

**AAA/CIF San Francisco Section 2013-2014**

**TRACK & FIELD**  
**Final League Event Best Times**

**As of June 2, 2014**  
**Boys (Top Ten)**

<b>Event/Name/School/Time/Distance</b>	<b>Event/Name/School/Time/Distance</b>	<b>Event/Name/School/Time/Distance</b>
<b>110m High Hurdles</b> 1. Kareem Dupree, Academy, 14.16 2. Ibrahima Mobley, Lincoln, 15.01 3. Christauper Peacock, Lincoln, 16.09 4. Justin Chiong, Lincoln, 16.7 5. Tim Lew, Lowell, 17.1 <b>110m Intermediate Hurdles</b> 1. Edward Yuen, Lowell, 15.9 2. Justin Tran, Washington, 17.41 3. Miguel Hernandez, Lincoln, 18.1 4. Nicholas Lee, Galileo, 18.72 5. Jefferson Rubio, Lowell, 19.2 5. Nicholas Chuakay, Lowell, 19.2	<b>300m Hurdles</b> 1. Kareem Dupree, Academy, 38.18 2. Ibrahima Mobley, Lincoln, 41.6 3. Brendan Pang, Lincoln, 42.6 4. Edward Yuen, Lowell, 42.67 5. Tim Lew, Lowell, 43.2 6. Christauper Peacock, Lincoln, 43.29 7. Eric Cheung, Lowell, 43.8 8. Justin Chiong, Washington, 43.9 9. Hunter Collins, Lincoln, 44.59 10. Justin Tran, Washington, 45.14	<b>100m Dash</b> 1. Kareem Dupree, Academy, 10.91 2. Latrell Thayer, Academy, 11.0 3. Ricky Johnson, Washington, 11.16 4. Charles Brown, Mission, 11.2 5. Dave LaGarbo, Balboa, 11.3 5. Ivan Zhang, Washington, 11.3 5. Thomas Jefferson, Washington, 11.30 8. Ronald Murillo, Mission, 11.4 9. Eric Hung, Galileo, 11.42 9. Zachary Toy, Lowell, 11.42 9. Simon Shi, Washington, 11.42
<b>200m Dash</b> 1. Kareem Dupree, Academy, 22.02 2. Ibrahima Mobley, Lincoln, 22.7 2. Latrell Thayer, Academy, 22.7 4. Lawrence Wong, Galileo, 22.98 5. Ricky Johnson, Washington, 23.06 6. Simon Shi, Washington, 23.14 7. Ifeanyi Ebochie, Lincoln, 23.26 8. Thomas Jefferson, Washington, 23.35 9. Anthony Ismail, Lincoln, 23.36 10. William Mai, Lowell, 23.4	<b>400m Dash</b> 1. Kareem Dupree, Academy, 49.2 2. Ibrahima Mobley, Lincoln, 50.73 3. Lawrence Wong, Galileo, 51.95 4. Brendan Pang, Lincoln, 52.8 5. Latrell Thayer, Academy, 53.2 6. Rapapeet Demak, Lincoln, 53.31 7. William Mai, Lowell, 53.56 8. Jacques Williams, Lincoln, 53.66 9. Dominic May, Mission, 53.8 10. Anthony Saucedo, Mission, 54.2	<b>800m Run</b> 1. John Hogan, Lowell, 1:55.46 2. Donald Chen, Lowell, 1:57.19 3. Dominic May, Mission, 1:57.86 4. Brian Nguyen, Lowell, 1:58.5 5. Liam McCurley, Washington, 2:02.08 6. David Tang, Washington, 2:02.77 7. Stanley Tang, Lowell, 2:02.95 8. Luis Aragon, Lowell, 2:03.27 9. Salem Bouhassoun, Mission, 2:04.7 10. Jack Hinson, Lowell, 2:04.77
<b>1600m Run</b> 1. John Hogan, Lowell, 4:10.99 2. Brian Nguyen, Lowell, 4:21.29 3. Donald Chen, Lowell, 4:30.62 4. Luis Aragon, Lowell, 4:33.64 5. Salem Bouhassoun, Mission, 4:36.46 6. Sebastian Kolderup-Lane, Lowell, 4:45.16 7. Isaiah Abeyta, Lowell, 4:45.6 8. Jonas Xie, Lincoln, 4:45.60 9. Calvin Li, Lowell, 4:45.9 10. Sam Ryan, Lowell, 4:46.27	<b>3200m Run</b> 1. John Hogan, Lowell, 9:20.30 2. Brian Nguyen, Lowell, 9:46.43 3. Donald Chen, Lowell, 10:03.12 4. Dominic May, Mission, 10:03.93 5. Calvin Li, Lowell, 10:09.06 6. Benjamin Chou, Washington, 10:11.67 7. Abdul Mohamed, Mission, 10:17.37 8. Isaiah Abeyta, Lowell, 10:17.97 9. Luis Aragon, Lowell, 10:20.42 10. Sam Ryan, Lowell, 10:29.11	<b>Triple Jump</b> 1. Quinton Barringer, Lincoln, 41-11 2. Justin Lee, Lowell, 40-11.75 3. Brandon Rodriguez, Mission, 40-5.5 4. Trevor Jordy, Balboa, 40-2 5. Tyree Marzetta, Lincoln, 39-11 6. Kurtis Yim, Lowell, 39-7 7. Bruno Haesbaert, Lowell, 39-1 8. Sebastian Gao, Washington, 38-7.5 9. Bruno Haesbaert, Lowell, 38-4.75 10. Jeremiah Espino, Lowell, 38-0.5
<b>Long Jump</b> 1. Dipak Gurung, Galileo, 21-3.25 2. Jason Hung, Washington, 20-10.5 3. Akeal LaLaind, Lincoln, 20-3 4. Sebastian Gao, Washington, 20-1 5. Quinton Barringer, Lincoln, 20-0.5 6. Justin Lee, Lowell, 20-0 7. Emmanuel Hidalgo, Galileo, 19-9.25 8. Tyree Marzetta, Lincoln, 19-6 9. Roel Marania, Lincoln, 19-5.5 10. Jacques Williams, Lincoln, 19-4	<b>Discus</b> 1. Jerry Johnson, Lincoln, 145-5.5 2. Joshua Bonse-Davis, Lincoln, 134-10 3. Frank Solano, Lincoln, 129-5 4. Justin Lee, Lincoln, 117-0 5. Scott Prom, Galileo, 113-1 6. Elazar Chertow, Lowell, 112-11 7. Matt Lelea, Balboa, 112-2 8. Wesley Xu, Lincoln, 109-6 9. Ronald Phelps, Lincoln, 103-7 10. Eric Pocasangre, Balboa, 101-8	<b>Varsity Shot Put (12lb)</b> 1. Jerry Johnson, Lincoln, 45-7.5 2. Joshua Bonse-Davis, Lincoln, 45-4 3. Frank Solano, Lincoln, 41-0 3. Justin Lee, Lincoln, 41-0 3. Christian Eik, Washington, 41-0 <b>FS Shot Put (10lb)</b> 1. Ronald Phelps, Lincoln, 42-0.5 2. Matt Lelea, Balboa, 41-5 3. Raul Carmona, Burton, 37-9.5 4. Ellis Moye, Lincoln, 35-10 5. Tommy Lihe, Burton, 35-9
<b>High Jump</b> 1. Tyree Marzetta, Lincoln, 6-0 1. Jimfry Lin, Washington, 6-0 1. Ibrahim Muhammad, Marshall, 6-0 4. Quinton Barringer, Lincoln, 5-10 4. Bran'den Rodriguez, Mission, 5-10 6. Richard Amaechi, Lincoln, 5-8 6. Michael Patterson, Wallenberg, 5-8 8. Jerrel Stencil, Mission, 5-8 9. Ibraheem Muhammad, Marshall, 5-6 9. George Ung, Galileo, 5-6 9. Roelle Marania, Lincoln, 5-6	<b>Pole Vault</b> 1. Marlo Nermal, Lincoln, 12-0 2. Noah Pennick, Lowell, 11-6 3. Anthony Ismael, Lincoln, 11-0 4. Zach Toy, Lowell, 10-0 5. Ryan Tom, Lincoln, 9-0 5. Emmanuel Hidalgo, Galileo, 9-0 7. Ryan Chu, Lincoln, 8-6 8. Tian Lun Lee, Lowell, 7-6 9. Anton Arellano, Lincoln, 7-0 9. Richard Amaechi, Lincoln, 7-0	<b>4x100 Relay</b> 1. Lincoln, 43.70 2. Washington, 43.88 3. Galileo, 44.78 4. Lowell, 45.32 5. Balboa, 46.5 <b>4x400 Relay</b> 1. Lowell, 3:31.49 2. Lincoln, 3:35.53 3. Washington, 3:36.57 4. Galileo, 3:37.06 5. Burton, 3:47.01

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**TRACK & FIELD  
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**Girls (Top Ten)**

<b>Event/Name/School/Time/Distance</b>	<b>Event/Name/School/Time/Distance</b>	<b>Event/Name/School/Time/Distance</b>
<b>100m Low Hurdles</b> 1. Devan Simmons, Lincoln, 16.17 2. Tiffany Chau, Washington, 17.16 3. Karena Chan, Lincoln, 17.55 4. Shaowei Tiffany Gao, Lincoln, 17.68 5. Tiffany Wang, Lowell, 17.70 6. Leslie Zolan, Lowell, 17.79 7. Lantana Jones, Lincoln, 17.95 8. Ana Comesana, Lowell, 18.10 9. Linda Wang, Lowell, 18.37 10.Amanda Li, Lowell, 18.8	<b>300m Hurdles</b> 1. Tiffany Wang, Lowell, 49.61 2. Tiffany Chau, Washington, 50.75 3. Devan Simmons, Lincoln, 50.99 4. Linda Wang, Lowell, 51.45 5. Kareena Chan, Lincoln, 52.50 6. Lantana Jones, Lincoln, 52.95 7. Tiffany Chan, Lowell, 53.2 8. Leslie Zolan, Lowell, 53.4 9. Shaowei Tiffany Gao, Lincoln, 54.02 10.Ana Comesana, Lowell, 55.4	<b>100m Dash</b> 1. Mikela Waldman, Lowell, 12.3 2. Anastasja Fulbright, Mission, 12.5 2. A'Nia Diggs, Lincoln, 12.5 2. Maggie La, Washington, 12.5 5. Megan Quan, Lowell, 12.6 6. Devan Simmons, Lincoln, 12.70 7. Tera Hurley, O'Connell, 12.8 8. Precious Amaechi, Lincoln, 12.89 9. Pamela Amaechi, Lincoln, 12.9 9. Kathy Nguyen, Lowell, 12.9
<b>200m Dash</b> 1. Anastaja Fulbright, Mission, 25.6 1. Mikela Waldman, Lowell, 25.6 3. Ania Diggs, Lincoln, 26.27 4. Maggie La, Washington, 26.40 5. Joanne Li, Washington, 26.90 6. Victoria Yee, Lowell, 26.96 7. Amy Luong, Washington, 27.34 8. Kyoka Kagami, Washington, 27.41 9. Madison Jones, Lowell, 27.70 10.Precious Amaechi, Lincoln, 27.89	<b>400m Dash</b> 1. Tianna Marrable, Burton, 59.36 2. Amy Luong, Washington, 1:00.35 3. Ana Staja Fulbright, Mission, 1:00.83 4. Victoria Yee, Lowell, 1:01.01 5. Sierra Brill, Lowell, 1:01.08 6. Sydney Gutierrez, Lowell, 1:01.3 7. Maggie La, Washington, 1:01.78 8. Joanne Li, Washington, 1:02.79 9. Connie Yu, Lowell, 1:02.83 10.Justine Jang, Galileo, 1:05.0	<b>800m Run</b> 1. Sydney Gutierrez, Lowell, 2:18.40 2. Kristen Leung, Lowell, 2:19.98 3. Prudence Sax, Lowell, 2:20.70 4. Sierra Brill, Lowell, 2:24.50 5. Hannah Xu, Washington, 2:25.69 6. Connie Yu, Lowell, 2:31.3 7. Jenny Zhu, Lowell, 2:31.37 8. Amy Luong, Washington, 2:32.25 9. Sandi Dumas, Lowell, 2:33.49 10.Jackie Tse, Burton, 2:33.70
<b>1600m Run</b> 1. Sierra Brill, Lowell, 5:08.55 2. Kristen Leung, Lowell, 5:09.08 3. Prudence Sax, Lowell, 5:13.55 4. Sydney Gutierrez, Lowell, 5:16.39 5. Hannah Xu, Washington, 5:39.76 6. Annie Zhou, Lowell, 5:40.17 7. Jenny Zhu, Lowell, 5:48.8 8. Sandi Dumas, 5:49.23 9. Lyla Sax, Lowell, 5:49.68 10.Leanne Wong, Burton, 5:52.72	<b>3200m Run</b> 1. Kristen Leung, Lowell, 11:23.01 2. Sierra Brill, Lowell, 11:29.86 3. Prudence Sax, Lowell, 11:44.3 4. Sydney Gutierrez, Lowell, 12:08.9 5. Jenny Zhu, Lowell, 12:36.87 6. Annie Zhou, Lowell, 12:44.34 7. Priscilla Tai, Lowell, 12:48.7 8. Alison Tse, Lowell, 12:52.83 9. Jacqueline Choi, Lowell, 13:07.6 10.Leanne Wong, Burton, 13:07.64	<b>Triple Jump</b> 1. Jenny Wong, Balboa, 33-5.5 2. Jialin Chen, Galileo, 33-3.5 3. Kimberly Yee, Lowell, 33-3 4. Pinky Lee, Lincoln, 32-8.5 5. Adrienne Pan, Lowell, 32-3.5 6. Kelly Li, Lincoln, 32-2.25 7. Deanna Zheng, Lincoln, 31-10 8. Michele Truong, Lincoln, 30-3 9. Shania Dubose, Lincoln, 30-0 10.Kristi Jou, Lowell, 30-0 10.Tiffany Chau, Washington, 30-0
<b>Long Jump</b> 1. Devan Simmons, Lincoln, 17-2 2. Ana Staja Fulbright, 16-0 3. Ella Roth, Lowell, 15-11.5 4. Jialin Chen, Galileo, 15-10.25 5. Kelly Li, Lincoln, 15-8.75 6. Precious Amaechi, Lincoln, 15-7.5 7. Jenny Wong, Balboa, 15-6 8. Rebecca Mellin, Lincoln, 15-5.75 9. Adrienne Pan, Lowell, 15-5 10.Sandi Dumas, Lowell, 15-2.25	<b>Discus</b> 1. Pamela Amaechi, Lincoln, 109-1 2. Malgosia Sikorski, Washington, 106-2 3. Pamela Amaechi, Lincoln, 96-3 4. Serena Huang, Galileo, 94-7 5. Esther Lam, Lowell, 92-5 6. Cori Luu, Washington, 85-6 7. Patricia Yee, Lowell, 83-6 8. Savana Andrews, Lincoln, 81-10.5 9. Patricia Yee, Lowell, 81-0.5 10.Yuriko Castillian, Lincoln, 79-7	<b>Shot Put</b> 1. Pamela Amaechi, Lincoln, 39-0 2. Esther Lam, Lowell, 33-0.5 3. Savanna Andrews, Lincoln, 30-9.5 4. Jordan Taylor, Lincoln, 30-5.5 5. Yuriko Castillian, Lincoln, 27-11 6. Malgosia Sikorski, Washington, 27-2 7. Serena Huang, Galileo, 26-1 8. Michelle Vuong, Lowell, 25-5 9. Tiana Brook, O'Connell, 24-8 10.Emily Zheng, Lincoln, 24-7
<b>High Jump</b> 1. Pamela Amaechi, Lincoln, 5-0 2. Pinky Lee, Lincoln, 4-10 2. Jenny Wong, Balboa, 4-10 2. Una Chan, Lincoln, 4-10 5. Linda Wang, Lowell, 4-6 5. Michele Truong, Lincoln, 4-6 5. Gloria Wang, Wallenberg, 4-6 5. Alejandra Sipion, Lincoln, 4-6 9. Marikris Morales, Lincoln, 4-4 9. Tiffany Wang, Lowell, 4-4 9. Kaiya Jones, Wallenberg, 4-4 9. Shania Dubose, Lincoln, 4-4 9. Alanna Habegger-McCabe, Lowell, 4-4	<b>Pole Vault</b> 1. Rebecca Mellin, Lincoln, 9-6 2. Ella Roth, Lowell, 9-0 3. Marcella DePunzion, Lowell, 8-0 4. Michelle Wong, Lowell, 7-0 5. Erica Lee, Lincoln, 6-6 6. Sharon Yuen, Lincoln, 6-0 6. Vialina Bulatova, Lincoln, 6-0 8. Sharon Yuen, Lincoln, 5-6 8. Marikris Morales, Lincoln, 5-6 10.Ahn Huynh, Lowell, 5-0	<b>4x100 Relay</b> 1. Lincoln, 49.64 2. Washington, 50.16 3. Lowell, 50.51 4. Galileo, 53.59 5. Balboa, 56.26 <b>4x400 Relay</b> 1. Lowell, 4:06.22 2. Washington, 4:11.27 3. Lincoln, 4:21.84 4. Burton, 4:26.00 5. Balboa, 5:00.88

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