad 12	6
4 George Washington High Sc 1) Boone, Jordan 11	A 2) Lee, Charles 11	3:41.27	3:45.58 4) Troutt, Courtne 11	4
5 Galileo Academy 1) Villia, Derek 12	A 2) Sitou, Ken 11	3:58.24	3:51.83 4) Lei, Evan 11	2

Boys High Jump Varsity

Meet: 7-00 1983

Maurice Crumby, Balboa

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Taylor, Jovan	12	George Washington High Sc	5-00.00	6-00.00	10
2 Tee, Stephen	11	Galileo Academy	5-00.00	J6-00.00	8
3 Villia, Derek	12	Galileo Academy	5-00.00	5-04.00	6
4 Shut, Vlad	12	Abraham Lincoln High	5-00.00	J5-04.00	4
5 Hines, Isa	12	Abraham Lincoln High	5-00.00	J5-04.00	2
6 Vuong, Vince	11	Lowell High School	5-00.00	5-02.00	.50
6 Chau, William	11	Lowell High School	5-00.00	5-02.00	.50
8 Webster, Anwar	12	George Washington High Sc	5-00.00	5-00.00	

Boys Pole Vault Varsity

Meet: 14-02 1981

James McClanahan, Galileo

Name	Yr	School	Seed	Finals	Points
1 Chu, Geoffrey	11	Lowell High School	8-06.00	9-00.00	10
2 Gadye, Levi	11	Lowell High School	8-06.00	8-06.00	8
3 Yu, Jimmy	12	Lowell High School	8-06.00	7-06.00	6

Boys Long Jump Varsity

Meet: 25-03.50 1981

Ken Frazier, Mission

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Webster, Anwar	12	George Washington High Sc	20-06.75	21-05.75	10
2 Hillbrand, Kurt	12	Abraham Lincoln High	18-05.25	21-00.50	8

CIF San Francisco Section - 5/25/2005 to 5/28/2005**Track and Field Championships****Kezar Stadium****Results****Finals ... (Boys Long Jump Varsity)**

Name	Yr	School	Prelims	Finals	Points
3 Cruz, Peter	12	Lowell High School	19-09.25	20-04.25	6
4 Hines, Isa	12	Abraham Lincoln High	17-06.00	19-08.75	4
5 Wong, Brandon	12	George Washington High Sc	18-08.50	19-07.50	2
6 Wong, Eugene	12	Lowell High School	18-03.00	19-01.75	1
7 Stern, Phillip	11	Lowell High School	18-00.25	18-11.00	
8 Ellison, Ronald	12	Phillip and Sala Burton	18-06.50	18-06.25	

Boys Triple Jump Varsity

Meet: 50-03.25

1981

Ken Frazier, Mission

Name	Yr	School	Seed	Finals	Points
1 Cruz, Peter	12	Lowell High School	43-03.00	43-00.75	10
2 Taylor, Jovan	12	George Washington High Sc	36-06.00	41-06.25	8
3 Webster, Anwar	12	George Washington High Sc	40-01.00	40-07.75	6
4 Stern, Phillip	11	Lowell High School	36-02.25	38-04.50	4
5 Wong, Eugene	12	Lowell High School	36-10.50	36-10.00	2
6 Kato, Tom	12	George Washington High Sc	36-05.00	35-07.50	1
7 Luo, James	11	Galileo Academy	33-04.50	35-01.75	
8 Lau, Leslie	11	Phillip and Sala Burton	33-06.00	29-11.00	

Boys Shot Put Varsity

Meet: 60-09.25

1957

Mike Lewis, Lincoln

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Hannon, Chris	12	Abraham Lincoln High	46-09.00	47-10.50	10
2 Debella, Erroll	11	Abraham Lincoln High	39-05.00	42-08.00	8
3 Kim, Brian	11	Abraham Lincoln High	37-10.00	42-01.00	6
4 Cruz, Chris	11	Phillip and Sala Burton	31-08.00	33-08.00	4
5 Tsoi, Eric	11	Lowell High School	32-02.00	31-08.25	2
6 Wildgrube, Travis	11	Lowell High School	30-02.00	31-02.00	1
7 Ma, Donald	11	Lowell High School	29-11.00	30-09.50	
8 Mei, Alan	11	Galileo Academy	30-04.00	29-01.00	

Boys Discus Throw Varsity

Meet: 170-01

1968

Alex Darnes, Polytechnic

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Hannon, Chris	12	Abraham Lincoln High	139-04.50	136-00.50	10
2 Kim, Brian	11	Abraham Lincoln High	109-06.50	112-02.75	8
3 Debella, Erroll	11	Abraham Lincoln High	104-00.50	105-08	6
4 Ng, Nathaniel	11	Lowell High School	106-08.75	104-00.50	4
5 Tsoi, Eric	11	Lowell High School	84-10	91-06.50	2
6 Cruz, Chris	11	Phillip and Sala Burton	84-04	86-07.50	1
7 Mei, Alan	11	Galileo Academy	85-04.25	86-05.50	
8 Leung, Kenneth	11	Lowell High School	91-11.25	79-09.25	

CIF San Francisco Section - 5/25/2005 to 5/28/2005
Track and Field Championships
Kezar Stadium
Results

Boys 100 Meter Dash Frosh-Soph

Meet: 10.7h 1985
 Meet: 10.7h 1999

Tom Cagle, Lincoln
 Daryl Terrell, McAteer

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Webster, Soloman	10	Balboa High School	11.68	11.45	10
2 Rutherford, Phillip	9	George Washington High Sc	11.79	11.89	8
3 Jung, Clifford	10	George Washington High Sc	12.07	11.94	6
4 Madamba, Francisco	10	Galileo Academy	12.17	12.19	4
5 Navarro, Bismark	9	Lowell High School	11.68	12.30	2
6 Bailey, Jasper	9	George Washington High Sc	12.24	12.38	1
7 Borden, Travis	10	Phillip and Sala Burton	12.18	12.39	
8 Wong, Michael	9	Lowell High School	12.35	12.43	

Boys 200 Meter Dash Frosh-Soph

Meet: 22.1h 2000

Steven Tate, Lincoln

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Rutherford, Phillip	9	George Washington High Sc	24.09	23.87	10
2 Jung, Clifford	10	George Washington High Sc	24.55	23.92	8
3 Liang, Steve	10	Balboa High School	24.38	24.06	6
4 Madamba, Francisco	10	Galileo Academy	25.07	24.89	4
5 Bailey, Ryan	10	Abraham Lincoln High	25.50	24.99	2
6 Cho, Edward	9	Lowell High School	25.07	25.09	1
7 Pak, Phillip	10	Balboa High School	25.90	25.80	
8 Borden, Travis	10	Phillip and Sala Burton	25.70	26.15	

Boys 400 Meter Dash Frosh-Soph

Meet: 51.71 1990

Sophorn Rasmeay, Galileo

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Tsang, Wilson	10	Lowell High School	54.48	53.27	10
2 Tran, Thomas	10	Lowell High School	57.54	54.74	8
3 Ferrera, Emmanuel	10	Phillip and Sala Burton	56.41	55.33	6
4 Marshall, Anthony	9	George Washington High Sc	57.79	56.59	4
5 Bailey, Ryan	10	Abraham Lincoln High	58.08	56.66	2
6 Chow, Darryl	9	George Washington High Sc	58.36	56.95	1
7 Dorsey, Adrian	9	George Washington High Sc	59.59	59.14	
8 Chan, Justin	9	Balboa High School	58.80	1:02.41	

Boys 800 Meter Run Frosh-Soph

Meet: 2:01.8h 1986

C. Verse, Galileo

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Weir, Walker	9	Lowell High School	2:14.43	2:06.57	10
2 Weir, Logan	9	Lowell High School	2:15.15	2:07.38	8
3 Ferrera, Emmanuel	10	Phillip and Sala Burton	2:17.80	2:12.36	6
4 Che, Richard	10	George Washington High Sc	2:18.14	2:13.16	4
5 Ng, Kenneth	10	Lowell High School	2:19.26	2:15.73	2
6 Shiu, Calvin	10	Abraham Lincoln High	2:20.98	2:18.19	1
7 Van, Brian	10	Balboa High School	2:29.81	2:25.89	

CIF San Francisco Section - 5/25/2005 to 5/28/2005
Track and Field Championships
Kezar Stadium
Results

Finals ... (Boys 800 Meter Run Frosh-Soph)

Name	Yr	School	Prelims	Finals	Points
8 Chiu, Matthew	9	George Washington High Sc	2:27.19	2:38.49	

Boys 1600 Meter Run Frosh-Soph

Meet: 4:39.20 1995

Paul Choi, Lowell

Name	Yr	School	Prelims	Finals	Points
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Finals

1 Weir, Walker	9	Lowell High School	4:52.77	4:43.53	10
2 Wong, Stephen	10	Abraham Lincoln High	4:56.76	4:59.46	8
3 Ng, Kenneth	10	Lowell High School	5:11.71	5:04.60	6
4 Shiu, Calvin	10	Abraham Lincoln High	5:14.81	5:10.88	4
5 Tam, Edmond	10	Lowell High School	5:15.29	5:12.06	2
6 Selva, Chester	9	Galileo Academy	5:20.61	5:12.49	1
7 Cook, Sloane	9	Abraham Lincoln High	5:18.20	5:12.91	
--- Che, Richard	10	George Washington High Sc	5:14.46	DQ	

Boys 3200 Meter Run Frosh-Soph

Meet: 10:17.00 1995

Paul Choi, Lowell

Name	Yr	School	Seed	Finals	Points
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1 Weir, Logan	9	Lowell High School	11:13.30	10:50.06	10
2 Wong, Stephen	10	Abraham Lincoln High	11:31.00	10:57.87	8
3 Cook, Sloane	9	Abraham Lincoln High	11:41.00	11:15.52	6
4 Selva, Chester	9	Galileo Academy	11:33.00	11:21.87	4
5 Patterson-King, Gabriel	9	Lowell High School	11:39.80	11:25.22	2
6 Meimban, Hans	9	Lowell High School	11:40.80	11:26.98	1
7 Do, Felix	9	George Washington High Sc	11:57.00	11:49.41	
8 Bravo, Adrian	10	Balboa High School	13:16.00	12:13.88	
9 Hong, Steven	9	George Washington High Sc	12:59.00	12:46.94	
10 Sabillion, Alfredo	10	Balboa High School	13:49.00	12:58.25	
11 Bernick, William	9	George Washington High Sc	16:37.00	15:54.10	

Boys 65 Meter Hurdles Frosh-Soph

Meet: 8.9h 1986

Chris Gordon, McAteer

Name	Yr	School	Seed	Finals	Points
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1 Lo, Warren	10	Galileo Academy	10.50	10.63	10
2 Nghiem, Daniel	10	Lowell High School	11.20	10.80	8
3 Nguyen, James	10	Lowell High School	12.40	11.98	6
4 Chiang, Henry	10	Lowell High School	12.10	12.44	4

Boys 300 Meter Hurdles Frosh-Soph

Meet: 41.80 2001

John Lee, Lowell

Name	Yr	School	Seed	Finals	Points
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1 Lo, Warren	10	Galileo Academy	47.50	46.27	10
2 Nguyen, James	10	Lowell High School	48.10	46.92	8
3 Nghiem, Daniel	10	Lowell High School	48.10	48.81	6
4 Lee, Chris	9	Galileo Academy	48.70	48.89	4
5 Chiang, Henry	10	Lowell High School	52.00	52.57	2

CIF San Francisco Section - 5/25/2005 to 5/28/2005
Track and Field Championships
Kezar Stadium
Results

Boys 4x100 Meter Relay Frosh-Soph

Meet: 44.5h 1983

McAteer, McAteer

Team	Relay	Seed	Finals	Points
1 George Washington High Sc 1) Bailey, Jasper 9	A 2) Barton, Maurice 9	47.29	46.56 4) Jung, Clifford 10	10
2 Balboa High School 1) Webster, Soloman 10	A 2) Liang, Steve 10	48.00	47.45 4) Diep, Calvin 9	8
3 Lowell High School 1) Cho, Edward 9	A 2) Navarro, Bismark 9	46.71	47.48 4) Tsang, Wilson 10	6
4 Abraham Lincoln High 1) Bailey, Ryan 10	A 2) Cai, Eric 10	56.90	52.51 4) Lim, Brian 10	4
--- Phillip and Sala Burton 1) Robinson, Jesse 9	A 2) Luu, David 9	48.60	DQ 4) Yang, Brian 10	

Boys 4x400 Meter Relay Frosh-Soph

Meet: 3:36.96 2001

Lowell, Lowell

W. Meng, J. Lee, H. Gebreselassie, I. Walrath

Team	Relay	Seed	Finals	Points
1 Lowell High School 1) Chen, Anthony 9	A 2) Navarro, Bismark 9	3:49.29	3:49.27 4) Tran, Thomas 10	10
2 George Washington High Sc 1) Bailey, Jasper 9	A 2) Che, Richard 10	3:56.65	3:56.23 4) Dorsey, Adrian 9	8
3 Phillip and Sala Burton 1) Chew, Victor 9	A 2) Luu, David 9	4:02.60	4:06.45 4) Yang, Brian 10	6
4 Balboa High School 1) Diep, Calvin 9	A 2) Van, Brian 10	4:33.00	4:10.27 4) Chan, Justin 9	4
5 Galileo Academy 1) Selva, Chester 9	A 2) Madamba, Francisco 10	4:05.30	4:17.76 4) Lee, Waylan 10	2
6 Abraham Lincoln High 1) Bailey, Ryan 10	A 2) Lau, Gaston 10	4:30.16	4:19.38 4) Leung, Garrett 10	1

Boys High Jump Frosh-Soph

Meet: 6-03.50 1981

Justin Brown, Galileo

Name	Yr	School	Seed	Finals	Points
1 Marshall, Anthony	9	George Washington High Sc	5-04.00	5-04.00	10
2 Marshall, Chris	9	George Washington High Sc	5-02.00	5-00.00	8
3 Lee, Chris	9	Galileo Academy	5-00.00	4-10.00	5
3 Tsang, Wilson	10	Lowell High School	4-06.00	4-10.00	5
5 Tam, Phelan	10	Thurgood Marshall High Sc	4-08.00	4-08.00	1.50
5 Wong, Jefferson	10	Lowell High School	4-04.00	4-08.00	1.50

Boys Pole Vault Frosh-Soph

Meet: 12-04 1980

James McClanahan, Galileo

Name	Yr	School	Seed	Finals	Points
1 Ng, Vincent	10	Lowell High School	6-06.00	6-06.00	10

Boys Long Jump Frosh-Soph

Meet: 23-02.50 1985

Dominic Dupree, McAteer

Name	Yr	School	Seed	Finals	Points
1 Webster, Soloman	10	Balboa High School	15-10.00	18-01.50	10
2 Rutherford, Phillip	9	George Washington High Sc	18-03.00	J18-01.50	8
3 Aceves-Diaz, Omar	10	Thurgood Marshall High Sc	16-02.00	17-08.00	6

CIF San Francisco Section - 5/25/2005 to 5/28/2005**Track and Field Championships****Kezar Stadium****Results****(Boys Long Jump Frosh-Soph)**

Name	Yr	School	Seed	Finals	Points
4 Tran, Thomas	10	Lowell High School	17-11.00	17-07.75	4
5 Lo, Warren	10	Galileo Academy	16-09.50	17-00.00	2
6 Madamba, Francisco	10	Galileo Academy	15-10.00	16-07.50	1
7 Tang, Talent	10	Lowell High School	15-02.00	16-03.50	
8 Lee, Chris	9	Galileo Academy	17-07.00	16-01.00	
--- Marshall, Anthony	9	George Washington High Sc	17-00.00	DNF	
--- Liang, Steve	10	Balboa High School	16-10.00	DNF	
--- Torquido, Michael	9	Balboa High School	15-10.00	DNF	
--- Quan, Raymond	9	George Washington High Sc	15-08.00	DNF	

Boys Triple Jump Frosh-Soph

Meet: 44-11 1976

Charles Young, Balboa

Name	Yr	School	Seed	Finals	Points
1 Marshall, Chris	9	George Washington High Sc	30-05.00	38-02.25	10
2 Lee, Chris	9	Galileo Academy	36-10.00	37-05.00	8
3 Tran, Thomas	10	Lowell High School	37-05.00	36-05.50	6
4 Lo, Warren	10	Galileo Academy	36-09.00	35-10.00	4
5 Quan, Raymond	9	George Washington High Sc	31-05.00	31-00.50	2
6 Yee, Samuel	9	George Washington High Sc	30-10.00	28-09.00	1

Boys Shot Put Frosh-Soph

Meet: 54-10 1976

Alonzo Fluker, Galileo

Name	Yr	School	Seed	Finals	Points
1 Quan, Raymond	9	George Washington High Sc	36-08.00	36-09.50	10
2 Young, Chris	10	Lowell High School	34-09.00	33-08.50	8
3 Kwong, Jeffrey	9	Galileo Academy	33-03.00	33-01.00	6
4 Montoya, Mario	10	Phillip and Sala Burton	32-00.00	31-07.00	4
5 Escobar, Mark	10	Phillip and Sala Burton	30-05.00	31-00.50	2
6 Silva, Danny	9	Lowell High School	30-01.50	30-03.00	1
7 Mallorca, Miguel	9	Lowell High School	31-00.00	28-05.00	
8 Yee, Samuel	9	George Washington High Sc	33-10.00	27-10.00	
9 Huynh, Jeffrey	10	Balboa High School	27-00.75	24-01.00	
10 Lee, Waylan	10	Galileo Academy	25-05.00	23-09.50	

Boys Discus Throw Frosh-Soph

Meet: 143-10 1976

Roy Abendroth, Lowell

Name	Yr	School	Seed	Finals	Points
1 Quan, Raymond	9	George Washington High Sc	90-02	101-08.50	10
2 Mallorca, Miguel	9	Lowell High School	85-02	86-03	8
3 Kwong, Jeffrey	9	Galileo Academy	75-00	85-10	6
4 Young, Chris	10	Lowell High School	79-00	83-00.50	4
5 Montoya, Mario	10	Phillip and Sala Burton	65-00	82-11.50	2
6 Escobar, Mark	10	Phillip and Sala Burton	60-00	79-01.75	1
7 Afandi, Adam	10	Lowell High School	70-00	77-09.25	
8 Yee, Samuel	9	George Washington High Sc	70-02	68-00	

Meet: 4:15.13 2000

Jin Daikoku, Lowell

Women - Varsity - Team Rankings - 16 Events Scored

1) Lowell High School

259

2) Abraham Lincoln High

52

CIF San Francisco Section - 5/25/2005 to 5/28/2005
Track and Field Championships
Kezar Stadium

Results

3) George Washington High Sc	47	4) Phillip and Sala Burton	44
5) Galileo Academy	26	6) Thurgood Marshall High Sc	12
7) Mission High School	10	8) International Studies Aca	4

Meet: 4:15.13 2000 Jin Daikoku, Lowell

Women - Frosh-Soph - Team Rankings - 16 Events Scored

1) Lowell High School	250	2) Abraham Lincoln High	65
3) Phillip and Sala Burton	47	4) Galileo Academy	32
5) Balboa High School	8	6) Thurgood Marshall High Sc	3
7) International Studies Aca	1		

Meet: 4:15.13 2000 Jin Daikoku, Lowell

Men - Varsity - Team Rankings - 16 Events Scored

1) Lowell High School	171	2) Abraham Lincoln High	99
3) George Washington High Sc	90	4) Phillip and Sala Burton	44
5) Galileo Academy	35	6) International Studies Aca	21
7) Mission High School	20		

Meet: 4:15.13 2000 Jin Daikoku, Lowell

Men - Frosh-Soph - Team Rankings - 16 Events Scored

1) Lowell High School	169.5	2) George Washington High Sc	119
3) Galileo Academy	71	4) Balboa High School	38
5) Abraham Lincoln High	36	6) Phillip and Sala Burton	27
7) Thurgood Marshall High Sc	7.5		