

CIF San Francisco Section - 5/27/2009 to 5/30/2009
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Kezar Stadium
Results

Girls 100 Meter Dash Varsity

Meet: * 11.85 5/31/2003 Deanna Goodwin, Inter. Studies Academy					
Name	Year	School	Finals	Wind	Points
Finals					
1 King-Anderson, Mikala	12	Lowell	12.67	1.5	10
2 Felicity, Serena	09	Abraham Lincoln	13.09	1.5	8
3 Cheung, Stephanie	12	Lowell	13.13	1.5	6
4 Li, Annie	10	Abraham Lincoln	13.41	1.5	4
5 Ang, Ivonna	11	Abraham Lincoln	13.53	1.5	2
6 Bustamante, Joanna	11	Lowell	14.33	1.5	1
7 Li, Krislyn	11	Abraham Lincoln	14.45	1.5	
8 Wilson, Ernestine	12	Raoul Wallenberg	14.46	1.5	

Girls 200 Meter Dash Varsity

Meet: * 24.40 5/31/2003 Deanna Goodwin, Inter. Studies Academy					
Name	Year	School	Finals	Wind	Points
1 Jarvis, Katherine	11	Lowell	24.83	2.7	10
2 King-Anderson, Mikala	12	Lowell	26.10	2.7	8
3 Felicity, Serena	09	Abraham Lincoln	27.28	2.7	6
4 Ang, Ivonna	11	Abraham Lincoln	28.05	2.7	4
5 Li, Annie	10	Abraham Lincoln	28.20	2.7	2
6 Lam, Betty	11	Lowell	28.71	2.7	1
7 Liang, Carol	11	Lowell	30.42	2.7	
8 Wilson, Ernestine	12	Raoul Wallenberg	31.85	2.7	

Girls 400 Meter Dash Varsity

Meet: * 55.63 2004 Chauncey David-Jacobs, Burton					
Name	Year	School	Finals	Points	
1 Jarvis, Katherine	11	Lowell	57.64	10	
2 Hernandez, Gabriella	11	Abraham Lincoln	1:03.95	8	
3 Kwok, Kelly	10	Abraham Lincoln	1:03.98	6	
4 Huynh, Jenny	11	Lowell	1:04.91	4	
5 Liu, Lisa	11	Galileo Academy	1:06.09	2	
6 Qian, Jocelyn	12	Lowell	1:06.50	1	
7 Hertz, Annabel	11	Abraham Lincoln	1:07.06		
8 Creed, Justine	11	Lowell	1:10.05		

Girls 800 Meter Run Varsity

Meet: * 2:15.54 1984 Trish Brown, Lowell					
Name	Year	School	Finals	Points	
1 Purpura, Tamara	11	Lowell	2:16.83	10	
2 Hernandez, Gabriella	11	Abraham Lincoln	2:31.50	8	
3 Gulli, Sarah	11	Lowell	2:32.66	6	
4 Tang, Michelle	11	Abraham Lincoln	2:32.98	4	
5 Yan, Hannah	11	Abraham Lincoln	2:41.37	2	
6 Leung, Lisa	11	Lowell	2:43.52	1	
7 Zouai, Manon	12	Lowell	2:45.00		
8 Lau, Betty	11	Galileo Academy	2:52.36		

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Girls 1600 Meter Run Varsity

Meet: * 4:56.02 1997		Jennifer Akana, Lowell			
Name	Year	School	Finals	Points	
1	Purpura, Tamara	11 Lowell	5:19.84	10	
2	Gulli, Sarah	11 Lowell	5:36.88	8	
3	Slotterback, Anna	10 Abraham Lincoln	5:39.89	6	
4	Tang, Michelle	11 Abraham Lincoln	5:44.72	4	
5	Chin, Elena	12 Lowell	5:54.89	2	
6	Creed, Justine	11 Lowell	5:57.36	1	
7	Yan, Hannah	11 Abraham Lincoln	6:02.97		
8	Lau, Betty	11 Galileo Academy	6:07.76		
9	Velasquez, Ruth	12 Mission	6:49.31		
10	Jackson, Chelsea	12 International St	6:58.20		
11	Munoz, Jeannie	11 John A. O'Connell	7:18.33		

Girls 3200 Meter Run Varsity

Meet: * 10:48.34 1998		Jennifer Akana, Lowell			
Name	Year	School	Finals	Points	
1	Slotterback, Anna	10 Abraham Lincoln	12:20.92	10	
2	Chin, Elena	12 Lowell	12:29.65	8	
3	Zhen, Diana	12 Lowell	12:36.12	6	
4	Smoot, Karyn	12 Lowell	12:39.58	4	
5	Wong, Madeline	12 Lowell	13:27.61	2	
6	Tom, Tiffani	11 Abraham Lincoln	13:32.55	1	
7	Lam, Jamie	11 Abraham Lincoln	13:49.20		
8	Duenwald, Hannah	12 George Washington	14:35.02		

Girls 100 Meter Hurdles Varsity

Meet: * 14.20 1983		Jescia Casimir, Washington				
Name	Year	School	Finals	Wind	Points	
1	Gao, Katherine	10 Lowell	17.48	1.0	10	
2	Jeong, Lauren	12 Lowell	17.77	1.0	8	
3	Gao, Eva	11 Lowell	18.20	1.0	6	
4	Meneses, Hallie	11 Abraham Lincoln	18.62	1.0	4	
5	Zouai, Manon	12 Lowell	19.72	1.0	2	
6	Kwok, Kelly	10 Abraham Lincoln	20.51	1.0	1	
7	Cruz, Ellen	11 Abraham Lincoln	21.04	1.0		
8	Lam, Jenny	10 Abraham Lincoln	21.87	1.0		

Girls 300 Meter Hurdles Varsity

Meet: * 45.6h 1990		Tanya Lazar-Lee, McAteer			
Name	Year	School	Finals	Points	
1	Gao, Eva	11 Lowell	49.74	10	
2	Gao, Katherine	10 Lowell	50.86	8	
3	Alejo, Erina	11 Lowell	53.30	6	
4	Meneses, Hallie	11 Abraham Lincoln	55.17	4	
5	Kwok, Kelly	10 Abraham Lincoln	55.90	2	
6	Kuang, Ruby	11 Lowell	56.69	1	

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....Girls Pole Vault Varsity

2	Cai, Michelle	09	Abraham Lincoln	6-06.00	8
3	Loi, Julia	10	Abraham Lincoln	J6-06.00	6
4	Lam, Jenny	10	Abraham Lincoln	6-00.00	3
4	Ang, Ivonna	11	Abraham Lincoln	6-00.00	3
--	Liang, Carol	11	Lowell	NH	

Girls Long Jump Varsity

Meet: * 19-02.50 1992 Shena Ferguson, Washington					
Name	Year	School	Finals	Wind	Points
1	Cai, Cathy	09	Abraham Lincoln	16-06.50	NWI 10
2	Felicity, Serena	09	Abraham Lincoln	15-11.00	NWI 8
3	Cai, Michelle	09	Abraham Lincoln	15-09.00	NWI 6
4	Zouai, Manon	12	Lowell	15-06.75	NWI 4
5	Meneses, Hallie	11	Abraham Lincoln	15-05.25	NWI 2
6	Cheung, Stephanie	12	Lowell	15-04.00	NWI 1
7	Huynh, Jenny	11	Lowell	15-01.00	NWI
8	Lam, Betty	11	Lowell	14-11.50	NWI
9	Lim, Linda	10	Galileo Academy	13-06.25	NWI

Girls Triple Jump Varsity

Meet: * 39-07.75 2001 Roshena Duree, Burton					
Name	Year	School	Finals	Wind	Points
1	Cai, Cathy	09	Abraham Lincoln	35-00.50	NWI 10
2	Cai, Michelle	09	Abraham Lincoln	34-08.25	NWI 8
3	Cheung, Stephanie	12	Lowell	32-06.25	NWI 6
4	Gao, Katherine	10	Lowell	31-03.25	NWI 4
5	Lam, Jenny	10	Abraham Lincoln	30-10.00	NWI 2
6	Li, Krislyn	11	Abraham Lincoln	29-03.50	NWI 1
7	Mo, Eva	11	Lowell	29-00.00	NWI
8	Qian, Jocelyn	12	Lowell	28-11.00	NWI
9	Lee, Amanda	10	Galileo Academy	28-09.00	NWI

Girls Shot Put Varsity

Meet: * 45-03 5/30/2009 Chioma Amaechi, Abraham Lincoln					
Name	Year	School	Finals	Points	
1	Amaechi, Chioma	11	Abraham Lincoln	45-03.00*	10
2	Cai, Cathy	09	Abraham Lincoln	32-03.00	8
3	Wong, Mellisa	12	Galileo Academy	31-02.00	6
4	Miao, Jessica	12	Lowell	27-11.00	4
5	Cai, Michelle	09	Abraham Lincoln	27-08.00	2
6	Lam, Allyson	12	Lowell	24-09.00	1
7	Gee, Amy	12	Lowell	23-11.00	
8	Zhang, Daphne	11	Galileo Academy	22-07.00	
9	Viets, Helena	09	Abraham Lincoln	21-11.00	
10	Ngo, Samantha	11	Lowell	20-09.00	
11	Lu, Amy	11	Galileo Academy	20-08.00	

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Girls Discus Throw Varsity

Meet: * 116-11 1987		Sheriff Huseny, Lincoln			
Name	Year	School	Finals	Points	
1 Amaechi, Chioma	11	Abraham Lincoln	88-11	10	
2 Miao, Jessica	12	Lowell	83-08	8	
3 Lam, Allyson	12	Lowell	77-00	6	
4 Gee, Amy	12	Lowell	74-05	4	
5 Ngo, Samantha	11	Lowell	63-10	2	
6 Zhang, Daphne	11	Galileo Academy	58-05	1	
7 Viets, Helena	09	Abraham Lincoln	57-09		
8 Yip, Tina	12	George Washington	51-03		

Girls 100 Meter Dash Frosh-Soph

Meet: * 12.72 5/30/2009		Melanie Speech, Lowell				
Name	Year	School	Finals	Wind	Points	
1 Speech, Melanie	09	Lowell	12.72*	1.5	10	
2 Nwankwo, Ugonma	09	Galileo Academy	13.50	1.5	8	
3 Penny, Tierra	09	Balboa	13.69	1.5	6	
4 Ng, Adrena	10	Galileo Academy	13.71	1.5	4	
5 Pusey, Mickesha	10	Balboa	13.76	1.5	2	
6 Xu, Lily	09	Lowell	13.99	1.5	1	
7 Woo, Samantha	09	Lowell	14.29	1.5		
8 Butler, TiYana	10	Raoul Wallenberg	14.80	1.5		

Girls 200 Meter Dash Frosh-Soph

Meet: * 26.12 5/26/2007		Katherine Jarvis, Lowell				
Name	Year	School	Finals	Wind	Points	
1 Speech, Melanie	09	Lowell	26.37	1.1	10	
2 Lim, Valerie	10	Lowell	27.73	1.1	8	
3 Penny, Tierra	09	Balboa	28.20	1.1	6	
4 Pusey, Mickesha	10	Balboa	28.57	1.1	4	
5 McCune, Shawnanis	09	Abraham Lincoln	28.87	1.1	2	
6 Woo, Samantha	09	Lowell	29.36	1.1	1	
7 Xu, Lily	09	Lowell	29.80	1.1		

Girls 400 Meter Dash Frosh-Soph

Meet: * 1:00.71 5/26/2007		Katherine Jarvis, Lowell			
Name	Year	School	Finals	Points	
1 Huang, Lucy	09	Lowell	1:04.65	10	
2 Khuu, Elizabeth	10	George Washington	1:05.46	8	
3 Lim, Valerie	10	Lowell	1:05.87	6	
4 Chan, Jenny	09	Lowell	1:07.47	4	
5 Yu, Hester	10	Lowell	1:09.12	2	

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Girls 800 Meter Run Frosh-Soph

Meet: * 2:31.03 5/28/2005 Lucy Luong, Lincoln

Name	Year	School	Finals	Points
1 Huang, Lucy	09	Lowell	2:38.57	10
2 Khuu, Elizabeth	10	George Washington	2:39.31	8
3 Chan, Caroline	09	Lowell	2:44.57	6
4 Lee, Amanda	10	Lowell	2:47.57	4
5 Creed, Rachel	09	Galileo Academy	2:48.17	2
6 Shields, Rosa	10	Lowell	2:49.53	1
7 Chac, Helen	09	Raoul Wallenberg	2:52.88	
8 Quan, Sophia	09	George Washington	2:57.64	

Girls 1600 Meter Run Frosh-Soph

Meet: * 5:40.32 5/28/2005 Lucy Luong, Lincoln

Name	Year	School	Finals	Points
1 Chu, Sami	10	Abraham Lincoln	5:46.33	10
2 Roche, Emelie	09	George Washington	5:50.06	8
3 Wong, Beverly	09	George Washington	5:57.32	6
4 Chan, Caroline	09	Lowell	6:00.96	4
5 Yu, Salina	10	Abraham Lincoln	6:13.61	2
6 Shields, Rosa	10	Lowell	6:14.54	1
7 Quan, Sophia	09	George Washington	6:21.21	
8 Jing, Ina	10	Lowell	6:29.76	
9 Chin, Karen	10	Lowell	6:43.64	
10 Li, Sara	10	George Washington	6:44.06	
11 Chow, Tiffany	09	Abraham Lincoln	6:57.59	
12 Xie, Silkey	10	Galileo Academy	7:03.88	
13 Li, Ivy	09	Galileo Academy	7:08.96	

Girls 3200 Meter Run Frosh-Soph

Meet: * 12:29.63 5/28/2005 Cynthia Leung, Lowell

Name	Year	School	Finals	Points
1 Chu, Sami	10	Abraham Lincoln	12:56.64	10
2 Roche, Emelie	09	George Washington	12:59.13	8
3 Leung, Alison	10	Lowell	13:09.16	6
4 Wong, Beverly	09	George Washington	13:19.76	4
5 Liang, Olivia	10	Lowell	13:36.57	2
6 Li, Eileen	10	Lowell	13:44.91	1
7 Wu, Ashley	10	Lowell	14:00.47	
8 Li, Sara	10	George Washington	15:31.62	

Girls 100 Meter Hurdles Frosh-Soph

Meet: * 18.29 5/24/2008 Katherine Gao, Lowell

Name	Year	School	Finals	Wind	Points
1 Chan, Cheryl	10	Lowell	18.91	1.7	10
2 Lee, Michelle	09	George Washington	20.12	1.7	8
3 Caasi-Davis, Theresa	10	Galileo Academy	20.18	1.7	6
4 Huang, Annie	09	George Washington	21.51	1.7	4

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5 Thich, Christina 09 Lowell 21.62 1.7 2

Girls 300 Meter Hurdles Frosh-Soph

Meet: * 50.35 5/24/2008 Katherine Gao, Lowell

Name	Year	School	Finals	Points
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1 Chan, Cheryl	10	Lowell	53.76	10
2 Lee, Michelle	09	George Washington	54.23	8
3 Yu, Hester	10	Lowell	58.30	6
4 Thich, Christina	09	Lowell	58.60	4
5 Huang, Annie	09	George Washington	1:02.37	2

Girls 4x100 Meter Relay Frosh-Soph

Meet: * 54.04 5/30/2009 Lowell, Lowell

S Woo, C Chan, V Lim, L Huang

School	Finals	Points
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1 Lowell 'A'	54.04*	10
1) Woo, Samantha 09	2) Chan, Cheryl 10	
3) Lim, Valerie 10	4) Huang, Lucy 09	
2 Galileo Academy 'A'	54.93	8
1) Caasi-Davis, Theresa 10	2) Ng, Adrena 10	
3) Mo, Julie 10	4) Nwankwo, Ugonma 09	
3 Mission 'A'	56.25	6
1) Aquiler, Abigail 09	2) Kononovych, Olena 10	
3) Osborne, Malena 10	4) Mitchell, Tianna 09	
4 Balboa 'A'	1:00.40	4
1) Penny, Tierra 09	2) Moriano, Regeah 10	
3) Pusey, Mickesha 10	4) Espinoza, Yvonne 09	

Girls 4x400 Meter Relay Frosh-Soph

Meet: * 4:17.35 5/26/2007 Lowell High School, Lowell

School	Finals	Points
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1 Lowell 'A'	4:34.85	10
1) Huynh, Stephanie 10	2) Lee, Amanda 10	
3) Lim, Valerie 10	4) Huang, Lucy 09	
2 Mission 'A'	4:48.46	8
1) Kononovych, Olena 10	2) Osborne, Malena 10	
3) Mitchell, Tianna 09	4) Aquiler, Abigail 09	
3 Galileo Academy 'A'	4:54.79	6
1) Mo, Julie 10	2) Creed, Rachel 09	
3) Ng, Adrena 10	4) Nwankwo, Ugonma 09	

Girls High Jump Frosh-Soph

Meet: * 4-07 5/26/2007 Lauren Jeong, Lowell

Name	Year	School	Finals	Points
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1 Osborne, Malena	10	Mission	4-02.00	10
2 Oweyong, Stephanie	10	Galileo Academy	J4-02.00	8

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....Girls High Jump Frosh-Soph

3	Thich, Christina	09	Lowell	4-00.00	6
4	Golparast, Jasmine	10	Galileo Academy	3-08.00	4
5	Kononovych, Olena	10	Mission	J3-08.00	2

Girls Pole Vault Frosh-Soph

Meet: * 7-00 5/28/2005 Yoongi Tom, Lowell

Name	Year	School	Finals	Points
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1	Huynh, Stephanie	10	Lowell	6-00.00	10
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Girls Long Jump Frosh-Soph

Meet: * 16-09.75 5/27/2009 Melanie Speech, Lowell

Name	Year	School	Finals	Wind	Points
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1	Speech, Melanie	09	Lowell	16-09.75*	NWI	10
2	Woo, Samantha	09	Lowell	15-05.00	NWI	8
3	Ng, Adrena	10	Galileo Academy	14-10.00	NWI	6
4	Chan, Cheryl	10	Lowell	14-08.25	NWI	4
5	Zhang, Michelle	09	Galileo Academy	14-03.75	NWI	2
6	Caasi-Davis, Theresa	10	Galileo Academy	14-03.50	NWI	1
7	Osborne, Malena	10	Mission	14-03.25	NWI	
8	Pusey, Mickesha	10	Balboa	14-03.00	NWI	

Girls Triple Jump Frosh-Soph

Meet: * 34-00.50 5/23/2007 Stephanie Cheung, Lowell

Name	Year	School	Finals	Wind	Points
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1	Huynh, Stephanie	10	Lowell	31-02.00	NWI	10
2	Caasi-Davis, Theresa	10	Galileo Academy	28-08.25	NWI	8
3	Thich, Christina	09	Lowell	28-03.00	NWI	6
4	Leung, Stephanie	10	Lowell	27-09.50	NWI	4
5	Zhang, Michelle	09	Galileo Academy	27-05.00	NWI	2
6	Kononovych, Olena	10	Mission	26-09.00	NWI	1
7	Mo, Julie	10	Galileo Academy	26-08.50	NWI	

Girls Shot Put Frosh-Soph

Meet: * 33-04 5/27/2009 Melanie Speech, Lowell

Name	Year	School	Finals	Points
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1	Speech, Melanie	09	Lowell	33-04.00*	10
2	Mitchell, Tianna	09	Mission	28-11.00	8
3	Ja, Alena	10	Lowell	25-01.00	6
4	Lee, Michelle	09	George Washington	24-02.00	4
5	Song, Jing Yao	10	Mission	20-10.00	2
6	Jones, Lukenia	09	Lowell	20-08.00	1
7	Kuang, Cindy	10	Galileo Academy	20-06.00	
8	Mo, Tammy	10	Lowell	18-02.00	

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Girls Discus Throw Frosh-Soph

Meet: * 100-10.50 5/21/2008 Chioma Amaechi, Abraham Lincoln				
Name	Year	School	Finals	Points
1 Lee, Michelle	09	George Washington	71-06	10
2 Kuang, Cindy	10	Galileo Academy	66-07	8
3 Ja, Alena	10	Lowell	64-03	6
4 Mo, Tammy	10	Lowell	59-03	4
5 Jones, Lukenia	09	Lowell	39-10	2

Boys 100 Meter Dash Varsity

Meet: * 10.64 1982 Angelo McNeil, Galileo					
Meet: 10.64 1993 Rashan Sanders, Lincoln					
Meet: 10.64 1985 Andre Alexander, Balboa					
Name	Year	School	Finals	Wind	Points
1 Hampton, Demaree	12	Mission	11.03	1.5	10
2 Marman, Devon	11	Abraham Lincoln	11.06	1.5	8
3 Ramirez, Dave	12	Galileo Academy	11.10	1.5	6
4 Hom, Kevin	12	Galileo Academy	11.15	1.5	4
5 Han, Wang	12	Lowell	11.41	1.5	2
6 Robinson, Eddie	09	Abraham Lincoln	11.65	1.5	1
7 Hill, Clint	12	Galileo Academy	11.89	1.5	
-- Marman, Deshon	12	Abraham Lincoln	FS	1.5	

Boys 200 Meter Dash Varsity

Meet: * 21.13 1995 Felton Charles, McAteer					
Name	Year	School	Finals	Wind	Points
1 Anderson, Deondre	10	Philip & Sala Bu	22.29	2.1	10
2 Banks, Nate	12	Lowell	22.64	2.1	8
3 Mannah, Safa	11	Lowell	22.82	2.1	6
4 Hom, Kevin	12	Galileo Academy	22.85	2.1	4
5 Han, Wang	12	Lowell	23.39	2.1	2
6 Hill, Clint	12	Galileo Academy	23.93	2.1	1
7 Dickey, Kwame	10	Philip & Sala Bu	24.96	2.1	

Boys 400 Meter Dash Varsity

Meet: * 47.84 1995 Felton Charles, McAteer				
Name	Year	School	Finals	Points
1 Anderson, Deondre	10	Philip & Sala Bu	49.51	10
2 Mannah, Safa	11	Lowell	50.68	8
3 Banks, Nate	12	Lowell	51.23	6
4 Davis, Mike	11	Abraham Lincoln	51.88	4
5 Kuang, Hondson	12	Lowell	53.59	2
6 Dickey, Kwame	10	Philip & Sala Bu	53.68	1
7 Won, James	12	Lowell	55.23	

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Boys 800 Meter Run Varsity

Meet: * 1:56.3h 1991		Dustin Rawls, Lincoln			
Name	Year	School	Finals	Points	
1 David-Jacobs, Martin	12	Philip & Sala Bu	1:58.04	10	
2 McCarthy, Shane	11	Lowell	2:01.24	8	
3 Davis, Mike	11	Abraham Lincoln	2:06.82	6	
4 Zhang, Jimmy	11	Thurgood Marshall	2:07.20	4	
5 Huynh, Roger	12	Lowell	2:10.78	2	
6 Rodriguez, Eric	12	Lowell	2:11.81	1	
7 Toy, Eric	11	Lowell	2:12.01		
8 Castaing, Christian	11	June Jordan	2:12.59		

Boys 1600 Meter Run Varsity

Meet: * 4:15.13 2000		Jin Daikoku, Lowell			
Name	Year	School	Finals	Points	
1 Lee, Carlin	12	Lowell	4:44.80	10	
2 Rodriguez, Eric	12	Lowell	4:44.87	8	
3 Lee, Casey	11	Lowell	4:45.05	6	
4 Castaing, Christian	11	June Jordan	4:55.07	4	
5 Chow, Kendrick	12	Galileo Academy	4:57.14	2	
6 Zhang, Jimmy	11	Thurgood Marshall	4:57.74	1	
7 McCarthy, Shane	11	Lowell	5:04.51		
8 Burroughs, Devon	11	Philip & Sala Bu	5:19.36		
9 Mariscal, Ramses	11	Balboa	5:26.61		
10 Li, Dennis a.	09	Abraham Lincoln	5:35.31		
11 Wong, Caesar	09	Abraham Lincoln	5:38.72		
12 Li, Dennis b.	09	Abraham Lincoln	5:43.54		

Boys 3200 Meter Run Varsity

Meet: * 9:37.80 1995		Bolota Asmerom, McAteer			
Name	Year	School	Finals	Points	
1 Lee, Carlin	12	Lowell	10:31.63	10	
2 Lee, Casey	11	Lowell	10:31.97	8	
3 Castaing, Christian	11	June Jordan	10:48.71	6	
4 Chow, Kendrick	12	Galileo Academy	10:57.99	4	
5 Olson, Mark	12	Lowell	11:02.60	2	
6 Clewes, Reilly	11	Lowell	11:09.01	1	
7 Burroughs, Devon	11	Philip & Sala Bu	11:13.23		
8 Kwan, Matthew	09	Abraham Lincoln	12:44.93		
9 Yin, Ricky	09	Abraham Lincoln	13:28.24		
10 Lam, Brian	09	Abraham Lincoln	13:56.28		
11 Chiu, Ryan	09	Abraham Lincoln	14:06.52		

Boys 110 Meter Hurdles Varsity

Meet: * 14.24 1973		Mike Kirtman, Wilson			
Meet: 14.24 1979		Brennan Redd, Wilson			
Name	Year	School	Finals	Wind	Points
1 Chin, Victor	12	Lowell	15.90	1.8	10

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2	Jiang, Jesse	11	Lowell	16.29	1.8	8
3	Meneses, Shawn	12	Abraham Lincoln	16.51	1.8	6
4	Wu, Michael	12	Lowell	17.06	1.8	4
5	Escobar, Ken	12	Philip & Sala Bu	18.18	1.8	2
6	Cheung, Enhao	11	Abraham Lincoln	18.33	1.8	1
7	Kuang, Adam	11	Galileo Academy	19.10	1.8	

Boys 300 Meter Hurdles Varsity

Meet: * 38.9h 1989		Eddie Wong, Lincoln			
Name	Year	School	Finals	Points	
1	Marman, Devon	11	Abraham Lincoln	41.58	10
2	Chin, Victor	12	Lowell	42.51	8
3	Hampton, Demaree	12	Mission	42.82	6
4	Meneses, Shawn	12	Abraham Lincoln	44.08	4
5	Jiang, Jesse	11	Lowell	44.17	2
6	Wu, Michael	12	Lowell	45.17	1
7	Escobar, Ken	12	Philip & Sala Bu	46.05	
8	Cheung, Enhao	11	Abraham Lincoln	47.22	

Boys 4x100 Meter Relay Varsity

Meet: * 41.90 1995		McAteer, McAteer			
School			Finals	Points	
1	Abraham Lincoln (Sf) 'A'		43.35	10	
	1) Ganal, Remfel 09	2) Marman, Deshon 12			
	3) Marman, Devon 11	4) Robinson, Eddie 09			
2	Galileo Academy 'A'		43.54	8	
	1) Juarez, Diego 12	2) Ramirez, Dave 12			
	3) Hill, Clint 12	4) Hom, Kevin 12			
3	Lowell 'A'		44.21	6	
	1) Wu, Michael 12	2) Banks, Nate 12			
	3) Mannah, Safa 11	4) Han, Wang 12			
4	Philip & Sala Burton 'A'		45.08	4	
	1) Robinson, Leroy 11	2) Miller, Stanley 11			
	3) Dickey, Kwame 10	4) Brooks, Norman 12			

Boys 4x400 Meter Relay Varsity

Meet: * 3:23.5h 1993		McAteer, McAteer			
School			Finals	Points	
1	Lowell 'A'		3:27.82	10	
	1) Banks, Nate 12	2) Won, James 12			
	3) McCarthy, Shane 11	4) Mannah, Safa 11			
2	Philip & Sala Burton 'A'		3:32.00	8	
	1) David-Jacobs, Martin 12	2) Anderson, Deondre 10			
	3) Robinson, Leroy 11	4) Brooks, Norman 12			
3	Abraham Lincoln (Sf) 'A'		3:34.56	6	
	1) Davis, Mike 11	2) Marman, Deshon 12			
	3) Marman, Devon 11	4) Robinson, Eddie 09			
4	Galileo Academy 'A'		3:41.60	4	

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- | | |
|-------------------|---------------------|
| 1) Ale, Pat 12 | 2) Ramirez, Dave 12 |
| 3) Hill, Clint 12 | 4) Hom, Kevin 12 |

Boys High Jump Varsity

Meet: * 7-00 1983		Maurice Crumby, Balboa		
Name	Year	School	Finals	Points
1 Kuang, Hondson	12	Lowell	5-08.00	10
2 Shaw, Noah	11	Lowell	5-06.00	8
3 Ganal, Remfel	09	Abraham Lincoln	J5-06.00	6
4 Zeryihun, Amanuel	12	Lowell	5-04.00	4
5 Carpenter, Elroi	11	Abraham Lincoln	J5-04.00	1.50
5 Jiang, Jesse	11	Lowell	J5-04.00	1.50
7 Hong, Stephen	12	Abraham Lincoln	J5-04.00	
8 Kuang, Adam	11	Galileo Academy	5-00.00	
8 Escobar, Ken	12	Philip & Sala Bu	5-00.00	
-- Turner, Icee	11	Philip & Sala Bu	NH	
-- Miller, Stanley	11	Philip & Sala Bu	NH	

Boys Pole Vault Varsity

Meet: * 14-02 1981		James McClanahan, Galileo		
Name	Year	School	Finals	Points
1 Wong, Tony	11	Lowell	9-06.00	10
2 Shaw, Noah	11	Lowell	9-00.00	8
3 Meneses, Shawn	12	Abraham Lincoln	8-00.00	5
3 Shimura, Yuzo	11	Abraham Lincoln	8-00.00	5
5 Garcia, Joseph	11	Abraham Lincoln	7-06.00	2

Boys Long Jump Varsity

Meet: * 25-03.50 1981		Ken Frazier, Mission			
Name	Year	School	Finals	Wind	Points
1 Vinzant, Joseph	11	Thurgood Marshall	21-01.50	NWI	10
2 Ramirez, Dave	12	Galileo Academy	20-02.25	NWI	8
3 Lee, Larry	12	Lowell	19-08.25	NWI	6
4 Ganal, Remfel	09	Abraham Lincoln	19-07.75	NWI	4
5 Tan, Michael	12	Lowell	18-10.00	NWI	2
6 DeGuzman, Jeff	12	George Washington	18-04.00	NWI	1
7 Kuang, Adam	11	Galileo Academy	18-03.25	NWI	
8 Shaw, Noah	11	Lowell	18-02.50	NWI	

Boys Triple Jump Varsity

Meet: * 50-03.25 1981		Ken Frazier, Mission			
Name	Year	School	Finals	Wind	Points
1 Meneses, Shawn	12	Abraham Lincoln	41-03.00	NWI	10
2 Ganal, Remfel	09	Abraham Lincoln	38-11.50	NWI	8
3 Escobar, Ken	12	Philip & Sala Bu	38-08.00	NWI	6
4 Lee, Larry	12	Lowell	38-06.75	NWI	4

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....Boys Triple Jump Varsity

5	Shaw, Noah	11	Lowell	38-05.00	NWI	2
6	Cheung, Enhao	11	Abraham Lincoln	37-03.00	NWI	1
7	Kuang, Adam	11	Galileo Academy	36-07.75	NWI	
8	Tan, Michael	12	Lowell	36-03.50	NWI	
9	Lee, Wei	11	Lowell	34-07.75	NWI	
--	Robinson, Eddie	09	Abraham Lincoln	DNF	NWI	

Boys Shot Put Varsity

Meet: * 60-09.25 1957 Mike Lewis, Lincoln						
Name	Year	School	Finals	Points		
1	Ohlssen, Ricky	12	Abraham Lincoln	49-06.00	10	
2	Graber, Calvin	11	Abraham Lincoln	41-04.00	8	
3	Vidrio, Jorge	12	George Washington	37-06.00	6	
4	Harvey, Vincent	12	Lowell	37-01.00	4	
5	Lao, Wilson Wai Seng	12	Lowell	36-09.00	2	
6	Figueroa, Alex	12	George Washington	36-02.00	1	

Boys Discus Throw Varsity

Meet: * 170-01.50 1968 Alex Darnes, Polytechnic						
Name	Year	School	Finals	Points		
1	Ohlssen, Ricky	12	Abraham Lincoln	130-09	10	
2	Zhang, John	11	Galileo Academy	117-09	8	
3	Lao, Wilson Wai Seng	12	Lowell	107-11	6	
4	Graber, Calvin	11	Abraham Lincoln	105-05	4	
5	Ricci, Jared	11	Galileo Academy	96-01	2	
6	Vidrio, Jorge	12	George Washington	94-00	1	
7	Walker, Solomon	12	George Washington	92-03		

Boys 100 Meter Dash Frosh-Soph

Meet: * 10.7h 1985 Tom Cagle, Lincoln						
Meet: 10.7h 1999 Daryl Terrell, McAteer						
Name	Year	School	Finals	Wind	Points	
1	Warren, Gregory	10	Balboa	11.55	1.7	10
2	Gaines, Davonta	10	Mission	11.59	1.7	8
3	Lee, Calvin	10	George Washington	11.80	1.7	6
4	Cheung, Alex	10	Lowell	11.83	1.7	4
5	Lui, Ryan	10	Lowell	11.85	1.7	2
6	Fields, Jayvon	09	Abraham Lincoln	11.90	1.7	1
7	Johnson, Deleon	10	Abraham Lincoln	12.20	1.7	

Boys 200 Meter Dash Frosh-Soph

Meet: * 22.1h 2000 Steven Tate, Lincoln						
Name	Year	School	Finals	Wind	Points	
1	Warren, Gregory	10	Balboa	23.54	1.7	10
2	Davis, Robert	10	Abraham Lincoln	23.92	1.7	8
3	Brown, Tyree	10	Raoul Wallenberg	24.19	1.7	6

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4	Lui, Ryan	10	Lowell	24.25	1.7	4
5	Lee, Calvin	10	George Washington	24.39	1.7	2
6	McGlothen, Donte	10	Philip & Sala Bu	24.42	1.7	1
7	Chow, Austin	10	Abraham Lincoln	24.66	1.7	
8	Lam, Aaron	10	Galileo Academy	24.92	1.7	

Boys 400 Meter Dash Frosh-Soph

Meet: * 51.71		1990	Sophorn Rasmeay, Galileo			
Name	Year	School	Finals	Points		
1	McGlothen, Donte	10	Philip & Sala Bu	54.11	10	
2	Davis, Robert	10	Abraham Lincoln	54.40	8	
3	Roa, Henry	10	Galileo Academy	54.84	6	
4	Matsunami, Matthew	10	John A. O'Connell	55.69	4	
5	Chan, Raymond	10	Lowell	56.27	2	
6	Martin, Irlanzujuan	10	Galileo Academy	56.47	1	
7	Ho, Nelson	10	Lowell	56.81		
8	Cabrera, Julian	09	Mission	57.61		

Boys 800 Meter Run Frosh-Soph

Meet: * 2:01.8h		1986	C. Verse, Galileo			
Name	Year	School	Finals	Points		
1	Harrington, Leo	10	Lowell	2:10.33	10	
2	Ledezma, Adan	10	Galileo Academy	2:12.20	8	
3	Kilgore, Gustavo	09	Abraham Lincoln	2:12.87	6	
4	Yee, Richard	10	Lowell	2:13.16	4	
5	So, Jacky	10	Abraham Lincoln	2:14.70	2	
6	Matsunami, Matthew	10	John A. O'Connell	2:16.63	1	
7	Cruz, Manuel	10	Mission	2:16.79		
8	Wang, Samuel	09	Lowell	2:22.18		

Boys 1600 Meter Run Frosh-Soph

Meet: * 4:39.20		1995	Paul Choi, Lowell			
Name	Year	School	Finals	Points		
1	Harrington, Leo	10	Lowell	4:44.81	10	
2	Kwong, Sunny	10	Abraham Lincoln	4:53.21	8	
3	Gray, Patrick	10	Abraham Lincoln	4:56.22	6	
4	Yee, Richard	10	Lowell	J4:56.22	4	
5	Skaggs, Cole	10	Lowell	4:59.81	2	
6	Wong, Louis	09	Lowell	5:03.11	1	
7	Cruz, Manuel	10	Mission	5:09.50		
8	Soon, Brendan	10	Galileo Academy	5:12.75		
9	Louie, Vincent	10	George Washington	5:18.07		
10	Hu, Hai (Devin)	09	Abraham Lincoln	5:20.12		
11	Ho, Isaiah	10	Abraham Lincoln	5:27.05		
12	Li, Kevin	10	Galileo Academy	5:27.62		

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Boys 3200 Meter Run Frosh-Soph

Meet: * 10:12.24 5/26/2007 Aaron Hill, Lowell

Name	Year	School	Finals	Points
1 Worthington, Corey	10	Lowell	10:39.12	10
2 Kwong, Sunny	10	Abraham Lincoln	10:49.32	8
3 Gray, Patrick	10	Abraham Lincoln	11:01.53	6
4 Skaggs, Cole	10	Lowell	11:13.20	4
5 Soon, Brendan	10	Galileo Academy	11:20.64	2
6 Onoda, Taiyo	10	Lowell	11:32.81	1
7 Hu, Hai (Devin)	09	Abraham Lincoln	11:32.98	
8 Deng, David	09	Balboa	11:47.71	
9 Cheang, Tony	09	Balboa	11:52.04	
10 Louie, Vincent	10	George Washington	11:52.71	
11 Li, Kevin	10	Galileo Academy	11:55.73	
12 Wang, Aaron	09	Abraham Lincoln	12:08.89	
13 Xu, Jeremy	09	George Washington	12:25.48	
14 Yang, Waylon	10	Lowell	12:33.30	
15 Auyoung, Johnny	10	Galileo Academy	12:53.60	

Boys 110 Meter Hurdles Frosh-Soph

Meet: * 17.07 2008 Jesse Jiang, Lowell

Name	Year	School	Finals	Wind	Points
1 Bannag, Damon	09	Abraham Lincoln	17.37	2.9	10
2 Nguyen, David	10	Galileo Academy	17.81	2.9	8
3 Hu, Kevin	10	Lowell	18.08	2.9	6
4 Torres, David	10	Balboa	18.30	2.9	4
5 Fung, Stephen	09	Galileo Academy	20.13	2.9	2
6 Chew, Wilton	10	Lowell	20.38	2.9	1
7 Zhu, Steven	09	Lowell	20.57	2.9	
8 Tang, Jeffrey	10	George Washington	22.83	2.9	

Boys 300 Meter Hurdles Frosh-Soph

Meet: * 41.80 2001 John Lee, Lowell

Name	Year	School	Finals	Points
1 Torres, David	10	Balboa	45.28	10
2 Bannag, Damon	09	Abraham Lincoln	46.84	8
3 Hu, Kevin	10	Lowell	47.34	6
4 Lee, Darion	09	Lowell	J47.34	4
5 Rato, Joseph	09	Abraham Lincoln	48.90	2
6 Zhu, Steven	09	Lowell	49.29	1
7 Posada, Christopher	09	Abraham Lincoln	49.31	
8 Chew, Wilton	10	Lowell	50.26	

Boys 4x100 Meter Relay Frosh-Soph

Meet: * 44.5h 1983 McAteer, McAteer

School	Finals	Points
1 Abraham Lincoln (Sf) 'A'	46.22	10
1) Chow, Austin 10		
2) Bannag, Damon 09		

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3) Fields, Jayvon 09	4) Johnson, Deleon 10		
2 Mission 'A'		46.70	8
1) Fall, Sidy 10	2) Price-Moku, Travis 10		
3) Tatum, Alec 10	4) Gomez-Wong, Emilio 09		
3 Galileo Academy 'A'		46.72	6
1) Biggins, Trey 09	2) Guinto, Norvin 09		
3) Nguyen, David 10	4) Lam, Aaron 10		
4 Lowell 'A'		46.76	4
1) Chan, Raymond 10	2) Lui, Ryan 10		
3) Wong, William 10	4) Cheung, Alex 10		
5 George Washington 'A'		48.35	2
1) Tang , Jeffrey 10	2) DeGuzman, John 10		
3) Xie, Simon 10	4) Lee, Calvin 10		
-- Balboa 'A'			DQ
1) Andrade, Robert 10	2) Dillard, Josh 10		
3) Warren, Gregory 10	4) Musaliam, Abraham 10		

Boys 4x400 Meter Relay Frosh-Soph

Meet: * 3:36.96 2001 Lowell, Lowell

W. Meng, J. Lee, H. Gebreselassie, I. Walrath

School Finals Points

1 Lowell 'A'		3:42.87	10
1) Chan, Raymond 10	2) Wong, Louis 09		
3) Yee, Richard 10	4) Harrington, Leo 10		
2 Galileo Academy 'A'		3:43.60	8
1) Zhu, Allen 10	2) Roa, Henry 10		
3) Martin, Irlanzujuan 10	4) Ledezma, Adan 10		
3 Mission 'A'		4:05.21	6
1) Cabrera, Julian 09	2) Cruz, Manuel 10		
3) Jordan, Marvin 09	4) Martinez, Nery 09		
-- Abraham Lincoln (Sf) 'A'			DQ
1) Davis, Robert 10	2) Lam, Byron 10		
3) Florez, Arthur 10	4) So, Jacky 10		
-- George Washington 'A'			DQ
1) Xie, Simon 10	2) Tang , Jeffrey 10		
3) DeGuzman, John 10	4) Lee, Calvin 10		

Boys High Jump Frosh-Soph

Meet: * 6-03.50 1981 Justin Brown, Galileo

Name Year School Finals Points

1 Fall, Sidy	10 Mission	5-04.00	10
2 Tatum, Alec	10 Mission	5-02.00	8
3 Andrade, Robert	10 Balboa	J5-02.00	6
4 Price-Moku, Travis	10 Mission	J5-02.00	4
5 Oweyong, Joey	09 Galileo Academy	5-00.00	2
6 Lee, Darion	09 Lowell	J5-00.00	1
7 Mostaghim, Afshin	10 Lowell	J5-00.00	
8 Tang, Winsome	09 Abraham Lincoln	J5-00.00	
9 Dillard, Josh	10 Balboa	J5-00.00	
10 Trumbo, Robbie	09 Galileo Academy	4-10.00	

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....Boys High Jump Frosh-Soph

11 Kuang, Toby	09 Lowell	4-08.00
12 Ho, Nelson	10 Lowell	4-06.00

Boys Pole Vault Frosh-Soph

Meet: * 12-04 1980 James McClanahan, Galileo

Name	Year	School	Finals	Points
1 Tang, Winsome	09	Abraham Lincoln	8-06.00	10
2 Chan, Irving	09	Abraham Lincoln	8-00.00	8
3 Chew, Wilton	10	Lowell	7-06.00	6
4 So, Jacky	10	Abraham Lincoln	7-00.00	4
5 Wang, Aaron	09	Abraham Lincoln	J7-00.00	2
6 Torchiyan, Yuriy	10	Lowell	J7-00.00	1
7 Stainier, Paul	09	Lowell	6-06.00	

Boys Long Jump Frosh-Soph

Meet: * 23-02.50 1985 Dominic Dupree, McAteer

Name	Year	School	Finals	Wind	Points
1 Ho, Nelson	10	Lowell	20-03.00	NWI	10
2 Tse, Alan	09	Galileo Academy	19-08.50	NWI	8
3 Davis, Robert	10	Abraham Lincoln	19-03.50	NWI	6
4 Fields, Jayvon	09	Abraham Lincoln	19-00.50	NWI	4
5 Price-Moku, Travis	10	Mission	18-06.50	NWI	2
6 DeGuzman, John	10	George Washington	18-05.50	NWI	1
7 Tatum, Alec	10	Mission	17-11.75	NWI	
8 Hewett, Richard	09	George Washington	17-07.25	NWI	

Boys Triple Jump Frosh-Soph

Meet: * 44-11 1976 Charles Young, Balboa

Name	Year	School	Finals	Wind	Points
1 Cheung, Alex	10	Lowell	38-06.00	NWI	10
2 Lops, Gabriel	09	Galileo Academy	36-06.00	NWI	8
3 Bannag, Damon	09	Abraham Lincoln	36-03.00	NWI	6
4 Ho, Nelson	10	Lowell	36-01.25	NWI	4
5 Tse, Alan	09	Galileo Academy	36-01.00	NWI	2
6 Burks, Steven	09	Abraham Lincoln	35-07.50	NWI	1
7 Stainier, Paul	09	Lowell	35-04.50	NWI	
8 Zhu, Steven	09	Lowell	33-01.50	NWI	
9 Yu, Randy	10	Abraham Lincoln	31-07.75	NWI	
10 Williams, Evander	10	Thurgood Marshall	31-06.50	NWI	
11 Tang, Winsome	09	Abraham Lincoln	31-04.50	NWI	
12 Chau, Jacky	09	Galileo Academy	30-09.00	NWI	
-- Ngyuen, Jimmy	10	Galileo Academy	DNF	NWI	
-- Fall, Sidy	10	Mission	DNF	NWI	

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Boys Shot Put Frosh-Soph

Meet: * 54-10 1976		Alonzo Fluker, Galileo		
Name	Year	School	Finals	Points
1 Liu, Kevin	10	George Washington	40-10.00	10
2 Quan, Simon	09	Raoul Wallenberg	39-07.00	8
3 Jiang, Anson	10	George Washington	39-02.00	6
4 Smith, Mathew	10	Raoul Wallenberg	37-09.00	4
5 Luu, Colin	09	Abraham Lincoln	37-05.00	2
6 Gomez-Wong, Javier	09	Mission	34-08.00	1
7 Brzyac, Mike	09	Galileo Academy	32-02.00	
8 Luu, Johnny	10	Galileo Academy	31-07.00	
9 Anunciacion, Edrick	10	Philip & Sala Bu	31-01.00	
10 Ene, Young	10	Galileo Academy	30-09.00	
11 Patzan, Oscar	09	Lowell	30-08.00	
12 Agustin, Delwin	09	Philip & Sala Bu	30-01.00	
13 Amidei, Nathaniel	09	Abraham Lincoln	28-03.00	
14 Torchiyan, Yuriy	10	Lowell	28-01.00	
15 Sagiao, Davis	10	Thurgood Marshall	27-09.00	
16 Kuang, Toby	09	Lowell	26-05.00	
17 Maru, Haris	09	Galileo Academy	26-04.00	

Boys Discus Throw Frosh-Soph

Meet: * 143-10 1976		Roy Abendroth, Lowell		
Name	Year	School	Finals	Points
1 Quan, Simon	09	Raoul Wallenberg	100-09	10
2 Smith, Mathew	10	Raoul Wallenberg	92-08	8
3 Luu, Colin	09	Abraham Lincoln	92-07	6
4 Liu, Kevin	10	George Washington	89-06	4
5 Jiang, Anson	10	George Washington	89-01	2
6 Sagiao, Davis	10	Thurgood Marshall	87-09	1
7 Anunciacion, Edrick	10	Philip & Sala Bu	82-11	
8 Amidei, Nathaniel	09	Abraham Lincoln	73-00	
9 Ramos, Juan	10	Mission	71-11.50	
10 Kuang, Toby	09	Lowell	69-05	
11 Malloy, Max	10	Galileo Academy	68-10	
12 Patzan, Oscar	09	Lowell	68-01	
13 Gomez-Wong, Javier	09	Mission	66-05.50	
14 Torchiyan, Yuriy	10	Lowell	58-01	
15 Agustin, Delwin	09	Philip & Sala Bu	56-06	

Women - Varsity - Team Rankings - 16 Events Scored

1) Lowell	238	2) Abraham Lincoln (SF)	216
3) Galileo Academy	21	4) Balboa	6

Women - Frosh-Soph - Team Rankings - 16 Events Scored

1) Lowell	226	2) George Washington	78
3) Galileo Academy	73	4) Mission	37
5) Abraham Lincoln (SF)	24	6) Balboa	22

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....Boys Discus Throw Frosh-Soph

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 Men - Varsity - Team Rankings - 16 Events Scored
 =====

1) Lowell	206.50	2) Abraham Lincoln (SF)	130.50
3) Philip & Sala Burton	51	3) Galileo Academy	51
5) Mission	16	6) Thurgood Marshall	15
7) June Jordan	10	8) George Washington	9

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 Men - Frosh-Soph - Team Rankings - 16 Events Scored
 =====

1) Abraham Lincoln (SF)	132	2) Lowell	122
3) Galileo Academy	61	4) Mission	47
5) Balboa	40	6) Raoul Wallenberg	36
7) George Washington	33	8) Philip & Sala Burton	11
9) John A. O'Connell Tech	5	10) Thurgood Marshall	1