

CIF San Francisco Section - 5/20/2017 to 5/27/2017
Track and Field Championships
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Results

Event 1 Boys 4x100 Meter Relay Frosh-Soph

Meet: * 44.64 1983		McAteer (converted time), McAteer	
School		Finals	Points
Finals			
1 Abraham Lincoln (Sf) 'A'		46.86	10
1) Bhonopha, Mustapha 09	2) Zhou, Nathan 10		
3) Tom, Seth 09	4) Koulikov, Martin 09		
5) Contreras, Luis 09	6) Lee, Joshua 09		
2 Lowell 'A'		47.06	8
1) Huang, Alex 09	2) Cheung, Jovin 10		
3) Lei, Tony 09	4) Tsui, Jason 09		
5) Dang, David 10	6) Tran, Tri 10		
3 Philip & Sala Burton 'A'		47.08	6
1) Kuang, Cary 10	2) Hayes, Kyree 10		
3) David, Joshua 10	4) Tran, Michael 10		
5) Wong, Ethan 10	6) Zhou, Jack 10		
4 Mission 'A'		47.42	4
1) Oliver, McKinley 10	2) Laurent, Tyrek 09		
3) Milton, Julian 09	4) Fineberg, Zachery 10		
5) Simmons, Damarr 10	6) Chase, Willie 10		
5 Balboa 'A'		47.57	2
1) Cervantes, Abraham 10	2) Delfin, Gabe 10		
3) Chen, Douglas 10	4) Liang, Warren 10		
5) Chiang, Eron 10	6)		
6 Galileo Academy 'A'		48.30	1
1) Wu, Benny 09	2) Wu, Benjamin 09		
3) Wu, Jimmy 09	4) Tam, Terrence 09		
5) Lee, Ryan 09	6) Zhu, Waylon 09		
-- George Washington 'A'		DNF	
1) Hickerson, Eric 09	2) Lim, Charles 10		
3) Quilala, Randy 10	4) Candia, Allan 09		
5) Chen, David 10	6)		
-- Raoul Wallenberg 'A'		DQ	
1) Lee, Benson 09	2) Kong, Brian 09		
3) Sakai, Ryan 09	4) Szeto, Wilson 09		
5) Li, Wallace 09	6)		

Event 2 Girls 4x100 Meter Relay Varsity

Meet: * 48.44 1983		Mission (converted time), Mission	
School		Finals	Points
1 Abraham Lincoln (Sf) 'A'		51.59	10
1) Amaechi, Precious 12	2) Marcelino, Angelina 11		
3) Lam, Stephanie 11	4) Parish, Ruby 10		
5) Cho, Bianca 11	6) Dubose, Shania 12		
2 Lowell 'A'		52.02	8
1) Inson, Doris 12	2) O'Grady, Lena 11		
3) Tan, Vanessa 12	4) Tsui, Allison 12		
5) Dare, Brittney 11	6) Ng, Elise 11		
3 George Washington 'A'		52.36	6
1) Neely, Kiara 09	2) Gomes, Alina 09		
3) Reynolds, Kiana 11	4) Lew, Lauren 12		
5) Lau, Samantha 11	6) Ng, Tiffany 11		

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....Event 2 Girls 4x100 Meter Relay Varsity

4 Balboa 'A'	52.53	4
1) Chen, Cindy 11	2) Bishop, Kandace 11	
3) Lopez, Emily 12	4) Conley, Janice 11	
5) Phan, Amy 12	6) Tatang, Jeslyn 10	

Event 3 Boys 4x100 Meter Relay Varsity

Meet: * 41.90 1995		McAteer, McAteer	
School		Finals	Points
1 Abraham Lincoln (Sf) 'A'		44.65	10
1) Zheng, Jun 12	2) Walker, Jackson 11		
3) Chan, Alex 12	4) Marania, Roel 12		
5) Zhen, Andy 12	6) Hernandez, Miguel 12		
2 George Washington 'A'		45.05	8
1) Magana, Bryan 12	2) Shew, Kevin 11		
3) McWhorter, Bryan 11	4) Chan, Truman 12		
5) Lin, Jacky 12	6) Tran, Justin 12		
3 Galileo Academy 'A'		45.79	6
1) Shaikh, Adeel 12	2) Arguijo, Andres 11		
3) Ngo, Steven 11	4) Low, Brandon 11		
5) Lin, Timothy 11	6) Yu, Anthony 11		
4 Lowell 'A'		46.49	4
1) Hom, Dexter 12	2) Chang, Sean 12		
3) Chung, Dion 12	4) Toy, Joshua 12		
5) Deng, Kevin 12	6) Ouyang, Mark 12		
5 Balboa 'A'		47.64	2
1) Layug, TJ 11	2) Siu, Justin 11		
3) Guan, Tony 11	4) Zhu, Daniel 11		
5) Tsang, Jonathan 11	6) Wai, Samuel 11		
-- Philip & Sala Burton 'A'		DQ	Pass out of zone
1) He, Raymond 12	2) Hightower, Kabila 12		
3) Fong, Brendan 12	4) Beltran, Brandon 12		
5) Nguyen, Clifton 11	6) Kuang, Hollis 12		
-- Mission 'A'		DQ	Pass out of zone
1) Broussard, Joseph 12	2) Johnson, Tyrese 12		
3) Silas, Xavier 10	4) Al-Malik, Jelani 10		
5) Dixon, Jamal 11	6) Partt, I'Jah 11		

Event 4 Boys 1600 Meter Run Frosh-Soph

Meet: * 4:33.64 5/31/2014		Luis Aragon, Lowell	
Name	Year School	Finals	Points
1 Johnstone, Beck	10 Lowell	4:44.38	10
2 Battaglia, Noah	10 Lowell	4:44.86	8
3 Choy, Norton	09 Lowell	4:50.54	6
4 Lawrence, Ian	10 Lowell	4:50.60	4
5 Lee, Christopher	09 Philip & Sal	5:05.31	2
6 Cavanaugh, Daniel	09 Philip & Sal	5:13.00	1
7 Murphy, Carter	10 George Washington	5:14.35	
8 Marcelino, Elias	09 Abraham Linc	5:16.77	
9 Bradford, Calum	09 Balboa	5:18.56	
10 Rodriguez, Ever	09 Mission	5:18.72	

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....Event 4 Boys 1600 Meter Run Frosh-Soph

11 Van, Annison	10 Abraham Linc	5:23.19
12 Cervantes, Abraham	10 Balboa	5:24.27

Event 5 Girls 1600 Meter Run Varsity

Meet: * 4:56.02 1997 Jennifer Akana, Lowell

Name	Year School	Finals	Points
1 Brill, Sierra	12 Lowell	5:04.82	10
2 Ewe, Natalie	11 Lowell	5:25.19	8
3 Yu, Vanessa	12 George Washington	5:36.08	6
4 Young, Alyssa	11 Lowell	5:39.11	4
5 Huang, Victoria	11 Lowell	5:46.83	2
6 Liang, Cathy	11 Galileo Academy	6:09.77	1
7 Tuyub, Kelly	12 George Washington	6:14.28	
8 Guo, Michelle	11 Balboa	8:23.94	

Event 6 Boys 1600 Meter Run Varsity

Meet: * 4:15.13 2000 Jin Daikoku, Lowell

Name	Year School	Finals	Points
1 Krajewski, Mikolaj	12 Lowell	4:29.69	10
2 Parker, Alexander	11 Lowell	4:31.49	8
3 Tiao, Maximilian	11 Lowell	4:37.35	6
4 Chun, Christian	11 Abraham Linc	4:37.91	4
5 Fuchs, William	12 Lowell	4:53.41	2
6 Friedenbach-Condon, Mate	11 Mission	4:57.19	1
7 Yu, Brian	11 Galileo Academy	5:10.21	
8 Goncalvez, Diohan	12 San Francisco Int'l	5:26.67	
9 Liu, Terence	11 Balboa	5:32.56	
10 Ng, Anthony	11 George Washington	5:33.81	
11 Liao, Steven	11 George Washington	5:54.12	
-- Sevilla, Cristhian	12 San Francisco Int'l	SCR	
-- Trejo, Rodrigo	11 San Francisco Int'l	SCR	
-- Tsui, Alan	11 Galileo Academy	SCR	
-- Thai, Derrick	11 Philip & Sal	SCR	

Event 7 Boys 110 Meter Hurdles 36" Int. Frosh-Soph

Meet: * 16.22 5/26/2012 Ibrahima Mobley, Lincoln

Name	Year School	Finals	Wind	Points
1 Delfin, Gabe	10 Balboa	17.66	3.1	10
2 Baker, Jovon	10 Abraham Linc	17.78	3.1	8
3 Hickerson, Eric	09 George Washington	18.47	3.1	6
4 Koulikov, Martin	09 Abraham Linc	18.96	3.1	4
5 Choy, Owen	09 Lowell	19.48	3.1	2
6 Lee, Ryan	09 Galileo Academy	20.34	3.1	1
7 Bhonopha, Mustapha	09 Abraham Linc	20.61	3.1	
8 Cai, Wen	09 Lowell	21.29	3.1	
-- Lao, Jack	09 Abraham Linc	DNF	3.1	
-- Bautista, Christopher	09 Lowell	SCR		

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Event 8 Boys 110 Meter Hurdles 39" High Varsity

Meet: * 14.24 1973		Mike Kirtman (converted time), Wilson			
Meet: 14.24 1979		Brennan Redd (converted time), Wilson			
Name	Year	School	Finals	Wind	Points
1 Walker, Jackson	11	Abraham Linc	15.72	-1.6	10
2 Hernandez, Miguel	12	Abraham Linc	15.85	-1.6	8
3 Rubio, Jefferson	12	Lowell	17.54	-1.6	6
4 Johnson, Tyrese	12	Mission	17.73	-1.6	4
5 LaFreniere, Reign	11	Acad. of Art	17.77	-1.6	2
6 Tran, Justin	12	George Washington	18.17	-1.6	1
7 Lujan Pedreschi, Italo	11	Lowell	18.27	-1.6	
8 Ong, Arthur	11	Abraham Linc	18.90	-1.6	
9 Mai, Andrew	11	Lowell	19.31	-1.6	

Event 9 Girls 100 Meter Hurdles 33" Low Varsity

Meet: * 14.56 2002		Roshena Duree, Burton			
Name	Year	School	Finals	Wind	Points
1 Miner, Isabel	10	Abraham Linc	16.53	1.5	10
2 Zolan, Leslie	12	Lowell	17.10	1.5	8
3 Bishop, Kandace	11	Balboa	17.61	1.5	6
4 Delucchi, Clare	10	Abraham Linc	17.65	1.5	4
5 Finn, Zinnia	10	Lowell	18.31	1.5	2
6 Vaisse, Lorelei	11	Lowell	19.25	1.5	1
7 Guan, Priscilla	11	Lowell	20.30	1.5	
8 Liang, Alice	12	George Washington	20.39	1.5	

Event 10 Boys 400 Meter Dash Frosh-Soph

Meet: * 51.71 1990		Sophorn Rasmeay, Galileo			
Meet: 51.14 1980		Angelo McNeil (converted time/dist),			
Name	Year	School	Finals	Points	
1 Laurent, Tyrek	09	Mission	52.73		10
2 Buenviage-Boyd, Max	10	Acad. of Art	52.90		8
3 Milton, Julian	09	Mission	53.73		6
4 Tsui, Jason	09	Lowell	53.95		4
5 Zhou, Nathan	10	Abraham Linc	54.67		2
6 Castonena, Edward	09	Acad. of Art	55.18		1
7 Lei, Tony	09	Lowell	55.49		
8 Tam, Terrence	09	Galileo Academy	56.38		
9 Tieu, Cody	10	Galileo Academy	56.97		

Event 11 Girls 400 Meter Dash Varsity

Meet: * 55.63 2004		Chauncey David-Jacobs, Burton			
Name	Year	School	Finals	Points	
1 O'Grady, Lena	11	Lowell	59.51		10
2 Pak, Eva	11	Lowell	1:02.95		8
3 Lee, Carey	11	Lowell	1:03.66		6
4 Reynolds, Kiana	11	George Washington	1:05.09		4
5 Neely, Kiara	09	George Washington	1:05.61		2

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6 Tan, Vanessa	12 Lowell	1:07.62	1
7 Chiang, Moriah	10 Abraham Linc	1:07.73	

Event 12 Boys 400 Meter Dash Varsity

Meet: * 47.84 1995 Felton Charles, McAteer

Name	Year	School	Finals	Points
1 Walker, Jackson	11	Abraham Linc	50.53	10
2 Mai, William	12	Lowell	51.41	8
3 Tom, Ryan	11	Lowell	51.57	6
4 Obiero, Godfrey	09	Lowell	52.44	4
5 Shaikh, Adeel	12	Galileo Academy	53.07	2
6 Hightower, Kabila	12	Philip & Sal	53.33	1
7 Lin, Jacky	12	George Washington	54.23	
8 Al-Malik, Jelani	10	Mission	1:04.49	
-- Dixon, Jamal	11	Mission	DNS	

Event 13 Boys 100 Meter Dash Frosh-Soph

Meet: * 10.94 1985 Tom Cagle (converted time), Lincoln

Meet: 10.94 1999 Daryl Terrell (converted time), McAteer

Name	Year	School	Finals	Wind	Points
1 Wong, Ethan	10	Philip & Sal	11.61	2.4	10
2 Fineberg, Zachery	10	Mission	11.70	2.4	8
3 Liang, Warren	10	Balboa	11.74	2.4	6
4 Quilala, Randy	10	George Washington	12.05	2.4	4
5 Huang, Alex	09	Lowell	12.08	2.4	2
6 Cheung, Jovin	10	Lowell	12.11	2.4	1
7 Contreras, Luis	09	Abraham Linc	12.14	2.4	
8 Zhu, Waylon	09	Galileo Academy	12.27	2.4	
9 Laurent, Tyrek	09	Mission	22.21	2.4	

Event 14 Girls 100 Meter Dash Varsity

Meet: * 11.85 5/31/2003 Deanna Goodwin, Intl. Studies Academy

Name	Year	School	Finals	Wind	Points
1 Mai, Kathleen	10	Lowell	12.60	2.5	10
2 Amaechi, Precious	12	Abraham Linc	12.86	2.5	8
3 Jones, Parker	11	Galileo Academy	12.96	2.5	6
4 Brown, Kamiah	10	Raoul Wallenberg	13.01	2.5	4
5 Conley, Janice	11	Balboa	13.06	2.5	2
6 Parish, Ruby	10	Abraham Linc	13.15	2.5	1
7 Iglehart, Jocelyn	12	Immaculate C	13.18	2.5	
8 Marcelino, Angelina	11	Abraham Linc	13.21	2.5	
9 Amaechi, Pamela	12	Abraham Linc	13.39	2.5	

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Event 15 Boys 100 Meter Dash Varsity

Name	Year	School	Finals	Wind	Points
Meet: * 10.64	1982	Angelo McNeil (converted time), Galileo			
Meet: 10.64	1993	Rashan Sanders (converted time), Lincoln			
Meet: 10.64	1985	Andre Alexander (converted time), Balboa			
Meet: 10.44	1976	Tequil Willis (converted time/dist), Miss			
1 Al-Malik, Jelani	10	Mission	11.23	1.1	10
2 Zheng, Jun	12	Abraham Linc	11.49	1.1	8
3 Silas, Xavier	10	Mission	11.49	1.1	6
4 Magana, Bryan	12	George Washington	11.51	1.1	4
5 Shew, Kevin	11	George Washington	11.52	1.1	2
6 Marania, Roel	12	Abraham Linc	11.78	1.1	1
7 Mai, William	12	Lowell	11.86	1.1	
8 Chang, Sean	12	Lowell	11.91	1.1	
9 McWhorter, Bryan	11	George Washington	12.05	1.1	

Event 16 Boys 800 Meter Run Frosh-Soph

Name	Year	School	Finals	Points
Meet: * 2:01.94	1986	C. Verse (converted time), Galileo		
Meet: 2:01.74	1976	Fletcher Sanford (converted time/d		
1 Choy, Norton	09	Lowell	2:11.03	10
2 Van, Annison	10	Abraham Linc	2:12.07	8
3 Lee, Christopher	09	Philip & Sal	2:12.50	6
4 Chung, Donald	10	Lowell	2:13.17	4
5 Li, Wallace	09	Raoul Wallenberg	2:16.39	2
6 Cervantes, Abraham	10	Balboa	2:21.32	1
7 Pennington, James	09	Acad. of Art	2:23.88	
8 Chen, Douglas	10	Balboa	2:24.76	
9 Chan, Nicholas	10	Lowell	2:25.82	

Event 17 Girls 800 Meter Run Varsity

Name	Year	School	Finals	Points
Meet: * 2:14.95	5/23/2015	Sierra Brill, Lowell		
1 Yu, Vanessa	12	George Washington	2:30.32	10
2 Leung, Cynthia	12	Lowell	2:31.28	8
3 Tuyub, Kelly	12	George Washington	2:40.80	6
4 Tam, Kelly	11	Lowell	2:42.56	4
5 Rivas, Daniela	12	Immaculate C	2:52.11	2
6 Weiss-Mercord, Kenzie	11	Lowell	2:58.75	1
7 Guo, Michelle	11	Balboa	3:42.02	
-- Huang, Victoria	11	Lowell	DNS	
-- Chan, Samantha	11	George Washington	DNS	

Event 18 Boys 800 Meter Run Varsity

Name	Year	School	Finals	Points
Meet: * 1:56.44	1991	Dustin Rawls (converted time), Lin		
Meet: 1:55.34	1968	Geoffrey Henderson (convert. time/		
1 Rodriguez, Emil	11	Lowell	2:01.65	10

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2 Fuchs, William	12 Lowell	2:04.06	8
3 Reidenbach, Ethan	11 Abraham Linc	2:06.45	6
4 Chen, Runjia	12 Lowell	2:07.89	4
5 Tiao, Maximilian	11 Lowell	2:10.50	2
6 Huang, Kenneth	12 Acad. of Art	2:11.41	1
7 Yu, Brian	11 Galileo Academy	2:12.50	
8 Liu, Calvin	11 Galileo Academy	2:16.45	
9 Hightower, Kabila	12 Philip & Sal	2:24.50	

Event 19 Girls 300 Meter Hurdles 30" Low Varsity

Meet: * 45.60 1990 Tanya Lazar-Lee, McAteer

Name	Year School	Finals	Points
1 Jones, Parker	11 Galileo Academy	48.97	10
2 Bishop, Kandace	11 Balboa	50.79	8
3 Neely, Kiara	09 George Washington	51.23	6
4 Zolan, Leslie	12 Lowell	51.33	4
5 Miner, Isabel	10 Abraham Linc	51.42	2
6 Chiang, Moriah	10 Abraham Linc	54.25	1
7 Delucchi, Clare	10 Abraham Linc	54.32	
8 Liang, Alice	12 George Washington	54.40	
9 Vaisse, Lorelei	11 Lowell	54.67	

Event 20 Boys 300 Meter Hurdles 36" Int. Frosh-Soph

Meet: * 41.80 2001 John Lee, Lowell

Name	Year School	Finals	Points
1 Buenviage-Boyd, Max	10 Acad. of Art	44.07	10
2 Lee, Joshua	09 Abraham Linc	47.13	8
3 Bhonopha, Mustapha	09 Abraham Linc	47.18	6
4 Delfin, Gabe	10 Balboa	47.56	4
5 Choy, Owen	09 Lowell	49.01	2
6 Lei, Tony	09 Lowell	50.64	1
7 Lee, Ryan	09 Galileo Academy	52.01	
8 Cai, Wen	09 Lowell	53.30	
-- Lao, Jack	09 Abraham Linc	DNS	

Event 21 Boys 300 Meter Hurdles 36" Int. Varsity

Meet: * 38.18 5/31/2014 Kareem Dupree, Acad. of Art

Name	Year School	Finals	Points
1 Walker, Jackson	11 Abraham Linc	43.10	10
2 LaFreniere, Reign	11 Acad. of Art	44.26	8
3 Lujan Pedreschi, Italo	11 Lowell	44.30	6
4 Tran, Justin	12 George Washington	44.40	4
5 Hernandez, Miguel	12 Abraham Linc	45.09	2
6 Rubio, Jefferson	12 Lowell	45.47	1
7 Serrano, Kevin	11 Galileo Academy	45.51	
8 Zhao, James	11 Philip & Sal	46.63	
9 Fong, Brendan	12 Philip & Sal	48.73	

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Event 22 Boys 200 Meter Dash Frosh-Soph

=====						
Meet: * 22.34		2000	Steven Tate (converted time), Lincoln			
Meet: 22.34		1977	Elbert Harris (converted time/dist), Balb			
Name	Year	School	Finals	Wind	Points	
=====						
1 Wong, Ethan	10	Philip & Sal	23.70	1.3	10	
2 Buenviage-Boyd, Max	10	Acad. of Art	23.92	1.3	8	
3 Zhou, Nathan	10	Abraham Linc	24.04	1.3	6	
4 Tsui, Jason	09	Lowell	24.23	1.3	4	
5 Liang, Warren	10	Balboa	24.50	1.3	2	
6 Castonena, Edward	09	Acad. of Art	24.76	1.3	1	
7 Quilala, Randy	10	George Washington	24.80	1.3		
8 Contreras, Luis	09	Abraham Linc	25.38	1.3		
9 Laurent, Tyrek	09	Mission	27.35	1.3		

Event 23 Girls 200 Meter Dash Varsity

=====						
Meet: * 24.40		5/31/2003	Deanna Goodwin, Intl. Studies Academy			
Name	Year	School	Finals	Wind	Points	
=====						
1 O'Grady, Lena	11	Lowell	25.82	2.4	10	
2 Mai, Kathleen	10	Lowell	26.12	2.4	8	
3 Iglehart, Jocelyn	12	Immaculate C	26.76	2.4	6	
4 Brown, Kamiah	10	Raoul Wallenberg	27.16	2.4	4	
5 Reynolds, Kiana	11	George Washington	27.36	2.4	2	
6 Parish, Ruby	10	Abraham Linc	27.38	2.4	1	
7 Conley, Janice	11	Balboa	27.49	2.4		
8 Gomes, Alina	09	George Washington	27.82	2.4		
9 Lei, Mandy	11	Lowell	27.92	2.4		

Event 24 Boys 200 Meter Dash Varsity

=====						
Meet: * 21.13		1995	Felton Charles, McAteer			
Name	Year	School	Finals	Wind	Points	
=====						
1 Silas, Xavier	10	Mission	22.87	2.6	10	
2 Zheng, Jun	12	Abraham Linc	23.09	2.6	8	
3 Al-Malik, Jelani	10	Mission	23.16	2.6	6	
4 Shew, Kevin	11	George Washington	23.19	2.6	4	
5 Magana, Bryan	12	George Washington	23.22	2.6	2	
6 McWhorter, Bryan	11	George Washington	23.84	2.6	1	
7 Shaikh, Adeel	12	Galileo Academy	23.94	2.6		
-- Mai, William	12	Lowell	FS	2.6		
-- Beltran, Brandon	12	Philip & Sal	DNS	2.6		

Event 25 Boys 3200 Meter Run Frosh-Soph

=====						
Meet: * 10:12.24		5/26/2007	Aaron Hill, Lowell			
Meet: 9:56.94		1973	John Sweeney (converted time/dist)			
Name	Year	School	Finals	Points		
=====						
1 Battaglia, Noah	10	Lowell	10:37.04	10		
2 Johnstone, Beck	10	Lowell	10:48.18	8		
3 Lawrence, Ian	10	Lowell	10:52.59	6		
4 Lei, Henry	10	Lowell	10:58.53	4		

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5	Marcelino, Elias	09	Abraham Linc	11:48.60	2
6	Murphy, Carter	10	George Washington	12:00.89	1
7	Bradford, Calum	09	Balboa	12:17.81	
8	Rodriguez, Ever	09	Mission	12:18.98	
9	Huang, Anjian	09	Abraham Linc	12:30.06	
10	Zhang, William	09	Galileo Academy	13:34.61	
11	Van, Annison	10	Abraham Linc	13:34.69	
--	Aguirre, Justin	09	Abraham Linc	DNS	
--	Liu, Yihui	09	Galileo Academy	DNS	

Event 26 Girls 3200 Meter Run Varsity

=====					
Meet: * 10:48.34		1998	Jennifer Akana, Lowell		
Name	Year	School	Finals	Points	
=====					
1	Brill, Sierra	12	Lowell	11:18.56	10
2	Ewe, Natalie	11	Lowell	12:01.84	8
3	Yu, Vanessa	12	George Washington	12:40.20	6
4	Payne, Claire	12	Lowell	12:57.15	4
5	Liang, Cathy	11	Galileo Academy	13:07.14	2
6	Cawthon, Elena	11	Lowell	13:48.91	1

Event 27 Boys 3200 Meter Run Varsity

=====					
Meet: * 9:37.80		1995	Bolota Asmerom, McAteer		
Meet: 9:24.64		1972	Brad Duffy (converted time/dist),		
Name	Year	School	Finals	Points	
=====					
1	Krajewski, Mikolaj	12	Lowell	9:55.85	10
2	Parker, Alexander	11	Lowell	10:04.75	8
3	Parker, Zachary	09	Lowell	10:06.52	6
4	Holcombe, James	10	Lowell	10:20.98	4
5	Chun, Christian	11	Abraham Linc	10:55.05	2
6	Friedenbach-Condon, Mate	11	Mission	10:58.06	1
7	Liu, Calvin	11	Galileo Academy	11:42.31	
8	Ng, Anthony	11	George Washington	12:52.80	
9	Liao, Steven	11	George Washington	13:00.54	
10	Liu, Terence	11	Balboa	13:55.53	

Event 28 Boys 4x400 Meter Relay Frosh-Soph

=====					
Meet: * 3:36.37		5/28/2016	Lowell, Lowell		
			L Ng, M Tiao, T Yuen, R Tom		
Meet: 3:35.34		1977	Lowell (converted time/dist), Lowe		
School	Year	School	Finals	Points	
=====					
1	Lowell 'A'		3:44.77	10	
	1) Cheung, Jovin 10	2) Louie, Trevor 10			
	3) Nascimento, Jonah 10	4) Tsui, Jason 09			
	5) Lei, Tony 09	6) Choy, Norton 09			
2	Philip & Sala Burton 'A'		3:50.25	8	
	1) Lee, Christopher 09	2) Hayes, Kyree 10			
	3) Wong, Ethan 10	4) Kuang, Cary 10			
	5) Cavanaugh, Daniel 09	6) David, Joshua 10			

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....Event 28 Boys 4x400 Meter Relay Frosh-Soph

3 Galileo Academy 'A'	3:51.82	6
1) Tam, Terrence 09	2) Wu, Benny 09	
3) Wu, Jimmy 09	4) Tieu, Cody 10	
5) Aguilar Barrios, Rodrigo 10	6) Colias, Peter 09	
4 Acad. of Arts/Sciences 'A'	3:51.83	4
1) Castonena, Edward 09	2) Buenviage-Boyd, Max 10	
3) Paranpan, Jullian 10	4) Pennington, James 09	
5 George Washington 'A'	4:00.03	2
1) Candia, Allan 09	2) Cai, Richard 09	
3) Hickerson, Eric 09	4) Quilala, Randy 10	
5) Murphy, Carter 10	6) Lim, Charles 10	
6 Raoul Wallenberg 'A'	4:02.56	1
1) Lee, Benson 09	2) Szeto, Wilson 09	
3) Li, Wallace 09	4) Sakai, Ryan 09	
5) Kong, Brian 09	6)	
7 Abraham Lincoln (Sf) 'A'	4:02.61	
1) Lee, Joshua 09	2) Marcelino, Elias 09	
3) Tuclez, Jesse 10	4) Contreras, Luis 09	
5) Koulikov, Martin 09	6) Ng, Kevin 09	
8 Balboa 'A'	4:04.11	
1) Chen, Douglas 10	2) Delfin, Gabe 10	
3) Liang, Warren 10	4) Cervantes, Abraham 10	
5) Chen, Jonathan 09	6) Bradford, Calum 09	

Event 29 Girls 4x400 Meter Relay Varsity

Meet: * 3:57.61 5/24/2008 Lowell, Lowell

K. Jarvis, L. Allston, E. Anorou, T. Purpura

School Finals Points

1 Lowell 'A'	4:09.94	10
1) Mai, Kathleen 10	2) Pak, Eva 11	
3) Brill, Sierra 12	4) O'Grady, Lena 11	
5) Lee, Carey 11	6) Huang, Victoria 11	
2 George Washington 'A'	4:33.69	8
1) Neely, Kiara 09	2) Gomes, Alina 09	
3) Reynolds, Kiana 11	4) Yu, Vanessa 12	
5) Lew, Lauren 12	6) Liang, Alice 12	
3 Abraham Lincoln (Sf) 'A'	4:51.43	6
1) Chiang, Moriah 10	2) Delucchi, Clare 10	
3) Parish, Ruby 10	4) Boyd, Maxine 10	
5) Marcelino, Angelina 11	6) Lam, Stephanie 11	

Event 30 Boys 4x400 Meter Relay Varsity

Meet: * 3:23.46 1993 McAteer, McAteer

School Finals Points

1 Lowell 'A'	3:32.06	10
1) Obiero, Godfrey 09	2) Tom, Ryan 11	
3) Ng, Linus 11	4) Mai, William 12	
5) Rodriguez, Emil 11	6) Chen, Runjia 12	
2 George Washington 'A'	3:39.00	8
1) Magana, Bryan 12	2) McWhorter, Bryan 11	

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....Event 30 Boys 4x400 Meter Relay Varsity

3) Lin, Jacky 12	4) Shew, Kevin 11		
5) Kwon, Hyeon Su (Chris) 11	6) Tran, Justin 12		
3 Galileo Academy 'A'		3:41.51	6
1) Arguijo, Andres 11	2) Low, Brandon 11		
3) Serrano, Kevin 11	4) Shaikh, Adeel 12		
5) Ung, George 12	6) Lam, Nathan 11		
4 Abraham Lincoln (Sf) 'A'		3:42.25	4
1) Zheng, Jun 12	2) Chan, Alex 12		
3) Reidenbach, Ethan 11	4) Hernandez, Miguel 12		
5) Zhen, Andy 12	6) Piechota, Sam 09		
5 Philip & Sala Burton 'A'		3:51.84	2
1)	2) Hightower, Kabila 12		
3) Fong, Brendan 12	4) Mabutas, Lanz 12		
5)	6) Zhao, James 11		
6 Balboa 'A'		3:55.19	1
1) Tsang, Jonathan 11	2) Liu, Terence 11		
3) Siu, Justin 11	4) Wai, Samuel 11		
5) Ramirez, Diego 11	6) Guan, Tony 11		

Event 31 Boys Long Jump Frosh-Soph

=====						
Meet: * 23-02.50 1985 Dominic Dupree, McAteer						
Name	Year	School	Finals	Wind	Points	
=====						
1 Hayes, Kyree	10	Philip & Sal	19-05.00	1.4	10	
2 Zhou, Nathan	10	Abraham Linc	18-08.00	1.0	8	
3 Tran, Michael	10	Philip & Sal	17-02.75	NWI	6	
4 Wu, Jimmy	09	Galileo Academy	17-01.50	NWI	4	
5 Mei, Johnson	09	Galileo Academy	16-09.75	NWI	2	
6 Wu, Benny	09	Galileo Academy	16-08.75	0.4	1	
7 Baker, Jovon	10	Abraham Linc	16-03.75	NWI		
8 Marania, Rocky	10	Abraham Linc	16-02.25	1.7		
9 David, Joshua	10	Philip & Sal	16-01.25	NWI		
10 Hickerson, Eric	09	George Washington	15-11.25	1.6		
11 Carigo, Kyle	09	Lowell	15-08.00	NWI		
11 Ng, Kevin	09	Abraham Linc	15-08.00	NWI		
13 Sakai, Ryan	09	Raoul Wallenberg	15-05.25	NWI		
14 Tran, Tri	10	Lowell	15-04.00	NWI		
15 Zhu, Desmond	09	George Washington	15-01.75	NWI		
-- Nascimento, Jonah	10	Lowell	ND	NWI		
-- Ma, Wenai	10	San Francisco Int'l	DNS	NWI		
-- Liang, Youcan	10	San Francisco Int'l	DNS	NWI		

Event 32 Boys Discus Throw Frosh-Soph

=====				
Meet: * 143-10 1976 Roy Abendroth, Lowell				
Name	Year	School	Finals	Points
=====				
1 Gallegos, Leo	09	Abraham Linc	104-00	10
2 Zhou, Jack	10	Philip & Sal	96-03.50	8
3 Tang, Justin	10	Philip & Sal	87-08	6
4 Mejia, Rueben	10	Abraham Linc	85-08	4
5 Inson, Tony	10	Mission	85-04	2
6 Dulanto, Leonardo	10	Galileo Academy	84-06	1

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....Event 32 Boys Discus Throw Frosh-Soph

7	Phong, Mathew	10	Abraham Linc	79-04
8	Louie, Trevor	10	Lowell	70-02
9	Thai, Giovanni	10	Lowell	68-02
10	Gonzales, Francisco	10	Abraham Linc	65-06
11	Zhang, Arthur	10	Lowell	61-01
12	Aquino, Marlon	10	Philip & Sal	59-02
13	Wu, Kevin (Jian Ming)	09	Balboa	56-04
--	Malang, Maurice	10	Galileo Academy	ND
--	Harrington, Alex	09	Galileo Academy	ND

Event 33 Boys Shot Put 10lb Shot Frosh-Soph

Meet: * 54-10 1977		Alonzo Fluker, Galileo			
Name	Year	School	Finals	Points	
1	Gallegos, Leo	09	Abraham Linc	43-00.00	10
2	Fineberg, Zachery	10	Mission	41-01.25	8
3	Nie, Adrian	10	Abraham Linc	38-00.00	6
4	Inson, Tony	10	Mission	36-11.75	4
5	Tang, Justin	10	Philip & Sal	36-10.50	2
6	Manumua, Sikoti	09	Abraham Linc	32-03.50	1
7	Zhou, Jack	10	Philip & Sal	31-08.75	
8	Dulanto, Leonardo	10	Galileo Academy	31-06.50	
9	Louie, Trevor	10	Lowell	31-02.00	
10	Matias, German	10	Abraham Linc	30-00.50	
11	Aquino, Marlon	10	Philip & Sal	28-08.75	
12	Thai, Giovanni	10	Lowell	27-05.75	
13	Zhang, Arthur	10	Lowell	24-03.00	
--	Ma, Wenwei	10	San Francisco Int'l	DNS	
--	Mosleh, Magdi	10	San Francisco Int'l	DNS	
--	Lin, Yaokang	10	San Francisco Int'l	DNS	
--	Malang, Maurice	10	Galileo Academy	DNS	
--	Harrington, Alex	09	Galileo Academy	DNS	
--	Wu, Kevin (Jian Ming)	09	Balboa	DNS	

Event 34 Boys Triple Jump Frosh-Soph

Meet: * 44-11 1976		Cedric Young, Balboa				
Name	Year	School	Finals	Wind	Points	
1	Wu, Benny	09	Galileo Academy	36-09.75	1.0	10
2	Nascimento, Jonah	10	Lowell	36-07.50	1.6	8
3	Baker, Jovon	10	Abraham Linc	35-10.75	1.7	6
4	Marania, Rocky	10	Abraham Linc	35-10.50	2.5	4
5	Wu, Jimmy	09	Galileo Academy	34-11.00	2.3	2
6	Ng, Kevin	09	Abraham Linc	34-02.00	2.9	1
7	Tran, Tri	10	Lowell	33-01.25	0.6	
8	Carigo, Kyle	09	Lowell	30-10.50	1.8	
--	Griffin, Rafiq	09	Abraham Linc	DNS	NWI	

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Event 35 Boys Pole Vault Frosh-Soph

Opening Height 6'0"

Meet: * 12-04 1980 James McClanahan, Galileo

Name	Year	School	Finals	Points
1 Judge, Toby	09	Lowell	10-06.00	10
2 Jensen, Derek	09	Lowell	10-00.00	8
3 Vandongen, Josef	09	Abraham Linc	8-06.00	6
4 Huang, Anjian	09	Abraham Linc	8-00.00	4
5 Wu, Benjamin	09	Galileo Academy	7-06.00	2
6 Ng, Kevin	09	Abraham Linc	J7-06.00	1
-- Colias, Peter	09	Galileo Academy	NH	

Event 36 Boys High Jump Frosh-Soph

Opening Height 4'4"

Meet: * 6-03.50 1981 Justin Brown, Galileo

Name	Year	School	Finals	Points
1 Hayes, Kyree	10	Philip & Sal	5-06.00	10
2 Koulikov, Martin	09	Abraham Linc	5-04.00	8
3 Lee, Ryan	09	Galileo Academy	4-10.00	6
4 Judge, Toby	09	Lowell	4-08.00	4
5 Jensen, Derek	09	Lowell	4-06.00	2
6 Yeung, Benjamin	10	George Washington	4-04.00	1
-- Huang, Terence	10	George Washington	DNS	
-- Lou, Winston	10	George Washington	SCR	

Event 37 Girls Long Jump Varsity

Meet: * 19-02.50 1992 Shena Ferguson, Washington

Name	Year	School	Finals	Wind	Points
1 Jones, Parker	11	Galileo Academy	15-09.75	0.7	10
2 Bishop, Kandace	11	Balboa	15-03.75	2.3	8
3 Lee, Carey	11	Lowell	14-08.75	2.5	6
4 Miner, Isabel	10	Abraham Linc	14-08.25	0.8	4
5 Doe, Tweety	12	Lowell	14-06.75	3.7	2
6 Ng, Elise	11	Lowell	14-05.25	2.6	1
7 Chan, Una	12	Abraham Linc	13-11.50	1.0	
8 Chen, Cindy	11	Balboa	13-06.50	+0.0	
9 Vaisse, Lorelei	11	Lowell	13-05.25	2.0	
10 Tsui, Fiona	11	Galileo Academy	13-03.75	2.2	
11 Boyd, Maxine	10	Abraham Linc	13-01.25	1.6	
12 Lew, Lauren	12	George Washington	13-01.00	2.1	
13 Tuyub, Kelly	12	George Washington	12-05.75	1.2	

Event 38 Boys Long Jump Varsity

Meet: * 25-03.50 1981 Ken Frazier, Mission

Name	Year	School	Finals	Wind	Points
1 Chia, Tyler	11	Lowell	19-11.00	+0.0	10
2 Wong, Randy	11	Abraham Linc	19-07.25	0.8	8
3 Ng, Linus	11	Lowell	19-03.25	0.8	6

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....Event 38 Boys Long Jump Varsity

4	Marania, Roel	12	Abraham Linc	18-11.25	0.5	4
5	Chang, Sean	12	Lowell	18-05.00	1.9	2
6	Fong, Brendan	12	Philip & Sal	18-02.50	4.5	1
7	Huynh, Brian	11	Galileo Academy	17-09.25	0.7	
8	Juliano, Dominic	11	Galileo Academy	17-00.75	0.3	
--	Lu, Gary	11	George Washington	ND	NWI	

Event 39 Girls Triple Jump Varsity

=====						
Meet: * 39-07.75 2001 Roshena Duree, Burton						
Name	Year	School	Finals	Wind	Points	
=====						
1	Doe, Tweety	12	Lowell	30-08.75	1.8	10
2	Chan, Una	12	Abraham Linc	30-07.25	2.2	8
3	Altanbagana, Namuun	11	Lowell	30-06.50	2.7	6
4	Vaisse, Lorelei	11	Lowell	30-01.00	3.2	4
5	Tsui, Fiona	11	Galileo Academy	29-04.50	3.6	2
6	Andrews, Savanna	12	Abraham Linc	28-08.50	2.4	1
--	Lee, Carey	11	Lowell	ND	NWI	

Event 40 Boys Triple Jump Varsity

=====						
Meet: * 50-03.75 1981 Ken Frazier, Mission						
Name	Year	School	Finals	Wind	Points	
=====						
1	Ng, Linus	11	Lowell	40-03.25	1.5	10
2	Chia, Tyler	11	Lowell	39-06.00	3.4	8
3	Lin, Timothy	11	Galileo Academy	39-03.25	2.3	6
4	Chung, Dion	12	Lowell	39-00.75	0.9	4
5	LaFreniere, Reign	11	Acad. of Art	38-11.50	2.0	2
6	Liang, Allan	11	Abraham Linc	37-07.50	3.8	1
7	Nguyen, Clifton	11	Philip & Sal	37-02.50	2.6	
8	Huynh, Brian	11	Galileo Academy	37-00.00	2.4	
--	Solares, Erick	11	Abraham Linc	DNS	NWI	

Event 41 Girls Discus Throw Varsity

=====						
Meet: * 161-11 5/27/2017 Pamela Amaechi, Abraham Linc						
Name	Year	School	Finals	Points		
=====						
1	Amaechi, Pamela	12	Abraham Linc	161-11*	10	
2	Manumua, Kuinini	11	Abraham Linc	121-05	8	
3	Andrews, Savanna	12	Abraham Linc	98-04	6	
4	Rinchin, Nomin	11	Lowell	92-00	4	
5	Tang, Sabrina	11	Lowell	76-08	2	
6	Zhu, Bernice	12	Lowell	72-05	1	
7	Madayag, Diane	11	Acad. of Art	67-00		
8	Shue, Fionna	11	Lowell	62-08		
9	Bowlegs, Aleeyah	11	Acad. of Art	58-08		
10	Phan, Amy	12	Balboa	57-10		

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Event 42 Boys Discus Throw Varsity

Meet: * 170-01.50 1960 Alex Darnes, Polytechnic				
Name	Year	School	Finals	Points
1 Phelps, Ronald	12	Abraham Linc	136-06	10
2 Moye, Ellis	12	Abraham Linc	130-02	8
3 Larios-Felton, Eugene	10	Abraham Linc	129-05	6
4 Lin, Jacky	12	George Washington	121-01	4
5 Wang, Jared	11	Lowell	113-03	2
6 Lo, Nathan	11	Lowell	112-07	1
7 Moore, Albert	10	Abraham Linc	108-04	
8 Li, Vinson	12	George Washington	101-00	
9 Limu, Fa'i	12	San Francisco Int'l	98-05	

Event 43 Girls Shot Put Varsity

Meet: * 48-11 5/29/2010 Chioma Amaechi, Lincoln				
Name	Year	School	Finals	Points
1 Amaechi, Pamela	12	Abraham Linc	44-09.00	10
2 Manumua, Kuinini	11	Abraham Linc	37-10.00	8
3 Andrews, Savanna	12	Abraham Linc	33-10.00	6
4 Rinchin, Nomin	11	Lowell	29-06.00	4
5 Phan, Amy	12	Balboa	26-00.00	2
6 Tang, Sabrina	11	Lowell	25-04.00	1
7 Madayag, Diane	11	Acad. of Art	24-05.00	
8 Zhu, Bernice	12	Lowell	23-03.00	
9 Bowlegs, Aleeyah	11	Acad. of Art	22-04.00	
10 Shue, Fionna	11	Lowell	20-04.00	

Event 44 Boys Shot Put Varsity

Meet: * 60-09.25 1957 Mike Lewis, Lincoln				
Name	Year	School	Finals	Points
1 Phelps, Ronald	12	Abraham Linc	47-04.00	10
2 Wang, Jared	11	Lowell	40-01.00	8
3 Moore, Albert	10	Abraham Linc	38-01.00	6
4 Carmona, Raul	12	Philip & Sal	37-09.00	4
5 Limu, Fa'i	12	San Francisco Int'l	36-08.00	2
6 Lo, Nathan	11	Lowell	J36-08.00	1
7 Li, Yaobin	11	Lowell	35-04.00	
8 Moye, Ellis	12	Abraham Linc	34-11.00	
9 Ng, Derrick	11	Lowell	31-06.00	

Event 45 Girls High Jump Varsity

Opening Height 4'2"				
Meet: * 5-06 1990 Tanya Lazar-Lee, McAteer				
Name	Year	School	Finals	Points
1 Miner, Isabel	10	Abraham Linc	4-10.00	10
2 Boyd, Maxine	10	Abraham Linc	4-08.00	8
3 Amaechi, Pamela	12	Abraham Linc	J4-08.00	6
4 Chan, Una	12	Abraham Linc	J4-08.00	4

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....Event 45 Girls High Jump Varsity

5 Jones, Parker	11 Galileo Academy	4-06.00	2
6 Lewis, Melissa	11 Acad. of Art	J4-06.00	1
7 Altanbagana, Namuun	11 Lowell	4-04.00	
8 Rinchin, Nomin	11 Lowell	J4-04.00	
9 Chang, Jessica	11 Lowell	4-02.00	

Event 46 Boys High Jump Varsity

Opening Height 4'8"

Meet: * 7-00.25 1983 Maurice Crumby, Balboa

Name	Year	School	Finals	Points
1 Ung, George	12	Galileo Academy	6-00.00	10
2 Marania, Roel	12	Abraham Linc	5-08.00	8
3 Chung, Dion	12	Lowell	J5-08.00	6
4 Wong, Randy	11	Abraham Linc	5-02.00	4
5 Liu, Calvin	11	Galileo Academy	J5-02.00	2
-- Zecena, Walter	12	George Washington	NH	
-- Diop, Kibwe	11	Abraham Linc	SCR	

Event 47 Girls Pole Vault Varsity

Opening Height 6'0"

Meet: * 10-04 2002 Megaen White, Lowell

Name	Year	School	Finals	Points
1 Zolan, Leslie	12	Lowell	7-09.00	10
2 Inson, Doris	12	Lowell	7-06.00	8
3 Delucchi, Clare	10	Abraham Linc	7-00.00	6
4 Chiang, Moriah	10	Abraham Linc	6-06.00	4
5 Suzuki, Kana	12	Lowell	J6-06.00	2
-- Ho, Carmen	11	Abraham Linc	NH	
-- Cho, Bianca	11	Abraham Linc	DNS	

Event 48 Boys Pole Vault Varsity

Opening Height 7'0"

Meet: * 14-02 1981 James McClanahan, Galileo

Name	Year	School	Finals	Points
1 Piechota, Sam	09	Abraham Linc	10-00.00	10
2 Huang, Wilson	12	Lowell	8-06.00	8
3 Wu, Jesse	12	Lowell	8-00.00	6
4 Wong, Randy	11	Abraham Linc	J8-00.00	4
5 Springer, Max	12	Lowell	J8-00.00	2
6 Stroumza, Julien	12	Lowell	7-06.00	1
7 Kashima, Niko	11	Galileo Academy	J7-06.00	

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Event 49 Girls 4x100 Meter Relay Frosh-Soph

Meet: * 51.64 5/25/2013 Lowell, Lowell
M Quan, V Yee, C Ta, M Jones

School	Finals	Points
1 Lowell 'A'	52.62	10
1) Ejarque Juste, Paula 09	2) Felton, Simone 09	
3) Liu, Emily 10	4) Lo, Janelle 09	
5) De La Peña, Faith 09	6) Woodworth, Mariko 09	
2 Galileo Academy 'A'	54.21	8
1) Li, Crystal 09	2) Sung, Connie 09	
3) Liu, Dana 10	4) Vuong, Helen 10	
5) Chan, Erika 09	6) Lee, Alanna 10	
3 Abraham Lincoln (Sf) 'A'	54.72	6
1) Carion, Cynthia 09	2) Zhu, Elen 09	
3) Wong, Leela 09	4) Mendez, Samantha 10	
5) Boston, Laila 09	6) Brown, Destiny 10	
4 George Washington 'A'	57.84	4
1) Stein, Serena 09	2) Yamaguchi, Marine 09	
3) Naramgerel, Hilary 09	4) Tsao, Joyce 10	
5) Xie, Jessica 10	6) Fong, Robin 09	
5 Philip & Sala Burton 'A'	58.22	2
1) Beltran, Yared 10	2) Fong, Patricia 10	
3) Hong, Nicole 09	4) Kam, Kimberly 10	
5) Huang, Winnie 09	6) Cavanaugh, Rebecca 10	

Event 50 Girls 1600 Meter Run Frosh-Soph

Meet: * 5:40.17 5/31/2014 Annie Zhou, Lowell

Name	Year School	Finals	Points
1 Riordan, Sophia	10 Lowell	5:50.28	10
2 Fong, Robin	09 George Washington	5:50.54	8
3 Steedman, Emi	09 Lowell	5:50.57	6
4 Montiel, Paola	09 Galileo Academy	6:18.72	4
5 Lau, Katrina	10 Lowell	6:23.36	2
6 Wong, Susan	10 Lowell	6:44.18	1
7 Chen, Wynee	10 Galileo Academy	7:00.45	
-- Mora, Berenice	09 Galileo Academy	DNS	

Event 51 Girls 100 Meter Hurdles 33" Low Frosh-Soph

Meet: * 17.00 5/21/2016 Parker Jones, Galileo Acad

Name	Year School	Finals	Wind	Points
1 Ma, Megan	09 Lowell	17.38	2.5	10
2 Chung, Esther	10 Lowell	17.96	2.5	8
3 Brown, Destiny	10 Abraham Linc	18.14	2.5	6
4 Hui, Jennifer	10 Lowell	18.21	2.5	4
5 Huo, Annie	09 Lowell	18.68	2.5	2
6 Powell, Kyra	10 Abraham Linc	18.89	2.5	1

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Event 52 Girls 400 Meter Dash Frosh-Soph

Meet: * 1:00.71 5/26/2007 Katherine Jarvis, Lowell

Name	Year	School	Finals	Points
1 Lewis, Monica	10	Acad. of Art	1:02.76	10
2 Lo, Janelle	09	Lowell	1:03.52	8
3 Sam, Isabelle	09	Lowell	1:05.47	6
4 De La Peña, Faith	09	Lowell	1:07.24	4
5 Keown-Lang, Amber	09	Lowell	1:08.88	2
6 Tsao, Joyce	10	George Washington	1:09.29	1
7 Zhu, Elen	09	Abraham Linc	1:09.62	
8 Chan, Erika	09	Galileo Academy	1:10.36	
9 Marvez, Margo	09	George Washington	1:11.02	

Event 53 Girls 100 Meter Dash Frosh-Soph

Meet: * 12.72 5/30/2009 Melanie Speech, Lowell

Name	Year	School	Finals	Wind	Points
1 Liu, Emily	10	Lowell	13.37	0.9	10
2 Fong, Patricia	10	Philip & Sal	13.53	0.9	8
3 Sung, Connie	09	Galileo Academy	13.54	0.9	6
4 Woods, Zaria	09	Lowell	13.92	0.9	4
5 Boston, Laila	09	Abraham Linc	13.97	0.9	2
6 Lam, Leanna	10	Raoul Wallenberg	13.99	0.9	1
7 Woodworth, Mariko	09	Lowell	14.03	0.9	
8 Nguyen, Carolyn	09	Lowell	14.31	0.9	
-- Lewis, Monica	10	Acad. of Art	FS	0.9	

Event 54 Girls 800 Meter Run Frosh-Soph

Meet: * 2:30.71 5/25/2013 Tianna Marrable, Burton

Name	Year	School	Finals	Points
1 Huang, Christine	10	Lowell	2:32.29	10
2 Wong, Leela	09	Abraham Linc	2:42.90	8
3 Fong, Robin	09	George Washington	2:43.75	6
4 Beltran, Yared	10	Philip & Sal	2:45.08	4
5 Chou, Hannah	09	Lowell	2:47.72	2
6 Wen, Grace	10	Lowell	2:48.66	1
7 Marvez, Margo	09	George Washington	2:49.40	
8 Montiel, Paola	09	Galileo Academy	2:52.61	
9 Zhou, Tiffany	10	Raoul Wallenberg	2:56.27	

Event 55 Girls 300 Meter Hurdles 30" Low Frosh-Soph

Meet: * 50.35 5/24/2008 Katherine Gao, Lowell

Name	Year	School	Finals	Points
1 Ma, Megan	09	Lowell	52.06	10
2 Hui, Jennifer	10	Lowell	53.38	8
3 Chung, Esther	10	Lowell	54.01	6
4 Lee, Verena	09	Lowell	55.33	4
5 Brown, Destiny	10	Abraham Linc	56.05	2
6 Boston, Laila	09	Abraham Linc	59.79	1

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....Event 55 Girls 300 Meter Hurdles 30" Low Frosh-Soph

7 Holtz, Matilda 09 Acad. of Art 1:04.54

Event 56 Girls 200 Meter Dash Frosh-Soph

Meet: * 26.12 5/26/2007 Katherine Jarvis, Lowell

Name	Year	School	Finals	Wind	Points
1 Lewis, Monica	10	Acad. of Art	27.10	1.5	10
2 Felton, Simone	09	Lowell	27.36	1.5	8
3 Liu, Emily	10	Lowell	27.59	1.5	6
4 Sung, Connie	09	Galileo Academy	28.33	1.5	4
5 Fong, Patricia	10	Philip & Sal	28.72	1.5	2
6 Woodworth, Mariko	09	Lowell	29.29	1.5	1
7 Keown-Lang, Amber	09	Lowell	29.83	1.5	
8 Tsao, Joyce	10	George Washington	30.16	1.5	
9 Stein, Serena	09	George Washington	30.83	1.5	

Event 57 Girls 3200 Meter Run Frosh-Soph

Meet: * 12:29.63 5/28/2005 Cynthia Leung, Lowell

Name	Year	School	Finals	Points
1 Riordan, Sophia	10	Lowell	13:37.87	10
2 Steedman, Emi	09	Lowell	13:37.89	8
3 Lau, Katrina	10	Lowell	14:19.54	6
4 Wong, Susan	10	Lowell	15:21.53	4
5 Chen, Wynee	10	Galileo Academy	15:50.67	2

Event 58 Girls 4x400 Meter Relay Frosh-Soph

Meet: * 4:16.66 5/25/2013 Lowell, Lowell

V Yee, M Quan, C Ta, T Wang

School	Finals	Points
1 Lowell 'A'	4:25.94	10
1) Huang, Christine 10		
2) Felton, Simone 09		
3) Sam, Isabelle 09		
4) Lo, Janelle 09		
5) De La Peña, Faith 09		
6) Liu, Emily 10		
2 Philip & Sala Burton 'A'	4:47.01	8
1) Cavanaugh, Rebecca 10		
2) Beltran, Yared 10		
3) Fong, Patricia 10		
4) Hong, Nicole 09		
5) Huang, Winnie 09		
6) Kam, Kimberly 10		
3 Galileo Academy 'A'	4:47.99	6
1) Chan, Erika 09		
2) Lee, Alanna 10		
3) Liu, Dana 10		
4) Montiel, Paola 09		
5) Chen, Wynee 10		
6) Sung, Connie 09		
4 Abraham Lincoln (Sf) 'A'	4:51.87	4
1) Zhu, Elen 09		
2) Wong, Leela 09		
3) Mendez, Samantha 10		
4) Carion, Cynthia 09		
5) Brown, Destiny 10		
6) Boston, Laila 09		
5 George Washington 'A'	4:55.15	2
1) Marvez, Margo 09		
2) Fong, Robin 09		
3) Naramgerel, Hilary 09		
4) Yamaguchi, Marine 09		
5) Tsao, Joyce 10		
6) Stein, Serena 09		

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Event 59 Girls Long Jump Frosh-Soph

Meet: * 16-09.75 5/27/2009 Melanie Speech, Lowell

Name	Year	School	Finals	Wind	Points
1 Lam, Leanna	10	Raoul Wallenberg	15-08.75	1.6	10
2 Lee, Alanna	10	Galileo Academy	15-02.75	2.8	8
3 Liu, Dana	10	Galileo Academy	14-08.25	1.3	6
4 Ejarque Juste, Paula	09	Lowell	14-01.75	2.3	4
5 Jou, Allison	09	Lowell	13-11.75	1.2	2
6 Chao, Olivia	09	Lowell	13-09.25	2.1	1
7 Carion, Cynthia	09	Abraham Linc	13-06.25	2.0	
8 Powell, Kyra	10	Abraham Linc	13-06.00	0.6	
9 Wen, Grace	10	Lowell	12-09.75	1.6	

Event 60 Girls Discus Throw Frosh-Soph

Meet: * 100-10.50 5/21/2008 Chioma Amaechi, Lincoln

Name	Year	School	Finals	Points
1 Scott, Makayla	10	Abraham Linc	82-08	10
2 Ng, Carissa	10	Abraham Linc	75-11	8
3 Lin, Mandy	10	Lowell	64-10	6
4 Wong, Susan	10	Lowell	59-07	4

Event 61 Girls Shot Put Frosh-Soph

Meet: * 33-04 5/27/2009 Melanie Speech, Lowell

Name	Year	School	Finals	Points
1 Scott, Makayla	10	Abraham Linc	23-08.00	10
2 Lin, Mandy	10	Lowell	23-06.25	8
3 Ng, Carissa	10	Abraham Linc	20-09.75	6
4 Wong, Susan	10	Lowell	16-06.75	4

Event 62 Girls Triple Jump Frosh-Soph

Meet: * 34-00.50 5/23/2007 Stephanie Cheung, Lowell

Name	Year	School	Finals	Wind	Points
1 Liu, Dana	10	Galileo Academy	32-07.25	1.9	10
2 Ma, Megan	09	Lowell	32-03.25	1.8	8
3 Chao, Olivia	09	Lowell	32-00.25	2.2	6
4 Lee, Alanna	10	Galileo Academy	31-11.50	2.0	4
5 Carion, Cynthia	09	Abraham Linc	30-07.00	2.2	2
6 Jou, Allison	09	Lowell	28-04.00	1.7	1
7 Powell, Kyra	10	Abraham Linc	27-11.75	2.8	

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Event 63 Girls Pole Vault Frosh-Soph

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Note, record set with uncertified crossbar

Opening Height 5'0"

Meet: * 9-00 5/25/2013 Rebecca Mellin (uncertified crossbar)

Meet: 7-00 5/19/2012 Maria Tiongson, Lincoln

Name	Year	School	Finals	Points
1 Lee, Verena	09	Lowell	7-00.00	10
2 Zhu, Elen	09	Abraham Linc	J7-00.00	8
3 Holtz, Matilda	09	Acad. of Art	6-06.00	6
4 Wong, Leela	09	Abraham Linc	5-09.00	4

Event 64 Girls High Jump Frosh-Soph

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Opening Height 3'8"

Meet: * 4-10 5/19/2012 Jenny Wong, Balboa

Meet: 4-10 5/24/2014 Una Chan, Lincoln

Name	Year	School	Finals	Points
1 Vuong, Helen	10	Galileo Academy	4-08.00	10
2 Chao, Olivia	09	Lowell	4-06.00	8
3 Hui, Jennifer	10	Lowell	4-02.00	6
4 Sun, Ruixin	10	Lowell	4-00.00	3
4 Lam, Leanna	10	Raoul Wallenberg	4-00.00	3
6 Powell, Kyra	10	Abraham Linc	J4-00.00	1
-- Lee, Verena	09	Lowell	NH	

Event 65 Boys 100 Yard Dash Para

Name	Year	School	Finals	Wind	Points
1 Hernandez, Saqueo	09	San Francisco Int'l	14.86	0.5	2
-- Liang, Liuyi	12	San Francisco Int'l	SCR		

Event 66 Boys 200 Yard Dash Para

Name	Year	School	Finals	Wind	Points
1 Hernandez, Saqueo	09	San Francisco Int'l	31.64	0.6	2

Event 67 Boys 400 Yard Dash Para

Name	Year	School	Finals	Points
1 Hernandez, Saqueo	09	San Francisco Int'l	1:09.03	2

Event 68 Girls 100 Yard Dash Para

Name	Year	School	Finals	Wind	Points
1 Liang, Liuyi	12	San Francisco Int'l	22.35	NWI	2

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Event 71 Boys Shot Put Para

Name	Year School	Finals	Points
1 Hernandez, Saqueo	09 San Francisco Int'l	36-10.00	2

Event 72 Girls Shot Put Para

Name	Year School	Finals	Points
1 Liang, Liuyi	12 San Francisco Int'l	11-09.00	2

Event 73 Boys 100 Yard Dash Unified

Name	Year School	Finals	Wind
1 Hughes, Alvin	Abraham Linc	12.51	NWI
2 Alberti, Michael	Abraham Linc	16.07	NWI
-- Colias, Peter	09 Galileo Academy	DNS	NWI
-- Lee, Andrew	Galileo Academy	DNS	NWI

Event 75 Boys Long Jump Unified

Name	Year School	Finals	Wind
1 Hughes, Alvin	Abraham Linc	18-00.50	NWI
2 Alberti, Michael	Abraham Linc	8-04.75	NWI

Women - Varsity - Team Rankings - 16 Events Scored

1) Lowell	207	2) Abraham Lincoln (SF)	142
3) George Washington	56	4) Galileo Academy	33
5) Balboa	30	6) Raoul Wallenberg	8
6) Immaculate Conception	8	8) Acad. of Arts/Sciences	1

Women - Frosh-Soph - Team Rankings - 16 Events Scored

1) Lowell	252	2) Abraham Lincoln (SF)	79
3) Galileo Academy	68	4) Acad. of Arts/Sciences	26
5) Philip & Sala Burton	24	6) George Washington	21
7) Raoul Wallenberg	14		

Women - Para - Team Rankings - 2 Events Scored

1) San Francisco Int'l	4		
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Men - Varsity - Team Rankings - 16 Events Scored

1) Lowell	198	2) Abraham Lincoln (SF)	162
3) George Washington	38	3) Mission	38
5) Galileo Academy	32	6) Acad. of Arts/Sciences	13
7) Philip & Sala Burton	8	8) Balboa	3
9) San Francisco Int'l	2		

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....Event 75 Boys Long Jump Unified

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Men - Frosh-Soph - Team Rankings - 16 Events Scored
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1) Lowell	136	2) Abraham Lincoln (SF)	123
3) Philip & Sala Burton	85	4) Mission	42
5) Galileo Academy	36	6) Acad. of Arts/Sciences	32
7) Balboa	25	8) George Washington	14
9) Raoul Wallenberg	3		

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Men - Para - Team Rankings - 4 Events Scored
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1) San Francisco Int'l	8
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