



EDUCATION-BASED ATHLETICS COVID-19 MODIFICATIONS

- [CDPH Youth Sports Guidelines](#) (please review for complete Return to Play details)
- [CLICK HERE for more information on State Testing](#)
- **CIF Guidelines will be adjusted weekly**
- **In the event of a positive test for COVID-19, schools will follow the current [CDPH Guidelines for Schools](#)**
- **Any student-athlete testing positive for COVID-19 may not return to practice or competition until cleared by their physician**
- **Schools must still follow all guidelines from their local county and the governing board of their school district or private/parochial school**

CIF Season 1 Sports (January - April):

Traditional Competitive Cheer, Cross Country, Field Hockey, Football, Gymnastics, Skiing/Snowboarding, Girls Volleyball, Water Polo

March 23, 2021
County Tier Status

CIF Season 2 Sports (March - June):

Badminton, Baseball, Basketball, Competitive Sport Cheer, Golf, Lacrosse, Soccer, Softball, Swimming & Diving, Tennis, Track & Field, Boys Volleyball, Wrestling

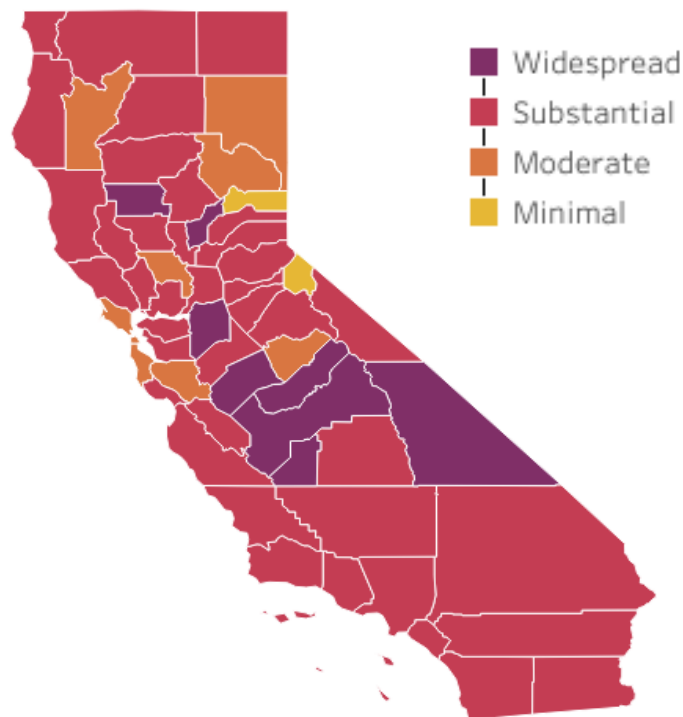
[^]Please refer to respective CIF Sections for verification of seasons of sport

***Outdoor Sports in Red (Substantial) and Orange (Moderate) Tiers may hold competitions, regardless of county tier status, if respective county COVID-19 adjusted case rate is equal to or less than 14 per 100,000.**

Additionally, the sports of **football and water polo** must conduct COVID-19 testing at any time when your county falls into the adjusted case rate of 7-14 per 100,000. Please [CLICK HERE for more information on State Testing](#)

Please visit the [State Dashboard](#) for the latest county case rate data.

Indoor Sports are allowed only if teams adhere to the additional requirements by CDPH. [Conditions for Return to Play if Not Otherwise Authorized](#)



WIDESPREAD

Sports allowed in this tier: Cross Country, Golf, Skiing/Snowboarding, Swimming & Diving, Tennis, and Track & Field.

MODERATE

Sports allowed in this tier: Badminton, *Football, Gymnastics, *Boys Lacrosse, *Soccer, and *Water Polo.

SUBSTANTIAL

Sports allowed in this tier: *Baseball, *Field Hockey, *Girls Lacrosse, and *Softball.

MINIMAL

Sports allowed in this tier: Basketball, Competitive Cheerleading, Volleyball, and Wrestling.