

AAA/CIF San Francisco Section 2009-2010

TRACK & FIELD

Event Best Times

As of May 21, 2010
Boys Varsity (Top Ten)

| Event/Name/School/Time/Distance | Event/Name/School/Time/Distance | Event/Name/School/Time/Distance |
|---|--|--|
| 110m Hurdles 1. Jesse Jiang, Lowell, 16.00 2. Sokchu Hwang, Washington, 16.30 3. Jamie Loo, Mission, 18.00 4. John Lee, Washington, 18.30 5. Jimmy Lai, Lowell, 18.60 6. Derek Mercario, Lowell, 18.70 6. Enhao Cheung, Lincoln, 18.70 8. Wilton Chew, Lowell, 19.10 9. Jeremy Mah, Lowell, 19.20 10. Shinsuke Yamamoto, Washington, 19.30 10. Daniel Hom, Lincoln, 19.30 10. John Deguzman, Washington, 19.30 | 300m Hurdles 1. Jesse Jiang, Lowell, 43.10 2. Devon Marman, Lincoln, 43.50 3. Jesse Jiang, Lowell, 44.50 4. Sokchu Huang, Washington, 44.84 5. Shinsuke Yamamoto, Washington, 44.90 5. Johnny Lai, Lowell, 44.90 7. John Lee, Washington, 45.40 8. Jeremy Mah, Lowell, 46.30 9. Enhao Cheung, Lincoln, 47.01 10. Wilton Chew, Lowell, 48.20 10. Kieffer Ng, Galileo, 48.20 | 100m Dash 1. Lazare Gubeladze, Lincoln, 10.50 2. Robert Davis, Lowell, 10.90 2. Ryan Lui, Lowell, 10.90 4. Devon Marman, Lincoln, 11.20 5. Safa Mannah, Lowell, 11.30 6. Lazare Gubeladze, Lincoln, 11.40 6. Jeremy Mah, Lowell, 11.40 8. Greg Warren, Balboa, 11.50 8. Stanley Miller, Burton, 11.50 8. Johnny Lai, Lowell, 11.50 |
| 200m Dash 1. Devon Marman, Lincoln, 22.30 2. Deondre Anderson, Burton, 22.40 3. Greg Warren, Balboa, 22.80 4. Safa Mannah, Lowell, 23.00 5. William Chen, Lowell, 23.30 6. Robert Davis, Lincoln, 23.50 7. Lazare Gubeladze, Lincoln, 23.80 7. Donte McGlothen, Burton, 23.80 9. Calvin Lee, Washington, 24.00 10. Calvin Lu, Washington, 24.10 | 400m Dash 1. Deondre Anderson, Burton, 50.10 2. William Chen, Lowell, 51.40 3. Safa Mannah, Lowell, 52.10 4. Devon Marman, Lincoln, 52.50 5. Shane McCarthy, Lowell, 53.00 6. Greg Warren, Balboa, 53.90 7. Leo Harrington, Lowell, 54.70 8. Lazare Gubeladze, Lincoln, 54.90 9. Donte McGlothen, Burton, 55.00 10. Wentao Xu, Lowell, 55.10 | 800m Run 1. Will Chen, Lowell, 2:04.80 2. Leo Harrington, Lowell, 2:06.30 3. Shane McCarthy, Lowell, 2:07.90 4. Jacky So, Lincoln, 2:08.60 5. Safa Mannah, Lowell, 2:08.80 6. Sunny Kwong, Lincoln, 2:09.40 7. Wentao Xu, Lowell, 2:11.20 8. Casey Lee, Lowell, 2:12.20 9. Reilly Cheng, Lowell, 2:13.10 10. Patrick Gray, Lincoln, 2:14.00 10. Corey Worthington, Lowell, 2:14.00 |
| 1600m Run 1. Patrick Gray, Lincoln, 4:46.50 2. William Chen, Lowell, 4:47.10 3. Casey Lee, Lowell, 4:48.40 4. Corey Worthington, Lowell, 4:49.70 5. Sunny Kwong, Lincoln, 4:50.50 6. Tom Marx, Wallenberg, 4:53.50 7. Reilly Clewes, Lowell, 4:54.10 8. Mike Liang, Lincoln, 5:00.36 9. Jacky So, Lincoln, 5:01.05 10. Shane McCarthy, Lowell, 5:01.10 | 3200m Run 1. Leo Harrington, Lowell, 10:06.20 2. Casey Lee, Lowell, 10:12.20 3. Will Chen, Lowell, 10:20.90 4. Patrick Gray, Lincoln, 10:25.00 5. Corey Worthington, Lowell, 10:25.90 6. Ronald Cheng, Lowell, 10:51.40 7. Reilly Clewes, Lowell, 11:03.60 8. Isaiah Ho, Lincoln, 11:20.00 9. Taiyo Onoda, Lowell, 11:36.90 10. Gavin Li, Lowell, 11:48.40 | Triple Jump 1. Tony Wong, Lowell, 41-2 2. Devaughn Silas, Marshall, 39-2 3. Noah Shaw, Lowell, 38-10 4. Enhao Cheung, Lincoln, 38-1 5. Elroi Carpenter, Lincoln, 36-0 6. Alex Moreno, Burton, 34-6 7. Eric Kong, Mission, 33-10 8. Evander Williams, Marshall, 33-8 9. Wei Lee, Lowell, 33-7 10. Randy Yu, Lincoln, 33-3 |
| Long Jump 1. Artrix Thomas, Lincoln, 20-10 2. Robert Davis, Lincoln, 20-3 3. Deshea Harvey, Marshall, 20-0 3. Quincy Nelson, Galileo, 20-0 3. Safa Mannah, Lowell, 20-0 6. Tony Wong, Lowell, 19-11 7. Lazare Gubeladze, Lincoln, 19-7 8. Nelson Ho, Lowell, 19-5 9. Devaughn Silas, Marshall, 19-3 10. Leroy Robinson, Burton, 19-1.25 | Discus 1. Zachary Ogawa, Lincoln, 127-11 2. Anson Jiang, Washington, 117-4 3. Noah Shaw, Lowell, 116-3 4. Erick Sandino, Lowell, 112-6 5. John Zhang, ?, 106-1 6. Jared Ricci, Galileo, 105-10 7. Jabes Rivera, Lowell, 100-10 8. Vincent Louie, Lowell, 99-8 9. Calvin Graber, Lincoln, 97-5 10. Pesalili Havea, Lincoln, 95-5 | Shot Put 1. Calvin Graber, Lincoln, 43-3 2. Anson Jiang, Washington, 41-9 3. Zachary Ogawa, Lincoln, 39-8.5 4. Jerome Reed, Lincoln, 37-4 5. Davis Sagiao, Marshall, 36-4.5 6. Ryan Prescott, Lowell, 35-5 7. Erick Sandino, Lowell, 35-0 8. Ryan Prescott, Lowell, 34-7.5 9. Leon Hsueh, Lowell, 34-7 10. Sal Maldonado, Lowell, 34-6.5 |
| High Jump 1. Noah Shaw, Lowell, 6-0 2. Pat Ale, Galileo, 5-8 2. Elroi Carpenter, Lincoln, 5-8 2. Tony Wong, Lowell, 5-8 5. Alec Tatum, Mission, 5-6 5. Artrix Thomas, Lincoln, 5-6 5. Nelson Ho, Lowell, 5-6 8. Jesse Jiang, Lowell, 5-2 9. Robert Andrade, Balboa, 5-0 9. Jeffrey Tang, Washington, 5-0 | Pole Vault 1. Tony Wong, Lowell, 10-0 1. Enhao Cheung, Lincoln, 10-0 3. Wilton Chew, Lowell, 9-6 3. Andy Tsang, Lincoln, 9-6 3. Noah Shaw, Lowell, 9-6 6. Lazara Gubeladze, Lincoln, 8-6 7. 8. 9. 10. | 4x100 Relay 1. Lincoln A, 43.80 2. Burton A, 44.20 3. Lowell A, 45.90 4. Washington A, 46.40 5. Marshall A, 46.60 4x400 Relay 1. Lincoln A, 3:41.00 2. Washington A, 3:43.90 3. Lowell A, 3:44.20 4. Lowell B, 3:47.40 5. Lowell C, 3:47.90 |

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Event Best Times

Girls Varsity (Top Ten)

| Event/Name/School/Time/Distance | Event/Name/School/Time/Distance | Event/Name/School/Time/Distance |
|---|--|---|
| 100m Hurdles 1. Katherine Gao, Lowell, 17.10 2. Hallie Meneses, Lincoln, 17.30 3. Eva Gao, Lowell, 17.50 4. Erina Alejo, Lowell, 18.00 5. Carol Lang, Lowell, 20.10 6. Jenny Huynh, Lowell, 20.30 7. Ellen Wee, Lincoln, 21.24 8. Hester Yu, Lowell, 21.90 9. Stacy Hom Washington, 22.50 10. | 300m Hurdles 1. Katherine Gao, Lowell, 48.10 2. Eva Gao, Lowell, 50.10 3. Erina Alejo, Lowell, 52.50 4. Jenny Huynh, Lowell, 53.00 5. Erina Alejo, Lowell, 53.10 6. Kristi Lui, Washington, 55.70 7. Hester Yu, Lowell, 56.00 8. Jaime Lam, Lowell, 54.40 9. Carol Liang, Lowell, 57.60 10. Alaina Chu, Washington, 57.90 | 100m Dash 1. Lisha Yao, Galileo, 12.70 2. Katherine Jarvis, Lowell, 13.00 3. Jenny Huynh, Lowell, 13.10 4. Katherine Gao, Lowell, 13.30 5. Hester Yu, Lowell, 13.30 6. Eva Gao, Lowell, 13.40 7. Ka'Leah Cash, Burton, 13.50 8. Carol Liang, Lowell, 13.50 9. Valerie Lim, Lowell, 13.70 10. Stacy Hom, Washington, 13.80 10. Mickesha Pusey, Balboa, 13.80 |
| 200m Dash 1. Katherine Jarvis, Lowell, 26.10 2. Tamara Purpura, Lowell, 26.60 3. Katherine Gao, Lowell, 27.40 3. Lisha Yao, Galileo, 27.40 5. Valerie Lim, Lowell, 27.70 5. Ka'Leah Cash, Burton, 27.70 7. Valerie Lim, Lowell, 28.30 8. Eva Gao, Lowell, 28.40 9. Gabriella Hernandez, Lincoln, 28.50 10. Erina Alejo, Lowell, 28.70 | 400m Dash 1. Katherine Jarvis, Lowell, 1:01.50 2. Ka'Leah Cash, Burton, 1:02.30 3. Gabriella Hernandez, Lincoln, 1:02.71 4. Tamara Purpura, Lowell, 1:02.80 5. Eva Gao, Lowell, 1:03.70 6. Katherine Gao, Lowell, 1:03.90 7. Elizabeth Khuu, Washington, 1:05.30 8. Lisa Lim, Galileo, 1:05.80 9. Jenny Huynh, Lowell, 1:06.30 10. Valerie Lim, Lowell, 1:06.50 | 800m Run 1. Gabriella Hernandez, Lincoln, 2:29.62 2. Sarah Gulli, Lowell, 2:31.80 3. Elizabeth Khuu, Washington, 2:31.90 4. Justine Creed, Lowell, 2:37.60 4. Eileen Li, Lowell, 2:37.60 6. Michelle Tang, Lincoln, 2:37.98 7. Anna Slotterback, Lincoln, 2:38.75 8. Ka'Leah Cash, Burton, 2:39.00 9. Kimberly Tang, Lincoln, 2:39.30 10. Tiffani Tom, Lincoln, 2:39.80 10. Lucy Huang, Lowell, 2:39.80 |
| 1600m Run 1. Tamara Purpura, Lowell, 5:22.90 2. Elizabeth Khuu, Washington, 5:37.27 3. Sarah Gulli, Lowell, 5:38.20 4. Tiffany Tom, Lincoln, 5:44.30 5. Anna Slotterback, Lincoln, 5:45.85 6. Gabriella Hernandez, Lincoln, 5:46.57 7. Michelle Tang, Lincoln, 5:48.82 8. Justine Creed, Lowell, 5:51.80 9. Sami Chu, Lincoln, 5:52.50 10. Jewel Conrad, Lowell, 5:59.50 | 3200m Run 1. Sarah Gulli, Lowell, 12:05.30 2. Anna Slotterback, Lincoln, 12:23.10 3. Michelle Tang, Lincoln, 12:54.40 4. Tiffani Tom, Lincoln, 12:58.80 5. Allison Kimura, Lowell, 13:15.70 6. Jewel Conrad, Lowell, 13:16.20 7. Sami Chu, Lincoln, 13:19.15 8. Tiffany Tom, Lincoln, 13:20.98 9. Lisa Leung, Lowell, 13:47.30 10. Elaine Wu, Lowell, 13:47.70 | Triple Jump 1. Katherine Gao, Lowell, 34-3 2. Jenny Lam, Lincoln, 31-8 3. Stephanie Huynh, Lowell, 30-9 4. Amanda Lee, Galileo, 30-5 5. Eva Gao, Lowell, 29-11.75 6. Stephanie Leung, Lowell, 29-4.5 7. Amanda Li, Lowell, 29-0 8. Eva Mo, Lowell, 28-11 9. Julie Mo, Lowell, 28-9.5 10. Samantha Woo, Lowell, 28-7.5 |
| Long Jump 1. Katherine Jarvis, Lowell, 18-0 2. Katherine Gao, Lowell, 16-2 3. Ellen Wie, Balboa, 15-3 4. Hallie Meneses, Lincoln, 15-0 5. Jenny Huynh, Lowell, 14-10 5. Betty Lam, Lowell, 14-10 7. Jenny Lam, Lincoln, 14-8 8. Michelle Wong, Lowell, 14-6 9. Stephanie Leung, Lowell, 14-5 9. Samantha Woo, Lowell, 14-5 | Discus 1. Chioma Amaechi, Lincoln, 141-8.5 2. Michelle Lee, Lowell, 85-0 3. Samantha Ngo, Lowell, 73-7 4. Alena Ja, Lowell, 71-3 5. Cindy Kuang, Galileo, 71-2.5 6. Allison Kimura, Lowell, 61-7.5 7. Tammy Mo, Lowell, 50-9.75 8. Glenda Li, Lowell, 44-6 9. Nancy Chen, Galileo, 30-10 10. | Shot Put 1. Chioma Amaechi, Lincoln, 46-11 2. Michelle Lee, Lowell, 25-2.5 3. Alena Ja, Lowell, 24-10.5 4. Ka'Leah Cash, Burton, 24-8.75 5. Smanatha Ngo, Lowell, 24-2 6. Cindy Kuang, Galileo, 23-7 7. Emerald Jones, Lowell, 22-5.5 8. Sophia Quan, Washington, 19-5 9. Tammy Mo, Lowell, 19-0.25 10. Glenda Li, Lowell, 17-5.5 |
| High Jump 1. Betty Lam, Lowell, 4-10 2. Katherine Gao, Lowell, 4-8 3. Julia Loi, Lincoln, 4-6 3. Jamie Lam, Lincoln, 4-6 3. Ellen Wee, Balboa, 4-6 6. Betty Lam, Lowell, 4-4 7. Nancy Chan, Balboa, 4-2 8. Tamara Purpura, Lowell, 4-0 8. Eva Gao, Lowell, 4-0 8. Stephanie Leung, Lowell, 4-0 | Pole Vault 1. Julia Loi, Lincoln, 7-0 2. Michelle Tang, Lincoln, 6-6 2. Carol Liang, Lowell, 6-6 2. Stephanie Leung, Lowell, 6-6 2. Stephanie Huynh, Lowell, 6-6 6. 7. 8. 9. 10. | 4x100 Relay 1. Lowell A, 52.40 2. Galileo A, 52.70 3. Lincoln A, 54.10 4. Lowell B, 55.10 5. Lowell C, 56.20 4x400 Relay 1. Lincoln A, 4:30.30 2. Lowell A, 4:34.80 3. Lowell B, 4:36.30 4. Galileo A, 4:37.60 5. Lowell C, 4:38.10 |

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Boys Frosh-Soph (Top Ten)

| Event/Name/School/Time/Distance | Event/Name/School/Time/Distance | Event/Name/School/Time/Distance |
|--|--|--|
| 110m Hurdles 1. Damon Bannag, Lincoln, 16.70 2. Cameron Chu, Lincoln, 17.00 3. Joseph Rato, Lincoln, 17.20 4. Chris Tiongson, Lincoln, 17.60 5. Steven Burks, Lincoln, 17.78 6. Miles Prescott, Lincoln, 18.00 7. Irving Jiang, Balboa, 18.30 8. Matthew Yee, Mission, 18.50 9. Jimmy Zhu, Lincoln, 18.90 10. Eric Huang, Lincoln, 19.40 | 300m Hurdles 1. Joseph Rato, Lincoln, 44.40 2. Steven Burks, Lincoln, 44.70 3. Allan Abilar, Burton, 45.60 4. Louis Reed, Balboa, 46.00 4. Steven Zhu, Lowell, 46.00 6. Cameron Chu, Lincoln, 46.30 7. Damon Bannag, Lincoln, 47.00 8. Irving Jiang, Balboa, 48.20 9. Chris Posada, Lincoln, 48.49 10. Eric Huang, Lincoln, 48.53 | 100m Dash 1. Andrew Gary, Balboa, 11.20 2. Remfel Ganal, Lincoln, 11.30 3. John Wang, Wallenberg, 11.50 4. Damon Bannag, Lincoln, 11.60 5. Tim Guo, Washington, 11.70 5. Andres Arellanos, Balboa, 11.70 7. Eddie Robinson, ISA, 11.73 8. Steven Burks, Lincoln, 11.80 8. Jayvon Fields, Lincoln, 11.80 8. Jordan Leung, Lowell, 11.80 |
| 200m Dash 1. Remfel Ganal, Lincoln, 23.40 2. Andrew Gary, Balboa, 23.90 3. Eddie Robinson, ISA, 23.98 4. John Wang, Wallenberg, 24.10 5. Andres Arellano, Balboa, 24.50 5. Richard Hewett, Washington, 24.50 7. David Lantow, Balboa, 24.60 7. Arthur Flores, Lincoln, 24.60 9. Jayron Fields, Lincoln, 25.00 10. Adan Marrufo, Lowell, 25.10 | 400m Dash 1. Steven Burks, Lincoln, 54.46 2. Remfel Ganal, Lincoln, 55.76 3. Cameron Chu, Lincoln, 55.88 4. Abbas Baig, Washington, 56.67 5. Sam Wang, Lowell, 56.70 6. Ryan Fleshman, Mission, 56.80 7. Darren Easterling, Burton, 57.00 7. Adan Marrufo, Lowell, 57.00 9. Arthur Flores, Lincoln, 57.10 10. Jason Wong, Balboa, 57.17 | 800m Run 1. Adrian Mei, Lincoln, 2:07.00 2. Mohammed Malik, Wallenberg, 2:10.40 3. Abbas Baig, Washington, 2:10.50 4. Louis Wong, Lowell, 2:10.90 5. Steven Chan, Galileo, 2:13.20 6. Devin Hu, Lincoln, 2:13.90 7. David Wu, Galileo, 2:14.20 8. Darwin Mayhew, Washington, 2:14.90 9. Dennis B. Li, Lincoln, 2:17.02 10. Allen Yu, Washington, 2:17.20 10. Raymond Lang, Lowell, 2:17.20 |
| 1600m Run 1. Andy Huang, Lincoln, 4:51.10 2. Aaron Wang, Lincoln, 4:51.40 3. Devin Hu, Lincoln, 4:52.40 4. Jeremie Showa, Mission, 4:53.20 5. Adrian Mei, Lincoln, 4:58.00 6. Steven Chan, Galileo, 4:59.10 7. David Wu, Galileo, 4:59.60 8. Dennis B. Li, Lincoln, 5:02.40 9. Samuel Anspach, Lowell, 5:03.50 10. Dennis A. Li, Lincoln, 5:03.90 | 3200m Run 1. Andy Huang, Lincoln, 10:26.00 2. Jeremie Showa, Mission, 10:51.20 3. Aaron Wang, Lincoln, 10:56.30 4. Devin Hu, Lincoln, 11:02.90 5. Eddy Zheng, Lowell, 11:07.00 6. Dennis B. Li, Lincoln, 11:12.10 7. Gavin Li, Lowell, 11:15.10 8. Daniel Gray, Lincoln, 11:21.30 9. Dennis A. Li, Lincoln, 11:24.00 10. Samuel Anspach, Lowell, 11:27.00 | Triple Jump 1. Remfel Ganal, Lincoln, 39-4 1. Bradley Monterola, Lowell, 39-4 3. Damon Bannag, Lincoln, 38-4 4. Paul Stainer, Lowell, 38-2.75 5. Steven Burks, Lincoln, 38-0 6. Derek Morrell, Lincoln, 35-7 7. Alex Moreno, Burton, 34-5 7. Steven Zhu, Lowell, 34-5 9. Joseph Rato, Lincoln, 34-2 10. Chris Tiongson, Lincoln, 34-1 |
| Long Jump 1. Remfel Ganal, Lincoln, 21-0 2. Alan Tse, Galileo, 19-10 3. J.J. Fields, Lincoln, 19-6 4. Steven Burks, Lincoln, 19-4 5. Richard Hewett, Washington, 19-1 6. Ares Brown, Lincoln, 18-3 6. Daniel Wang, Washington, 18-3 8. Keene Chan, Balboa, 18-1 9. Luis Mena, Burton, 18-1 10. Ryan Chiu, Lincoln, 18-0 | Discus 1. Collin Luu, Lincoln, 138-0 2. Simon Quan, Wallenberg, 127-4 3. Nate Amidei, Lincoln, 102-10 4. Douglas Snoddy, Lincoln, 92-10 5. Rene Aleman, Lincoln, 89-2 6. Wilson Jiang, Washington, 88-8 7. Broderick Pryor, Burton, 86-9 8. Daniel Fong, Washington, 86-2 9. Delwin Agustin, Burton, 85-9.5 10. Wesley Chew, Lincoln, 81-4 | Shot Put 1. Simon Quan, Wallenberg, 44-8 2. Collin Luu, Lincoln, 44-7 3. Rene Aleman, Lincoln, 42-9.5 4. Robert Spears, Lincoln, 38-1 5. Josh Kidd, Washington, 37-8 6. Broderick Pryor, Burton, 37-7 7. Delwin Agustin, Burton, 37-0 8. Rajah Britton, Lincoln, 36-9 9. Javier Gomez-Wong, Mission, 36-3 10. Nate Amidei, Lincoln, 35-3 |
| High Jump 1. Ares Brown, Lincoln, 6-0 2. Stanley Chen, Galileo, 5-10 3. Remfel Ganal, Lincoln, 5-8 4. Alan Tse, Galileo, 5-8 5. Aaron Zhu, Lincoln, 5-2 6. Andrew Gary, Balboa, 5-0 6. Douglas Snoddy, Lincoln, 5-0 8. Daren Easterling, Burton, 4-10 8. Ryan Chiu, Lincoln, 4-10 8. Renny Ng, Lowell, 4-10 8. Preston Leung, Lowell, 4-10 8. Bradley Monterola, Lowell, 4-10 | Pole Vault 1. Jimmy Zhu, Lincoln, 9-6 1. Aaron Wang, Lincoln, 9-6 2. Aaron Zhu, Lincoln, 8-6 2. Irving Chang, Lincoln, 8-6 5. Wilton Chew, Lowell, 8-0 5. Ryan Chiu, Lincoln, 8-0 5. Paul Stainer, Lowell, 8-0 8. Jesse Hannawalt, Lowell, 7-6 9. Stanley Chen, Galileo, 6-6 10. | 4x100 Relay 1. Lincoln A, 46.00 2. Washington A, 47.63 3. Balboa A, 47.70 4. Burton A, 47.90 5. Wallenberg A, 48.90 4x400 Relay 1. Lowell A, 3:48.40 2. Washington A, 3:49.70 2. Galileo A, 3:49.80 4. Lincoln A, 3:52.90 5. Balboa A, 3:54.40 |

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Girls Frosh-Soph (Top Ten)

| Event/Name/School/Time/Distance | Event/Name/School/Time/Distance | Event/Name/School/Time/Distance |
|--|---|--|
| 100m Hurdles 1. Serena Felicity, Lincoln, 16.60 2. Cathy Cai, Lincoln, 17.70 3. Kristi Lui, Washington, 17.90 4. Cecilia Fang, Lowell, 18.50 5. Emily Lim, Lowell, 19.00 6. Kendall Kearns, Lincoln, 19.60 7. Alaina Chu, Washington, 19.80 8. Angeline Chemel, Lincoln, 20.10 9. Kaley Selor, Lincoln, 20.50 9. Bora Yoon, Lincoln, 20.50 | 300m Hurdles 1. Serena Felicity, Lincoln, 50.40 2. Emily Lim, Lowell, 52.60 3. Kristi Lui, Washington, 53.10 4. Kaley Selor, Lincoln, 53.30 5. Guadalupe Loeza, Lincoln, 53.60 6. Michelle Cai, Lincoln, 54.60 7. Cecilia Fang, Lowell, 55.50 8. Alaina Chu, Washington, 55.77 9. Angeline Chemel, Lincoln, 56.90 10. Dana Arzadon, Burton, 57.20 | 100m Dash 1. Melanie Speech, Lowell, 12.50 2. Kaylyn Perkins, Marshall, 12.70 3. Ugonma Nwankwo, Galileo, 12.80 4. Serena Felicity, Lincoln, 13.00 5. Inez Vara, Lincoln, 13.60 6. Margareta Gordon, Mission, 13.70 7. Vivian Lueng, Galileo, 13.80 7. Stephanie Zhang, Washington, 13.80 7. Maripousa Silifaiva, Lincoln, 13.80 10. Lily Xu, Lowell, 13.90 |
| 200m Dash 1. Kaylyn Perkins, Marshall, 27.70 2. Ugonma Nwankwo, Galileo, 27.90 3. Serena Felicity, Lincoln, 28.13 4. Michelle Cai, Lincoln, 28.40 5. Cathy Cai, Lincoln, 28.50 6. Inez Vara, Lincoln, 28.60 7. Margareta Gordon, Mission, 28.90 8. Priscilla Ta, Lowell, 29.20 9. Maripousa Silifaiva, Lincoln, 29.44 10. Stephanie Zhang, Washington, 29.50 | 400m Dash 1. Kaylyn Perkins, Marshall, 1:04.93 2. Guadalupe Loeza, Lincoln, 1:05.50 3. Inez Vara, Lincoln, 1:07.84 4. Elisabeth Ng, Galileo, 1:08.10 5. Alexandra Edwards, Mission, 1:08.30 6. Kimberly Tang, Lincoln, 1:08.45 7. Priscilla Ta, Lowell, 1:08.60 8. Emily Lim, Lowell, 1:08.80 9. Dana Arzadon, Burton, 1:08.90 10. Cecilia Fang, Lowell, 1:09.60 | 800m Run 1. Marie Weverka, Mission, 2:36.70 2. Sabrina Quinonez, Lowell, 2:36.90 3. Kimberly Tang, Lincoln, 2:37.30 4. Emma Keenan-Grice, Lowell, 2:37.40 5. Isabella Bowden, Balboa, 2:40.30 6. Candace Chan, Lowell, 2:41.50 7. Susan Li, Lowell, 2:41.80 8. Helen Chan, Wallenberg, 2:43.58 9. Emelie Roche, Washington, 2:46.30 10. Guadalupe Loeza, Lincoln, 2:46.50 |
| 1600m Run 1. Isabella Bowden, Balboa, 5:46.50 2. Kimberly Tang, Lincoln, 5:51.99 3. Sabrina Quinonez, Lowell, 5:59.70 4. Emma Keenan-Grice, Lowell, 6:00.00 5. Vivian Phan, Lincoln, 6:00.60 6. Beverly Wong, Washington, 6:01.06 7. Emelie Roche, Washington, 6:02.91 8. Susan Li, Lowell, 6:03.24 9. Marie Weverka, Mission, 6:09.20 10. Sophia Quan, Washington, 6:11.80 | 3200m Run 1. Kimberly Tang, Lincoln, 13:12.00 2. Emma Keenan-Grice, Lowell, 13:12.60 3. Sabrina Quinonez, Lowell, 13:13.30 4. Susan Li, Lowell, 13:19.80 5. Beverly Wong, Washington, 13:24.20 6. Vivian Phan, Lincoln, 13:25.00 7. Emelie Roche, Washington, 13:48.90 8. Vivian Deguzman, Lowell, 13:53.200 9. Judy Jiang, Washington, 14:30.80 10. Cecily Montgomery, Lowell, 14:41.80 | Triple Jump 1. Michelle Cai, Lincoln, 34-3 2. Cathy Cai, Lincoln, 31-2.5 3. Kaley Selor, Lincoln, 31-1 4. Michelle Zhang, Galileo, 29-6 5. Christina Thich, Lowell, 29-6 6. Samantha Wu, Lowell, 28-5 7. Dana Arzadon, Burton, 27-11 8. Beth Tom, Lincoln, 27-3 9. Melody Cheung, Lincoln, 26-9.5 10. Lianne Chau, Lowell, 25-6 |
| Long Jump 1. Michelle Cai, Lincoln, 16-7.5 2. Melanie Speech, Lowell, 16-7 3. Cathy Cai, Lincoln, 16-4 4. Maripousa Silifaiva, Lincoln, 15-8 5. Samantha Woo, Lowell, 15-6.5 6. Stephanie Zhang, Washington, 15-2 7. Jaylyn Allston, Lincoln, 14-4 7. Vivien Leung, Galileo, 14-4 9. Kaley Selor, Lincoln, 14-1 10. Michelle Zhang, Galileo, 14-0.5 | Discus 1. Jaylyn Allston, Lincoln, 96-11 2. Cathy Cai, Lincoln, 89-1 3. Michelle Lee, Lowell, 82-2 4. Michelle Cai, Lincoln, 79-4 5. Emerald Jones, Lowell, 66-8.75 6. Sidney Lin, Galileo, 66-6 7. Betty Cheong, Galileo, 63-4 8. Ami Fanaika, Lowell, 62-1.25 9. Helena Viets, Lincoln, 61-8.5 10. Sophia Quan, Washington, 58-4 | Shot Put 1. Melanie Speech, Lowell, 36-3 2. Cathy Cai, Lincoln, 35-5 3. Michelle Cai, Lincoln, 30-7 4. Jaylyn Allston, Lincoln, 30-6 5. Helena Viets, Lincoln, 28-3 6. Emerald Jones, Lowell, 25-10 7. Keri Wilson, Lincoln, 24-4 8. Michelle Lee, Lowell, 23-2.5 9. Ellen Freitas, Mission, 22-5 10. Brianna Caba, Lincoln, 22-3 |
| High Jump 1. Cathy Cai, Lincoln, 4-8 2. Dana Arzadon, Burton, 4-4 2. Christina Thich, Lowell, 4-4 4. Kendall Kearns, Lincoln, 4-2 5. Lianne Chau, Lowell, 4-0 6. Priscilla Ta, Lowell, 3-10 7. Vivian Leung, Galileo, 3-8 8. 9. 10. | Pole Vault 1. Michelle Cai, Lincoln, 7-6 2. 3. 4. 5. 6. 7. 8. 9. 10. | 4x100 Relay 1. Lincoln A, 52.60 2. Lowell A, 54.90 3. Galileo A, 56.20 4. Washington A, 57.20 4. Mission A, 57.20 4x400 Relay 1. Lowell A, 4:37.20 2. Washington A, 4:42.80 3. Lowell B, 4:53.60 4. Lincoln A, 4:54.50 5. Galileo A, 5:22.70 |