## CIF San Francisco Section - 5/20/2017 to 5/27/2017
### Track and Field Championships
#### Kezar Stadium

### Results

#### Event 1  Boys 4x100 Meter Relay Frosh-Soph

<table>
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1. Abraham Lincoln (Sf) 'A'  
1) Bhonopa, Mustapha 09  
2) Zhou, Nathan 10  
3) Tom, Seth 09  
4) Koulikov, Martin 09  
5) Contreras, Luis 09  
6) Lee, Joshua 09  

2. Lowell 'A'  
1) Huang, Alex 09  
2) Cheung, Jovin 10  
3) Lei, Tony 09  
4) Tsui, Jason 09  
5) Dang, David 10  
6) Tran, Tri 10  

3. Philip & Sala Burton 'A'  
1) Kuang, Cary 10  
2) Hayes, Kyree 10  
3) David, Joshua 10  
4) Tran, Michael 10  
5) Wong, Ethan 10  
6) Zhou, Jack 10  

4. Mission 'A'  
1) Oliver, McKinley 10  
2) Laurent, Tyrek 09  
3) Milton, Julian 09  
4) Fineberg, Zachery 10  
5) Simmons, Damarr 10  
6) Chase, Willie 10  

5. Balboa 'A'  
1) Cervantes, Abraham 10  
2) Delfin, Gabe 10  
3) Chen, Douglas 10  
4) Liang, Warren 10  
5) Chiang, Eron 10  
6)  

6. Galileo Academy 'A'  
1) Wu, Benny 09  
2) Wu, Benjamin 09  
3) Wu, Jimmy 09  
4) Tam, Terrence 09  
5) Lee, Ryan 09  
6) Zhu, Waylon 09  

--- George Washington 'A'  
1) Hickerson, Eric 09  
2) Lim, Charles 10  
3) Quiala, Randy 10  
4) Candia, Allan 09  
5) Chen, David 10  

--- Raoul Wallenberg 'A'  
1) Lee, Benson 09  
2) Kong, Brian 09  
3) Sakai, Ryan 09  
4) Szeto, Wilson 09  
5) Li, Wallace 09  

#### Event 2  Girls 4x100 Meter Relay Varsity

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1. Abraham Lincoln (Sf) 'A'  
1) Amaechi, Precious 12  
2) Marcelino, Angelina 11  
3) Lam, Stephanie 11  
4) Parish, Ruby 10  
5) Cho, Bianca 11  
6) Dubose, Shania 12  

2. Lowell 'A'  
1) Inson, Doris 12  
2) O'Grady, Lena 11  
3) Tan, Vanessa 12  
4) Tsui, Allison 12  
5) Dare, Brittney 11  
6) Ng, Elise 11  

3. George Washington 'A'  
1) Neely, Kiara 09  
2) Gomes, Alina 09  
3) Reynolds, Kiana 11  
4) Lew, Lauren 12  
5) Lau, Samantha 11  
6) Ng, Tiffany 11  

---
....Event 2  Girls 4x100 Meter Relay Varsity

4 Balboa 'A'
1) Chen, Cindy 11  2) Bishop, Kandace 11
3) Lopez, Emily 11  4) Conley, Janice 11
5) Phan, Amy 12  6) Tatang, Jeslyn 10

Event 3  Boys 4x100 Meter Relay Varsity

Meet: * 41.90  1995  McAteer, McAteer

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<td>1) Magana, Bryan 12</td>
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<td>3) Chung, Dion 12</td>
<td>4) Toy, Joshua 12</td>
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<td>1) Layug, TJ 11</td>
<td>2) Siu, Justin 11</td>
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<td>3) Guan, Tony 11</td>
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<td>5) Tsang, Jonathan 11</td>
<td>6) Wai, Samuel 11</td>
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-- Philip & Sala Burton 'A' DQ Pass out of zone
| 1) He, Raymond 12 | 2) Hightower, Kabila 12 |
| 3) Fong, Brendan 12 | 4) Beltran, Brandon 12 |
| 5) Nguyen, Clifton 11 | 6) Kuang, Hollis 12 |
-- Mission 'A' DQ Pass out of zone
| 1) Broussard, Joseph 12 | 2) Johnson, Tyrese 12 |
| 3) Silas, Xavier 10 | 4) Al-Malik, Jelani 10 |
| 5) Dixon, Jamal 11 | 6) Partt, I'Jah 11 |

Event 4  Boys 1600 Meter Run Frosh-Soph

Meet: * 4:33.64  5/31/2014  Luis Aragon, Lowell

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<td>4 Lawrence, Ian</td>
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<td>5 Lee, Christopher</td>
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<td>6 Cavanaugh, Daniel</td>
<td>09 Philip &amp; Sal</td>
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<td>7 Murphy, Carter</td>
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<td>8 Marcelino, Elias</td>
<td>09 Abraham Linc</td>
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<td>9 Bradford, Calum</td>
<td>09 Balboa</td>
<td>5:18.56</td>
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<td>10 Rodriguez, Ever</td>
<td>09 Mission</td>
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**Event 4  Boys 1600 Meter Run Frosh-Soph**

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<td>10 Abraham Linc</td>
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<td>10 Balboa</td>
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**Event 5  Girls 1600 Meter Run Varsity**

Meet: 4:56.02  1997  Jennifer Akana, Lowell

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**Event 6  Boys 1600 Meter Run Varsity**

Meet: 4:15.13  2000  Jin Daikoku, Lowell

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<td>Tiao, Maximilian</td>
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<td>Goncalvez, Diohan</td>
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**Event 7  Boys 110 Meter Hurdles 36" Int. Frosh-Soph**

Meet: 16.22  5/26/2012  Ibrahima Mobley, Lincoln

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### Event 8  Boys 110 Meter Hurdles 39" High Varsity

| Meet: * 14.24 1973 | Mike Kirtman (converted time), Wilson |
| Meet: 14.24 1979 | Brennan Redd (converted time), Wilson |

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### Event 9  Girls 100 Meter Hurdles 33" Low Varsity

| Meet: * 14.56 2002 | Roshena Duree, Burton |

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### Event 10  Boys 400 Meter Dash Frosh-Soph

| Meet: * 51.71 1990 | Sophorn Rasmeay, Galileo |

| Meet: 51.14 1980 | Angelo McNeil (converted time/dist), Galileo |

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### Event 11  Girls 400 Meter Dash Varsity

| Meet: * 55.63 2004 | Chauncey David-Jacobs, Burton |

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**Event 11  Girls 400 Meter Dash Varsity**

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**Event 12  Boys 400 Meter Dash Varsity**

```
Meet: * 47.84  1995        Felton Charles, McAteer
Name                    Year School                  Finals  Points
=======================================================================
1 Walker, Jackson           11 Abraham Linc             50.53   10
2 Mai, William              12 Lowell                   51.41    8
3 Tom, Ryan                 11 Lowell                   51.57    6
4 Obiero, Godfrey           09 Lowell                   52.44    4
5 Shaikh, Adeel             12 Galileo Academy          53.07    2
6 Hightower, Kabila         12 Philip & Sal             53.33    1
7 Lin, Jacky                12 George Washington        54.23
8 Al-Malik, Jelani          10 Mission                  1:04.49
-- Dixon, Jamal             11 Mission                    DNS
```

**Event 13  Boys 100 Meter Dash Frosh-Soph**

```
Meet: * 10.94  1985        Tom Cagle (converted time), Lincoln
Meet: 10.94  1999        Daryl Terrell (converted time), McAteer
Name                    Year School                  Finals  Wind Points
============================================================================
1 Wong, Ethan               10 Philip & Sal             11.61   2.4  10
2 Fineberg, Zachery         10 Mission                  11.70   2.4   8
3 Liang, Warren             10 Balboa                   11.74   2.4   6
4 Quilala, Randy            10 George Washington        12.05   2.4   4
5 Huang, Alex               09 Lowell                   12.08   2.4   2
6 Cheung, Jovin             10 Lowell                   12.11   2.4   1
7 Contreras, Luis           09 Abraham Linc             12.14   2.4
8 Zhu, Waylon               09 Galileo Academy          12.27   2.4
9 Laurent, Tyrek            09 Mission                  22.21   2.4
```

**Event 14  Girls 100 Meter Dash Varsity**

```
Name                    Year School                  Finals  Wind Points
============================================================================
1 Mai, Kathleen             10 Lowell                   12.60   2.5  10
2 Amaechi, Precious         12 Abraham Linc             12.86   2.5   8
3 Jones, Parker             11 Galileo Academy          12.96   2.5   6
4 Brown, Kamiah             10 Raoul Wallenberg         13.01   2.5   4
5 Conley, Janice            11 Balboa                   13.06   2.5   2
6 Parish, Ruby              10 Abraham Linc             13.15   2.5   1
7 Igleshurt, Jocelyn        12 Immaculate C             13.18   2.5
8 Marcelino, Angelina       11 Abraham Linc             13.21   2.5
9 Amaechi, Pamela           12 Abraham Linc             13.39   2.5
```
### Event 15  Boys 100 Meter Dash Varsity

**Meet**: * 10.64  1982  Angelo McNeil (converted time), Galileo
**Meet**:  10.64  1993  Rashan Sanders (converted time), Lincoln
**Meet**:  10.64  1985  Andre Alexander (converted time), Balboa
**Meet**:  10.44  1976  Tequil Willis (converted time/dist), Miss

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### Event 16  Boys 800 Meter Run Frosh-Soph

**Meet**: * 2:01.94  1986  C. Verse (converted time), Galileo
**Meet**:  2:01.74  1976  Fletcher Sanford (converted time/dist), Galileo

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### Event 17  Girls 800 Meter Run Varsity

**Meet**: * 2:14.95  5/23/2015  Sierra Brill, Lowell

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### Event 18  Boys 800 Meter Run Varsity

**Meet**: * 1:56.44  1991  Dustin Rawls (converted time), Lincoln
**Meet**:  1:55.34  1968  Geoffrey Henderson (converted time/dist), Lincoln

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#### Event 19  Girls 300 Meter Hurdles 30" Low Varsity

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#### Event 20  Boys 300 Meter Hurdles 36" Int. Frosh-Soph

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## Event 22  Boys 200 Meter Dash Frosh-Soph

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## Event 23  Girls 200 Meter Dash Varsity

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## Event 24  Boys 200 Meter Dash Varsity

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## Event 25  Boys 3200 Meter Run Frosh-Soph

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#### Event 25 Boys 3200 Meter Run Frosh-Soph

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Event 27 Boys 3200 Meter Run Varsity

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#### Event 28 Boys 4x400 Meter Relay Frosh-Soph

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## Event 28  Boys 4x400 Meter Relay Frosh-Soph

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## Event 29  Girls 4x400 Meter Relay Varsity

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## Event 30  Boys 4x400 Meter Relay Varsity

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Event 30  Boys 4x400 Meter Relay Varsity

3) Lin, Jacky 12 4) Shew, Kevin 11
5) Kwon, Hyeon Su (Chris) 11 6) Tran, Justin 12

Galileo Academy 'A' 3:41.51 6
1) Arguijo, Andres 11 2) Low, Brandon 11
3) Serrano, Kevin 11 4) Shaikh, Adeel 12
5) Ung, George 12 6) Lam, Nathan 11

Abraham Lincoln (Sf) 'A' 3:42.25 4
1) Zheng, Jun 12 2) Chan, Alex 12
3) Serrano, Kevin 11 4) Hernandez, Miguel 12
5) Ung, George 12 6) Piechota, Sam 09

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Balboa 'A' 3:55.19 1
1) 2) Tsang, Jonathan 11
3) Siu, Justin 11 4) Wai, Samuel 11
5) Ramirez, Diego 11 6) Guan, Tony 11

Event 31  Boys Long Jump Frosh-Soph

Meet: * 23-02.50 1985 Dominick Dupree, McAteer

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Event 32  Boys Discus Throw Frosh-Soph

Meet: * 143-10 1976 Roy Abendrooth, Lowell

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### Event 32 Boys Discus Throw Frosh-Soph

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### Event 33 Boys Shot Put 10lb Shot Frosh-Soph

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### Event 34 Boys Triple Jump Frosh-Soph

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**Event 35  Boys Pole Vault Frosh-Soph**

Opening Height 6'0"

Meet: * 12-04  1980  James McClanahan, Galileo

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**Event 36  Boys High Jump Frosh-Soph**

Opening Height 4'4"

Meet: * 6-03.50  1981  Justin Brown, Galileo

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**Event 37  Girls Long Jump Varsity**

Meet: * 19-02.50  1992  Shena Ferguson, Washington

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**Event 38  Boys Long Jump Varsity**

Meet: * 25-03.50  1981  Ken Frazier, Mission

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### Event 38  Boys Long Jump Varsity

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### Event 39  Girls Triple Jump Varsity

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### Event 40  Boys Triple Jump Varsity

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### Event 41  Girls Discus Throw Varsity

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<td>Li, Vinson</td>
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<tr>
<td>Limu, Fa'i</td>
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### Event 43  Girls Shot Put Varsity

<table>
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<th>Meet: * 48-11  5/29/2010 Chioma Amaechi, Lincoln</th>
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<tbody>
<tr>
<td>Name</td>
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<tr>
<td>Amaechi, Pamela</td>
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<td>Manumua, Kuinini</td>
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<td>Andrews, Savanna</td>
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<td>Rinchin, Nomin</td>
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<td>Phan, Amy</td>
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<td>Tang, Sabrina</td>
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<td>Madayag, Diane</td>
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<td>Zhu, Bernice</td>
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<td>Bowlegs, Aleeyah</td>
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<td>Shue, Fionna</td>
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### Event 44  Boys Shot Put Varsity

<table>
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<tr>
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<td>Moore, Albert</td>
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<td>Carmona, Raul</td>
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<td>Lo, Nathan</td>
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<td>Li, Yaobin</td>
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<tr>
<td>Moye, Ellis</td>
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<td>Ng, Derrick</td>
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### Event 45  Girls High Jump Varsity

<p>| Opening Height  4'2&quot; |</p>
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<td>Chan, Una</td>
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### Event 45 Girls High Jump Varsity

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<td>6</td>
<td>Lewis, Melissa</td>
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<tr>
<td>7</td>
<td>Altanbagana, Namuun</td>
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<td>8</td>
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<td>Chang, Jessica</td>
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### Event 46 Boys High Jump Varsity

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<td>3</td>
<td>Chung, Dion</td>
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<td>Diop, Kibwe</td>
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### Event 47 Girls Pole Vault Varsity

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<tr>
<td>3</td>
<td>Delucchi, Clare</td>
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<td>4</td>
<td>Chiang, Moriah</td>
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<td>Abraham Linc</td>
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<td>Abraham Linc</td>
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### Event 48 Boys Pole Vault Varsity

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<td>Wu, Jesse</td>
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<td>Springer, Max</td>
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<td>Stroumza, Julien</td>
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<td>Kashima, Niko</td>
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<td>Wu, Jesse</td>
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### Event 49  Girls 4x100 Meter Relay Frosh-Soph

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<td>1) Ejarque Juste, Paula 09</td>
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<td>2) Pelton, Simone 09</td>
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<td>3) Liu, Emily 10</td>
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<td>4) Lo, Janelle 09</td>
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<td>5) De La Peña, Faith 09</td>
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<tr>
<td>6) Woodworth, Mariko 09</td>
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<td>2) Sung, Connie 09</td>
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<td>4) Vuong, Helen 10</td>
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<td>5) Chan, Erika 09</td>
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<td>6) Lee, Alanna 10</td>
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<td>2) Zhu, Elen 09</td>
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<td>3) Wong, Leela 09</td>
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<td>4) Mendez, Samantha 10</td>
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<td>5) Boston, Laila 09</td>
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<tr>
<td>6) Brown, Destiny 10</td>
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<td>2) Yamaguchi, Marine 09</td>
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<td>3) Naramgerel, Hilary 09</td>
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<td>4) Tsao, Joyce 10</td>
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<td>5) Xie, Jessica 10</td>
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<td>6) Fong, Robin 09</td>
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<td>2) Fong, Patricia 10</td>
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<td>4) Kam, Kimberly 10</td>
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<td>6) Cavanaugh, Rebecca 10</td>
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### Event 50  Girls 1600 Meter Run Frosh-Soph

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<td>Fong, Robin</td>
<td>09 George Washington</td>
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<td>Steedman, Emi</td>
<td>09 Lowell</td>
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<td>Montiel, Paola</td>
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<td>Lau, Katrina</td>
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### Event 51  Girls 100 Meter Hurdles 33" Low Frosh-Soph

<table>
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## Event 52  Girls 400 Meter Dash Frosh-Soph

Meet:  * 1:00.71  5/26/2007  Katherine Jarvis, Lowell

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## Event 53  Girls 100 Meter Dash Frosh-Soph


<table>
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## Event 54  Girls 800 Meter Run Frosh-Soph

Meet:  * 2:30.71  5/25/2013  Tianna Marrable, Burton

<table>
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<td>9 Zhou, Tiffany</td>
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## Event 55  Girls 300 Meter Hurdles 30" Low Frosh-Soph

Meet:  * 50.35  5/24/2008  Katherine Gao, Lowell

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Event 55 Girls 300 Meter Hurdles 30" Low Frosh-Soph
7 Holtz, Matilda 09 Acad. of Art 1:04.54

Event 56 Girls 200 Meter Dash Frosh-Soph

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Event 57 Girls 3200 Meter Run Frosh-Soph

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Event 58 Girls 4x400 Meter Relay Frosh-Soph

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<td>3) Sam, Isabelle 09</td>
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<td>4) Lo, Janelle 09</td>
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<td>5) De La Peña, Faith 09</td>
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<td>2) Beltran, Yared 10</td>
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<td>4) Hong, Nicole 09</td>
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<td>6) Kam, Kimberly 10</td>
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<td>3 Galileo Academy 'A'</td>
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<td>3) Liu, Dana 10</td>
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<td>4) Montiel, Paola 09</td>
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<td>6) Sung, Connie 09</td>
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<td>2) Wong, Leela 09</td>
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<td>3) Mendez, Samantha 10</td>
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<tr>
<td>6) Boston, Laila 09</td>
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<td>1) Marvez, Margo 09</td>
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<td>3) Naramgerel, Hilary 09</td>
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</table>
### Event 59  Girls Long Jump Frosh-Soph

<table>
<thead>
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<th>Meet: *</th>
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<tbody>
<tr>
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<tr>
<td>Lam, Leanna</td>
<td>10 Raoul Wallenberg</td>
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<td>Lee, Alanna</td>
<td>10 Galileo Academy</td>
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<td>Liu, Dana</td>
<td>10 Galileo Academy</td>
<td>14-08.25</td>
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<td>Ejarque Juste, Paula</td>
<td>09 Lowell</td>
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<td>Jou, Allison</td>
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<td>09 Abraham Linc</td>
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<td>Powell, Kyra</td>
<td>10 Abraham Linc</td>
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<td>Wen, Grace</td>
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### Event 60  Girls Discus Throw Frosh-Soph

<table>
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<th>100-10.50  5/21/2008</th>
<th>Chioma Amaechi, Lincoln</th>
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<tbody>
<tr>
<td>Name</td>
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<tr>
<td>Scott, Makayla</td>
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<td>Ng, Carissa</td>
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<td>Lin, Mandy</td>
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### Event 61  Girls Shot Put Frosh-Soph

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### Event 62  Girls Triple Jump Frosh-Soph

<table>
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<th>Meet: *</th>
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<th>Stephanie Cheung, Lowell</th>
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<td>Carion, Cynthia</td>
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<td>27-11.75</td>
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</table>
### Event 63  Girls Pole Vault Frosh-Soph

Note, record set with uncertified crossbar

Opening Height 5'0"

| Meet: * | 9-00 5/25/2013 | Rebecca Mellin (uncertified crossbar |
| Meet: * | 7-00 5/19/2012 | Maria Tiongson, Lincoln |

<table>
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### Event 64  Girls High Jump Frosh-Soph

Opening Height 3'8"

| Meet: * | 4-10 5/19/2012 | Jenny Wong, Balboa |
| Meet:    | 4-10 5/24/2014 | Una Chan, Lincoln |

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### Event 65  Boys 100 Yard Dash Para

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### Event 66  Boys 200 Yard Dash Para

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### Event 67  Boys 400 Yard Dash Para

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### Event 68  Girls 100 Yard Dash Para

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CIF San Francisco Section - 5/20/2017 to 5/27/2017
Track and Field Championships
Kezar Stadium
Results

Event 71 Boys Shot Put Para

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Event 72 Girls Shot Put Para

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Event 73 Boys 100 Yard Dash Unified

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<tbody>
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<td>2 Alberti, Michael</td>
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Event 75 Boys Long Jump Unified

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</table>

Women - Varsity - Team Rankings - 16 Events Scored

1) Lowell  207  2) Abraham Lincoln (SF)  142
3) George Washington  56  4) Galileo Academy  33
5) Balboa  30  6) Raoul Wallenberg  8
6) Immaculate Conception  8  8) Acad. of Arts/Sciences  1

Women - Frosh-Soph - Team Rankings - 16 Events Scored

1) Lowell  252  2) Abraham Lincoln (SF)  79
3) Galileo Academy  68  4) Acad. of Arts/Sciences  26
5) Philip & Sala Burton  24  6) George Washington  21
7) Raoul Wallenberg  14

Women - Para - Team Rankings - 2 Events Scored

1) San Francisco Int'l  4

Men - Varsity - Team Rankings - 16 Events Scored

1) Lowell  198  2) Abraham Lincoln (SF)  162
3) George Washington  38  3) Mission  38
5) Galileo Academy  32  6) Acad. of Arts/Sciences  13
7) Philip & Sala Burton  8  8) Balboa  3
9) San Francisco Int'l  2
### Event 75 Boys Long Jump Unified

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**Men - Frosh-Soph - Team Rankings - 16 Events Scored**

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**Men - Para - Team Rankings - 4 Events Scored**

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